







September 2023





Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327					1	2
3	4  Office Closed	5 9 am- 3 pm Appointments Congressional Update 6:30 pm COA mtg.	6 9:30 - 12:30 pm Grocery Shopping, 10:00 am GET FIT 1-3 pm NEEDLEWORK	7 8:30am-2:00 pm FOOTCARE 9 am- 3 pm Appointments	8 Hebron Fair Mental Health 1st Aid	9
10 	11 10 am GET FIT 10:00am Walmart	12 9 am- 3 pm Appointments	13 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	14 8:30am-2:00 pm FOOTCARE 9 am- 3 pm Appointments	15 Mental Health 1st Aid	16
17	18 10 am GET FIT 10:00am Stew Leonards/Footprints Blood Pressure Clinic 11:00am	19 9 am- 3 pm Appointments	20 9:30 - 12:30 pm Grocery Shopping, 10:00 am GET FIT 1-3 pm NEEDLEWORK	21 9 am- 3 pm Appointments Keys Bags Names Documentary	22 Big E	23 
24	25 10 am GET FIT 10:00 am Big Y/Dollar/ Ocean State	26 9 am- 3 pm Appointments	27 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	28 9 am- 3 pm Appointments	29 Prudence Crandall Museum	30



October 2023

Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10AM GET FIT 10AM Trader Joe's 11AM Blood Pressure	3 9 am- 3 pm Appointments 6:30 pm COA mtg	4 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	5 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	6	7
8	9  OFFICE CLOSED	10 9 am- 3 pm Appointments	11 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	12 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	13 Crystal Ridge Winery	14
15	16 10 am GET FIT 10:00 am Walmart 3:30PM Flu Clinic & Wellness Fair	17 9 am- 3 pm Appointments	18 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	19 9 am- 3 pm Appointments	20 Florence Griswold Museum	21 East Granby Cares Day 
22	23 10 am GET FIT 10:00 am Enfield	24 9 am- 3 pm Appointments AARP Driver Safety Class	25 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	26 9 am- 3 pm Appointments	27	28
29	30 10 am GET FIT 10:00 am Big Y/Job Lot/Dollar	31  9 am- 3 pm Appointments				 Call the Mini Bus at 860-413-3327



November 2023

Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327			1 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	2 9 am- 3 pm Appointments 8:30am--2:00 pm FOOTCARE	3	4
5	6 10am Target/Petco/ Homegoods 10 am GET FIT	7  9 am- 3 pm Appointments 6:30 pm COA mtg	8 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	9 9 am- 3 pm Appointments 8:30am--2:00 pm FOOTCARE	10 Veterans Day  OFFICE CLOSED	11
12	13 10:00am Enfield 10 am GET FIT 11AM Blood Pressure	14 9 am- 3 pm Appointments	15 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT 1-3 pm NEEDLEWORK	16 9 am- 3 pm Appointments	17 Painting Fun	18
19	20 10 am GET FIT 10:00 am Walmart	21 9 am- 3 pm Appointments	22 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	23  OFFICE CLOSED	24 OFFICE CLOSED	25
26	27 10 am GET FIT 10:00 am Big Y/Job Lot/Dollar	28 9 am- 3 pm Appointments Make up for Mature Women	29 9:30 - 12:30 pm Grocery Shopping, etc. 10:00 am GET FIT	30 9 am- 3 pm Appointments		