







# JUNE 2023



## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327				1 8:30am--2:00 pm <b>FOOTCARE</b> 9 am- 3 pm Appointments	2	3
4	5 10 am <b>GET FIT</b>  Blood Pressure Clinic 11:00-11:30	6 9 am- 3 pm Appointments  6:30 pm COA meeting	7 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT 1-3 pm <b>NEEDLEWORK</b>	8 9 am- 3 pm Appointments	9 <b>Painting Fun</b>	10
11	12 10 am GET FIT  10:00 am <i>Walmart</i>	13 9 am- 3 pm Appointments	14 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT	15 9 am- 3 pm Appointments	16 <b>Summer Concert Lobster Rolls</b>	17
18 	19  <b>Office Closed</b>	20 9 am- 3 pm Appointments 	21 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT 1-3 pm <b>NEEDLEWORK</b>	22 9 am- 3 pm Appointments	23	24
25	26 10 am GET FIT  10:00 am <i>Big Y &amp; Dollar Store</i>	27 9 am- 3 pm Appointments	28 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT	29 9 am- 3 pm Appointments	30 <b>Talcott Mountain Music Festival</b>	



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327						1
2	3 10 am GET FIT	4  Office Closed	5 9:30 - 12:30 pm Grocery Shopping, 10:00 am GET FIT 1-3 pm NEEDLEWORK	6 8:30am--2:00 pm <b>FOOTCARE</b> 9 am- 3 pm Appointments	7	8
9	10 10 am GET FIT 10:00 am Walmart  Blood Pressure Clinic 11:00-11:30	11 9 am- 3 pm Appointments COA Social @ Higley 6-7 pm	12 9:30 - 12:30 pm Grocery Shopping, etc.  10:00 am GET FIT	13 8:30am--2:00 pm <b>FOOTCARE</b> 9 am- 3 pm Appointments	14 <b>Hammonasset State Beach Park</b>	15
16	17 10 am GET FIT  10:00 am Enfield	18 9 am- 3 pm Appointments <b>Naumkeag</b>	19 9:30 - 12:30 pm Grocery Shopping, 10:00 am GET FIT 1-3 pm NEEDLEWORK	20 9 am- 3 pm Appointments	21	22
23	24 10 am GET FIT	25 9 am- 3 pm Appointments	26 9:30 - 12:30 pm Grocery Shopping, etc.  10:00 am GET FIT	27 9 am- 3 pm Appointments	28	29
30	31 10 am GET FIT 10:00 am Big Y & Dollar Store					



# AUGUST 2023

## Mini Bus Schedule & Senior Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Call the Mini Bus at 860-413-3327		1 9 am- 3 pm Appointments COA Social @ Metacomet 6-7 pm	2 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT 1-3 pm NEEDLEWORK	3 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	4	5
		8 9 am- 3 pm Appointments	9 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT	10 8:30am--2:00 pm FOOTCARE 9 am- 3 pm Appointments	11 Drake Hill Flower Bridge	12
6 Yard Goats	7 10 am GET FIT Blood Pressure Clinic 11:00-11:30	15 9 am- 3 pm Appointments	16 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT 1-3 pm NEEDLEWORK	17 9 am- 3 pm Appointments	18 American Mural Project	19
13	14 10 am GET FIT 10:00 am Walmart	22 9 am- 3 pm Appointments	23 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT	24 9 am- 3 pm Appointments	25 Summer Concert 	26
20	21 10 am GET FIT	28 10 am GET FIT 10:00 am Big Y & Dollar Store	30 9:30 - 12:30 pm Grocery Shopping 10:00 am GET FIT	31 9 am- 3 pm Appointments		