







# September 2024






## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2  <b>Office Closed</b>	3 9 am- 3 pm <b>Appointments</b>  6:30 pm COA mtg.	4 9:30 - 12:30 pm <b>Grocery Shopping,</b> <b>10:00 am GET FIT</b>  1-3 pm <b>NEEDLEWORK</b>	5 9 am- 3 pm <b>Appointments</b>	6	7
8 	9 10 am GET FIT 10:00am Stew Leonards/Footprints <i>Blood Pressure Clinic</i> 11:00am	10 9 am- 3 pm <b>Appointments</b>  2 pm Tai Chi	11 9:30 - 12:30 pm <b>Grocery Shopping, etc.</b>  10:00 am GET FIT	12 8:30am-2:00 pm <b>FOOTCARE</b>  9 am- 3 pm <b>Appointments</b>	13 <b>Hilltop            Orchards</b>	14
15	16 10 am GET FIT  10:00am Walmart	17 9 am- 3 pm <b>Appointments</b>  2 pm Tai Chi	18 9:30 - 12:30 pm <b>Grocery Shopping,</b> <b>10:00 am GET FIT</b>  1-3 pm <b>NEEDLEWORK</b>	19 9 am- 3 pm <b>Appointments</b>	20 <b>Big E</b>	21
22 	23 10 am GET FIT  10 am Price Chopper	24 9 am- 3 pm <b>Appointments</b>  2 pm Tai Chi	25 9:30 - 12:30 pm <b>Grocery Shopping, etc.</b>  10:00 am GET FIT	26 9 am- 3 pm <b>Appointments</b>	27 <b>Painting            Fun</b>	28
29	30 10 am GET FIT 10:00 am <i>Big Y/Dollar/ Ocean            State</i>					  <b>Call the Mini Bus            at 860-413-3327</b>



# October 2024





## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9 am- 3 pm Appointments 2 pm Tai Chi 6:30 pm COA mtg	2 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	3 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	4 <b>Sunset Meadow Winery</b>	5 
6	7 10 am GET FIT 10 am Trader Joes 11am Blood Pressure 3:30PM Flu Clinic/Wellness Fair	8 9 am- 3 pm Appointments 2 pm Tai Chi	9 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	10 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	11	12
13	14  <b>OFFICE CLOSED</b>	15 9 am- 3 pm Appointments 2 pm Tai Chi	16 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	17 9 am- 3 pm Appointments	18 <b>Crepes Tea House</b>	19 <b>East Granby Cares Day</b> 
20	21 10 am GET FIT 10:00 am Walmart	22 9 am- 3 pm Appointments	23 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	24 9 am- 3 pm Appointments	25 <b>Stanley Whitman House</b>	26
27	28 10 am GET FIT 10:00 am Big Y/Job Lot/Dollar	29 9 am- 3 pm Appointments	30 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	31  9 am- 3 pm Appointments		 <b>Call the Mini Bus at 860-413-3327</b>



# November 2024

## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327					1 <b>Wistariahurst Museum</b>	2
3	4 10am Enfield  10 am GET FIT	5  9 am- 3 pm Appointments 6:30 pm COA mtg	6 9:30 - 12:30 pm Grocery Shopping, etc.  10:00 am GET FIT 1-3 pm NEEDLEWORK	7 9 am- 3 pm Appointments 8:30am--2:00 pm FOOTCARE <b>AARP Driver            Safety Class</b>	8	9
10	11 Veterans Day  <b>OFFICE CLOSED</b>	12 9 am- 3 pm Appointments  2 pm Tai Chi	13 9:30 - 12:30 pm Grocery Shopping, etc.  10:00 am GET FIT	14 9 am- 3 pm Appointments  8:30am--2:00 pm FOOTCARE	15 <b>SMP Medicare Fraud</b>	16
17	18 10 am GET FIT 10:00 am Walmart	19 9 am- 3 pm Appointments  2 pm Tai Chi	20 9:30 - 12:30 pm Grocery Shopping, etc.  10:00 am GET FIT 1-3 pm NEEDLEWORK	21  9 am- 3 pm Appointments	22	23
24	25 10 am GET FIT 10:00 am Big Y/Job Lot/Dollar	26 9 am- 3 pm Appointments  2 pm Tai Chi	27 9:30 - 12:30 pm Grocery Shopping, etc.  10:00 am GET FIT	28  <b>OFFICE CLOSED</b>	29 <b>OFFICE CLOSED</b>	30