







# JUNE 2024



## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327						1
2	3 10 am GET FIT Blood Pressure Clinic 11:00-11:30	4 9 am- 3 pm Appointments 6:30 pm COA meeting	5 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT 1-3 pm NEEDLEWORK	6 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	7	8
9 <b>Pathways &amp; Blooms</b>	10 10 am GET FIT 10:00 am Walmart	11 9 am- 3 pm Appointments	12 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT 1:00 pm TAI CHI	13 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	14 <b>Painting Fun</b>	15
16  <b>HAPPY FATHER'S DAY</b>	17 10 am GET FIT 10:00 am Enfield	18 9 am- 3 pm Appointments	19  <b>Office Closed</b>	20 9 am- 3 pm Appointments 	21 <b>Summer Concert Lobster Rolls</b>	22
23	24 10 am GET FIT 10:00 am Big Y & Dollar Store	25 9 am- 3 pm Appointments	26 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT 1:00 pm TAI CHI	27 9 am- 3 pm Appointments	28	29
30						



# JULY 2024



## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>10 am GET FIT</p> <p>10:00 am Walmart</p>	<p>2</p> <p>9 am- 3 pm Appointments</p>	<p>3</p> <p>9:30 - 12:30 pm Grocery Shopping, 10:00 am GET FIT 1-3 pm NEEDLEWORK</p>	<p>4</p>  <p>Office Closed</p>	<p>5</p> <p>Talcott Mountain Music Festival</p>	<p>6</p>
7	<p>8</p> <p>10 am GET FIT</p> <p>Blood Pressure Clinic 11:00-12:00</p>	<p>9</p> <p>COA Meet &amp; Greet @ Higley 6pm 9 am- 3 pm Appointments</p>	<p>10</p> <p>9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1:00 pm TAI CHI</p>	<p>11</p> <p>8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments</p>	<p>12</p>	<p>13</p>
14	<p>15</p> <p>10 am GET FIT</p>	<p>16</p> <p>9 am- 3 pm Appointments</p>	<p>17</p> <p>9:30 - 12:30 pm Grocery Shopping, 10:00 am GET FIT 1-3 pm NEEDLEWORK</p>	<p>18</p> <p>9 am- 3 pm Appointments</p>	<p>19</p>	<p>20</p>
21	<p>22</p> <p>10 am GET FIT</p> <p>10:00 am Trader Joe's</p>	<p>23</p> <p>9 am- 3 pm Appointments</p>	<p>24</p> <p>9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT</p>	<p>25</p> <p>9 am- 3 pm Appointments</p>	<p>26</p> <p>Branford River Cruise</p>	<p>27</p>
28	<p>29</p> <p>10 am GET FIT 10:00 am Big Y &amp; Dollar Store</p>	<p>30</p> <p>9 am- 3 pm Appointments</p>	<p>31</p> <p>9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1:00 pm TAI CHI</p>			 <p>Call the Mini Bus at 860-413-3327</p>



# AUGUST 2024

## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327				1 8:30am--2:00 pm <b>FOOTCARE</b> 9 am- 3 pm <b>Appointments</b>	2 <b>Burlington            State Fish            Hatchery Tour</b>	3
4	5 <b>10 am GET FIT</b> 10:00 am Walmart	6 <b>COA Meet &amp; Greet            @ Metacomet 6pm</b> <b>9 am- 3 pm</b> <b>Appointments</b>	7 9:30 - 12:30 pm <b>Grocery Shopping</b> 10:00 am GET FIT 1-3 pm <b>NEEDLEWORK</b>	8 <b>9 am- 3 pm</b> <b>Appointments</b>	9 <b>Hammonasset            State Beach            Park</b>	10
11	12 <b>10 am GET FIT @            BARN</b>	13 <b>9 am- 3 pm</b> <b>Appointments</b>	14 <b>9:30 - 12:30 pm</b> <b>Grocery Shopping</b> <b>10:00 am GET FIT</b>	15 <b>9 am- 3 pm</b> <b>Appointments</b>	16	17
18 <b>Yard            Goats</b>	19 <b>10 am GET FIT</b> <b>Outing @</b> <b>Holiday Hill</b>	20 <b>9 am- 3 pm</b> <b>Appointments</b>	21 9:30 - 12:30 pm <b>Grocery Shopping</b> 10:00 am GET FIT 1-3 pm <b>NEEDLEWORK</b>	22 <b>9 am- 3 pm</b> <b>Appointments</b>	23 <b>P&amp;R Summer            Concert</b> 	24
25	26 <b>10 am GET FIT</b> <b>10:00 am</b> <b>Big Y &amp; Dollar Store</b>	27 <b>9 am- 3 pm</b> <b>Appointments</b>	28 9:30 - 12:30 pm <b>Grocery Shopping, etc.</b> <b>10:00 am GET FIT</b> <b>1:00 pm TAI CHI</b>	29 <b>9 am- 3 pm</b> <b>Appointments</b>	30	31