



Newsletter Publication Schedule

<u>Submission Deadline</u>	<u>Delivered to Homes</u>
Jan. 7, 2019	Jan. 19, 2019

submit articles via e-mail to
newsletter@egtownhall.com

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Let's Talk Turkey

The Official Newsletter of the Town of East Granby

October 2018 • Volume XXIII, Issue VII

Happy Veterans Day and Happy Thanksgiving!

As I write this column in mid-October, the wind is blowing at 15 MPH and its 53 degrees outside. These are tangible reminders that winter is approaching. However, let's not rush the seasons and let's enjoy the remainder of the fall. At this time, I would like to wish everyone and their families a Happy Thanksgiving.

State-Wide Elections – Tuesday, November 6th: This year's elections are going to be held on Tuesday, November 6th at our traditional polling place, the Senior/Community Center. The polls will be open from 6:00 AM to 8:00 PM. This year's election will decide Governor, Lt. Governor, Secretary of State, Comptroller, Attorney General, Judge of Probate, State Senator, State Representative, United States Senator, and United States Representative in Congress.

This year there are also two State Constitutional Amendments which will be considered by voters regarding a Special Transportation Fund and one regarding Transfer, Sale or Disposition of State-Owned Property. For more information on the constitutional questions, please use the following link to the town website: <https://eastgranbyct.org/wp-content/uploads/2018/10/State-Election-2018-Ballot-Questions.pdf>.

Don't forget to learn more about the candidates and constitutional questions and exercise your civic duty to vote. If you have any questions regarding the election or absentee ballots you can contact the Town Clerk's office at (860) 653-6528 or look at the Town website: www.eastgranbyct.org under "Recent Posts." Speaking of the Town website, we've updated the look, made it more user friendly, and are in the process of adding more information. Check it out at www.eastgranbyct.org.

Power Outages/Town Emergency Shelter: This is a good time of year to remind everyone that the Senior/Community Center is the Town's Emergency Shelter during times of prolonged power outages. The Emergency Shelter has food, water, charging stations, information, and much more. Please call the Selectmen's Office at (860) 413-3301 if you rely on electricity for life-saving equipment such as oxygen. We maintain a confidential list that emergency personnel use in the event of a power outage.

Emergency Numbers – Citizen Alert System: Important numbers to remember are 911 for emergencies, (860) 653-5385 for non-emergency police matters, and 211 for information regarding what's available for emergency support statewide. To be automatically notified in case of emergency, go to www.eastgranbyct.org and click on the "Citizen Alert" button in the middle of the page. You can customize how you receive emergency notifications via e-mails, texts, or on your house and cell phones.

Leaf Pick-Up: There will be a town-wide leaf pick-up on November 17th. Please use the brown leaf bags sold at hardware stores and leave them at curb-side (no private roads) no later than 7:00 AM on Saturday the 17th.

Our Librarian, Lisa Salazar is Retiring: Lisa Salazar began as a volunteer at the library 32 years ago in 1986, moved on to Children's Librarian in 1993, and has been Library Director since 2002. Lisa is a bundle of energy and creativity and has done wonderful things for our community and our Library. We thank her for her leadership and wish her well in retirement. Please see inside this edition of "Let's Talk Turkey" for more information on the reception in Lisa's honor that is being held at the Library on Saturday, November 10th.

Seasonal Employment and Volunteer Board Opportunities: As we approach the winter season, our building department can use two seasonal workers to clear sidewalks of snow. The hours are sporadic based on "mother nature" and pay \$17 per hour. For more information call the Selectmen's Office at (860) 653-2576.

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Voter Registration

Special Last Regular In-Person Walk-In Voter Registration Session

For those 18 or older that are U.S. citizens, residing in East Granby on or before October 30, 2018* who wish to register for the November 6th election, the Registrars will hold a Special Voter Registration Session on October 30, 2018 from 9:00 AM to 8:00 PM at the Registrar's Office.

*Those whose rights as to age, citizenship, or residence mature after October 30th may apply in the office on a daily basis until November 5, 2018.

Last Week Day Before Election

For purposes of admitting only those whose qualifications as to age, citizenship, or residence were attained after the last special regular session (October 30, 2018), the Registrars will hold a separate, special voter registration session on November 5, 2018 from 9:00 AM to 5:00 PM at the Registrar's Office.

- Registrations by Hand Delivery – must be hand delivered to Registrars or Town Clerk by October 30, 2018.
- Registration by Mail – must be postmarked by October 30, 2018.
- Registration via DMV – completed by October 30, 2018.
- On-line Voter Registration – entered by 11:59pm October 30, 2018.
 - To register on-line, go to myvote.ct.gov/register.
 - To check your registration, go to myvote.ct.gov/lookup.

The Registrar's Office is located within the Senior/Community Center at 20 Center Street, East Granby. Call (860) 653-0097 x322, x323.

Registrations to vote can also be made all day Election Day (6:00 AM to 8:00 PM) at the Election Day Registration site located at the Police/Fire Station at 7 Memorial Drive.

Absentee Ballots

Make your voice heard on November 6th and VOTE! Absentee ballots are available in the Town Clerk's Office for those who are unable to vote at the polls on Election Day for the following reasons:

- Illness or physical disability
- Absence from town during all voting hours
- Religious beliefs forbidding secular activity on voting day
- Serving as an elected official
- Active service in Armed Forces

You can apply for an absentee ballot in person or by mail. An application for an absentee ballot can be downloaded from the Town of East Granby's website at www.eastgranbyct.org/TownClerk/Elections.

Please call the Town Clerk's Office at (860) 653-6528 if you need further information.



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We are also looking for a volunteer to be East Granby's representative on the Metropolitan District Board (MDC). While we are not a full member of MDC, we do receive water and sewer service in specific areas of town. As such, we can have a non-voting member of the board. If you are interested, please contact me at (860) 413-3301. I also want to thank Sandra Johnson for the great job she has done by serving as East Granby's representative on the MDC Board for the past three years.

Snowstorm Information: As we approach the winter season I would like to remind residents that there is no parking allowed on streets during winter storms. This will allow our Department of Public Works to clear the roads of snow and ice as soon as possible. Additionally, winter parking on the street during regular weather is also restricted between the hours of 12:00 AM and 6:00 AM during the months of November, December, January, February, March, and April.

Bonding Committee: The Bonding Committee expects to wrap up its recommendations to the Town by mid to late November. The Committee has been studying the capital needs of town infrastructure as it pertains to school/town roofs and road maintenance. The Committee is looking at the cost of replacing the roofs at the Middle/High and Allgrove schools and five town buildings. All of these roofs are at or past their "recommended lifespan" and some, especially the school roofs, are leaking. There are 37 miles of town roads, 22 miles of which are rated to be in poor to fair condition. The Committee is considering a comprehensive and consistent road maintenance program which would include milling, pulverizing, and paving along with a "chip sealing" process on selected roads. The Boards of Finance, Education, and Selectmen along with residents will have an opportunity to consider the recommendations and decide whether or not to go forward with a potential bonding project sometime in early 2019. More information will follow as it becomes available.

Veterans Day Celebration Dinner: Resilience Grows Here and the Town of East Granby invites all veterans, plus one guest, to a complementary dinner celebrating Veterans Day and your service to our nation. Please see inside this edition of "Let's Talk Turkey" for more information.

Happy Thanksgiving to All!
Jim Hayden, First Selectman

Leaf Collection Day

The Town of East Granby will provide a town wide leaf collection day on Saturday November 17, 2018. Leaves must be in brown Earth bags, which can be purchased at local hardware stores and need to be placed at the curbside prior to 7:00am November 17th. Bags will not be picked up on private roads.





East Granby Revaluation

The firm Vision Appraisal Solutions, hired by East Granby to perform a town wide revaluation as mandated by the State of Connecticut every five years, is in the process of completing their work. The next part of the process will be to send homeowners their Notices of Assessment. This is expected to occur at the end of the first full week of November. Included with each notice will be a letter specifying the dates and times in November when hearings will be held for homeowners to review descriptions on their field cards as well as to ask questions about their values. There will be information in the letter concerning how a homeowner will be able to make an appointment for a hearing.

Veterans Tax Exemptions

If you are a veteran, you may be eligible for a real estate or motor vehicle tax exemption. There is no age restriction. There is no length of residency requirement. There is no need to contact the Veterans Administration. You only need to be a resident who is an honorably discharged veteran, and whose time of service includes a specific period of war or conflict. You only need to file your original discharge papers in the Town Clerk's Office.

Have you misplaced your original discharge papers? The Town Clerk's Office can tell you how to replace them. It's very easy. Have you tried before to get this exemption and were told that your time of service did not fall within the specific war or conflict dates? Please contact us again as these dates have been expanded in recent years to include more of you. Please call the Assessor's Office at (860) 653-2852.

If you have a VA disability rating of 10% or more, you are eligible for a higher exemption. This is also true for those of you who are already receiving this exemption. You only need to bring your VA rating document to the Assessor.

Commission on Aging

The Commission on Aging (COA) advocates for the senior community in town and needs help to continue doing so on an efficient basis. The Commission, as constituted, has nine members and three alternates. The Commission has three openings for alternates. Please help us out. If you have an interest or for more information, contact Rich Galluccio, Chairman, at (860) 658-0603 or Kelly Jacobs, Senior Services Director, at (860) 413-3334.

One of the 2018 COA initiatives is to share information with the COA of surrounding towns. Efforts are underway to host a meeting with delegates from Granby, Simsbury, Suffield, and Bloomfield. The agenda for the first meeting will be to discuss the group's mission and create a format for future meetings.

The front page of the Town website now has a "Good Samaritan button." Activating it will give you all the information you need about the program and how to participate.



THE EAST GRANBY LIBRARY
BOARD OF DIRECTORS
CORDIALLY INVITES THE PUBLIC TO A

Retirement Reception

HONORING OUR RETIRING
LIBRARY DIRECTOR

Lisa Salazar

Lisa began at the library in 1986,
became Children's Librarian in 1993,
and has served as our Library Director since 2002.
Over the years we have been fortunate to have
Lisa's leadership and creativity, and
we wish her all the best
in her retirement years.

PLEASE JOIN US

Saturday, November 10th
4:00 PM

AT THE EAST GRANBY
PUBLIC LIBRARY

Bradley Regional Chamber of Commerce

The Bradley Regional Chamber of Commerce promotes the economic, industrial, and professional needs of the East Granby and Windsor Locks business community. If you are a business owner, consider joining the Chamber for networking and other business-related events. Check the website for calendar of events: www.bradleyregionalchamber.org.



EAST GRANBY CONGREGATIONAL CHURCH SEASONAL EVENTS



ANNUAL TURKEY SUPPER

Saturday, November 3rd

Don't miss this one!

Come to the best Turkey Supper in the Valley
with all the fixin's!

Seatings at 5 p.m. and 6:30 p.m.

Takeouts available at 6 p.m.

Prices: Adults - \$15, Seniors - \$14,

Children 6-12 years old - \$10, 5 years and under are free.

Please call for reservations and takeouts:

(860) 658-0593.



ANNUAL COOKIES-BY-THE-POUND SALE

Saturday, December 15th

Our Annual Holiday Cookie and Candy Sale
will be held on Saturday, December 15th
from 9 a.m. until 11 a.m.

Cookies will be \$9 per pound.

Come early and get the best selection.

They go fast!

East Granby Social Services

Office hours for East Granby Social Services are Monday from 9:00 AM to 3:00 PM, Tuesday from 9:00 AM to 12:00 PM, and Thursday from 9:00 AM to 3:00 PM. Times outside these hours are available by appointment. For more information please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elisec@egtownhall.com.

Holiday Gift Program

The holidays are just around the corner and Social Services is preparing for the Annual Holiday Gift Giving Program. Each year, the community comes together to help make the holidays special for families who are facing financial hardship. It is an opportunity to be anonymously matched to a child or family in town and fulfill gifts on their "wish lists." We ask that our donors return the gifts to the Senior/Community Center by Friday December 7th for distribution to the families. Financial donations and store gift cards are greatly appreciated and are used to fill unmatched requests.

Emergency Assistance Fund

The East Granby Emergency Assistance Fund is available to those income eligible residents who are in need of emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. Donations can be made to the "East Granby Emergency Assistance Fund" and mailed to East Granby Social Services, P.O. Box 1858, East Granby, CT 06026.

Energy Assistance

Applications are being accepted from residents of East Granby who wish to apply for the *Connecticut Energy Assistance Program*. This program is designed to help lower income households offset the winter heating costs incurred after September 1st. Please remember that proof of income from the previous four weeks is required for the application. Contact Social Services to review the income/eligibility guidelines and to schedule an appointment.

Food Pantry

The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing assistance. Weekly rides to the Food Pantry are provided by the East Granby Mini Bus for residents in need of transportation and deliveries can be scheduled for those participants who are homebound. Each year Friend to Friend creates holiday food baskets to make sure everyone can enjoy a delicious Thanksgiving and holiday dinner. To volunteer or donate please call (860) 651-1659 or e-mail friendtofriendeg@gmail.com. Food donations may be dropped off at East Granby Senior/Community Center, East Granby Public Library, and the East Granby Congregational Church and monetary donations can be mailed to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026.



Good Sam

The Good Samaritan Program is looking for volunteers who are interested in lending a hand to assist seniors in maintaining their independence and maintaining their home. This is a flexible program that can work with your schedule. The time commitment is as big or small as you are interested in giving.

Please call Social Services for more information regarding any of these programs or to schedule an appointment.

Youth Service Bureau

Activities

The East Granby Youth Service Bureau is off to a good start for this school year, and the Youth Action Councils are back in session. The High School YAC plans to work at the Recycle a Gift program again this year. The Middle School YAC will be assisting with the annual East Granby Halloween Party. Both groups will be pursuing additional



community service and leadership projects throughout the school year. Meetings of the Youth Service Board are held at 6:30 PM on the third Monday of the month at East Granby Farms. The public is welcome.

Youth and Family Therapy

The holidays can be wonderful times filled with laughter, good cheer, family fun, and an abundance of feasting. This picture-perfect vision we see on television or social media, however, will not be the reality all of us experience. Financial pressures, family friction, increased social or work obligations, and difficult memories can make the holidays a tough time for many people.

Children are not immune to the stress and anxiety that the holidays can cause. Kids adjusting to busier schedules, recent losses, or a variety of other pressures can sometimes use some extra emotional support.

Should you find your children or family in need of additional support, please remember that the Youth Service Bureau offers free counseling services to East Granby youth and their families. All counseling services are confidential and are provided by a licensed marriage and family therapist, with occasional exceptions. School, parent, and self-referrals are all welcome. East Granby residents interested in counseling services should contact Sue Lawshe, LMFT at suel@egtownhall.com or (860) 653-7800.

Fundamentals of Economic Development

The Economic Development Commissions of East Granby and Suffield co-hosted a municipal training titled "Fundamentals of Economic Development" at the Suffield Country Club's Sunset Tavern on September 27th. The presentation was well-attended by over 50 people from both towns, including boards of selectmen and finance, zoning, planning, conservation departments and commissions, local real estate professionals, developers and land-owners. Sponsored by First National Bank of Suffield, the



presentation was given by the Connecticut Economic Resource Center (CERC) and covered three topics: each town's economic indicators in a regional and state context; what is economic development and why it is important; and the roles and responsibilities of a town's economic development team.

"I am pleased that we had so many members of boards and commission attend," Jim Hayden, First Selectman of East Granby, said. "It offered the opportunity for all of us to share

common information, and to get on the proverbial same page when it comes to economic development. Dedication to the town by board and commission volunteers is one of the things that makes East Granby so special."

"A successful evening," said State Representative Tami Zawistowski. "We came away with even more good ideas for promoting our towns from this great group of motivated participants."

The Towns of East Granby and Suffield have jointly hired, through CERC, an economic development consultant part-time to work onsite in the municipalities on a range of projects, including business retention and expansion, new business development and grant-writing.

Next is a Manufacturing & Workforce Development/Education Workshop on November 1st from 9:30 AM to 12:00 noon at the New England Air Museum. To RSVP for this free event contact Kevin Bielmeier at kbielmeier@cerc.com. If you would like to learn more about economic development in East Granby and how you can be a part of the EDC, please contact Gary Haynes at garyh@egtownhall.com.

Regional Community Center

Energy for repurposing the old Kearns Primary School in Granby into a regional community center continues to grow. Kearns Regional Community Center will cost the towns zero dollars and provide a much-needed central gathering space with access to ongoing education and activities for all ages.



The conversation started in January of 2018, with a gathering of community leaders, ministers, nonprofits, and youth service representatives from Granby and East Granby to talk about the possibility of a shared community space for our region, to address rising isolation and disconnection, and provide a gathering space for community members and programming.

In the last few months, the Steering Committee has been speaking publicly about the Community Center to churches, senior breakfasts, community dinners, councils on aging, elected officials, and those running for office. We are continuing to reach out to groups of people in Granby, East Granby, Hartland, and Simsbury to talk about what is being proposed and how to make sure it meets currently unmet needs while not duplicating existing efforts.

The Kearns Primary School building in Granby has been unused (but maintained) for the past two years and is an ideal fit for our shared vision. It's a 40,000 square foot building and all one floor. It's located across the street from Stop & Shop and down the road from the YMCA. As we've continued to work with roofers, architects, contractors, and environmental inspectors, we've found that the school is in great shape for our project.

Key features of Kearns Community Center include a teaching kitchen and community cafe, adult day care, arts classroom, a teen center, veterans-only space, a woodshop and maker space,

a recording studio, co-working and conference space, a 5,000 square foot indoor park, and more.

The center's annual budget will be funded through its own programming—a combination of workshop fees, cafe proceeds, and income from the adult day care program (which will be formally certified by the Connecticut Association of Adult Day Centers). Initial funding for construction and move-in will come from a variety of sources—lots of small individual donors in the region, as well as foundations, grants, and potentially state funding.

The project has only been possible due to the incredible commitment of so many—the building design, accessibility, plans for programming, logo, and more all come from community members of Granby, East Granby, and Tarrifville who have stepped forward to be a part of this project. If you would like to be involved or have questions about the project, the Steering Committee invites people to reach out through our Facebook page or e-mail (keamscommunitycenter@gmail.com). You can read more about this project and see a map of the building at tinyurl.com/Keams1Page.

WCEG Coming Events

Welcome to our new members who came to our WCEG New Member Dinner on October 10th. For those who would like to join the Women's Club of East Granby, but were unable to attend, we hope you join us for our next meeting on November 14th at Gio's. Our club offers fun and meaningful experiences that foster long-lasting friendships and promotes a strong support system within our community. We love to have new members with fresh ideas that keep our club always evolving.

Thanks to everyone who stopped by and supported our Car Wash on September 22nd. All proceeds will go towards our annual community contributions supporting East Granby students, schools, seniors, and community organizations.

Here's a listing of upcoming events. For more information, please visit our website at <http://www.womensclubeg.org> or contact Ginny at virginiawmoriarty@gmail.com.

Empty Bowls

Saturday, October 20th from 11:30 AM to 1:30 PM at the East Granby Senior/Community Center. This event is in partnership with Expressions Pottery Workshop and Friend to Friend. Pick out a beautiful and unique handmade bowl and enjoy a soup of choice with proceeds benefitting the East Granby Friend to Friend Food Pantry. Tickets are \$15 and can be purchased by visiting www.friendtofriendeg.com.

Senior Thanksgiving Lunch

Friday, November 9th from 11:30 AM to 1:00 PM at the East Granby Senior/Community Center. The Women's Club will be providing lunch for the East Granby Senior Club—a homemade turkey dinner with all the fixings.

WCEG Meeting

Wednesday, November 14th at 7:00 PM at Gio's Restaurant. We welcome all East Granby women to join us and learn what we're all about.

Winter Wonderland

Saturday, December 8th from 11:30 AM to 1:00 PM at the East Granby Senior/Community Center. This wonderful holiday event is for children up to 12 years old. Crafts, holiday music, a cookie sale, and a gift from Santa Claus for each child. Register up until November 18th at www.womensclubeg.org.

WCEG Meeting & Holiday Party

Wednesday, December 12th at 7:00 PM at Abigail's Restaurant, Simsbury. We welcome all East Granby women to join us and learn what we're all about.

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East Granby Veterans

Thank you again to all who came and supported our tag sale in September!

On Thursday, November 8th, we have been invited to attend the Allgrove School Veterans Day assembly. Please arrive at 9:15 AM. This is a lovely program put on by our youngest students. Please RSVP to our e-mail if you'd like to attend.

On Friday, November 9th, we have been invited to be in the Middle and High Schools from 9:00 AM to 12:00 PM for their annual Veterans Day Program, including an all school assembly, visits with students, and lunch. This is a wonderful program—please come out and support the students in honoring us. Please send an e-mail if you'd like to attend.

On Sunday, November 11th, from 5:00 to 8:00 PM is the annual Veterans Dinner sponsored by Resilience Grows Here. It is free for all veterans and their families. Don't miss the good food and camaraderie.

On Tuesday, November 13th, is our monthly Veterans Coffee House from 9:00 to 11:00 AM at the Senior/Community Center. We usually meet the second Tuesday of the month. And this month we'll have waffles, so come on out for some casual conversation! December 11th is the date for the next month.

Our meetings are the last Tuesday of the month at Gio's Pizzeria from 7:00 to 9:00 PM. The next one will be October 30th. Come out and join us, all are welcome!

On Tuesday, December 18th, we will have our annual veterans' family dinner at Gio's Pizzeria. Please RSVP for this.

If you would like to participate (and we'd love to have you join us), please e-mail eastgranbyCTveterans@gmail.com and let us know.

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East Granby Land Trust

The World of Owls

The East Granby Land Trust will hold its Annual Meeting with a live animal presentation. Wingmasters will present "The World of Owls" on Thursday, November 1st at 7:00 PM at the East Granby Public Library.



Owls are not evil spirits, wise little philosophers, or Walt Disney creations. In fact, owls are probably more misunderstood than any other kind of bird. These are hunting birds, yet their sharp beaks and talons are partly hidden under feathers. Owls have more and softer feathers than other birds, and this unique plumage gives them a plump, rounded look. Add an upright posture and huge eyes set in front like ours, and you have what looks irresistibly like a small, bemused person wearing a fur coat.

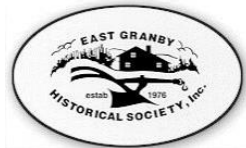
In reality, owls are superbly adapted nocturnal hunters. This program shows how owls use their specialized powers of sight, hearing, and flight to survive and thrive. A wealth of fact and folklore about these masters of the night explains the natural and unnatural history of owls. A variety of live North American owls provides the focus of this presentation.

After the presentation, there will be a short business meeting for Land Trust members.

East Granby Historical Society

New England's Other Witch Hunt

State Historian Walter Woodward will present "New England's Other Witch Hunt" on Tuesday, November 13th at 7:30 PM at the East Granby Senior/Community Center.



Everyone knows about the witch hunt at Salem in 1692. But few people know that in the years before Salem, Connecticut was New England's fiercest witch prosecutor. The first person hanged for witchcraft in New England came from Windsor and every single person indicted for witchcraft in Connecticut in its early years was convicted and hanged.

Walt Woodward brings this extraordinary and nearly forgotten story to life in a lecture that begins with the Protestant Reformation and traces its history all the way through the Hartford witch hunt of the 1660s—a nightmare of trials and executions that preceded Salem by a generation. He also shows how Connecticut's Governor John Winthrop, Jr. and his friend Rev. Gershom Bulkeley intervened to transform Connecticut from New England's most aggressive witch hunter to a colony that completely ended executions for witchcraft 30 years before they even began at Salem.

Along the way, he answers all those questions you've wondered about the early witch hunts and explains why almost everyone in the 1600s believed that witchcraft was very real, and terribly dangerous.

This free program is open to the public and begins at 7:30 PM following a 7:00 PM business meeting. Refreshments will be served.

Amazon Smile

Your holiday shopping on Amazon Smile can benefit the Historical Society! Amazon Smile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. The East Granby Historical Society is now registered on Amazon Smile. You can use your existing amazon.com account on smile.amazon.com and find the exact same low prices, vast selection, and convenient shopping experience, with the added bonus that Amazon will donate .5% of the purchase price from your eligible purchases. That's it!

1. Type smile.amazon.com in your browser every time you shop.
2. On the right side of the screen, scroll through the non-profits to select this organization or go to box underneath and type East Granby Historical Society.
3. We will only receive the donation with smile.amazon.com (not just amazon.com).

Thanks in advance for those shoppers who choose to do this!

East Granby Senior Club

The East Granby Senior Club is off to another great start. September and October events have been enjoyed by all. Remember, we are a "Members Only" club and receive no funding from the Town of East Granby. We have some great programs and lunches planned so join us for lunch at 12:00 noon. Yearly dues are \$10.00 and are payable at the meeting if you are not yet a member. If you plan to pay by check, please write it payable to "East Granby Senior Club." Please be aware that you do not have to reside in East Granby to be a member and anyone over 55 is eligible. If your friends would like to join, please bring them along. Please join us every month for good food, fun, fellowship, and interesting programs. Meetings are held the second Friday of each month. You must make a reservation by Tuesday before each meeting. Please call Lorie Orzechowski at (860) 658-6040. If you need a ride, please call the Mini Bus at (860) 413-3327. Please make sure you also call Lorie for reservations. We hope to see you each month!

November 9th at 12:00 noon – The Howling Hound Dogs

The Hound Dogs are a fun washboard band who have performed since the 1970s for festivals, libraries, radio, and TV. Their upbeat blend of swing and Dixieland tunes from the 1920s and 30s, folk classics, and sing-along standards will have you singing, clapping, and tapping your toes. They play guitar, banjo, mandolin, ukulele, harmonica, kazoo, washboard, jug, and even spoons. Come howl with the Howling Hound Dogs! The menu will be a wonderful Thanksgiving meal provided by the Women's Club of East Granby. No cost to members.

December 14th at 12:00 noon – Christmas Carol Sing-Along

The menu will be appetizers and dessert provided by members. Each member must bring an appetizer or dessert. A couple must bring two items. No cost.

East Granby Cemetery Association

Fall is the perfect time to take a walk through the Center Cemetery and view the colorful foliage and beautiful hydrangeas. The hydrangeas gradually change throughout the season from a creamy white to a gorgeous hue of rose!



You might have wondered if there is a difference between a cemetery and a graveyard since these words are often used interchangeably. The site "Know Your English" tells us that "graveyard

is the older of the two terms and it is mostly used to refer to a burial ground which adjoins a church. In the old days, people were buried close to the church; the nobles and rich, in fact, were sometimes buried in crypts beneath the church. With the increase in population, the old graveyards became full and new burial sites, called 'cemeteries,' came up a little way from the town/city. The word 'cemetery' comes from the Greek 'koimeterion,' meaning 'dormitory, resting place.' It was seen as a person's final resting place; unlike a graveyard, a cemetery does not adjoin a church."

Since Halloween is right around the corner, let's explore the meaning and origin of the familiar phrase "skeleton in the closet." The same site tells us that "if someone has a skeleton in his closet, he has an embarrassing or a dark secret which he hopes will remain hidden; he doesn't want anyone to find out what it is. There are several explanations as to the origin of this idiom. Many believe that the idiom is the result of something that many practicing doctors actually did in the 17th and 18th centuries—hide a human skeleton at home. Before the 19th century, the only body that a doctor was allowed to cut open was that of a deceased criminal who had been recently executed. Doctors weren't allowed to perform autopsies on dead bodies until an Act of Parliament permitting them to do so was passed in 1832. In order to study human anatomy, some unscrupulous doctors hired grave robbers to steal recently buried bodies for them. Once the dissection had been done, they proceeded to store the skeletons in a closet (because no one was supposed to know about them) and used them for research purposes. Soon people started suspecting that every doctor had a skeleton in his closet!"

The East Granby Cemetery Association is a small group of volunteers who oversee the maintenance and preservation of the Center Cemetery in East Granby. We welcome new members. For information, please call John Rusnock at (860) 653-2194. Donations for cemetery upkeep are greatly appreciated. Checks can be made payable to "East Granby Cemetery Association" and mailed to Carol Mathis (Secretary), 61 Cider Mill Heights, North Granby, CT 06060.

Probate Court Briefs

Judge David Baram

David Baram, Probate Judge for the Tobacco Valley Probate Court (Bloomfield, Windsor Locks, East Granby, and Suffield) announced that he will be giving two more seminars on how to

navigate the Probate Court, entitled the "ABC's of Probate." The first seminar is scheduled at the Bloomfield Senior Center on October 30th and the second seminar is at the East Granby Senior/Community Center on February 1, 2019. Judge Baram has previously spoken in Bloomfield, Windsor Locks, East Granby, and Suffield and hopes to continue his public informational outreach to more community groups.

Capitol Update

Rep. Tami Zawistowski, 61st District

The Appropriations Committee continues its work year-round, even when the legislature is not in session. In late September, we received updated reports from the State Auditors of Public Accounts that revealed continued problems with reporting on incentive programs at the Department of Economic and Community Development. Accountability is absolutely essential for these programs—in 2018 the department is providing \$209 million in incentives to 109 companies to create 9,530 jobs and retain 22,912 positions. The auditors raised a number of questions about missing information on the outcome of incentives and possible overstating the impact and understating the costs of programs. Commissioner Catherine Smith agreed that the department had made an unacceptable level of errors. Given the high costs of these incentive programs it is vitally important that we know the outcomes and return on investment. Job creation, economic growth, and development are sorely needed in our state, but we need to make sure that we are getting the promised returns on taxpayer funded incentives. There are potential legislative fixes and mandates that can be pursued next year to improve reporting to ensure that we are getting the most accurate information possible. But in my opinion, a complete re-examination of whether these incentives are the best way to achieve job growth is well overdue.

On this same topic, I recently attended an economic development workshop hosted by the Connecticut Economic Resource Center (CERC) and the Economic Development Commissions of East Granby and Suffield. Thanks to the efforts of First Selectman Jim Hayden and Suffield First Selectman Melissa Mack, the two towns have jointly engaged the services of an economic development consultant from CERC to pursue business growth in our area. As Ranking Member on the Planning and Development Committee, I am focused on all matters relating to local governments and municipal and regional economic development programs, so this joint venture is of particular interest to me. Another workshop will be held in November to discuss workforce development.

Earlier this month, I had the honor of participating in a ribbon cutting ceremony at Asnuntuck Community College (ACC) to celebrate the opening of an expanded manufacturing technology programs area. The new workshops, labs, classrooms, and offices occupy space opened up after the completion of the Advanced Manufacturing wing last year. The space includes programs for welding, electro-mechanics, and automation, and

will be an integral part of its College Connections program. ACC has worked to expand its programs with area high schools and employers in the region. During the ceremony, President Dr. James Lombella shared that the Advanced Manufacturing Technology program has a 90% job placement rate. The college has become an important regional hub to train students for jobs that are open right now as well as to prepare for them for the advanced manufacturing jobs of the future.

I have continued to meet with our area employers throughout the summer to discuss their needs and what we can do to help them grow their businesses in Connecticut. The overwhelming sentiment is that we should lessen or streamline regulations, reduce the cost of living to keep good employees here, and stabilize the state's economy as a whole.

I encourage you to visit my website, RepZawistowski.com, for news and to sign up for e-mail updates. And as always, please contact me if you have questions or comments about state issues by phone at (860) 240-8700 or e-mail at Tami.Zawistowski@housegop.ct.gov.

News from the Democrats

The East Granby Democrats held their Annual Pasta Dinner on October 11th for an enthusiastic crowd. A special thanks to Amanda Thompson and Judith Geldhauser who helped set up the event.

Addressing the crowd after the event were candidates for State Representative Jack Henrie, State Senate Annie Hornish, and Judge of Probate David Baram. Annie and Jack shared similar themes of working to improve the economy in Connecticut, protecting public schools, and keeping property taxes down by ensuring we once again get our fair share from the state.

Jack Henrie shared his years of experience as a CFO specializing in turning around distressed companies, and the challenges of running a small business while he ran his own consulting company. He also mentioned his time on Suffield's Board of Finance where he worked as the liaison with the Board of Education. All agreed his diverse experience in private finance and understanding of town budget challenges make him the ideal and timely choice to represent us in the legislature.

Annie Hornish was East Granby's choice twice when she ran for State Representative and it is clear why. Her articulate and informed comments to the audience were truly impressive. Referencing everything from the economy to school safety, she was clearly as focused as ever on the needs of working families in our town. She will make a great State Senator and a true champion for the interests of East Granby.

Judge of Probate David Baram echoed the feelings of the audience when he stated, "We are truly fortunate to have two of the most qualified candidates in the state running to represent us." The East Granby Democrats are committed to doing their part to help ensure that happens!

Join the Democrats on Election Day as we vote to end the division and restore a problem-solving vision to our state. Property tax relief, affordable healthcare, and a vibrant business climate are on every Democratic candidate's agenda. Let's help them get it done!

Our next East Granby Democratic Town Committee Meeting is Thursday November 15th at 7:30 PM in the Senior/ Community Center. Join Us!

East Granby Republicans

Many believe this upcoming election is a referendum on our current U.S. President or Connecticut Governor. Both are disliked for a number of reasons. It would be far better for us to judge our candidates based on their leadership ability and vision of the future. Consider this simple question: Who is better at figuring out how to spend your own money, the government or yourself? If you believe that the government is better, vote as you always have, and accept the consequences—higher taxes, tolls on our roads, and less disposable income.

Let's just look at this past year. Our Democratic Governor, unopposed by his party, bailed out the city of Hartford, and placed their \$550 million burden on Connecticut taxpayers. Furthermore, as a parting gesture before leaving office, spent \$500 million on the State's credit card for "feel good" projects. Over 300 of our bridges need serious repair; our transportation fund is depleted since much of it was diverted to the General Fund. This is despite facing a \$4 to \$5 billion deficit in the next two years. Decide for yourself if that money was put to good use.

Connecticut needs to restore fiscal responsibility to our budgets and create a favorable business climate for our upcoming generations. Our Republican candidates have the leadership skills and policies to bring about real change and restore confidence in our State. East Granby's representative Tami Zawistowski fought to restore education cuts for our rural and suburban towns, opposed Governor Malloy's tax hikes, installed more financial controls and bonding caps, and strengthened state agency audit requirements, among many other common-sense policies. Our other Republican candidates share the same mindset: John Kissel, State Senate; Bob Stefanowski, Governor; Joe Markley, Lt. Governor; Thad Gray, Treasurer; Susan Hatfield, Attorney General; Matt Corey, U.S. Senate.

We urge all citizens to exercise their privilege to vote on Election Day, Tuesday, November 6th at the Senior/Community Center from 6:00 AM to 8:00 PM. If you are unsure that you are registered to vote, please call the Registrar of Voters at (860) 653-0097 or the Town Clerk at (860) 653-6528. If you think you may be out of town on November 6th, absentee ballots can be obtained from the Town Clerk's Office.

We are always looking for new members to join the East Granby Republican Town Committee. Acting on our basic principles, we pledge to: manage your tax dollars responsibly; promote the highest

educational standards for our children; reduce taxes through sensible business growth; and ensure total transparency of town government. We can be reached by contacting Lee Sandora at (860) 798-4916 or via e-mail at lsandoraeg@gmail.com. Our meetings are held at 7:00 PM on the third Wednesday of the month at the Senior/Community Center. Come join us!

Since this is the final "Let's Talk Turkey" for 2018, we wish everyone a Happy Thanksgiving and Happy Holidays!

Concerned Taxpayers of East Granby

Concerned Taxpayers of East Granby is a non-partisan organization for East Granby taxpayers to promote a balance of town spending versus quality of services and affordability of living in town. CTEG promotes involvement of taxpayers in town government decision-making to ensure the economic viability of our community.

At the state level, economic policy has led to population and major corporate exits from Connecticut, resulting in erosion of income tax receipts and a large budget shortfall—despite massive, historic state tax increases in 2011 and 2015. At the end of last year, both parties in the legislature recognized the fiscal crisis and Democrats crossed over to vote with Republicans to rescue the sinking ship, forcing a budget on the Governor that instituted a strong constitutional spending cap and other long needed legislative reforms.

A stalled economy, and a cost of living and taxes that are some of the highest in the nation have resulted in a population exit and shrinking tax base. Connecticut doesn't need to be more expensive, it needs to get its spending under control.

The same is true at the town level. Spending by town government in East Granby has risen by almost 26.7% over the last ten years. This year's budget translated into a property tax increase of about 2%.

Election Day this year for state and Congressional offices is Tuesday, November 6th at the Senior/Community Center. Don't forget to get out and vote! Questions about your registration status, or absentee ballots if you're going to be out of town, can be answered by the Town Clerk's Office, (860) 653-6528.

Other issues currently in the works in East Granby town government are a contract extension and raise for the schools superintendent, currently under discussion behind closed doors (where will the funds come from?); a possible Bond issue; and changes to the town ordinances. Updates are available from the office of the First Selectman in Town Hall (<http://eastgranbyct.org>, (860) 653-2576, info@egtownhall.com).

If you want your voice to be heard on matters of the town budget, municipal governance, conservation and development, or other issues, go to Board meetings and public hearings and show Board and Commission members that you're watching and will hold them accountable. Do whatever you can to help keep our town government oriented responsibly and encourage them to put together a good strong economic development profile for the community. Come to a CTEG meeting to talk with likeminded neighbors and discuss your ideas.

CTEG meetings are usually on the third Monday of the month at 7:00 PM at the East Granby Public Library, with some exceptions in holiday months. The next CTEG meeting will be on Monday, January 14th, at 7:00 PM in the Library—in preparation for budget season! All CTEG meetings are open to the public. Come and find out what's going on in the community. Share your thoughts and concerns with people who are interested in keeping East Granby a great place to live, work, and retire. If you can't come to meetings, we're still interested in your ideas. For more information, call (860) 658-0268, e-mail info.CTEG@cox.net, or visit the CTEG website at www.egtaxpayers.org.

***** EAST GRANBY HISTORICAL SOCIETY ***** To Join or Renew Membership

Single \$15 ☐

Family \$25 ☐

Life \$225 ☐

Donation: _____

(single or family)

Name(s): _____

Address: _____

Phone: _____ Email: _____

Interests/Talents: _____

Will you serve on a Committee? _____ Name of Committee: _____

(Chair will contact you)

Please return this form with check payable to: East Granby Historical Society
East Granby Historical Society, P.O. Box 188, East Granby, CT 06026

#EG CommunityWorks Calendar

In early October, we emailed more than 25 East Granby nonprofits and groups and asked if they would participate in an effort to organize and create a community calendar. Below is a compilation of the input received. A link to this calendar will be posted and updated monthly on the *East Granby Community* Facebook page. We hope you find it helpful — suggestions welcome!

Thank you, Sandy Landolina, Ginny Moriarty & Shirley Woods, *nonprofit volunteers*

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October

27th, Saturday: East Granby Cares Day, EGHS students assisting residents who need help with landscaping, fall clean up and small repairs, 9:30 am–3:30 pm, (Rain date is 10/28, Sunday), *Commission on Aging, EGHS Students, Good Sam Program*, Student volunteers and potential recipients of service please call 860.413.3326 or 860.413.3334 for more info

27th, Saturday: Halloween at Old New-Gate, 4:00–8:00 pm, \$15A/\$5C (\$10A pre-sale online)

30th, Tuesday: Veteran's Meeting, 7:00–9:00pm, Gio's Restaurant, EG Veterans

31st, Wednesday: Movie: Mamma Mia! Here We Go Again!, 1:00 pm, EG Public Library

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November

1st, Thursday: Wingmaster Owl Program, 7:00 pm, EG Public Library, with EG Land Trust

6th, Tuesday: VOTE, 6:00 am–8:00 pm, EG Senior/Community Center

6th, Tuesday: QPR: Suicide Awareness Training, 6:30–8:00 pm, 281 Country Club Road, Avon, *Resilience Grows Here* and *Avon Free Public Library*, RSVP to Justine at jginsburg@fvhd.org/860.352.2333 ext. 312

7th, Wednesday: Movie: Three Identical Strangers, 1:00 pm, EG Public Library

7th, Wednesday: Documentary on Veterans Moral Injury: Almost Sunrise, 6:00–8:00 pm, Granby Senior Center, *Resilience Grows Here*, RSVP to Lori Blackburn at 860.844.5352

8th, Thursday: Veterans Day Program for Allgrove School, 9:00 am, EG Veterans

8th, Thursday: Senior AARP Driver Safety Course, 9:00am–1:00 pm, EG Town Hall Meeting Room, EG Senior Center, \$15 AARP Mem/\$20 non member, Reserve by November 1, 860.413.3334

9th, Friday: Veterans Day Program for EG Middle & High Schools, 9:00–noon, EG Veterans

9th, Friday: Senior Thanksgiving Lunch, 11:30am–1:00 pm, EG Senior/Community Center, *Women's Club of EG*

11th, Sunday: A cordial invitation to Veterans and their guest to attend the Veterans Dinner, EG Senior/Community Center, 5:00–8:00 pm, *Resilience Grows Here, EG Veterans, Nourish My Soul, Town of EG*, RSVP by 10/31 to RGH: lphilippon@fvhd.org or 860.352.2333 ext. 324

November, cont.

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13th, Tuesday: **Veterans Coffee House**, 9:00–11:00 am,
EG Senior/Community Center, EG Veterans

13th, Tuesday: **New England's Other Witch Hunt**, 7:30 pm,
EG Senior/Community Center, EG Historical Society with
State Historian Walter Woodward

14th, Wednesday: **Movie: The Seagull**, 1:00 pm, EG Public Library

14th, Wednesday: **Women's Club of EG Meeting**, 7:00–8:30 pm,
Gio's Restaurant

16th, Friday: **Senior Center's Author presentation of They Called Her Reckless – A True Story of War, Love and One Extraordinary Horse**,
10:00 am, EG Senior/Community Center, EG senior Center with Author Janet Barrett, Reserve by November 8, 860.413.333

19th, Monday: **Chess Class**, 5:30–6:30 pm, EG Public Library

23rd, Friday: **Christmas Tree Sale Begins**, 5:00 pm, EG Fire Department

26th, Monday: **Growing Healthy Kids** \$20/drop in, 4:00–5:30 pm,
East Granby Farms, *Nourish My Soul*, Register through EG Parks & Rec

26th, Monday: **Chess Class**, 5:30–6:30 pm, EG Public Library

27th, Tuesday: **Veteran's Meeting**, 7:00–9:00pm, Gio's Restaurant,
EG Veterans

28th, Wednesday: **Movie: Pick of the Litter**, 1:00 pm, EG Public Library

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December

1st, Saturday: **Community Cuisine Brunch**, 10:00 am–12:00 pm,
EG Senior/Community Center, *Nourish My Soul*, EG Lions Club, EG Veterans,
Friend to Friend, Resilience Grows Here, Women's Club of EG

3rd, Monday: **Chess Class**, 5:30–6:30 pm, EG Public Library

7th, Friday: **Senior's Holiday Party**, 4:30 pm, EG Senior/Community Center,
EG Senior Center, \$12, Reserve by November 29, 860.413.3334

7th, Friday: **Holiday Tree Lighting**, 6:00 pm, Town Complex, EG Parks & Rec

8th, Saturday: **Winter Wonderland**, 9:00 am–1:00 pm,
EG Senior/Community Center, Women's Club of EG

10th, Monday: **Chess Class**, 5:30–6:30 pm, EG Public Library

11th, Tuesday: **Veterans Coffee House**, 9:00–11:00 am,
EG Senior/Community Center, EG Veteran

12th, Wednesday: **Women's Club of Holiday Party**, 7:00–8:30 pm,
Abigail's Restaurant

13th, Thursday: **Holiday Concert featuring the EGCC Handbells & Chorus**, 7:00 pm, EG Public Library

17th, Monday: **Growing Healthy Kids** \$20/drop in, 4:00–5:30 pm,
East Granby Farms, *Nourish My Soul*, Register through EG Parks & Rec

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Contact List

Community Cuisine
<https://nourishmysoul.org>

EG Fire Department
eastgranbyfire.com

EG Historical Society
www.eastgranby.com/historicalsociety/

EG Parks & Rec
aliciav@egtownhall.com

EG Public Library
www.egpl.org

EG Senior Center
kellyj@egtownhall.com

EG Social Services
elisec@egtownhall.com

EG Veterans
eastgranbyctveterans@gmail.com

Friend to Friend
www.friendtofriendeg.com

Granby Ambulance Association
www.granby-ambulance.org

Nourish My Soul
<https://nourishmysoul.org>

Old New-Gate Prison & Copper Mine
morgan.bengel@ct.gov

Resilience Grows Here
www.resiliencegrowshere.org

Women's Club of EG
www.womensclubeg.org

January

8th, Tuesday: **Veterans Coffee House**, 9:00–11:00 am,
 EG Senior/Community Center, *EG Veterans*

9th, Wednesday: **Women's Club of EG Meeting**, 7:00–8:30 pm, TBD

17th & 19th, Thursday & Saturday: **Drop off art for the Juried Art Show**,
 EG Public Library

26th, Saturday: **Juried Art Show Reception**, 6:00–8:00 pm,
 EG Public Library

27th, Sunday: **In the Shadow of Vesuvius**, 2:30 pm, EG Senior/Community
 Center, *EG Historical Society member Sharon Wolf, showing us her Pompeii
 travels*

28th, Monday: **Growing Healthy Kids** \$20/drop in, 4:00–5:30 pm,
 East Granby Farms, *Nourish My Soul, Register through EG Parks & Rec*

28th, Monday: **Veteran's Meeting**, 7:00–9:00pm, Gio's Restaurant,
 EG Veterans

Our contributors so far: Community Cuisine, EG Fire Department, EG Historical Society, EG Parks & Rec, EG Public Library, EG Senior Center, EG Veterans, Friend to Friend, Granby Ambulance Association, Nourish My Soul, Old New-Gate Prison & Copper Mine, Resilience Grows Here, Women's Club of East Granby.

If we missed you or you'd like to participate please email **eg.communityworks@gmail.com**. Entires must be received 7 days before the start of the month and we'll track your events as far forward as you'd like. The calendar will appear in *Talk Turkey* for the time period each issue covers and a link to our calendar will be reposted on the *East Granby Community* Facebook page, three days prior to the start of every month. Thank you!

You are cordially invited to our
Veteran's Day Celebration Dinner



We've Got Your Back!

**Sunday, November 11, 2018 ▪ East Granby Community Center
7 Memorial Drive, East Granby, CT**

RGH and the Town of East Granby invite all veterans, plus one guest, to an evening of celebrating Veteran's Day and your service to our nation. This event will include a full dinner buffet with dessert, followed by veteran focused presentations.

Donations of adult gloves, hats, socks, and large backpacks are being accepted for our homeless veterans.

Dress attire: casual.

Please RSVP by October 31, 2018 to (860) 352-2333, x324 or email lphilippon@fvhd.org



Oh, beautiful Fall!

On October 20th we celebrated the **18th Annual Empty Bowls** with the help of our event partners, *Expressions Pottery Workshop* and the *Women's Club of East Granby*. We offer our thanks for their continuous hard work and your attendance at this very successful Fall fundraiser! Now, we look forward to preparing and distributing our Thanksgiving and Holiday Baskets — please see below if you'd like to be part of this good cheer kick-off to the holidays. Finally, we'd like to remind you to visit our fabulous *Friend to Friend Thrift Shop* before it closes for the season on Saturday, December 22nd at 2:00 pm. You can stay up to date with all our news via our facebook page and website www.friendtofriendeg.com.

Food Pantry

To register with the Food Pantry call **Social Services** at **860.413.3328** or email elisec@egtownhall.com. To volunteer or donate call **860.651.1659** or email friendtofriendeg@gmail.com.

- In need of the following items: jelly, peanut butter, cereal, tuna, pasta, pasta sauce, hearty soups, canned fruit and vegetables, coffee and laundry detergent.
- Food donations may be dropped off at East Granby Senior/Community Center, East Granby Public Library and the East Granby Congregational Church.
- Monetary donations can be mailed to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026

Thrift Shop

32 Spoonville Road
860.651.1659
friendtofriendthriftshop@gmail.com

Hours:

Tuesday: 10-2 p.m., Thursday: 2-6 p.m.
Saturday: 10-2 p.m.

Come browse for your holiday needs including festive wear, decorations and serving pieces.

The shop closes for the winter on Saturday, December 22nd at 2 p.m. Drop by for clearance savings!

We'll reopen on Tuesday, April 2, 2019.

***We wish you peace
and great health
in the New Year!***

Good Cheer

Thanksgiving and Holiday Baskets

Each year *Friend to Friend* creates holiday baskets to make sure everyone can enjoy a delicious Thanksgiving and holiday dinner. **To volunteer or donate please call 860.651.1659 or email friendtofriendeg@gmail.com.**

In December, Social Services coordinates with EG Town Employees, EG Public Library, EG Congregational Church, Copper Hill Church and families to help Santa and his elves make sure children have hats, mittens, books and small toys on Christmas morning. **To volunteer or donate gifts call Social Services at 860.413.3328 or email elisec@egtownhall.com.**

BE HALLOWEEN Safe

Halloween is a fun, and spooky, time of year for kids. Make trick-or-treating safe for your little monsters with a few easy safety tips.



Sparky® is a trademark of the NFPA.

HALLOWEEN FIRE SAFETY TIPS

- » **When choosing a costume**, stay away from long trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough so he or she can see out.
- » **Provide children** with flashlights to carry for lighting or glow sticks as part of their costume.
- » Dried flowers, cornstalks and crepe paper catch fire easily. **Keep all decorations** away from open flames and other heat sources like light bulbs and heaters.
- » **Use a battery-operated** candle or glow-stick in jack-o-lanterns. If you use a real candle, use extreme caution. Make sure children are watched at all times when candles are lit. When lighting candles inside jack-o-lanterns, use long, fireplace-style matches or a utility lighter. Be sure to place lit pumpkins well away from anything that can burn and far enough out of the way of trick-or-treaters, doorsteps, walkways and yards.
- » **Remember** to keep exits clear of decorations, so nothing blocks escape routes.
- » **Make sure** all smoke alarms in the home are working.
- » **Tell children** to stay away from open flames including jack-o-lanterns with candles in them. Be sure they know how to stop, drop and roll if their clothing catches fire. (Have them practice, stopping immediately, dropping to the ground, covering their face with hands, and rolling over and over to put the flames out.)

If your children are going to **Halloween parties** at others' homes, have them look for ways out of the home and plan how they would get out in an emergency.

Did you know?



Decorations are the first thing to ignite in **900** reported home fires each year. Two of every five of these fires were started by a candle.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

Thanksgiving Safety

The kitchen is the heart of the home, especially at Thanksgiving. Kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and people at home.

- Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- Stay in the home when cooking your turkey and check on it frequently.
- Keep children away from the stove. The stove will be hot and kids should stay 3 feet away.
- Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags.
- Keep knives out of the reach of children.
- Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- Keep matches and utility lighters out of the reach of children — up high in a locked cabinet.
- Never leave children alone in room with a lit candle.
- Make sure your smoke alarms are working. Test them by pushing the test button.

Did you know?



Thanksgiving is the leading day of the year for home fires involving cooking equipment.

Have activities that keep **kids out of the kitchen** during this busy time. Games, puzzles or books can keep them busy. Kids can get involved in Thanksgiving preparations with recipes that can be done **outside** the kitchen.



**NATIONAL FIRE
PROTECTION ASSOCIATION**

The leading information and knowledge resource
on fire, electrical and related hazards

Winter Holiday Safety

Winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.



HOLIDAY DECORATING

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Keep decorations away from windows and doors.



HOLIDAY ENTERTAINING

- Test your smoke alarms and tell guests about your home fire escape plan.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.



Before Heading Out or to Bed

Blow out lit candles when you leave the room or go to bed. **Turn off** all light strings and decorations before leaving home or going to bed.

FACTS

- ! **More than a third** of home decoration fires are started by candles.
- ! **Forty-two percent** of decoration fires happen because decorations are placed too close to a heat source.



**NATIONAL FIRE
PROTECTION ASSOCIATION**

The leading information and knowledge resource
on fire, electrical and related hazards

10 Tips

Get Ahead of the Winter Freeze

It's not too early to begin preparing for the heating season. Check these 10 tips off your list and get ahead of the winter freeze.

- ☐ Our **furnace has been inspected and serviced** by a qualified professional during the last 12 months. *(A furnace should be serviced at least once a year.)*
- ☐ Our **chimneys and vents have been cleaned and inspected** by a qualified professional. I have checked for creosote built-up. *(Not cleaning your chimney is the leading cause of chimney fires from built up creosote. This service needs to be done at least once a year.)*
- ☐ Our wood for our fireplace or wood stove is **dry, seasoned wood**.
- ☐ Our **fireplace screen is metal or heat-tempered glass**, in good condition and secure in its position in front of the fireplace.
- ☐ We have a **covered metal container** ready to use to dispose cooled ashes. *(The ash container should be kept at least 10 feet from the home and any nearby buildings.)*
- ☐ Our children know to stay at least **3 feet away** from the fireplace, wood/pellet stove, oil stove or other space heaters.
- ☐ Our portable space heaters have an **automatic shut-off**.
- ☐ Our portable space heaters will be **plugged directly into an outlet** *(not an extension cord)* and placed at least three feet from anything that can burn; like bedding, paper, walls, and even people. *(Place notes throughout your home to remind you to turn off portable heaters when you leave a room or go to bed.)*
- ☐ We have **tested our smoke alarms** and made sure they are working. *(You need smoke alarms on every level of the home, inside each sleeping room and outside each separate sleeping area. For the best protection, the smoke alarms should be interconnected so when one sounds, they all sound.)*
- ☐ We have **tested our carbon monoxide alarms** and made sure they are working. *(Carbon monoxide alarms should be located outside each sleeping area and on every level of the home.)*



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

**COMMUNITY CUISINE INVITES YOU
TO OUR
FREE COMMUNITY BRUNCH**
being held at
The East Granby Community Center



**Saturday, December 1st, 2018
10am – 12pm**

Collecting Donations for the RGH Initiative
for Homeless Veterans

(back packs, hooded sweatshirts, gold bond body powder,
foot powder, socks, \$5 Dunkin Donut gift cards)



sponsored by:
Resilience Grows Here
Nourish My Soul
East Granby Congregational Church
Copper Hill Methodist Church
Friend to Friend
East Granby Women's Club

**Questions and Optional RSVP Call 860-653-7660
or via**

<http://evite.me/VN1SPqsf6M>



We look forward to you joining us!

Winter Wonderland



Sponsored by
The Women's Club of East Granby



Saturday, December 8, 2018

(snow date: December 15, 2017)

At the East Granby Senior/Community Center

Children from birth to 12 years of age are invited to join us for this wonderful community tradition! Enjoy holiday music, making crafts, and visiting with Santa. Each child receives a special gift! Don't forget to visit our Holiday Cookie Shop!

Please complete the registration form found on our website
www.womensclubeg.org. A confirmation email will be sent upon receipt of
registration. The deadline for registration for is **November 18th**.
Out of town residents may register after October 21st, 2018.

Session 1 9:00 am - 10:30 pm

Session 2 11:00 am - 12:30 pm

Admission \$8 per child

Questions? Email: WCEGWW@gmail.com

**WOMEN'S
CLUB of
EAST GRANBY**

HOLIDAY TREE LIGHTING **AT TOWN HALL**



East Granby Parks & Recreation invites you to attend the 8th Annual Jacky Welsh Christmas Tree Lighting on Friday, December 7th at the East Granby Town Hall @ 6:00 pm. This year following the ceremonies, lighting of the tree and carol sing, we will be joined by Super Heroes Wonder Woman & Spiderman. They will be available to meet & greet the children. –Minimal refreshments will be served. Ceremonies will be held rain (snow) or shine.

Our Resident Trooper will also be sponsoring a toy drive to Stuff a Cruiser. Please bring one new, unwrapped toy to the tree lighting. Toys are distributed to a local domestic violence shelter.

East Granby Public Schools

October 2018

Portrait of a Graduate

When East Granby Public Schools (EGPS) began working toward revising and improving its Mission and Vision Statements in the 2015-16 school year, they sought input from its various stakeholders: administrators, faculty, students, parents/guardians, community members, business partners, and the Board of Education. Throughout the process, the district examined and identified their vision of the graduate, including what they wanted the students to know upon graduation, as well as the various pathways for students to achieve success.

Since 2016, the district has focused efforts on the following six categories for a Portrait of an EGPS Graduate: **Intellectual Agility**, **Mindfulness** and **Mindset**, **Global Acumen**, **Creativity** and **Innovation**, **Leadership** and **Collaboration**, and **Technological Ability**. How do these characteristics become imbedded in our curriculum and what do they look like in the classroom? Below are instances of implementation.

An example of how intellectual agility is reflected in the classroom is evident in the Illustrative Math program in Shannon Provencher's middle school class. Students share geometric mathematical problem solving strategies by projecting them onto the SMARTboard and justify their mathematical reasoning with their peers. Those who tackled the calculation differently share their findings. Next, the class transitions into working on reflections and rotations on an x-axis using tracing paper. Throughout the district, students use manipulatives in learning stations to help conceptualize a problem, along with other tools to model mathematical thinking such as diagrams, tables, graphs, and formulas.

As the school year progresses, both Carl Allgrove and R.D. Seymour Elementary Schools will continue their work with positive and healthy mindsets. Embedded into their curriculum is social-emotional security, working collaboratively with one another. One way of teaching healthy mindsets is turning failure into lessons that foster risk-taking in the classroom. Modeling positive self-talk by students replaces "I am terrible at reading aloud" with "Look how much better I am now than when school started." Similarly, "I can't ever get this right," becomes "I'm getting closer to solving this by figuring out what doesn't work." Marsie Luckenbach at R.D. Seymour Elementary encourages her students to take risks and have a positive mindset in math by telling them their goal isn't to *solve* the problem right now, but attack it and explore different angles. Later, they return to the problem and find the solution.

Increasing students' understanding of the world is vital in a global market economy, so EGPS is excited to offer students various pathways to earning the new Global Engagement graduation certification offered by Connecticut. Last spring, when the Department of Education introduced this opportunity, our district was ready, as Dr. Christine Mahoney arranged for us to be a part of the pilot. Students Ivanna Pratts and Sosie French earned the accolades. (See details here: <http://bit.ly/EGPSNEWS>) This year, in addition to World Languages, Literature, and History, the high school is offering *Regional and International Cuisine* taught by our new Family and Consumer Science educator, Susan Corey.

Fostering creativity and innovation is a lynchpin of the Advanced Manufacturing I and II courses in the MET (Manufacturing, Engineering, and Technology) department. Last spring, students created a fully-functioning mini-putt course by combining physics and materials. This year, they are exploring drone manufacturing and flying, as well as utilizing welding simulators and 3-D printers. Teacher Wendi Meunier collaborates with Asnuntuck Community College, creating exciting curriculum for East Granby students interested in careers in engineering, design, and manufacturing.

In the 2016-2017 school year, our district worked diligently on embedding leadership and collaboration throughout the curriculum. For example, seventh grade Social Studies teacher Vicki Hebler partnered with the English Language Arts teacher, Kate Stewart, to create interdisciplinary literature circles. The book clubs utilized themed fiction and nonfiction global literature. Students had different leadership roles during the unit, some acting as facilitator, recorder, or reporter. The groups had lively conversation around questions posed to the group by the other members.

This year, students in third grade will have additional opportunities for collaboration through participation in Research Clubs. Working with Teachers College Reading Writing Project consultant, teachers will lead students on an exploration through a unit entitled: *Elephants, Penguins, and Frogs, Oh My!* In Kindergarten, the *Push, Pull, Go* physical science unit uses physics problem solving in groups through the creation of action models with Kid K'NEX®. Students build swings, spin tops, and ramps, collaboratively engineering their own motion invention.

With a focus on blended learning and online learning as a 2017-2018 Area of Focus, the Business Department at East Granby High School has further embraced the concept, adding more classes to its already-stellar lineup. Dr. Mark Waller taught an online summer course in Business Management to East Granby students, allowing them to earn college credits over the summer. In addition, all high school students have an opportunity to take Personal Finance this year, as the class is being offered online for the first time. Other educators across the district and grades are incorporating blended learning using Google Classroom, giving students more access to materials and helping them have ownership in their own learning.

Looking forward, this small, but mighty, district has plans for further improving teaching and learning practices through expanded professional development offerings, empowering students to take control of their own learning, and improving student performance by providing multiple learning opportunities through a variety of pathways. The goal, while ambitious, is possible due to the dedicated employees, students, and community members of East Granby.

Sincerely,

Dr. Patricia Charles
Interim Superintendent of Schools

Marjorie Light
Curriculum Director

EAST GRANBY SENIOR CENTER



DIAL-A-RIDE ON THE MINI BUS

- ❶ Grocery, Pharmacy & Banking every Wednesday
 - ❷ Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday from 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM. Transportation to the Windsor Caring Connection (Windsor's Adult Day Health Center) will now be provided on Tuesdays and Thursdays. Please call (860) 547-0251 for more information.
 - ❸ Retail Shopping, Trips & Community Events on Mondays and Fridays.
- Check the Senior Moments Newsletter calendars for the bus schedule and call (860)413-3327 at least 24 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of \$20 is greatly appreciated.

BLOOD PRESSURE CLINIC – PROVIDED BY THE FARMINGTON VALLEY VNA

MONDAY~ DECEMBER 3RD, JANUARY 7TH 11:00AM-12:00PM.

The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings. No appointment necessary.

CT INFO LINE—DIAL 211—Vital resource to find available community services.

CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.

EXERCISE CLASSES, PROGRAMS AND SHOPPING

PEDI—CARE FOR YOUR FEET—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month--8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost \$29

GET FIT EXERCISE CLASSES—Mondays and Wednesdays 10:00 AM-11:00 AM—Senior Center—\$4.00 walk-in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety.

LINE DANCING CLASS- Tuesdays 10:00 AM-11:30AM at the East Granby Farms Recreation Center - \$5.00 walk-in cost. Come on down and enjoy some great music and learn some fun line dances. It's a great way to exercise while having fun!

SHOPPING TRIPS:

- **OCTOBER 29TH, NOVEMBER 26TH— MRS. MURPHY'S & OCEAN STATE JOB LOT**
- **NOVEMBER 19TH- WALMART**
- **NOVEMBER 5TH —TARGET, PETCO, DOLLAR STORE**



**** AARP DRIVER SAFETY COURSE ****

Completion of this course may result in a savings on your car insurance! **Thursday November 8, 2018 9:00am-1:00pm** at the East Granby Town Hall meeting room. Cost is \$15 for AARP members and \$20 for non-members. Call (860) 413-3334 by November 1st to reserve your seat.

SENIOR CENTER TRIPS AND PROGRAMS

FRIDAY, NOVEMBER 2ND—Lunch Bunch—Artisinal Burger Company— Manchester, CT— Serving up fresh, handcrafted burgers made from the best local ingredients. They source ingredients locally whenever possible and all dishes are prepared in house. Their ground beef is from celebrity butcher Pat LaFreida out of New York. Their careful attention to each step of the process gives you the best quality in flavors and creates mouthwatering dishes that you can't find anywhere else. Try one of their Broad Brook Farms local grass fed burger, Dry Aged burger, Bahn Mi-Chicken burger, or the Rise and Shine burger that is made with a delicious waffle bun. The friendly and welcoming staff is there to ensure you have a delicious and enjoyable meal in a cozy and comfortable setting. Let them show you why eating local is the way to go! **Depart the Senior Center at 11:15 AM. Reserve your spot by October 25th.**

FRIDAY, NOVEMBER 16TH—They Called her Reckless—A True Story of War, Love and One Extraordinary Horse. When the U.S. Marine Fifth Regiment's Recoilless Rifle Platoon acquired a small Korean pony to haul ammunition up the steep hills to the front lines, what they got was a real-life hero, Reckless, the courageous and indomitable warhorse who stood with her buddies for two years during the Korean War, saving many lives, raising spirits, and winning the love and respect of all who knew her. In short order she was an integral member of the platoon, learning quickly to run into her bunker when incoming fire hit the camp, navigate the trails and hills on her own, and calmly accept the roar of the recoilless rifles at close range. In skirmishes and firefights, and ultimately in the savage Battle for Outpost Vegas, Reckless showed her bravery and resilience. In that last bloody fight, surpassing all expectations, she hauled ammunition for three days and nights wherever it was needed. For wounds sustained, she was awarded two Purple Hearts. From the moment she heard about Reckless, Janet Barrett knew she would write this book. Her experiences as a horsewoman gave her a particular appreciation of the tight bond that developed between Reckless and her fellow Marines, from which the story springs. Join us as Janet shares this beautiful story of an incredible human-horse connection, and the power it unleashed. **10:00am at the East Granby Senior Center. Light refreshments will be served. There is no charge for this presentation. Reservation due by November 8th.**

THURSDAY, DECEMBER 6TH—The Travelers Chorale Holiday Concert, – Hartford, CT ~The Travelers Chorale was founded in 1924 and is the oldest company-affiliated, eight-part choral group in America. Please join us for a night of exciting and moving music by the 100-voice chorale. This 94th Annual Winter Concert will be held in the Mortensen Hall at the Bushnell. **Depart the Senior Center at 6:30pm. There is no charge for this event but please consider bringing a non-perishable food donation to benefit Hartford families in need. Reservation due by November 29th.**

FRIDAY, DECEMBER 7TH—Holiday Party—Get in the Holiday spirit! We will start off with some appetizers and holiday punch before our scrumptious dinner of beef tenderloin and all the fixings! Enjoy the fabulous sounds of the Airborne Jazz Band-ready to bring music to your ears and help you kick off the holiday season in style! **4:30 PM at the East Granby Senior Center. Cost of dinner and entertainment is \$12.00 due by November 29th.**

TUESDAY, DECEMBER 18TH—Bright Nights —Springfield, MA-Enjoy a night of pure magic! Bright Nights at Forest Park has become known as the Northeast's premier holiday lighting experience. It has been named seven times as one of the Top 100 Attractions in North America by the American Bus Association, listed on People.com as "One of the Top Ten Holiday Happenings in America," and been featured in the New York Times. Prior to visiting the lights we will have a delicious dinner at Red Rose - one of the best Italian restaurants around!. **Depart the Senior Center at 5:00pm. Cost is \$2 (not including dinner). Reservation and payment due by December 1st.**

**Join our mailing list to receive the Senior Moments Newsletter.
Call (860) 413-3334 or email kellyvj@egtownhall.com to sign up.**



East Granby Public Library

The East Granby Library Chess Program



Award winning chess instructor and coach, Alexander Lumelsky is offering an instruction-based chess program at the East Granby Public Library for students grades K through 12. The program provides class instruction on chess play and strategy and is intended for beginner and other skill level players.

Don't miss this opportunity to learn a game that requires skill and strategies that will help raise IQ and increase problem solving skills, creativity & concentration! Mr. Lumelsky has coached several award winning chess students to State Champion status.

The program will be held Mondays from 5:30-6:30 p.m. beginning November 19th, running for four weeks.

Space is limited and sign up is **REQUIRED!** Chess sets will be provided.
RSVP to 860-653-3002 or kathyl@egpl.org

THE WORLD OF OWLS

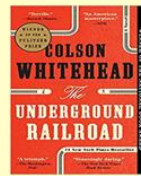


Owls are not evil spirits, wise little philosophers, or Walt Disney creations. In fact, owls are probably the most misunderstood than any other kind of bird. This program shows how owls use their specialized powers of sight, hearing and flight to survive and thrive.
www.wingmasters.net

Thursday November 1st at 7pm

East Granby Public Library, Large Conference Room
Brought to you by East Granby Land Trust & East Granby Public Library
EGLT will hold a short annual meeting after the presentation, all are welcome.

Book Discussion Group



Tuesday, Nov. 13th at 10am

"The Underground Railroad"

by Colson Whitehead

Cora is a young slave on a cotton plantation in Georgia. An outcast even among her fellow Africans, she is on the cusp of womanhood—where greater pain awaits. When Caesar, a slave who has recently arrived from Virginia, urges her to join him on the Underground Railroad, she seizes the opportunity and escapes with him. In Colson Whitehead's ingenious, promises of the present day. *The Underground Railroad* is both the gripping tale of one woman's will to escape the horrors of bondage—and a powerful meditation on the history

Art Show

at the Library the month of November.

Pastel Impressions

Jim Koplar



Afternoon at the Movies

Wednesdays at 1:00pm

October 31st



"Mamma Mia! Here We Go Again"
PG-13, 114min.

November 7th



"Three Identical Strangers"

PG-13, 96 min.

A documentary that examines a set of triplets who were adopted at 6 months old by separate families, unaware each child had brothers.

Library Closing

Veterans Day
Monday, November 12th

Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC)	11/6, 12/4
Conservation 7:00 (TH).....	11/7, 12/5
Board of Education 7:00 (AS)	11/13, 11/26, 12/10
Economic Development 7:00 (TH)	11/26, 12/17
Elementary School Committee	As Needed
Board of Finance 7:30	11/15, 12/11
Parks & Recreation 7:00 (EGF).....	11/1, 12/6
Planning & Zoning 7:00 (TH).....	11/13, 12/11
Board of Selectmen 6:30 (TH).....	11/14, 11/28, 12/12, 12/26
Zoning Board of Appeals 7:30 (TH).....	11/29, 12/27
Youth Services Bureau 6:30 (EGF)	11/19, 12/17

The above meeting dates and times are subject to change.

Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

Guidelines for Submitting Articles

Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the publication. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. With the exception of Town Commissions and Boards, we will not accept submissions that are more than one page in size including pictures, objects, and text. At the discretion of the Editor, articles and graphics may be edited. The name of the submitter and a daytime phone number must accompany each article.

East Granby Town Hall
PO Box 1858
East Granby, CT 06026

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East Granby, CT 06026



79 North Main Street
PO Box 1858
East Granby, CT 06026

Email: aliciav@egtownhall.com
Phone: 860-653-7660
Fax: 860-413-3702

www.eastgranbyct.myrec.com

ADULT ACTIVITIES

Tuesday Zumba Fitness Fall 2018 Session

When: October 16th -December 18th **Ages:** 16+

Tuesday nights, **Time :** 6:00 -7:00 pm

Where: East Granby Farms

Recreation Building

Cost: 10 week punch card- \$70

8 week punch card-

\$60

6 week punch card- \$48

4 week punch card- \$34

(cash walk-ins \$10)

Zumba is a fun dance exercise program that burns tons of calories and works your legs, arms, glutes and abs. No prior dance experience or coordination is necessary. No worries about anyone watching you, they are too busy thinking hard and following the moves! Bring a water bottle, sneakers, towel if desired

Instructor: Renee Klucznik.

Bring your fit bits to class and burn about 750 calories, take 6500 steps = 3 Miles! All punch cards are non-transferable and non-renewable and expire at the end of the fall session.



Slow Flow Vinyasa Yoga

While connecting breath to movement, we will start with a warm-up then flow through a series of yoga poses (asanas) building heat slowly and

gently and ending in a relaxing Savasana. ***This class is great for those newer to yoga or those wanting to slow it down in a basic flow class.***

\$8 drop in fee. \$60 Punch card -

No Class October 22nd

When: 09/10/2018 - 11/12/2018 **Cost:** \$60.00 punch card or drop in week by week.

Where: East Granby Farms Recreational Center

Time: 6:30 pm - 7:30 pm **Ages:** 16+

Mens Drop In Basketball

Come and play a drop-in game of basketball. This program is for men over the age of 18. The cost is \$3 and the fee is collected at the door.



An East Granby Parks and Recreation Waiver is required in order to play. Participants must wear white-soled gym shoes. No basketball during school vacation or non-school days. Limited enrollment! **Cost:** \$3 at door

When: Wednesdays until June 2019 when school is in session **Time:** 7:00pm – 9:00pm

Where: EG High School – New Gym



Live Your Vision Now -
Thoughts Matter
A 2 Part Workshop -
Register for both!

Doubtful or Confident, Bold or Fearful, Discouraged or Hopeful. These powerful words describe some of the emotions and feelings that can influence our perception of life as a series of Stumbling Blocks or Opportunities, Predetermined Choices, Free Choice, Misfortunes or Blessings.

This workshop will present a variety of practical strategies and tools for creating a more empowering and self-determined life. Through hands-on activities participants will explore how to apply useful skills, techniques that will aid their journey towards the life they wish to live.

Session 2 "Gratitude"

When: Wednesday November 14th 2018

Time: 6 pm – 8 pm **Cost:** \$25

Where: East Granby Farms Recreation Building

Learn how practicing gratitude as a daily habit can change our lives. Expressing our thankfulness through different modalities is beneficial and can effectively move us towards the life we desire.

Session 3 "Visualization"

When: Wednesday January 23rd 2019

Time: 6 pm – 8 pm **Cost:** \$25

Where: East Granby Farms Recreation Building

Creating a Vision Board. Learn how clarifying and focusing our goals helps to propel them into fruition. Creating a vision board is an engaging means through which we activate our vision by placing direct attention on our intentions, **which in turn will facilitate our progress towards the life we desire.**

Cost for both: \$40 **Ages:** 18-99



NYC Trip at Christmas Time

When: 12/01/2018

Time: 7:30 am - 6:00 pm

Where: East Granby Farms - Recreation Area

Cost: \$46 **Ages:** 18-99

City Lights and Harbor

Enjoy a day in the city on your own to enjoy the Big Apple. See Chinatown, Little Italy, Central Park, a museum, the zoo, a Broadway show or shop - use your imagination. These are our usual drop off points in the City: The Metropolitan Museum of Art, The Plaza Hotel, and Rockefeller Center. Our pickup time is 7:00pm in front of the Stage Coach Tavern, the Ed Sullivan Theatre is close by. The location of the tavern is on 7th Avenue between 53rd and 54th Street.

General Information: Buses depart from East Granby Farms (79 North Main Street) at 7:15am; except in December when we will depart at 7:30am.

Buses depart from the Stage Coach Tavern (between 53rd/54th Streets, along 7th Avenue) at 7:00 pm; except in December when we will depart at 6:00 pm. All trips need advance reservations. Because we are sharing the trips with Granby and Suffield for some trips, seats are limited.

Register early and don't be disappointed! Please remember: Your reservation is not confirmed until payment has been received.

YOUTH PROGRAMS

KIDS EARLY RELEASE DAY

Art Fun Upside Down and Inside Out Art



When: Wednesday, November 28th

Cost: \$30 **Time:** 1:45 pm-4:45 pm

Ages: K - 5

Where: EG Farms Recreation Bldg.

Leave gravity behind and let your imagination float free! Like the artist **Marc Chagall**, paint watercolor dream worlds with upside down houses and inside out trees! Design landscape collages out of textured fabrics, build

Popsicle stick self-portraits, and draw colorful geometric faces inspired by **Paul Klee**. Bring an oversized old t-shirt to us as a smock, a nut free snack and a drink.

JUMPING CLAY HALLOWEEN October 25th



Time: 2pm – 4pm

Where: EG Farms Recreation Building

Cost: \$25

Grades: K-5

“Trick or Treat” Let's celebrate

Halloween with a Little Devil, a Werewolf magnet, and a Skull magnet! Each participant will create their own clay monsters using JumpingClay while learning about basic shapes and color mixing. JumpingClay is an air-drying polymer clay that is 100% safe and non-toxic and completely mess free! Our workshops provide step-by-step instruction and assistance by trained instructors while encouraging creative self-expression and building confidence. All projects will be taken home the same day - just leave them out to dry for 24 hours! Beginners

DECK THE HALLS November 29th



Times: 2pm – 4pm

Where: EG Farms Recreation Building

Cost: \$25 **Grades:** K-5

Let's celebrate the holidays with a Reindeer ornament, a Snowman

ornament, and a Penguin with Ear Muffs magnet. Each participant will create their own ornaments and magnet crafts using JumpingClay while learning about basic shapes and color mixing. Jumpingclay is an air-drying polymer clay that is 100% safe and non-toxic and completely mess free! Our workshops provide step-by-step instruction and assistance by trained instructors while encouraging creative self-expression and building confidence. All projects will be taken home the same day - just leave them out to dry for 24 hours! Beginners welcome!

GROWING HEALTHY KIDS



Gather once a month to learn all about healthy foods - where it comes from, how to prepare it, and of course tasting it! This class is active and hands on, where learning happens through movement, games, and preparing foods. Kids will become excited about healthier food

options, understand the importance, and learn how to make it taste delicious!

The series is taught by Nutritionist, Alicia Newton from Nourish My Soul. Occasionally we will have guests from our Jr Chef program to mentor this younger group and model a positive relationship with healthy food. Sign up for them all for \$110 or drop in for \$20 per class. Please note: if you plan to drop-in you must sign-up for the class and not just show up.

Class is held the last Monday of each month (with the exception of October, December and May).

When: 11/26, 12/17, 1/28, 2/25, 3/25, 4/29, 5/20

Cost: \$110.00 for entire session

\$ 20.00 individual class

(you must register in advance)

Ages: 6-9 **Time:** 4:00 pm – 5:30 pm

Where: East Granby Farms Recreational Building

MINI HOOP KINDERGARTEN

Calling all Kindergarteners! Join us for this instructional, co-ed program that teaches the fundamentals of basketball. Come and participate in fun activities designed to develop a child's basketball skills. All participants will receive a basketball and shirt. The mini hoop program will begin in January 2019 and run for 8 weeks (no class 2/16) on Saturday mornings.



All players must come dressed to play and wear white-soled indoor gym sneakers. No jewelry of any kind.

When: 01/05/2019 - 03/02/2019 **Cost:** \$75.00

Time: 8:00 AM - 9:00 AM

Where: East Granby Middle School - Gym

CRUSADER BASKETBALL CLINIC



When: Saturdays,
10-6-2018 - 11-3-2018

Cost: \$20.00
for an individual week
\$90 for all 5 weeks.

Ages: 3rd -5th grade Boys & Girls

Time: 9 am – 10am

Where: East Granby High School New Gym

Join East Granby High School Boys Varsity Coach Ryan Aeschliman for 5 weeks of clinics.

Looking to brush up on your skills, pick up new skills before the season starts? These clinics will teach and review the basic fundamentals of the game: dribbling, passing and shooting. Students learn qualities of being a team mate on and off the court.

Each clinic consists of drills and games to teach and improve skills. The clinics will challenge you to step outside your comfort zone and build your confidence to become the best player you can be. Join us for one week or all five weeks.



Grades: 6-8

Monday Evenings, join the fun with Drop-in Middle School Basketball! This program is for East Granby residents and/or students only. All dates will be **held in the East Granby High School new gym.** **When:** 9/10/18-11/13/18

Drop-in Cost \$3 at the door \$20 for a punch card (purchase in advance online or 1st day) **Time:** 7-9 pm



Grades: 9-12

Thursday Evenings, join the fun with Drop-in **High School Basketball held in the new gym!**

When: 9/13/18-11/15/18

Drop-in Cost \$3 at the door \$25 for a punch card. This program is for East Granby residents and/or students only (purchase in advance online or 1st day at door) **Time:** 7-9 pm



THE EAST GRANBY YOUTH BASKETBALL PROGRAM focuses on learning the fundamentals of basketball. Learning individual skills and learning the importance of what it

means to be on a team and learn good sportsmanship. The program will give players an opportunity come and play with their friends and make new friends. Teams may be co-ed or broken down by gender based on enrollment numbers.

All players will receive a jersey. Players will practice once a week and have an instructional practice/game on Saturday mornings. Times and days of practices are set by our volunteer coaches. You will have an opportunity to inform us of days and times that do not work for your family when you register.

1st and 2nd grade basketball begins in January 2019. Registration closes for this program Friday, December 7, 2018. Additional players may be added based on space availability and a late fee of \$25 is added. – See details on website eastgranbyct.myrec.com

Boys & Girls

Dates: January 2, 2019 – March 2, 2019, Mon.-Sat.

Time: 4:30 pm – 9:00 pm **Cost:** \$95

Grades 1-2 **Where:** EG Middle School Gym



THE EAST GRANBY YOUTH BASKETBALL

PROGRAM is for 3-8th graders is designed to provide a positive recreational basketball program. The goals of the program are to instruct the players the rules of the game, develop individual skills, foster teamwork, learn good sportsmanship and to have FUN!

Games are scheduled for Saturdays and practices are held once a week. Cancelled games are not rescheduled. 3rd & 4th grade teams: play against East Granby and Granby teams. 5th & 6th grade teams: play against East Granby and Granby teams and nearby towns (girls). 7th * 8th grade teams: play against East

3rd & 4th Grade Girls & Boys 12/03-03/02 Girls 3-9pm
Boys 4-9pm

5th & 6th grade Girls and Boys 12/03-03/02 4-9 pm

7th & 8th grade Girls and Boys 12/03-03/02 4-9 pm

Where: E G Middle School Gym – See more details on line at eastgranbyct.myrec.com

INTRODUCTION TO HORSEBACK RIDING

Dates: 1/15/19 – 1/29/19
Tuesdays

Ages: 3-17 **Where:** 1360 Hill Street, Suffield CT

Time: 4:30 pm – 5:30 pm **Cost:** \$100



Looking for an opportunity for your child to learn to ride? Improve their current riding skills? Join our advanced riding instructors in this introductory set of lessons. Held off site in the indoor barn at End of Hunt Equestrian Ctr.



ART-ventures for Kids Magical Art Mystery Tour

Where: Seymour School

Grades: 3-5 Seymour students only

Time: 3:05- 4:30 pm

When: 12/6 – 1/17/2019 **Cost:** \$79

Abracadabra, Hocus Pocus, its magic and mystery with art as the focus! Magical Art Mystery Tour draws children into a world of wonder, revealing unbelievable art tricks and inspiring out-of-the-box creativity. Experiment with

new and mysterious mediums and discover surprising techniques to transform familiar materials into magical masterpieces.

Sculpt clay lizards and build lizard playgrounds out of sticky magic "nuudles". Create colorful ceramic piggy banks, whimsical Model Magic owls and Scratch Art designs inspired by the artist Miro. Wave wands over T-shirts to form magical designs using fabric printing inks and stir a few unexpected items into a "fluffy goop" potion. Discover the secret ingredient that turns pencils into paints, black lines into circus elephants, and torn paper into painted landscapes. And so much more! The results are totally WOW." And...Voila, young art magicians bring home masterpieces each week.



ART-ventures for Kids

Where the Wild Things Art -

Allgrove Students (Grades K-2)

Art adventurers explore many whimsical and original art forms and techniques, discovering clay and collage, painting and drawing, just to name a few! Sculpt colorful monsters and clay pots. Design ceramic robots, celestial wind chimes, and awesome airplanes. Decorate birdhouses, wooden guitars, and goofy masks. Create cityscape printmaking, letter collages, and panda drawings. Even make your own tape resist t-shirts! Plus, hear wonderful stories, Such as "**Where the Wild Things Are**" or "**Nova the Robot**," that go hand-in-hand with each project. Humor and surprises are always included. Explore, experiment, create! Art adventurers bring home awesome works of art each week! So much FUN!

Where: East Granby Farms Recreational Building

Grades: Allgrove students only K – 2

When: Wednesdays: Immediately after school

2nd 6 wks 11/7 - 01/02 **Cost:** \$79

All 12 wks 9/26 – 01/02(1 free week!) (no class: 11/21, 11/28, 12/26) **\$149.00 Time:** 3:05- 4:30 pm (Students will be bused via the senior mini bus to EG Farms Rec Center this program. Or you can personally drop off your child).