








March 2024

Mini Bus Schedule & Senior Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Call the Mini Bus (860) 413-3327				EG HS Pops Concert	1 Ordinary Angels Movie	2
3	4 10 am GET FIT Blood Pressure Clinic 11:00-12:00 10:00 am TJ Maxx/Stop & Shop	5 9 am- 3 pm Appointments 6:30 pm COA meeting	6 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	7 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	8 Paint Pouring & Jewelry	9
10 	11 10 am GET FIT 10:00 am Walmart	12 9 am- 3 pm Appointments	13 9:30 - 3:00 pm Grocery Shopping, etc 10:00 am GET FIT	14 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	15 Paint Pouring & Jewelry	16
17 	18 10 am GET FIT 10:00 am Enfield	19 9 am- 3 pm Appointments	20 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	21 9 am- 3 pm Appointments	22	23
24	25 10 am GET FIT 10:00 am Big Y/Ocean State/ Dollar Store	26 9 am- 3 pm Appointments	27 9:30 - 3:00 pm Grocery Shopping, etc 10:00 am GET FIT	28 9 am- 3 pm Appointments	29 	30
31 						



April 2024



Mini Bus Schedule & Senior Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  April Fools 10 am GET FIT Blood Pressure Clinic 11:00-12:00 10:00 am Trader Joe's	2 9 am- 3 pm Appointments 6:30 pm COA meeting	3 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	4 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	5 A Spoonful of Britain	6
7	8 10 am GET FIT Blood Pressure Clinic 11:00-12:00 10:00 am Stew Leonard's Journaling	9 9 am- 3 pm Appointments	10 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT Tai Chi	11 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	12 Painting Fun	13
14	15 10 am GET FIT 10:00 am Walmart Journaling	16 9 am- 3 pm Appointments	17 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	18 9 am- 3 pm Appointments	19 Bushnell Tour	20
21	22 10 am GET FIT 10:00 am Target/Petco/Dairy Cream Journaling	23 9 am- 3 pm Appointments	24 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT Tai Chi	25 9 am- 3 pm Appointments	26	27
28	29 10 am GET FIT 10:00 am Big Y/Ocean State/ Dollar Store Journaling	30 9 am- 3 pm Appointments				 Call the Mini Bus (860) 413-3327



May 2024

Mini Bus Schedule & Senior Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Call the Mini Bus (860) 413-3327			1 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	2 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	3	4
5 	6 10 am GET FIT Blood Pressure Clinic 11:00-11:30 10:00 am Walmart	7 9 am- 3 pm Appointments 6:30 pm COA meeting	8 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT Tai Chi	9 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	10 Lunch Bunch Bubble Mug Cafe	11
12 	13 10 am GET FIT 10:00 am Blue Back Square/ Cheesecake Factory	14 9 am- 3 pm Appointments	15 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	16 9 am- 3 pm Appointments Travelers Chorale	17	18
19	20 10 am GET FIT 10:00 am Big Y/Ocean State/ Dollar Store	21 9 am- 3 pm Appointments	22 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT Tai Chi	23 9 am- 3 pm Appointments	24	25
26	27  OFFICE CLOSED	28 9 am- 3 pm Appointments	29 9:30 - 3:00 pm Grocery Shopping, etc. 10:00 am GET FIT	30 9 am- 3 pm Appointments	31 Thorncrest Farm & Milk House	