Let’s Talk Turkey
The Official Newsletter of the Town of East Granby
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Happy New Year—A Look Forward

Traditionally I review the events of the previous year in the January edition of Let’s Talk Turkey, which I will do in our next edition. This month I would like to discuss a potential Bonding Project that I anticipate will come before the Town in January and February 2019.

BACKGROUND

The Bonding Committee was established in December of 2016 with the purpose of identifying large infrastructure needs of the Town and to consider funding them through the issuance of Town Bonds. The Committee utilized the Town’s Capital Advisory Report plus feedback from the Boards of Selectmen and Education and identified roof replacement, road maintenance, and an air conditioning/electric service upgrade at Allgrove School as pressing infrastructure needs. The Committee released their report in December of 2018 and the report is available in printed copy at the Selectman’s office and online at https://eastgranbyct.org/bonding-committee-report-and-powerpoint-december-13-2018/. The Committee prepared preliminary budget estimates for the project.

PROPOSED PROJECT SCOPE

School and Town Roof Replacement: The Bonding Committee, along with town staff and consultants, physically examined and evaluated all town and school roofs and identified two of the three school roofs and five of the nine town building roofs as requiring replacement due to condition and age.

• School Roofs – The age of the Middle/High School roof ranges from 27 to 32 years old and is failing in several areas with active leaks that have been temporarily repaired. The Allgrove School roof is 27 years old and is at the end of its projected serviceable life. It is anticipated that the town would receive a 45% reimbursement grant from the State of Connecticut for any school roof replacement.

• Town Roofs – The town roofs that were identified (Town Hall, Public Safety, Senior/Community Center, Ambulance, and the South End Fire House) range from 27 to 29 years of age and are worn and weathered and near failure. The exception to this is the South End Fire Department roof which is 17 years old with premature shingle failure that is not covered under warranty.

Road Maintenance: The Town is responsible for 37 miles of roads and has traditionally funded road maintenance through the annual Capital Non-Recurring Fund. Funding has not kept up with the deterioration of the roads. Capital dollars for roads has averaged approximately $150,000 per year which has not allowed the Town to have a consistent, comprehensive, and effective road maintenance program. The Department of Public Works Supervisor and the Town Engineer have reviewed all town roads and classified them into categories ranging from poor to very good. The Bonding Committee recommended that the 23 miles of town roads that are rated poor, poor/fair, and fair be repaved. Put another way, 61% of all town roads are rated poor to fair. Repaving of the Town Campus parking lots and the Town match for a State Grant to remediate scour damage at the Floydville Bridge would also be part of this project.

Allgrove Air Conditioning/Electric Service Upgrade: The Board of Education identified air conditioning the classrooms at Allgrove Elementary School as a priority to the Bonding Committee. Allgrove is the only town school building that is not air conditioned. Installation of ductless or roof top air conditioning systems would also require an upgrade to the building’s electric service from a 400-amp service to a 600-amp service. Air conditioning would be the last piece of major improvements that have been made to Allgrove since 2012.
Volunteers Needed for EDC

The Town of East Granby is looking for residents interested in participating on the Economic Development Commission. The Commission is appointed by the Board of Selectmen. Meetings last between one to two hours monthly. No experience is necessary.

The Economic Development Commission meets the fourth Monday of each month at 7:00 PM. The Commission’s focus is to help support business development that is supportive of the Town’s long-term master plan.

If you are interested or need more information regarding this Commission, please contact Director of Community and Development Gary Haynes at (860) 653-3444.

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ESTIMATED PROJECT COST — Continued from Page 1 —

- **School and Town Roof Replacement** – The estimated total roof project cost is $4,191,000 with anticipated State reimbursement for the school roofs of $1,730,000 for a net cost to the Town of $2,461,000.
- **Roads** – The estimated cost to repave and repair 23 miles rated as poor or fair ($6,700,000); repave the Town Campus parking lots ($200,000) and to provide the Town match for a State Grant to address scour at the Floydville Bridge ($150,000) totals $7,100,000.
- **Allgrove Air Conditioning/Electric Service Upgrade** – $250,000 to add air conditioning units to Allgrove and to upgrade the electrical service to the building.
- **Total** – $11,541,000 minus State reimbursement for a net cost to the Town of $9,811,000. The Town traditionally issues 15-year bonds once the bulk of the project is completed. Bond Anticipation Notes (BANS) would be used to finance the project prior to bonding.

PROJECT TIMELINE: If this project is approved by the Town, the Building Committee would apply for a State Reimbursement Grant in March of this year. Depending on timeliness by the State, the goal is to replace the school roofs immediately after the close of school in late June with a completion date prior to back to school this year; otherwise it would be next summer. Pending Town approval, repaving would start in the spring of 2019. Repaving and repairs would be completed over a five-year period with the poor roads having a priority. Town roof replacement could happen any time after Town approval with a completion date later in the fall. The Air Conditioning/Electrical Service project would be dependent on the utility company completing an upgrade to the building. Every effort would be made to accomplish the air conditioning/electric service upgrade this year.

NEXT STEPS: In anticipation of a Town Meeting, the Board of Finance will assess and estimate the financial impact of bonding at their January meetings. The Board of Selectmen will determine whether to bring a bonding project before the Town in late January. If the Boards proceed, it is anticipated that there would be a Town Meeting held during the last week of January. The project would be presented at the Town Meeting and questions answered but there would not be a vote. The Town Meeting would adjourn to a mid-February machine ballot referendum similar to our process for the Annual Town Budget.

Speaking of the Town Budget, The Boards of Finance (BOF), Selectmen (BOS), and Education (BOE) have started working on Fiscal Year (FY) 2019-20 budgets. The BOF will discuss FY19 budget drivers with the BOS and BOE at their January 15th meeting. The BOF will provide budget guidelines to the BOS and BOE at their February 19th meeting. The BOS and BOE draft budgets will be reviewed by the BOF at their March 14th meeting. At their April 2nd meeting, the BOF will provide directives to the BOS and BOE regarding what budgets to take to the Annual Budget Hearing, which will be held on April 16th. The Annual Town Budget Meeting is scheduled for April 23rd. All of these meetings provide opportunities for residents to learn about planned expenditures and to provide their feedback.

Jim Hayden, First Selectman
East Granby Veterans

On Tuesday, January 8th, we will hold our monthly Veterans Coffee House from 9:00 to 11:00 AM at the East Granby Senior/Community Center. We usually meet the second Tuesday of the month. Join us for some casual conversation and coffee.

Our meetings are the last Tuesday of the month at Gio’s Pizzeria from 7:00 to 9:00 PM. The next one will be January 29th. Come out and join us; all are welcome! If you would like to participate (and we’d love to have you join us), please e-mail eastgranbyCTveterans@gmail.com and let us know.

News from the East Granby Land Trust

New EGLT Officers for 2019

East Granby Land Trust welcomes their new officers for 2019: Catherine Delasco, President; Gene Rondeau, Vice President; Jeanne Dube, Secretary, and Jennifer Frank, Treasurer. We would like to thank outgoing president John Erbland for his leadership and dedication to EGLT during his seven years as president.

Full Moon Hike

Monday, January 21st, 6:30 to 7:30 PM. Join us on a moonlight hour-long stroll in the woods through Cowles Park in East Granby. Park at the main entrance on Route 187 and dress for the weather.

Winter Hike

Saturday, January 26th, 10:00 AM to Noon. Meet at the north entrance of East Granby Farms for a walk up to Metacomet Ridge. Wear water-resistant/waterproof boots, dress in layers, and bring water to drink. If we have four to six inches of snow we may be on snowshoes.

EGLT Property Tour

If you’d like to see some of our beautiful properties, please contact president@eglt.org and we can set up a time to tour a few EGLT properties. This is a good time of year to walk in the woods—no ticks!

Membership Reminder

We are a small non-profit and we rely on dues to get our important work done. Please join or renew your membership through PayPal or by mailing a check to P.O. Box 39, East Granby, CT 06026. Thank you!

Please check our website, www.eglt.org, or East Granby Land Trust on Facebook for details and updates. If you have any questions about programs or work parties please e-mail programs@eglt.org.

The East Granby Land Trust is a private, non-governmental, non-profit organization incorporated in 1974 for the purpose of conserving the natural resources and unique features of East Granby. EGLT currently owns land parcels comprising over 280 acres that are open to the public for passive recreational activity including hiking, photography, geocaching, and nature study.

East Granby Historical Society

The East Granby Historical Society will present “In the Shadow of Vesuvius” on Sunday, February 3rd at 2:30 PM following a 2:00 PM business meeting at the East Granby Senior/Community Center. (Please note the date change—was January 27th.) This free program is open to all and will be presented by Society member Sharon Wolf. Come spend a winter’s afternoon exploring and learning about the secrets of Pompei that lay buried and preserved by Mount Vesuvius for almost 2,000 years. Sharon, a librarian and scholar, has traveled there several times and through her photos will “walk” us along the ancient Roman roads and ruins. Refreshments will be served.

East Granby Cemetery Association

Many people may not know that, long before the famous witch trials of Salem, Massachusetts, Connecticut had its own witch trials! Although we don’t believe any witches were buried in the Center Cemetery (or in any East Granby cemetery), the subject still interests people. Wikipedia tells us “the Connecticut Witch Trials occurred from 1647 to 1663. They were the first large-scale witch trials in the American colonies, predating the Salem Witch Trials by nearly thirty years. In his book ‘The Witchcraft Delusion in Connecticut 1647-1697,’ John M. Taylor lists 35 cases between 1647 and 1697, as well as two more in the 18th century, of which a total of 11 resulted in executions.”

What led people to believe in witchcraft? ConnecticutHistory.org and ctstatelibrary.org explain that “belief in witchcraft was pervasive and common in the 17th century. Theories about why people targeted others as witches focused on the difficulty of life in the New World, harsh social and personal mores. Fear and anxiety resulted from disease epidemics, starvation, the cold, long winters, and fighting the Native Americans. Many historians believe the colonists were looking for someone to blame for their hardships. People firmly believed in Satan and that witchcraft was one way he exerted his power. Most of the people accused of witchcraft were women who, at that time, bore the brunt of social and religious intolerance. Witchcraft was included in the list of capital crimes in Connecticut’s Code of 1650, along with murder, adultery, and blasphemy. Witchcraft was treated as a criminal offense, and those accused went through a formal criminal prosecution.”
Wikipedia tells us that “Alse Young was the first person executed for witchcraft not only in Connecticut, but likely in the whole of the American colonies. She was born in England and lived in Windsor, Connecticut. On May 26, 1647, she was hanged at the Meeting House Square in Hartford, on what is now the site of the Old State House. There is little documentation regarding the accusations, trials, and executions of those accused of witchcraft. There was an influenza epidemic in New England, including the town of Windsor, in early 1647. The mortality rate was high and included many children. It is possible that she was blamed for these deaths.”

The site witchcraftandwitches.com tell us that “The first recorded confession of witchcraft in Connecticut was given under duress by Mary Johnson in 1648. Mary was a house servant and was accused of theft in 1646. Under pressure from the minister Samuel Stone (Puritan minister and co-founder of Hartford) and after extended torture (whipping, red hot irons, scalding water, etc.), Mary confessed that she was guilty of witchcraft (as it was called—‘familiarity with the Devil’) and fully described her crimes including murder and adultery. Although she was not indicted for murder or adultery, the charge ‘familiarity with the Devil’ stuck and she was sentenced to death. She gave birth to a baby boy while awaiting her sentence in jail in Hartford, Connecticut. The execution was delayed, probably due to her pregnancy, until June 1650, when she was hanged. In 1662, Connecticut’s Governor, John Winthrop, Jr., established more objective criteria for witch trials, requiring at least two witnesses for each alleged act of witchcraft, greatly diminishing the likelihood of a witch case proceeding from inquiry to trial. In some cases, he personally intervened and overturned verdicts.”

Finally, Wikipedia tells us that “On October 6, 2012, descendants of the executed petitioned the Connecticut government to posthumously pardon the 11 victims, but the motion was not passed. On February 6, 2017, the town of Windsor unanimously passed a resolution to symbolically clear the names of the town’s two victims, Alse Young and Lydia Gilbert.”

The East Granby Cemetery Association is a small group of volunteers who oversees the care and maintenance of the Center Cemetery. The group only meets a few times a year and welcomes new members. If you have any questions, please call John Rusnock, President, at (860) 653-2194. If you would like to make a donation toward upkeep of the cemetery, please make your check payable to “The East Granby Cemetery Association” and send to Carol Mathis, Secretary, 61 Cider Mill Hts., North Granby, CT 06060. We greatly appreciate your support.

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**East Granby Social Services**

Office hours for East Granby Social Services are Monday from 9:00 AM to 3:00 PM, Tuesday from 9:00 AM to 12:00 PM, and Thursday from 9:00 AM to 3:00 PM. Times outside these hours are available by appointment. For more information please, contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elisec@egtownhall.com.

**Holiday Program**

The Social Services 2018 Holiday Program was a tremendous success thanks to the generosity of our community. Thank you to all of our sponsors and supporters this year. They include the East Granby Congregational Church, the Copper Hill United Methodist Church, St. Therese Parish, RSUC Wire and Cable, the Youth Action Council from East Granby Middle School, the East Granby knitters group, Seymour School and the Student Activities Council, the East Granby Library, the East Granby Town Hall, and a host of generous residents and neighbors. Together these sponsors brought joy and a sense of relief to almost 25 families in town, a total of 50 children, by donating toys, monetary donations, gift cards, hats, mittens, and scarves and a book for each child. This community effort continues each year and the families, along with almost 50 other households in town, are also gifted with fresh holiday food baskets and grocery gift cards from Friend to Friend Food Pantry. Thank you to all of our supporters and sponsors for making this holiday season so special!

**Emergency Assistance Fund**

The East Granby Emergency Assistance Fund is available to those income eligible residents who are in need of emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. Donations can be made to the “East Granby Emergency Assistance Fund” and mailed to East Granby Social Services, P.O. Box 1858, East Granby, CT 06026.

**Energy Assistance**

Applications are being accepted from residents of East Granby who wish to apply for the Connecticut Energy Assistance Program. This program is designed to help lower income households offset the winter heating costs incurred after September 1st. The income guidelines for the program are $35,116 for a household of one, $45,920 for a household of two, $56,725 for a household of three, $67,530 for a household of four, $78,335 for a household of five and $89,140 for a household of six.

**Food Pantry**

The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing assistance. Weekly rides to the Food Pantry are provided by the East Granby Mini Bus for residents in need of transportation and deliveries can be scheduled for those participants who are homebound. To apply for the Food Pantry please call Social Services (860) 413-3328 or e-mail elisec@egtownhall.com.
Good Sam

The Good Samaritan Program is looking for volunteers who are interested in lending a hand to assist seniors with various tasks such as handyman jobs, yard maintenance, grocery shopping, and friendly visits. Please call Social Services if you have a need and would like to be matched with one of our Good Sam volunteers or if you would like to become a volunteer yourself. This is a flexible program that can work with your schedule. The time commitment is as big or small as you are interested in giving. Please call Social Services for more information regarding any of these programs or to schedule an appointment.

Commission on Aging

On October 15th, the Commission on Aging sponsored a Senior Showcase alongside the annual flu clinic. There were over 18 vendors in attendance providing raffle prizes and vital information to support our growing elderly population. The event was for everyone—from those providing care and support to elderly family members to those preparing for retirement and for those 55 and over and perhaps in need of services. Vendors included health and wellness, care providers, financial planning, estate planning, home modifications, and more. Valuable information was available for all ages of adulthood. We had a great turnout and look forward to sponsoring the event again next year and hope to see you there.

East Granby Cares Day was cancelled on October 27th due to rain. Student volunteers fulfilled all the requests for help over the following few weeks. Feedback from those who were helped was great.

Worth repeating that the front page of the Town of East Granby website now has a “Good Samaritan” button. Activating it will give you all the information you need about the program and how to participate.

The Commission on Aging (COA) advocates for the senior community in town and needs help to continue doing so on an efficient basis. The Commission, as constituted, has nine members and three alternates. The Commission has two openings for alternates. Please help us out. If you have an interest or for more information, contact Rich Galluccio, Chairman, at (860) 658-0603 or Kelly Jacobs, Senior Services Director, at (860) 413-3334.

Connecticut’s New Industrial Revolution

The Economic Development Commissions of East Granby and Suffield co-hosted a workshop on Manufacturing, Workforce Development, and Education in November at the New England Air Museum. There were over 125 attendees from the area, including manufacturers, educators, and professionals from banking, real estate, and government. Sponsors were MB Aerospace, Connecticut Economic Resource Center, Bradley Development League, Connecticut Department of Economic and Community Development, and the Hartford Business Journal. Opening remarks were made by Bart Kollen, Deputy Commissioner, DECD. The distinguished panel included David Hudson, President & CEO, Joining Industries; Dennis Chalk, President, Marmon Engineered Wire & Cable; Paul Murphy, Executive Director, Aerospace Component Manufacturers; Dr. James Lombella, President, Asnuntuck & Tunxis Community Colleges; Dr. Cliff Thermer, Chair, Business Management & Advanced Manufacturing, Goodwin College; Professor Michael Accorsi, Senior Associate Dean, UCONN School of Engineering; and Susan Palisano, Director, Education & Workforce Development, Connecticut Center for Advanced Technology (CCAT). Topics discussed were “What’s Working and What’s Not?,” “Bridging the Talent Gap,” “Recruitment,” and “The Future of Manufacturing.”

The clear message of the morning was that manufacturing is on the rise in Connecticut. There was reference to the “4th Industrial Revolution,” offering as much as 10,000 high wage jobs in this sector alone. The challenge, as manufacturers in Connecticut continue to ramp up production, is finding a skilled workforce to fill these jobs.

“I truly believe that education needs to include parents, students, and school counselors to help them learn more about modern manufacturing,” said attendee Matthew Service of Suffield, afterward. “Many parents still think manufacturing is low tech and low paying, with little or no room for advancement.”

“This is a good first step,” said Gary Haynes, Director of Community Development for the Town of East Granby. “The Bradley Development League,” made up of Suffield, East Granby, Windsor, Windsor Locks, and the Connecticut Airport Authority, “is looking at how to best market our area to attract businesses. Getting the word out about the job opportunities in manufacturing available may be the way to go.”

Susan Palisano of CCAT said, “Another challenge and opportunity in manufacturing is seen by looking at this panel. Too few women are in the field.” David Hudson declared, “The future of manufacturing is lasers.” For more information on this program, or future ones, contact Kevin Bielmeier at kbielmeier@cerc.com.

Town to Hold Free Small Business Seminars

Next month, the Economic Development Commission of East Granby will begin a series of four, free small business seminars, held over the next four months, jointly with Suffield’s EDC.

Small businesses are the backbone of our economy. These hour-long “best practice style” seminars are for the small business owner, to offer advice and guidance on challenges they face with limited resources. Topics include: Financing, Marketing, Hiring Practices, and Technology.

The first session: “Financing for the Small Business” will feature Mike McDonald, Business Advisor from the Connecticut Small Business Development Center and be held on February 19th in the East Granby Senior/Community Center, 7 Memorial Drive, from 7:30 to 9:00 AM. Coffee and breakfast bites provided. The session is sponsored by Windsor Federal Savings and Loan.
EGEC/FRC Open Enrollment Night

East Granby Early Childhood Services & Family Resource Center located at Carl Allgrove Elementary School is hosting Open Enrollment Night on Thursday, February 7th from 6:00 to 7:00 PM. (Snow Date is Tuesday, February 12th.)

East Granby residents may register for 2019-2020 Programs: Integrated 3 & 4 Year Old Preschool Classes; and “One, Two & You” and “Terrific Two's” Early Learning Groups. Applications will be accepted on a first come basis beginning on February 7th. Doors will open at 6:00 PM. Please bring completed application, birth certificate, and proof of residency at the time of enrollment.

Applications and brochures are available outside the Preschool/Family Resource Center classroom or online at www.eastgranby.k12.ct.us. You may contact Kerry Anthony at kanthony@eastgranby.k12.ct.us for more information.

EGMS YAC Midyear Update

The East Granby Middle School Youth Action Council (YAC) is a group of 11 middle school students who are working to develop their leadership skills through volunteering in the community. The group is run through East Granby Youth Services by Sharon Shepherd. So far this year we have:

- Assisted with preparation and helped run the Town Halloween Party.
- Volunteered with the food pantry to pack the holiday food baskets.
- Volunteered with East Granby Social Services to assist with holiday gift giving program.
- Helped serve at the Community Cuisine Brunch.
- Ran a gingerbread house craft for K-5 students.

In 2019, we are looking forward to hosting a K-5 Valentine Craft on February 13th and the 3rd Annual Great Skate on March 2nd.

EGHS Commended Students
National Merit Scholarship Program

Principal Antonio DeMelo of East Granby High School has announced that Christian J. Fagnant, Chloe Gosselin, and Jack Tubridy have been named Commended Students in the 2019 National Merit Scholarship Program. A Letter of Commendation from the school and National Merit Scholarship Corporation (NMSC), which conducts the program, was presented by the principal to these scholastically talented seniors.

About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although they will not continue in the 2019 competition for National Merit Scholarship awards, Commended Students placed among the top 50,000 scorers of more than 1.6 million students who entered the 2019 competition by taking the 2017 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

“The young men and women being named Commended Students have demonstrated outstanding potential for academic success,” commented a spokesperson for NMSC. “These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success.”

TOP TURKEY FOOD DRIVE

East Granby Middle School students box up their collection in November 2018 for the Friend to Friend Food Pantry. The staff is very proud of the students and their desire to help their neighbors and to give back to their community!
Local DAR Celebrates with Awards

On November 11, 1893, the Abigail Phelps Chapter of the Daughters of the American Revolution was organized in the town of Simsbury. “On our 125th anniversary we wanted to have a special celebration,” Jackie Fenelon, Chapter Regent explained. “From the beginning our DAR objectives have been to promote historic preservation, patriotism and education. For our anniversary, we wanted to recognize others who support the goals and objectives that we share.”

The celebration recognized three local students for the qualities of dependability, service, leadership, and patriotism. McKenzie Huot, Valerie Lee, and Devin Stout were presented with Good Citizenship awards. McKenzie, who attends Granby Memorial High School, shared her plans for a career in Nursing and Global Health. Valerie, from Simsbury High School, and Devin, from East Granby High School, are both planning to study Engineering.

Along with honoring other individuals and civic organizations, DAR members also recognized the wonderful network of Historical Societies from Avon, Canton, East Granby, Granby, and Simsbury. The Societies received donations for programming in recognition of their efforts to preserve local history and treasures.

Capitol Update
Rep. Tami Zawistowski, 61st District

On Wednesday, January 9th, the General Assembly convened its 2019 regular session that will run until Wednesday, June 5th. During this time legislators can propose bills on any topic and will set a new two-year state budget.

This year there are significant changes in our state’s government. Governor Ned Lamont will begin his four year term and all legislators in the House and Senate will begin their two year terms. Working with a new governor and his administration, including many new commissioners and department heads, as well as a different and less balanced composition of the General Assembly, is likely to bring new challenges.

Maintaining progress made during last term’s compromise budget that enacted new caps on spending and borrowing—and grew our rainy day fund—may not be easy. I am committed to defending these caps, which provide some protection for taxpayers by acting as a brake on spending and bonding decisions. These reforms have already begun to pay off—our rainy day fund has grown to nearly $2 billion. We need to continue moving forward with reforms—with an estimated $4+ billion projected deficit in the coming two year budget cycle we cannot afford to fall back into the old habits that created our economic and financial problems.

Under the new administration, the amount the state distributes for municipal aid, including education funding (ECS), may be refocused on urban areas at the expense of our small towns. Our new governor’s planning team, as well as new majority leadership on key committees, have indicated interest in this change. Significant bipartisan work went into the formulas for ECS and other municipal funding approved during the last budget cycle, resulting in a transparent and balanced approach to town and school funding that I will continue to support and defend. Reductions could have a significant impact on East Granby’s budget.

I am very happy to have been reappointed as Ranking Member of the Planning and Development Committee and will also continue to serve on the Appropriations Committee and Transportation Committee. These appointments put me in a strong position to advocate for our towns on issues tied to regional planning, economic development, state funding, infrastructure, and tolls.

There are many ways to follow the legislative session and activity at the Capitol; I encourage you to utilize the following resources:

- CT-N: You can follow committee meetings and House debates as they unfold live on Connecticut’s public affairs television network, CT-N, or by streaming the proceedings online at www.ct-n.com.
- The CGA Website: The Connecticut General Assembly website provides a variety of resources including bill search and a daily calendar of events happening at the Capitol. Visit the website at www.cga.ct.gov.
- The Office of Legislative Research (OLR): The OLR issues reports on important issues the General Assembly may face during the 2019 session. Visit the website at www.cga.ct.gov/olr.

On Saturday, January 26th, I will be hosting office hours in East Granby from 12:00 to 1:30 PM at Three Brothers II, 58 Rainbow Road. I would encourage you to join me and share your concerns about state issues.

I also encourage you to visit my website, RepZawistowski.com, for the latest news from the Capitol and to sign up for e-mail updates. On social media you can find me on Facebook (@repzawistowski), Twitter (@tamizawistowski) and Instagram (@tamizawistowski). And as always, please contact me if you have questions or comments about state issues by phone at (860) 240-8700 or by e-mail at Tami.Zawistowski@housegop.ct.gov.

Left: Devon Stout, East Granby Good Citizenship Award winner. Right: Nancy Moody accepts donation on behalf of the East Granby Historical Society from Jackie Fenelon, Abigail Phelps Chapter Regent.
East Granby Republicans

Election day has passed, and the results are in. Early in January, Democrats in Connecticut will control both the House and Senate with two-thirds majorities, as well as having a Democrat as a governor. Policy recommendations are flooding into our Governor-Elect Ned Lamont. A sampling of these include: $15 minimum wage; mandatory paid medical leave; free college tuition; tolls for passenger cars and trucks on Connecticut highways; higher taxes on restaurant meals. Ask your local small business owner what these changes will mean to them and their families. A higher minimum wage alone will mean fewer entry level jobs for our high school and college students. The Town of Manchester has already eliminated most of its part-time permanent jobs in anticipation of this change (Source: Journal Inquirer, Dec. 29-30, 2018). This change will also cause millions of dollars in additional costs for our State departments, whose costs will be borne by us, the taxpayers. Expect the pledge by Ned Lamont not to raise taxes as iron-clad as Governor Malloy’s.

Let’s now focus on East Granby. A recent report by the Bonding Committee recommends spending $11.3 million for new roofs, new roads, and air conditioning for classrooms at Allgrove school. While these items appear to be reasonable, issuance of these additional bonds by itself will cause an increase in property taxes by a yet to be determined number. Contractual increases in town and school employee salaries, and higher medical benefits could add another two and a half to three percent. If Governor Lamont forces municipalities to cover part of teachers’ pensions, there would be more tax burden to the town.

Many people criticize the State of Connecticut for diverting funds meant for transportation to the general fund for other purposes. Some local municipalities are no different. In East Granby, we will divert money from a transportation grant (described in Section 13a-175a(a)) to pay for such things as insulation, new windows for Town Hall, phone systems, classroom Chromebooks, and HVAC improvements. While waivers may be approved to allow this, it makes more sense to use the funds for their intended purpose such as road replacement than using our credit card (in the form of bonds).

We are always looking for new members to join the East Granby Republican Town Committee. Here is a reminder of some of our basic principles—we pledge to: manage your tax dollars responsibly; promote the highest educational standards for our children; reduce taxes through sensible business growth; ensure total transparency of town government. If you share these views, come join us. We can be reached by contacting Lee Sandora at (860) 798-4916 or via e-mail at lsandoraeg@gmail.com. Our meetings are held at 7:00 PM on the third Wednesday of the month at the Senior/Community center. Our next meeting is on February 20th.

Wishing you all a Happy and Healthy New Year!

Concerned Taxpayers of East Granby

Concerned Taxpayers of East Granby is a non-partisan organization for East Granby taxpayers to promote a balance of town spending versus quality of services and affordability of living in town. CTEG promotes involvement of taxpayers in town government decision-making in order to ensure the economic viability of our community.

At the state level, economic policy has led to population and major corporate exits from Connecticut, resulting in erosion of income tax receipts despite massive, historic state tax increases in 2011 and 2015. And Connecticut’s new governor and legislature will still have to face down a nearly $4.5 billion two-year deficit—20% of the state budget—right off the bat. A 3.5% raise for state employees in 2020 didn’t help, and the last agreement with the state employee unions guaranteed layoff protection for state employees until 2022, so the Governor won’t be able to reduce the size of the state’s workforce.

But Connecticut’s budgetary troubles don’t end there. The following biennium will be struck with a massive $6.9 billion deficit. And the state’s unfunded pension liabilities continue to grow, with Connecticut’s total unfunded liabilities and debt amounting to $87 billion (four times the size of the entire state budget). Connecticut doesn’t need to be more expensive, it needs to get its spending under control.

The same is true at the town level. Spending by town government in East Granby has risen by 27% over the last ten years. East Granby Boards increase spending every year often at a rate two to three times (100%) more than neighboring towns in the state (e.g., Granby’s 3-year average increase 1.03% versus East Granby’s 3-year average 1.97%). Even with that, the town is going to be seeking a $10 million bond within the next month to fund roads and schools, projects which would normally be funded out of operating expenses in the annual town budget. The details were presented at a December 13th Town Meeting, and can be found on the town website here: https://eastgranbyct.org/bonding-committee-report-and-powerpoint-december-13-2018/. That bond issue effect on taxes is undetermined at this time but it could translate into a 5-10% property tax hike for many East Granby households, the amount of which will continue every year, in perpetuity.

Other issues currently in the works in East Granby town government are a contract extension and raise for the schools superintendent, currently under discussion behind closed doors (where will the funds come from?); and changes to the town ordinances. Updates are available from the office of the First Selectman in town hall (http://eastgranbyct.org, (860) 653-2576, info@egtownhall.com).

If you want your voice to be heard on matters of the town budget, municipal governance, conservation and development, or other issues, go to Board meetings and public hearings and show Board and Commission members that you’re watching and will hold them accountable. Do whatever you can to help keep our town government oriented responsibly and encourage them to
put together a good strong economic development profile for the community. Come to a CTEG meeting to talk with likeminded neighbors and discuss your ideas.

CTEG meetings are usually on the third Monday of the month at 7:00 PM at the East Granby Public Library, with some exceptions in holiday months. All CTEG meetings are open to the public. Come and find out what’s going on in the community. Share your thoughts and concerns with people who are interested in keeping East Granby a great place to live, work, and retire. If you can’t come to meetings, we’re still interested in your ideas. For more information, call (860) 658-0268, e-mail info.CTEG@cox.net, or visit the CTEG website at www.egtaxpayers.org.

Probate Court Briefs
Judge David Baram

Probate Judge David Baram, alongside his wife Paula, took his oath of office on Monday, December 17, 2018, administered by Bloomfield Town Clerk, Marguerite Phillips. Judge Baram was re-elected to a four-year term this past November. Said Baram, “I look forward to serving the residents of Bloomfield, Windsor Locks, East Granby, and Suffield for the next four years. Finding ways to assist people and helping families during difficult times is a rewarding responsibility that I take seriously. I pledge to do my very best in fulfilling the duties of Probate Judge of the Tobacco Valley Probate District.”

Did you know that you can help earn money for the elementary schools’ Allgrove/Seymour PTO and not spend any extra money?

Geissler’s generously gives back 5% percent of sales receipts submitted. Drop off receipts less than 6 months old and more than $35 at the Post Office, Library, Senior Center, or send them into school with a student.

Please submit the whole receipt.

*The next submission is February 1, 2019*

Clip Box Tops for Education!

They can be found on all sorts of food labels, boxes, and bags. These can also be dropped off at the Post Office, Library, Senior Center, or sent into school with a student.

*The next submission is March 1, 2019*

Stop & Shop donates money based on total sales to registered cards from September 7, 2018 to March 16, 2019. Go to www.stopandshop.com/aplus to register your card. Allgrove’s school code is 09193 and Seymour’s code is 06289. You can register up to TWO schools (Allgrove and Seymour)! No need to re-register if you were registered last year!

All together, these ‘no-cost fundraisers’ earned an AMAZING amount of money last year for the Allgrove/Seymour PTO. The money helped to fund field trips, music and art programs, and in-school presentations.

Many thanks to everyone in the community who supports the Allgrove/Seymour PTO!

If you have any questions please contact us at AllgroveSeymourPTO@gmail.com

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my Stop&Shop® GEISSLER’S SUPERMARKET BOX TOPS FOR EDUCATION EXPIRES 6/3/17
#EG CommunityWorks Calendar

**January**

**23rd**, Wednesday: **Movie: Old Man and the Gun**, 1:00 pm, EG Public Library

**26th**, Saturday: **Juried Art Show Reception**, 6:00–8:00 pm, EG Public Library

**27th**, Sunday: **In the Shadow of Vesuvius**, 2:30 pm, EG Senior/Community Center, EG Historical Society member Sharon Wolf, showing us her Pompeii travels

**27th**, Sunday: **UCONN Women’s Basketball**, Bus departs EG Senior/Community Center at 3:00 pm for Hartford, CT. EG Senior Center, Cost is $28, reserve by January 17th, 860.413.3334

**28th**, Monday: **Growing Healthy Kids** $20/drop in, 4:00–5:30 pm, East Granby Farms, Nourish My Soul, Register through EG Parks & Rec

**29th**, Tuesday: **Friend to Friend Annual Meeting**, 6:00pm, Large Conference Room, EG Town Hall, Friend to Friend

**29th**, Tuesday: **Veteran’s Meeting**, 7:00–9:00 pm, Gio’s Restaurant, EG Veterans

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**February**

**1st**, Friday: **Protecting Your Rights – The A-B-C’s of Probate Made Easy**, Bring your family & friends to this informative presentation by Probate Judge David Baram, at 10:30 am, EG Senior/Community Center. Free, but reserve by January 24th, 860.413.3334

**4th**, Monday: **Free Blood Pressure Clinic**, 10:00 am-12:00 pm, EG Senior/Community Center, EG Senior Center

**12th**, Tuesday: **Veterans Coffee House**, 9:00–11:00 am, EG Senior/Community Center, EG Veterans

**15th**, Friday: **MGM Grand Casino, Springfield, MA**, Bus departs EG Senior/Community Center at 11:00 am for Springfield, MA and departs the casino at 2:30 pm, cost is your own. EG Senior Center, Reserve by February 7th, 860.413.3334

**22nd**, Friday: **Senior Lunch Bunch – Seasons at Suffield by the River**, Bus departs EG Senior/Community Center at 11:30 am for Suffield, CT. EG Senior Center, Reserve by February 14th, 860.413.3334

**26th**, Tuesday: **Veteran’s Meeting**, 7:00–9:00 pm, Gio’s Restaurant, EG Veterans

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The New Year is a great time to change old patterns. Start by committing yourself to doing one new thing a month. Join an activity, volunteer or just get in touch with someone you haven’t spoke to in a while. Enjoy your community!

Sandy Landolina
Ginny Moriarty
Shirley Woods
*nonprofit volunteers*
March

2nd, Saturday: **Nourish My Soul, From the Ground UP Mardi Gras Themed Dinner**, 5:00-7:00 pm, EG Senior/Community Center. Dinner and presentation by leader attendees of One World Everybody Eats Conference in NOLA. $30/Ticket Donation, email alicia@nourishmysoul.org.

12th, Tuesday: **Veterans Coffee House**, 9:00–11:00 am, EG Senior/Community Center, EG Veterans

14th, Thursday: **Community Cuisine Dinner**, 5:00-7:00 pm, EG Senior/Community Center, Nourish My Soul, EG Lions Club, EG Veterans, Friend to Friend, Oxen Hill Farm, Resilience Grows Here, & Women’s Club of EG

23rd, Saturday: **Friend to Friend Thrift Shop Donation Drop-Off**, 10:00 am-2:00 pm, EG Senior/Community Center. The Thrift Shop is collecting gently-used spring/summer clothing, small housewares and artwork to sell at the shop when they reopen on Tuesday, April 2, 2019.

26th, Tuesday: **Veteran’s Meeting**, 7:00–9:00 pm, Gio’s Restaurant, EG Veterans

**Monthly Happenings ...**

**At EG Congregational Church:**
- Tuesdays: **Book Study** 1:00 pm, Buttaro Room
- Wednesdays: **Morning Prayer/Meditation** 6:30 am, Buttaro Room
- Thursdays: **Morning Bible Study** 10:45 am, Buttaro Room
- Thursdays: **Yoga** 7:00 pm, CEC
- First Wednesday (2:00 pm) and Thursday (7:00 pm), each month: **Free Genealogy Group Meeting**, Fellowship Hall

**At EG Senior Center:**
- Tuesdays 1/8-2/5: **Writing Workshop** 1:00–2:00 pm, EG Senior/Commmunity Center. Call 860.413.3334 to reserve your spot!

**At Resilience Grows Here:**
- First and Third Thursday each month: **Military Family Connect Group**
- 10:00–11:00 am, EG Farms Recreation Building. Email Kim at Kls7389@gmail.com if you’ll be attending and check the RGH Facebook page for cancellations. Veteran, Active Duty and Reserve families from all towns are welcome.

If we missed you or you’d like to participate, please email eg.communityworks@gmail.com. Entries must be received 7 days before the start of the month and we’ll track your events as far forward as you’d like. The calendar will appear in Talk Turkey and a link to the calendar will be reposted on the East Granby Community Facebook page, three days prior to the start of every month. Thank you!
Happy New Year!

We wish to thank all of you who donate your time, food, money, goods and talents to **Friend to Friend**. There is a magical collaboration between our residents, clubs, organizations, nonprofits and schools that turns hard work into fun camaraderie and challenges into achievements. No matter what, there is always someone, somewhere, who will make sure it happens. We celebrate those of you behind the scenes, rarely recognized, but wholly responsible for the graciousness in our world. Thank you! Wishes of health and happiness to you in 2019 and please keep up with us on our facebook page and website [www.friendtofriendeg.com](http://www.friendtofriendeg.com).

### Food Pantry

To register with the Food Pantry call Social Services at 860.413.3328 or email elise@egtownhall.com.

To volunteer or donate call 860.651.1659 or email friendtofriendeg@gmail.com.

- In need of the following items: baked beans, canned fruit, cereal, coffee, deodorant, jelly, hearty soups, laundry detergent, pasta sauce, peanut butter, shampoo & conditioner, toothbrushes, toothpaste and tuna.
- Food donations may be dropped off at East Granby Senior/Community Center, East Granby Public Library and the East Granby Congregational Church.
- Monetary donations can be mailed to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026

### Happenings

**Friend to Friend Annual Meeting**

The public is invited to our Annual Meeting on **Tuesday, January 29, 2019** at 6:00 pm at the EG Town Hall in the large conference room. If you have questions please call 860.651.1659 or email friendtofriendeg@gmail.com.

**Friend to Friend Thrift Shop Donation Drop-Off**

We will be collecting **gently used** spring and summer clothes, housewares and artwork for our thrift shop on **Saturday, March 23, 2019 from 10:00 am to 2:00 pm at the EG Senior/Community Center**. Questions? Please call 860.651.1659 or email friendtofriendthriftshop@gmail.com. Thank you.

**Food Pantry**

32 Spoonville Road
860.651.1659
friendtofriendthriftshop@gmail.com

The shop is closed for the winter and will reopen on **Tuesday, April 2, 2019**.

Please note **WE CANNOT ACCEPT DONATIONS when the shop is closed. Thank you!**

Shop reopens on **Tuesday, April 2, 2019**

Hours:
- Tuesday: 10-2 p.m., Thursday: 2-6 p.m.
- Saturday: 10-2 p.m.

**Thrift Shop**
Allgrove School

KINDERGARTEN REGISTRATION

February 12th, 13th & 14th 2019

Registration for children who are entering Kindergarten for the 2019-2020 school year will take place at Allgrove School, 33 Turkey Hills Road on the following dates:

**Tuesday**
- February 12th
  - 9:00-11:00 a.m.
  - 12:30-2:00 p.m.

**Wednesday**
- February 13th
  - 9:00-11:00 a.m.
  - 4:30-6:00 p.m.

**Thursday**
- February 14th
  - 9:00-11:00 a.m.
  - 12:30-2:00 p.m.

The registration paperwork can be downloaded from the district website at [www.eastgranby.k12.ct.us](http://www.eastgranby.k12.ct.us). Click the ‘Parent’ tab then scroll down and click on ‘Enroll your Child’. The paperwork can be filled out in advance and brought to school along with the documents listed below. All forms must be returned and signed at the school by the East Granby parent. Parents also have the option to complete a registration packet at the school during the times noted above.

At the time of registration, we will also be scheduling a visit for kindergarten orientation that will take place in the spring. It is important that students be registered during the above dates. If you are not able to attend one of the registration dates, please call Donna Mattera at 860-653-2505.

In addition to the registration forms, parents need to bring the following required items at the time of registration:

- **Birth Certificate** (must be the long form with a raised seal). No copies will be accepted.
- **Copy of Most Recent Physical & Immunizations**
- **Proof of Residency** - *(Please provide one of the following):*
  - Copy of a recent utility bill (electric, water, oil/natural gas, cable or landline phone) in your name and showing services provided for your East Granby house/apartment.
  - Copy of a valid current lease agreement for your rental home/apartment in East Granby with the signatures of the lessee and lessor.
  - Copy of sales contract for your home in East Granby (Financials may be blocked off for privacy)
  - Contract with closing date (within 60 days of registration). After the closing, parent must provide proof of residency. **Permission to enroll must be granted by the Superintendent if requesting to start school before taking occupancy of the East Granby house/apartment.**

All certificates and records will be copied and returned to you at the time of registration.

All pupils entering Kindergarten must be five years of age on or before January 1, 2020. Please be advised that pursuant to Section 10-184 of the Connecticut General Statutes, parents are required to register all children whose ages meet this eligibility for Kindergarten. If parents choose not to send their child to Allgrove Elementary School during this coming school year, please contact Donna Mattera at 860-653-2505.

**All registration information must be completed before your child may begin Kindergarten.**

A health examination is required prior to August 12, 2019. Health examination forms are available from the school nurse at the time of registration.
# East Granby High School Honor Roll • First Quarter 2018-2019

--- HIGH HONORS ---

<table>
<thead>
<tr>
<th>GRADE 9</th>
<th>GRADE 10</th>
<th>GRADE 11</th>
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<td>Vincente Auger</td>
<td>Connor Anthony</td>
<td>Cullen Beman</td>
<td>Jaime Baird</td>
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<td>Colby Betts</td>
<td>Jaya Badhe</td>
<td>Britney Couceiro</td>
<td>Jessica Barry</td>
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<td>Brandi Bisson</td>
<td>Jamison Belliveau</td>
<td>Stephanie Crocker</td>
<td>Amber Bourgault</td>
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<td>Emalee Bisson</td>
<td>Julia Broome</td>
<td>Victoria Hall</td>
<td>Laura Brassard</td>
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<td>Olivia Boehm</td>
<td>Victoria Cannon</td>
<td>Jade Kiang</td>
<td>Brianna Canny</td>
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<td>Sheza Chaudhry</td>
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<td>Emily Kowal</td>
<td>Audrey Corcoran</td>
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<td>Melanie Chen</td>
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<td>Joy Li</td>
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<td>Sean Griffin</td>
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<td>Cayleigh Goberman</td>
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<td>Jenna Springer</td>
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<td>Tira Iqbal</td>
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<td>Meghan Jones</td>
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<td>Alexander Bisson</td>
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<td>Nancy Cheng</td>
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<td>Donell Cox</td>
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<td>Matthew Tuczinski</td>
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EGHS Baseball Bottle Drive Fundraiser

Saturday, February 9th

East Granby residents can leave returnables at the end of their driveway and they will be picked up during the day starting at 8:30 am.

You can also drop off your donations at East Granby High School between 9:00 am and 1:00 pm, or Stop & Shop in Granby starting at 9:00 am, and check out our bake sale at Stop & Shop, too!

Funds raised will help support sending the team to Spring Training Camp and other team expenses!

Sponsored by Friends of East Granby Baseball, Inc.

EGHSBaseballParents@gmail.com

Friends of East Granby Baseball, Inc. is a tax exempt organization that supports the East Granby High School Baseball team.
When: Friday, March 15 from 6-9pm (Snow Date: March 22)

Who: Teams of 5, $25 per team

Where: East Granby High School Gym

Form Your Teams NOW!

- Sign up in the High School Office or by contacting Dina Santos @ (860)-989-2681
- Sign Up Deadline: February 22
- No Team? Come watch your friends and teachers play!
- $5 admission for spectators
- All money raised goes to 2019 Project Graduation
- The concession stand will be open plus a 50/50 raffle
East Granby Fire Marshal’s Office Safety Tips

The following fire safety tips can help you maintain a fire safe home this winter.

CANDLE SAFETY
Lit candles are pretty to look at but they are a cause of home fires and home fire deaths. Please remember that a candle is an open flame, which means that it can easily ignite anything that can burn. The following tips can help keep you and your family safe when using candles:

- Extinguish all candles when leaving the room or going to bed. Avoid using candles in any areas where people may fall asleep, such as bedrooms.
- Keep candles away from anything that may burn, NFPA recommends at least a one foot distance.
- Use candle holders that are sturdy and will not tip over easily.
- Put candle holders on sturdy, uncluttered surfaces.
- When lighting candles be sure to keep loose clothing and hair away from all flames.
- Never burn a candle all the way down; replace it before it gets too close to the holder.
- Never use candles during power outages; have flashlights ready for these times.
- Never leave a child unattended in an area with a burning candle or any means to light a candle. Keep all matches and lighting appliances in a locked cabinet out of their reach.

According to the National Fire Protection Association, more than one third of home candle fires started in the bedroom and two out of every five candle fires start from combustibles being too close to the candle.

TWO RECALL ITEMS FROM THE CONSUMER PRODUCT SAFETY COMMISSION
The Consumer Product Safety Commission maintains a database of product safety issues and recalls for consumers to view on their website at www.cpsc.gov and I encourage everyone to visit the site. The products that I include each month are ones that may be likely to be found in our community but there are many more in their database.

White-Rodgers Recalls Thermostats Due to Fire Hazard
This recall involves Emerson branded SensiWiFi thermostats with “Emerson” printed on the front and a date code from 1416 to 1536 on the back. The date code represents the manufacture date from the 16th week of 2014 through the 36th week of 2015. The thermostats are white with an LCD screen. There are three buttons below the thermostat screen. Up and down arrow and Menu buttons are located to the right of the screen. Recalled thermostats have model numbers 1F86U-42WF or UP500W. A product label containing model number and date code information is located on the back of the thermostat.

Residents should check their thermostats to determine if “Emerson” is printed on the front and the above date codes are on the back. If they are, then residents should contact White-Rodgers at 888-847-8742 for instruction on repair/replacement. These units were sold through many national distributors as well as Home Depot from April 2014 to December 2016. The problem has been contact between wires causing damage to the unit and a fire hazard (more than eight fires have been reported).

Seabreeze International Recalls Bathroom Heaters Due to Fire Hazard
This recall involves model SF14TA Smart Thermaflo Bathroom Heater Fans with nightlight manufactured in 2015 and 2016. The fan is a white rectangle about 13 inches wide and 10 inches high with a plastic grill on the front. “Seabreeze International Corporation.” SF14TA, and date code are on a label on the bottom or side of the fan. Affected units have a date code ending in 5 or 6.

Residents should immediately stop using these heaters and contact Seabreeze International at 800-668-6095 for a full refund. The safety cutoff can fail to function in these units allowing the heater to rapidly overheat and pose a serious fire hazard. These units were sold through major retailers nationwide online and in stores from August 2015 to May 2017.

SMOKE DETECTOR REPLACEMENT PROGRAM
The East Granby Fire Marshal’s Office has a smoke detector/battery replacement program that is free to residents. Smoke detectors have a lifespan of ten years and then they need to be replaced; battery operated or battery back up detectors need their batteries changed to keep the detectors working. Our program offers free battery operated detector replacement and free battery replacement. If your smoke detectors are less than ten years old, we will gladly come out and test them for you to ensure they are operating correctly. If you are unsure how to check the date on these, give us a call and we will check them for you. Again, this program is offered free to our residents. It has been proven that operating smoke detectors save lives!

Contact the Fire Marshal’s Office for additional information or any other questions that you might have.
Call 860-653-3444 or e-mail:
Fire Marshal Kenneth Beliveau
KennethB@egtownhall.com
Deputy Fire Marshal John Leahey
JohnL@egtownhall.com
DIAL-A-RISE ON THE MINI BUS
1. Grocery, Pharmacy & Banking every Wednesday
2. Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday from 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM. Transportation to the Windsor Caring Connection (Windsor’s Adult Day Health Center) will now be provided on Tuesdays and Thursdays. Please call (860) 547-0251 for more information.
3. Retail Shopping, Trips & Community Events on Mondays and Fridays.

Check the Senior Moments Newsletter calendars for the bus schedule and call (860)413-3327 at least 24 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of $20 is greatly appreciated.

BLOOD PRESSURE CLINIC – PROVIDED BY THE FARMINGTON VALLEY VNA
MONDAY– FEBRUARY 4th, MARCH 4th 11:00AM–12:00PM.
The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings. No appointment necessary.

CT INFO LINE—DIAL 211—Vital resource to find available community services.
CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.

EXERCISE CLASSES, PROGRAMS AND SHOPPING

PEDICARE FOR YOUR FEET—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month–8:30 AM–2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost $29

GET FIT EXERCISE CLASSES—Mondays and Wednesdays 10:00 AM–11:00 AM—Senior Center—$4.00 walk-in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety.

LINE DANCING CLASS- Tuesdays 10:00 AM–11:30AM at the East Granby Farms Recreation Center - $5.00 walk-in cost. Come on down and enjoy some great music and learn some fun line dances. It’s a great way to exercise while aching fun!

SHOPPING TRIPS:
- JANUARY 28th, FEBRUARY 25th – MRS. MURPHY’S & OCEAN STATE JOB LOT
- FEBRUARY 4th – CHRISTMAS TREE SHOP
- FEBRUARY 11th - WALMART

SENIOR CENTER TRIPS AND PROGRAMS

FRIDAY FEBRUARY 1ST— Protecting Your Rights—The A-B-C’s of Probate made easy—Why do you need a will? A Power of Attorney? A Health Care Directive? Probate Judge David Baram will explain it all for you during this informative interactive program. There will be plenty of time for questions and answers. Bring your family and friends for this very important topic! Light refreshments will be served. Program begins at 10:30 AM at the East Granby Senior Center. There is no charge for this presentation. Reservation due by January 25th.

FRIDAY FEBRUARY 15TH—MGM Springfield—Springfield, MA —Shake those winter blues and try your luck at the brand new MGM Springfield casino. The 125,00 square foot MGM features 2,550 slots, 120 gaming tables, including poker as well as diverse food and beverage options. You don’t need to be an experienced game player to enjoy this trip. There is something for everyone! Spend the day on your own enjoying all that this magnificent venue has to offer. Depart the Senior Center at 11:00 AM. We will depart the Casino at 2:30PM to return home. There is no charge for this trip as lunch and entertainment activities will be on your own. Reservation due by February 7th.

Join our mailing list to receive the Senior Moments Newsletter.
Call (860) 413-3334 or email kellyj@egtownhall.com to sign up.
Opening Reception
Saturday, January 26th, 6-8pm
Music By: November Sound
For more information visit www.egpl.org or call 860-653-3002

Save the Date!
Saturday, February 2nd
11am—12:30pm
Come dressed as your favorite story book character! Scavenger hunt, face painting and more!

Juried Art Show
January 28th—March 1st
Opening Reception
Saturday, January 26th, 6-8pm
Music By: November Sound
For more information visit www.egpl.org or call 860-653-3002

February’s Read
Trail of Tears by John Ehle
Monday February 11, 2019 10am
Books Available at the Library!

Afternoon at the Movies
Wednesdays at 1:00pm

January 23rd
“The Old Man & The Gun”
PG-13, 93 min.
Robert Redford stars. Based on the true story of Forrest Tucker & his audacious escape from San Quentin at age 70.

January 30th
“Juliet, Naked”
R, 105 min.
Based on the novel by Nick Hornby, Juliet, Naked is a comic account of life’s second chances.

February 6th
“First Man”
PG-13, 142 min.
A look at the life of the astronaut, Neil Armstrong, and the legendary space mission that led him to become the first man to walk on the Moon on July 20, 1969.
Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC) ........................................... 2/5, 3/5, 4/2
Conservation 7:00 (TH) .......................................................... 2/6, 3/6, 4/3
Board of Education 7:00 (AS) ................................................... 1/28, 2/11, 2/25, 3/11, 3/25
Economic Development 7:00 (TH) ............................................. 1/28, 2/25, 3/25
Elementary School Committee .............................................. As Needed
Board of Finance 7:30 ............................................................ 2/19, 3/14, 4/2
Parks & Recreation 7:00 (EGF) ............................................... 2/7, 3/7
Planning & Zoning 7:00 (TH) .................................................. 2/19, 3/12
Board of Selectmen 6:30 (TH) ................................................. 1/23, 2/13, 2/27, 3/13
Zoning Board of Appeals 7:30 (TH) ...................................... 1/24, 2/28, 3/28
Youth Services Bureau 6:30 (EGF) ....................................... 1/21, 2/18, 3/18

The above meeting dates and times are subject to change.
Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

Guidelines for Submitting Articles
The following are the deadlines for the upcoming "Let’s Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

East Granby Town Hall
PO Box 1858
East Granby, CT 06026

Resident
East Granby, CT 06026
East Granby Parks & Recreation
Winter Programs 2019

Adult Sports & Fitness

LOSE WEIGHT HAPPILY - 2B Mindset

This 6-week program will teach you simple techniques for losing weight... and keeping it off! Whether you have 5, 10, 25, 50 or 100 pounds to lose, the 2B Mindset program will help you achieve your weight loss goals. The best part is, you'll be happy doing so! No deprivation. No calorie counting. No exercise required. You can still enjoy all the foods you love. 2B focuses on what you CAN eat, not what you can't. It's not a diet; it's a new mindset!

Come join Ellen Flanagan, certified 2B Mindset Mentor, as she teaches the principles of this life-changing nutrition program. You will learn a healthy approach to eating that allows you to feel full and satisfied.

The group will meet an hour each week for 6 weeks. In addition to learning the program, you'll have an opportunity to ask questions, share tips, and swap recipes!

Ellen will also meet with each participant 3 times individually (at a mutually agreed-upon time) to provide additional mentoring to address specific questions or concerns. Open to males and females ages 18 and older!

When: Session 1: Tuesday, 1/22/2019 - 2/26/2019
     Session 2: Tuesday, 3/5/2019 - 4/9/2019
Ages: 18 - 99
Where: East Granby Farms - Sears House
Fee: $75
Time: 7:15 PM - 8:15 PM

MENS RECREATIONAL BASKETBALL

Come and play a drop-in game of basketball. This program is for men over the age of 18. The cost is $3 and the fee is collected at the door. An East Granby Parks and Recreation Waiver is required in order to play. Participants must wear white-soled gym shoes. No basketball during school vacation or non-school days. No registration required.

When: Wednesday, 10/10/2018 - 05/29/2019
(Please note on weeks where the high school teams use the new gymnasium we will move the men's basketball program to Tuesday from 7:15pm - 9:00pm)
Ages: 19 - 99
Where: East Granby High School Gym
Fee: $3 (collected at the door)
Time: 7:00 PM - 9:00 PM

YOGA Slow Flow Vinyasa

While connecting breath to movement, we will start with a warm-up then flow through a series of yoga poses (asanas) building heat slowly and gently and ending in a relaxing Savasana. Modifications will be given for all levels. Blocks, straps and knee pads will be available to assist your practice. Bring your own yoga mat.

This class is great for those newer to yoga or those wanting to slow it down in a basic flow class.

Questions can be emailed to the instructor at MrsSuziQ@cox.net.

$8 drop in fee.  $60 Punch card for all 8 weeks.
When: Monday, 01/07/2019 - 02/25/2019
Ages: 18 - 99
Where: East Granby Recreation Center
Fee: $60
Time: 6:30 PM - 7:30 PM

ZUMBA - Winter Session

Instructor: Renee Klucznik

Zumba is a fun dance exercise program that burns tons of calories and works your legs, arms, glutes and abs. Stats from my Fit Bit for class: Steps: 6500, Miles: 3, Calories burned: 750.

DO NOT need: prior dance experience, perfect coordination, or to worry that anyone is watching you (they are thinking hard and following the moves!)

DO need: water bottle, sneakers, towel, if desired, desire to have fun and get fit!

Come join in the fun! It's a great way to spend an hour of your Tuesdays! First class FREE to newcomers!!! Drop-In.

When: Tuesdays, 01/08/2019 - 02/25/2019
Ages: 13 - 99
Where: East Granby Farms - Recreation
Fee: 8 wks-$60, 6 wks-$40, 4 wks-$34, $10 drop-in
Time: 6:00 PM - 7:00 PM

All passes are non-transferable and non-refundable and expire at the end of the fall session.
Children's Activities

Provides unique and original art experiences using quality art materials. Talented instructors encourage children's creative spirit and imagination. Inspires children to create art that is uniquely their own. Fosters creativity through exposure to a large variety of artists' tools, techniques & materials.

Includes wicked cool, sometimes kooky, art activities kids love to do.

ART-VENTURES AROUND THE WORLD
Winter Session 2019
ALLGROVE STUDENTS
ART-ventures Around the World for grades K-2

Art travelers go on a whirlwind tour of the world, traveling among different countries and cultures. Create hot air balloon lanterns to take you up and away! Each week we land somewhere in the world and create wicked cool cultural art using unique materials and artisan's techniques.

Design Mosaic Picture Frames in Greece, and sculpt miniature clay Vejigante Masks in Puerto Rico. Build Tribal Rain Sticks in Australia, and paint Maracas in Brazil. Plus, design Japanese Windsocks, Mexican Yarn Paintings, Spanish Paper Fans, Native American Story Necklaces, and more! Fun facts about each country and culture, geography and art history are included. The only thing kids need to pack is their imagination!

When: Wednesdays, 3:05-4:30pm
1st 6 wks: Feb 6 to Mar 20, (not 3/6) Fee: $86
2nd 6 wks: Apr 3 to May 15, (4/10) Fee: $86
All 12 wks, Feb 6 to May 15, (not 3/6, 3/27, 4/10) Fee: $158 - 12 week fee includes one FREE week
Where: East Granby Recreation Center. Children will be escorted from Allgrove School to the mini-bus where they will be transported to East Granby Farms. A snack is provided and we ask that you send your child with a water bottle.

ART-VENTURES FOR KIDS
Winter 2019
After School SEYMOUR Program

Pay no attention to that fire-breathing dragon! Wielding paintbrushes, brave young art explorers journey into a fairytale kingdom, where fairies flit through rainbow skies and zany zombies roam the streets.

Meet fantastical creatures, both spooky and sweet, while conjuring bedazzling art: Decorate wicked cool witch or wizard hats and sculpt clay witches on broomsticks! Design colorful ceramic skulls inspired by Dia De Los Muertos and paint unicorn or dragon banks. Craft monster t-shirts and create sparkling castles on canvases. Make hand puppet mermaids, vampires, fairies, werewolves, or any creature you can imagine.

Build UFOs and sculpt clay aliens to fly them, construct haunted house boxes, and make metal robot art. Using some very magical potions and spells (i.e. materials and techniques), ART-venturers experience painting, drawing, sculpting, stained glass, ceramics, fabric art, and more. Fun, fantasy-filled ART-ventures!

When: Thursdays: 2:55pm - 4:30pm
1st 6 wks: Feb 7 to Mar 14 Fee: $86
2nd 6 wks: Mar 21 to May 9 (no class: 3/28, 4/11) Fee: $86
All 12 wks: Feb 7 to May 9 Fee: $158 Includes 1 free week! (No class: 3/28, 4/11)

ART-VENTURES
Early Release Day Art Fun
Sparkly Snowflakes and Magic Mittens
Wednesday, March 6, 2019

Will there be anymore snow days! It's still the season for winter art! Paint family snowman portraits on stretched canvas, create sparkling beaded snowflakes, sculpt clay snowmen, and design colorful scratch art mittens. Enjoy some wonderful winter fun while keeping cozy and warm! Bring an over-sized old T-shirt to use as a smock, a nut-free snack and a drink each day. All art materials included. Children bring home 2 or 3 awesome works of art each time.

When: Wednesday, March 6th, 2019 / Ages: 5-12
Where: EG Farms Recreation Center / Fee: $30
Time: 1:45 - 4:05pm (Parents are responsible for transporting their child to this program.)

ART-VENTURES FOR KIDS
Early Release Day
Wednesday, March 27, 2019
Fun Time with Famous Artists

Get ready to play and learn with some of history's greatest artists! Create wacky Cubist costumes inspired by Picasso's portraits, draw colorful cats in the style of Laura Burch, and design Kandinsky circle collages. Plus, create fun and fabulous fabric wall hangings!

When: Wednesday, March 27th, 2019 / Ages: 5-12
Where: EG Farms Recreation Center / Fee: $30
Time: 1:45 - 4:45 pm (Parents are responsible for transporting their child to this program.)

ART-ventures for Kids
April Vacation Art Fun
Cupcakes and Pizza Party

Get ready to whip up some artsy treats that look almost yummy enough to eat! Paint colorful ceramic cupcake banks and sculpt clay pizzas with all your favorite toppings! Plus, design and decorate chef hats to wear in your own crafty kitchen! Bring an over-sized old t-shirt to use as a smock, and a nut free snack and a drink. With a dash of whimsy and a dollop of fun, we help art explorers think creatively about art and the amazing role it plays in our wonderful world!

When: Tuesday, April 9th 2019 / Ages: 5-12
Where: EG Farms Recreation Center / Fee: $30
Time: 9:00 AM - 12:00 PM (Parents are responsible for transporting their child to this program.)
INTRODUCTION TO HORSEBACK RIDING

Looking for an opportunity for your child to learn to ride? Improve their current riding skills? Join our advanced riding instructors in this introductory set of lessons. Held off site in the indoor barn at End of Hunt Equestrian Center. End of Hunt Farms, 1360 Hill Street, Suffield, CT.

- An approved safety riding helmet will be provided.
- Riders must wear jeans or riding pants, shoes with low heels.
- Limited enrollment.

**Introduction To Horseback Riding - Session A**

**Ages:** 3 - 17  
**When:** Tuesday, 01/15/2019 - 01/29/2019  
**Time:** 4:30 PM - 5:30 PM  
**Fee:** $100.00

**Introduction To Horseback Riding - Session B**

**Ages:** 3 - 17  
**When:** Tuesday, 05/07/2019 - 05/21/2019  
**Time:** 4:30 PM - 5:30 PM  
**Fee:** $100.00

GROWING HEALTHY KIDS

Gather once a month to learn all about healthy foods - where it comes from, how to prepare it, and of course tasting it! This class is active and hands on, where learning happens through movement, games, and preparing foods. Kids will become excited about healthier food options, understand the importance, and learn how to make it taste delicious!

The series is taught by Nutritionist, Alicia Newton from Nourish My Soul. Occasionally we will have guests from our Jr Chef program to mentor this younger group and model a positive relationship with healthy food. Sign up for them all for $110 or drop in for $20 per class. Please note: if you plan to drop-in you must sign-up for the class and not just show up.

**When:** January 28th 2019 Drop-In  
February 25th 2019 Drop-In  
March 25th Drop-In  
April 29 Drop-In  
May 20 Drop-In

(Please note: although these classes are drop-in you must register online in advance.)

**Ages:** 6-10  
**Fee:** $20.00  
**Time:** 4:00 PM - 5:30 PM  
**Where:** EG Farms Recreation Center

WHAT’S COOKING JR. CHEF

Join us in this youth development program exploring the fundamentals of culinary arts, food systems, and nutritional education. The program is designed to help youth to develop leadership, teamwork, and culinary skills as well as gain nutritional knowledge and a new appreciation for diverse, healthy and sustainable-produced food.

This program was developed by Nutritionist, Alicia Newton after years of working with families to develop healthier eating habits. Meet you in the kitchen where we will be stirring up change!

**When:** Tuesday, 01/16/2019 - 02/27/2019 (no class 2/13)  
**Grades:** 5-8  
**Fee:** $150.00  
**Time:** 4:00 PM – 6:00 PM  
**Where:** EG Community Center

FLIPPIN FRIDAYS

Every wondered what it would be like to flip on a trampoline? Looking to try something new this winter? Come and check out the Flippin’ Friday program...

All sessions take place at World Cup Cheer and Tumble (10 Hazelwood Road, East Granby). Open to all youth ages 7 and up.

The session will run from January 25 - March 29, 2019. Sign up for a drop-in class or the whole session.

**Flippin’ Fridays - Drop-In (one class)**

**Ages:** 5-14  /  **Time:** 5:45 PM - 6:45 PM  
**Ages:** 11-18  /  **Time:** 6:30 PM - 7:30 PM  
**Fee:** $15.00 Drop-In, $125.00 Full Session  
**Where:** World Cup Cheer and Tumble  
10 Hazelwood Road, East Granby

TRAMPOLINE AND TUMBLING

Join us for a fun and active trampoline and tumbling class. Have your child develop a strong sense of body awareness while they develop body control, strength & coordination, flexibility and stamina.

Tramp and tumbling are one of the fastest growing sports. Join us off-site at World Cup Cheer and Tumble here in East Granby. The tumbling class will use their on-site trampoline with expert supervision as well as time in the gym.

Classes are co-ed for children 7 and up. Join us for this 6-week session.

**When:** 01/24/2019 - 03/07/2019  
**Ages:** 7 and up  /  **Time:** 6:00 PM - 7:00 PM  /  **Fee:** $70.00  
**Where:** World Cup Cheer and Tumble  
10 Hazelwood Road, East Granby
GREENHOUSE AND SCIENCE CLUB - WINTER/SPRING - 2019
Come Plant with Us! Join Dr. Sarah Faulkner as they grow seeds for flowers and vegetables, cloning lots of plants, learning about raising trout and salmon, running the Spring Plant Sale, and getting outdoors to experience nature. This program is open to all East Granby Middle School students in grades 6, 7, and 8.

Where: East Granby Middle School
Ages: East Granby Middle School Students in Grades 6-8
Time: 2:15 PM to 3:45 PM  Fee: $40
When:
Tuesday, February 5th: Selecting seeds to plant and clone (skip two weeks)
Tuesday, February 26th: Seed Planting (skip one week)
Tuesday, March 12th: Transplanting outdoors
Tuesday, March 19th: Nature Crafts (skip one week)
Tuesday, April 2nd: Plant seeds, pruning, macrame (skip one week)
Tuesday, April 16th: Greenhouse and nature walk
Tuesday, April 23rd: Macrame and Crafts
Tuesday, April 30th: Prepare for The Plant Sale
Friday, May 3rd: Plant Sale – NO late bus this day

COOKIE CLUB

Are you a middle school student who loves to bake? If so join Anne McCluskey and John Goekler work with students to learn about the basics of cookie making. This session we will create chocolate chip, peanut butter blossoms, red velvet sandwiches, trail-mix cookies and shortbread (with a hint of color for St. Patty’s Day).

During the class food and cooking safety will be introduced before cooking begins. All students will be instructed in safety procedures and will be expected to follow them with adult supervision.

When: Mondays 2-25-2019 - 3-25-2019
Grades: East Granby Middle School students in grades 6-8
Time: 2:15 PM - 3:45 PM  Fee: $40
Where: East Granby Middle School, Rm 25

PRESCHOOL PLAY GROUP
Need some time out of the house with your little ones? Tired of being cooped up inside? Come join other moms and dads for a fun filled morning of play, crafts and socializing. Give yourself a change to start the week off right.

Ages: 1-4 year olds
When: Mondays 2/4/2019 - 3/18/2019 (no class 2/18/19)
Time: 9:30 am - 10:30 am
Fee: $30 for all 6 sessions (drop-in for one class $10 each)
Themes:
Monday, Feb. 4th - Friendship
Monday, Feb. 11th - Valentine’s Day
Monday, Feb. 25th - Winter
Monday, March 4th - Bears
Monday, March 11th - St. Patrick’s Day
Monday, March 18th - Baby Birds

SCALES & TALES
Riverside Reptiles Jr. Adventurers

Come together monthly for some Riverside Reptile Jr. fun! Children will have the opportunity to meet a live animal, create a craft, listen to some exciting stories, and engage in music and movement and play games.

This class will provide the opportunity to learn more about some of our reptile and amphibian friends, while sharing Mrs. Kleinman’s love of literacy, music, and finger plays. This is a parent/child class open to preschool aged children.

When: 1st Wednesday of the month February - June 2019 (2/6, 3/6, 4/3, 5/1 & 6/5)
Ages: 3-5 year olds
Time: 1:00 PM - 2:30 PM
Fee: $55
Where: EG Farms Recreation Center

VALENTINE CRAFT FUN


When: Monday, February 11, 2019
Grades: K-5
Time: 3:30 PM - 4:30 PM
Fee: $5
Where: EG Farms Recreation Center

To sign up for programs register online: https://eastgranbyct.myrec.com or contact

East Granby Recreation Parks & Recreation,
P.O. Box 1858, East Granby, CT 06026
860-653-7660 or via email
aliciav@egtownhall.com