Let's Talk Turkey

The Official Newsletter of the Town of East Granby

March 2025 • Volume XXX, Issue II

MARCH-ing on to Spring!

Want to Get Involved? East Granby has many wonderful groups, clubs, and commissions which help to serve our community. Visit eastgranbyct.org for a variety of these organizations in which you may be interested in participating. For more information, call (860) 653-2576 or email info@egtownhall.com. Be sure to look inside this edition of "Let's Talk Turkey" for an exciting Volunteer Event happening this fall!

Local Businesses: Congratulations to all the new businesses in East Granby! Remember to shop and spend time locally as often as you can to support the entrepreneurs in our wonderful town.

Power Outages, Town Emergency Shelter, and Emergency Numbers: The Senior/Community Center is the Town's Emergency Shelter. The Emergency Shelter has food, water, charging stations, and information. Please call the Selectman's Office at (860) 413-3301 if you rely on electricity for life-saving equipment such as oxygen. We maintain a confidential list that emergency personnel use in the event of a power outage. Important numbers to remember are 911 for emergencies, (860) 653-5385 for non-emergency police matters, and 211 for information regarding available emergency support statewide.

Snowstorm Reminder Information: There is no parking allowed on streets during winter storms. This allows our Department of Public Works to clear the roads of snow and ice as soon as possible. Winter parking on the street during mild weather is also restricted between the hours of 12:00 AM and 6:00 AM during the months of November through April.

Budget Process: The Boards of Selectmen, Education, and Finance are continuing to work on Fiscal Year 2026 budgets. Draft budgets will be presented to the Board of Finance by the Board of Selectmen and the Board of Education on March 18th. The Board of Finance will give further budget directives to the Boards on April 9th for the Budget Public Hearing which will be held on April 23rd with a Town Meeting scheduled for May 7th and a potential referendum in early/mid-May.

Hazardous Household Waste Collection: East Granby provides household hazardous waste collection for residents throughout The Metropolitan District. Our day is October18th in Windsor Locks at the Public Works Garage, 6 Stanton Road. All residents are welcome to go to any collection spot and date listed on the MDC website from April 26th to October 25th: https://themdc.org/environment-health-safety/household-hazardous-waste-collection/.

National Day of Prayer: The first Thursday in May is proclaimed to be the National Day of Prayer, a day set aside "for which the people of the United States may turn to God in prayer and meditation at churches, in groups, and as individuals." Community members of all denominations are welcome to join together on May 1st at 12:00 PM at the East Granby Farms Barn, 79 North Main Street.

Reminders: Visit the Town's website eastgranbyct.org and click "E News Signup" to be notified via e-mail of Town meetings and up the minute Town news.

Eden Wimpfheimer,
First Selectwoman

***** Look for updates and insights from me inside each edition of "Let's Talk Turkey!" *****

Newsletter Publication Schedule

Submission Deadline	Delivered to Homes
May 5	May 17
July 7	July 19
September 2	September 13
November 3	November 15
Jan. 5, 2026	Jan. 17, 2026

submit articles via e-mail to newsletter@egtownhall.com

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Community Updates and Insights from the First Selectwoman

March Edition

I am pleased to connect with you in this edition and share some exciting news of the ongoing progress in our town. As always, it is a privilege to serve such a vibrant and engaged community. Together we continue to foster a place where neighbors support one another, and our collective efforts lead to meaningful improvements. I am thrilled to highlight the recent initiatives and projects which reflect the strength and resilience of our community, from new infrastructure developments to upcoming events designed to bring us even closer together. With each step forward we remain committed to ensuring East Granby is a place where everyone can thrive.

Mark your calendars to join us for our upcoming Volunteer Fair at the Town Campus on Saturday, August 23rd from 9:00 AM to 12:00 PM! Volunteering is not just about giving your time, it is about making a lasting impact and building a stronger community for everyone! This fun, community-driven event is an opportunity to connect with local service clubs, organizations, and committees to explore the variety of volunteer opportunities East Granby has to offer and to learn how you can make a positive impact in our town. Whether you are looking to give back or would like to see what East Granby has to offer, this event is for you! All East Granby clubs, organizations, and committees are encouraged to participate. Please reach out to info@egtownhall.com to reserve a spot! The Volunteer Fair will be held in conjunction with Safety Day: Granby Ambulance Association's Pancake Breakfast and participation from the Fire Department and Police Department. We cannot wait to see you there and to celebrate the spirit of community together!

A huge thank you goes out to Parks & Recreation's grant efforts and our local businesses' donations for the purchase and delivery of East Granby Farm's new playscape! Parks and Rec is holding ongoing fundraising for add-on pieces to the main playscape and their installation. Please reach out to aliciav@egtownhall.com if you would like to participate. The installation of the playground is planned for spring 2025.

School Street realignment planning is underway! The design plans are being drawn for School Street, the heart of the Village Center, and will go out to bid in January 2026. The redesign and construction of School Street is possible thanks to a $3.275M LoCIP Grant the Town's Planning Department was recently awarded.

The basketball and pickleball courts' construction plans are currently out to bid. We are hoping to begin construction by fall 2025 at the north entrance of East Granby Farms. The funding for this incredible project is made possible by Parks & Rec winning a $500,000 STEAP Grant.

The Town Campus Sidewalk plans have been designed and the work is going out to bid shortly. We anticipate construction in spring 2025. The funding for the sidewalks is possible thanks to a $690,000 Connectivity Grant won by the Town's Planning Department.

This spring you will see the "East Granby Greenway Restoration Project" underway when the Rails to Trails section from Route 189 Hartford Avenue to Railroad Avenue will be repaved thanks to a $395,389 DEEP Grant won by Parks & Rec.

Finally, be sure to look inside May's edition of "Let's Talk Turkey" for the ribbon cutting date of our Welcome to East Granby Village Center signs!

Thank you for your continued support and the trust you have placed in me…as we look ahead, I am excited for what more we will achieve together!



News From the Registrars

Are you registered to vote? To check your voter status, update your information, or register as a new voter in town, go to VoterRegistration.CT.gov or scan the QR code. If you need assistance, the Registrar's Office is open Tuesdays from 9:00 AM to 1:00 PM in the Senior/Community Center or you may contact us at (860) 653-0097 or registrars@egtownhall.com.

What does our annual canvass accomplish? We have started our annual canvass which will help us keep the voter list current. Some of you may have received a letter from our office. Thank you to all those who returned them so quickly! The process helps us to validate residency. We cannot remove a voter without their written permission. If you receive a letter from the Registrars of Voters between January and May please respond to it, if it was addressed to you. The letter also contains a self-addressed stamped envelope. If it is addressed to someone other than a resident, please allow the post office to return it to us. A returned

envelope will allow us to remove the voter if they have moved and failed to provide a forwarding address.

What are some important dates for 2025? The Town website will contain a bit more detail than we can provide here. Please check for additional information or contact us in the office. Some upcoming election events this year include the following:

- Budget Referendum - May (date TBD after Town Meeting)
- Primary - September 9th including seven days of early voting (if a primary is necessary)
- General Election - November 4th including 14 days of early voting

Upcoming High School Voter Registration Session: On April 21st we will be going to East Granby High School to conduct a voter registration and an informational session during the lunch wave. Any high school student who will turn 18 prior to November 4, 2025 is eligible to register to vote. A student cannot vote in a referendum until they turn 18 but is able to vote in the September 9th primary for the November election. We will also accept poll worker applications for any student 16 and older who may wish to work at the polls for community service or for pay.

Interested in working as a Registrar of Voters or working at the polls? We are looking for a registered Republican to work as a Deputy Registrar. Hours will be very flexible, typically one day a month on a Tuesday from 9:00 AM to 1:00 PM or to cover for the Registrar's absence. Additional hours are as needed to cover election events throughout the year. This is a paid position and training will be provided. Contact Michele in the Registrar's Office for additional information at (860) 653-0097, ext. 2. Poll workers and moderators are always needed for election events including early voting. Contact the Registrar's Office for more information. These are paid positions and training is provided.



Copper Hill United Methodist Church

Tag & Bake Sale

Join us for a Tag & Bake Sale!

Saturday May 3rd

9:00 AM - 3:00 PM

Copper Hill United Methodist Church

27 Copper Hill Road, East Granby

We will have lots of "treasures" for you to look through, as well as great baked choices! For information, call Susan at (860) 668-1031.

East Granby Social Services

East Granby Social Services is located in the Senior/Community Center and office hours are Monday to Thursday from 10:00 AM to 3:00 PM. For more information on programs or assistance please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elisec@egtownhall.com. Drop boxes for Social Services can be found inside the Senior/Community Center and outside the front door of the Town Hall.

East Granby Cares Day will take place on Saturday, April 26th (rain date TBD). This is a collaboration between the Commission on Aging and East Granby High School students. It is a day where our students will have a chance to give back and get hands-on with helping in the community. They will work on small outdoor jobs, yard work, etc., assisting those in the community who are no longer able to keep up with these tasks. If you are a senior who is interested in participating in East Granby Cares Day please contact Social or Senior Services by April 12th at (860) 413-3328/elisec@egtownhall.com or (860) 413-3334/ kellyj@egtownhall.com.

Emergency Assistance Fund: The East Granby Emergency Assistance Fund is available to income eligible residents who are in need of emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. We need your help to support this fund now more than ever; donations can be made to the "East Granby Emergency Assistance Fund" and mailed to East Granby Social Services, 20 Center Street, East Granby, CT 06026.

Energy Assistance: The CT Energy Assistance Program is administered by the Department of Social Services in partnership with local Community Action Agencies throughout the state. It is designed to help offset the winter heating costs of Connecticut's lower income households who fall at or below 60% of the state's median income. Annual household income must fall at or below $45,505 for a household of one, $59,507 for a household of two, $73,509 for a household of three, $87,511 for a household of four, $101,513 for a household of five, $115,541 for a household of six, $118,139 for a household of seven and $120,765 for a household of eight. Applications for East Granby residents can be completed from October through May at East Granby Social Services by appointment or online at https://portal.ct.gov/heatinghelp/applyonline.

Eversource: Based on your household income or receipt of a public assistance benefit, you may be eligible for the Low Income Discount Rate Program which provides a 10% or 50% discount on your monthly electric bill. For more information, contact Eversource at 800-286-2828 or visit www.eversource.com/billhelp.

Food Pantry: The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing assistance. The pantry is currently operating on Friday mornings

for registered participants to shop. The East Granby Mini Bus is available for transportation to the pantry. If you are in need of food, please call Social Services at (860) 413-3328 or email elisec@egtownhall.com. To donate please call (860) 413-9015 or email friendtofriendeg@gmail.com. Food donations may be dropped off at bins outside the East Granby Community/Senior Center and the East Granby Congregational Church, and inside the East Granby Post Office, East Granby Public Library, and Geissler's Supermarket in Granby. If you wish to make a monetary or local grocery store gift card donation you can either mail to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026 or email friendtofriendeg@gmail.com.

Individual Therapy: Are you stressed, overwhelmed, grieving? Need someone to talk to? Call to schedule an appointment with a licensed therapist (LCSW). You will be able to address your concerns in a safe and supportive environment. Contact Social or Senior Services: (860) 413-3328/elisec@egtownhall.com or (860) 413-3334/kellyj@egtownhall.com.

Medicare Savings Program: The State of Connecticut offers financial assistance to eligible Medicare enrollees through the Medicare Savings Programs (MSP). These programs may help pay Medicare Part B premiums, deductibles, and co-insurance. There are three levels of MSP. Your gross income or combined gross income with your spouse determines the category for which you qualify. The monthly income limits, effective March 1, 2025, are $3,209.00 for an individual and $4,336.00 for a couple. If you qualify for one of the three MSPs (depending on your income), DSS will pay your Medicare Part B premium each month. In addition, some enrollees will be covered for Medicare deductibles and co-insurance. Call for more information or search "Medicare Savings Program" at CT.gov for a printable or online application.

Renter's Rebate: The Elderly/Totally Disabled Renters' Rebate Program is open from April 1st until October 1st for seniors age 65 and over (or under 65 and on permanent long term disability receiving Social Security benefits) that rented in 2024 and have a total income less than $45,200 for a single person and less than $55,100 per married couple. Renters' Rebates can be up to $900 for married couples and $700 for individuals. The Renters' Rebate amount is based on a graduated income scale and the amount of rent and utility payments made in the previous calendar year. There is no asset restriction. Please call Social Services for more information or to apply.

Commission on Aging

Understanding Hospice: Compassionate Care at Life's End will be held on Tuesday, April 1st from 6:30-7:30 PM at the East Granby Senior/Community Center. Join us at our monthly meeting to learn about hospice from a hospice registered case manager and educator with ten years of working hospice experience. This session will demystify hospice services, explain when they are appropriate, and outline available resources. Light refreshments will be available. Remember, our meetings are recorded in case the meeting is too late to attend in person.

Tech with a Teen will be held on Tuesday, April 15th from 9:00 to 10:00 AM at the East Granby Public Library. The COA and the Library are sponsoring a free technology workshop for seniors facilitated by East Granby High School students who will help with phone, computer, or email questions/issues. Sign up at the Library. Come get your questions asked and issues resolved. We know we all need this!

Town Seniors & East Granby Public Schools: Be an integral part of our school system and enjoy our youth by volunteering to help in our schools. Volunteers can be guest readers, reading buddies, lunch monitors, sharers of their experience/knowledge, or morning greeters. There are also many free programs offered to our town seniors as well, such as plays, sporting events, concerts, and more. EGPS invites our town seniors to the following events (call Senior Services to arrange transportation):

Date	*Time*	*Event Title*	*Location*
4/25	*8:00AM-1:00PM*	*HS Student Council Red Cross Blood Drive*	*HS Big Gym*
5/15	*6:00PM-7:30PM*	*Elementary Art Show (K-5)*	*Allgrove School*
5/29	*6:30PM*	*HS Spring Concert*	*MS/HS Auditorium*
6/3	*7:00PM*	*MS Spring Concert*	*MS/HS Auditorium*
June TBD	*TBD*	*Kindergarten "Chicken Soup with Rice" Concert*	*Allgrove School*
6/5	*6:00PM*	*HS Academic Awards*	*MS/HS Auditorium*
Sept.-June	*Varies*	*EGHS Sports: Subscribe to CIAC Sports Calendar*	*Varies*

Youth Action Committee & COA: The Youth Action Committee created many beautiful Valentine cards that were distributed to many seniors. We thank YAC for their beautiful works of art and sense of community in making these cards.

Good Sam Program: Are you a Good Sam? Do you need a Good Sam? The COA sponsors the Good Sam Program to match seniors in need of assistance to volunteers who can provide that assistance. We are always looking for seniors needing assistance and volunteers able to share their time. Contact Kelly Jacobs at 860-413-3327 to participate.

EG Cares Day, April 26th: The Spring EG Cares Day is scheduled! This is such a wonderful program where high school civics class students participate in assisting seniors of our town with various tasks, from raking, weeding, arranging furniture, painting, and more. This is such a great help to our town seniors. Call Kelly Jacobs to sign yourself (or a loved one) up: (860) 413-3327.

Rich Galluccio's Sunshine Fund: This fund was established to assist our town seniors with a spot of joy, sponsor a needed item,

or pay a fee for them. Many town seniors have been recipients of sunshine from this fund. If you know of someone needing a spot of joy or sunshine, please call Elise at Social Services to make the request: (860) 413-3328. This fund is made possible via donations made to the Rich Galluccio Fund, c/o Windsor Federal Bank, 21 Hartford Avenue, Granby, CT 06035. Please consider donating so we can assist our seniors with joy and sunshine or an essential need. The family of Rich Galluccio has also donated many hydrangeas to beautify the pond and grounds around the Town Center. Watch for the coming celebration to acknowledge this beautiful gift and placement of a service plaque in Rich's honor.

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Northern Connecticut Veterans Association

Next Meeting and Social Gathering will be held on Tuesday, March 25th at 6:00 PM at Town Hall. The Youth Action Council will give an information session and various veterans will also talk about their experiences. All veterans are welcome.

Free Pancake Breakfast will be held on Saturday, March 29th from 8:00 to 11:00 AM at the Senior/Community Center. Come see the Easter Bunny! Donations are accepted and everyone is welcome! Thank you to all who joined us for the Toys for Tots fundraising breakfast!

Veterans High School Scholarship: The application for our scholarship to a high school senior will be available at East Granby High School and is open to all East Granby residents who are high school seniors.

We are a 501(c)(3) non-profit organization that brings community awareness of veterans in East Granby and the surrounding towns. All veterans are welcome to join us. Want to know more? Email us at NorthCTVeterans@gmail.com.

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Citizen of the Year Nominations

East Granby Lions Club

The East Granby Lions Club bestows its Annual Citizen of the Year award at the East Granby Memorial Day Parade. The Lions Club is soliciting nominations from the general public for this prestigious award. This award honors an outstanding member of our community who has had a significant impact on East Granby through their volunteer efforts. This non-partisan award recognizes the selfless efforts of a neighbor whose sole goal has been for the betterment of our town. For more information or to submit a nomination, please contact Lion Dave at 860-324-8356.



Thank You From the G-4s Robotics Team

We wish to offer a heartfelt thank you to the community for your ongoing generous donations to our can and bottle drives. This is our primary source of funding, and we greatly appreciate your generosity and support. Keep an eye on the East Granby Community Facebook page for an announcement of the date of our next drive in a few weeks.

We also wish to send a big thank you to the following businesses and community organizations for their generous support: East Granby Greater Together Community Fund, PeoplesBank, and Constellation Energy.

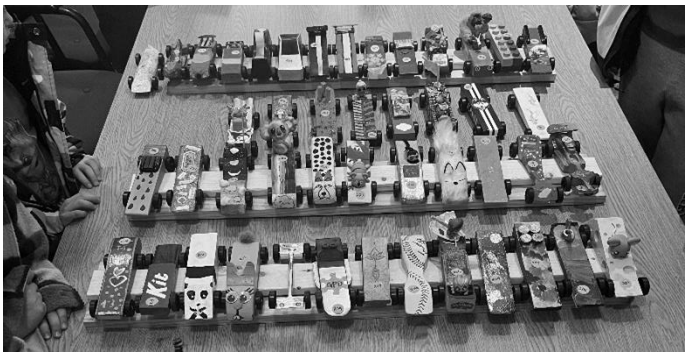


Our high school and middle school teams both qualified for the Connecticut State Championships, which took place in February. At the State event, the middle school team qualified for the World Championships, which will take place in Dallas, TX in May. We wish the middle school team good luck at the World Championships!

We will be looking for middle schoolers interested in joining our team. If your middle schooler has an interest in robotics, please keep an eye on the East Granby Community Facebook page in the upcoming weeks for additional information.

Girl Powered Pinewood Derby

On Saturday, January 18th, 46 Girl Scouts held a Girl Powered Pinewood Derby at the East Granby Senior/Community Center showcasing both their creativity and competitive spirit. The girls were given a race car kit and encouraged to customize it however they pleased; cars ranged from glittery fuchsia to a mouse atop a cheese wedge.



Before the racing began, the girls were tasked with understanding the importance of aerodynamics, weight distribution, and friction in their car designs. Some girls experimented with different shapes to reduce air resistance, while others adjusted the weight placement to maximize speed. Many also used tools to smooth their cars, ensuring that the wheels would spin freely with minimal friction. The process not only encouraged creativity but also introduced the girls to fundamental engineering concepts.



In addition, a variety of awards were distributed including Most Artistic, Best Paint Job, Most Aerodynamic, and a new category of Girl's Choice where participants voted for their favorite car among the group. The Fastest Car Award was won by a Daisy, with a record of 3.01 seconds! The day was a resounding success, filled with laughter and smiles, but also provided a learning experience for STEM and artistic creativity. These memories will follow the girls for years to come.

The Salmon Brook Service Unit (Girl Scout Troops from Granby, East Granby and Hartland) provides opportunities for girls of all ages to become involved with a variety of activities including community service. To learn more about Girl Scouts, to join a troop or to become a volunteer, contact Girl Scouts of Connecticut at customercare@gsofct.org or the Salmon Brook Service Unit at salmonbrook717@gmail.com.

No Cost Fundraising for Allgrove/Seymour PTO

The Allgrove/Seymour PTO collects Geissler's receipts to help raise funds to further support the curriculum in our elementary schools. The PTO receives five percent back on all receipts submitted through the Geissler's program. Receipts must be over $35 and less than six months old. Submit receipts throughout the year at the following locations:

- The Allgrove & Seymour School Offices
- East Granby Public Library (box behind the desk)
- East Granby Post Office (box located in lobby)
- East Granby Senior/Community Center (box in lobby)

Please submit receipts to any of the above locations as soon as possible so that they can be included in our next submission.

Join Us at the Cross

East Granby Congregational Church

The East Granby Congregational Church invites everyone to offer a prayer at the cross just outside our building, adjacent to Route 20, between the fence and the sidewalk. Members, passersby, and friends—everyone of any age is welcome to visit the cross, say a prayer, and then leave a ribbon tied to the structure as a visual representation of your sacred Lenten journey. You are welcome to bring your own (climate friendly) ribbon, one that holds special meaning for you, or use ribbon that has been donated. Ribbons are located outside in the bag attached to the stake, near the cross. The cross will be in place from now through Easter Sunday, April 20th. All are welcome to participate in this transformational activity of prayer, renewal, fellowship, and hope.

Capitol Update

Rep. Tami Zawistowski, 61st District



The legislative session continues to move forward, and public hearings are taking place almost daily on scores of proposed bills that have the potential to affect you, your family, and your business. To date, more than 3,700 bills have been filed but only a fraction of those proposals—roughly 10 percent—will make it through the committee process and to the full General Assembly for a vote and a chance to become state law. As each committee holds meetings, public hearings, and votes to decide which measures will advance, I urge you to keep up to date on the issues and where each bill stands in the process by checking the state's website at cga.ct.gov.

In response to conversations with constituents and advocates, this session I proposed several bills which are currently in various stages of the committee process, including several that have had or will have public hearings. Hopefully, these commonsense proposals will be called before the full legislature and become law.

One of the first proposals I put in this year will directly impact the men and women who provide so much to our veterans. I was shocked when Suffield VFW Post Commander Bill Moryto told me that non-profit veterans' organizations like his are required to pay sales and use taxes to the State of Connecticut for goods and services that ultimately benefit our communities. In response, I immediately introduced House Bill 5065 to exempt veterans organizations meeting certain criteria from these taxes, enabling them to devote the savings to their mission of supporting veterans. This proposal has already had a public hearing in the Finance, Revenue and Bonding Committee, and I'm encouraged by the support it received.

Another bill I introduced was at the suggestion of an East Granby resident. House Bill 5608 expands workers' compensation coverage related to PTSD for law enforcement (including corrections officers) and first responders. This bill became part of a larger bill and has had a public hearing in the Labor Committee where it is under further consideration. Similarly, I proposed HB 5028 to establish a personal income tax deduction for any stipend paid to a volunteer firefighter or volunteer ambulance member by a municipality, volunteer fire department, or volunteer ambulance association. If passed, this bill will provide a small measure of tax relief to the dedicated volunteers who give so much to keep our communities safe.

Another important issue I raised this year concerns the increased public use, and the annoying smell, of cannabis smoke in public parks and other public places. Based on the many complaints I've heard over the past year or so, I introduced HB 5166 and HB 5167 that will provide parity with tobacco smoking and alcohol consumption. If smoking tobacco or consuming alcohol is not allowed at a location, cannabis use should not be either, especially at locations where children are present and can be affected by the smoke. Under current law, cannabis can be smoked even where tobacco smoking is prohibited. It just makes sense to treat these substances consistently.

Protecting property owners from government overreach is why I proposed HB 5054, restricting use of eminent domain and prohibiting state and municipal governments from using the process to take private property for certain commercial uses. It's important that our local, state, and federal governments work on behalf of the people, not the other way around.

Energy costs are always an issue in Connecticut, and the recent increase in the public benefits charge caused major concern with ratepayers statewide. In an effort to help ratepayers and provide stability for the future, House and Senate Republicans proposed SB 647, a six-point plan to remove the public benefits charge from electric bills, cap state energy purchases to 150% of the wholesale cost, separate the Public Utilities Regulatory Authority (PURA) from the Department of Energy and Environmental Protection (DEEP), eliminate EV incentive programs, study ways to increase the state's natural gas supply, and redefine "Class 1 renewable energy sources" to include electricity generated from hydropower or nuclear facilities. The bill received a public hearing on March 6th.

If you need assistance with state matters or would like more information about a specific bill or upcoming public hearings you can email me at Tami.Zawistowski@housegop.ct.gov or call 800-842-1423/860-240-8700. You can also sign up for my email newsletter at www.RepZawistowski.com and follow my social media on Facebook @RepZawistowski and Instagram @RepZawistowski for the latest news and updates from the Capitol and our district.

EAST GRANBY FARMERS' MARKET

Showcasing local farmers & artisans

AUG & SEP FRIDAYS 3:30–6:30

Accepting applications for local vendors, nonprofits/organizations & musicians to join our marvelous market

Weekly, we showcase special guests including local organizations, sponsors and authors.
Each market has local live entertainment along with a kid zone activity area & a food truck vendor.
~~Keep an eye out for more adventures~~
Facebook: East Granby Farmers' Market
Instagram: bela_egfm
We are passionate about our mission and hope you will join us in our commitment to support/shop local at a great family friendly gathering space in our community. Profits go to the East Granby Library.

Let's Root for Each Other!

Email: eastgranbyfarmersmarket@gmail.com

Follow us on Facebook: Women's Club of East Granby

5K RIDGE RUN

East Granby, CT

16th Annual

USATF CERTIFIED COURSE



Starts at 10:00am
East Granby Farms
79 North Main St.
(RTE 187N)

WOMEN'S CLUB of EAST GRANBY

$35 Registration
$30 for family members
5 years and under FREE

FREE T-Shirt with Pre-Registration *by 4/12*

Saturday,
April 26, 2025

Scan QR Code to Register

Cash Prize!!

Refreshments

EAST GRANBY HISTORICAL SOCIETY PRESENTS

THE MECHANIAL BANKS OF THE J. & E. STEVENS COMPANY

BY RICHARD FRANKLIN DONOHUE



In 1869, the J. & E. Stevens Company of Cromwell, Connecticut began making iron banks that performed an action when coins were deposited into them. Mechanical banks quickly became popular with both children and adults throughout America and beyond. Today, mechanical toy banks are highly collectable and sell for thousands of dollars at auction, but that is only the beginning of this fascinating story. Join Richard Franklin Donohue, Historian for the Town of Cromwell, as he demonstrates a collection of mechanical banks and explains their history and the amusing tales that inspired their design. Witness Boss Tweed take kickbacks, one coin at a time. See William Tell shoot an apple from the top of his son's head with a penny! Watch a gentlemanly game of 1880s baseball from the third base line and help to feed a menagerie of animals, from frogs to bulldogs.

SAT., MAY 10, 2025 AT 3:00 PM • EAST GRANBY SENIOR/COMMUNITY CENTER

Free & open to the public • www.eastgranbyhistoricalsociety.org

DODGEBALL TOURNAMENT

Friday, March 28th
7:00 PM - 10:00 PM
EGHS Gymnasium

SIGN UP EARLY

DEADLINE TO REGISTER IS TUESDAY, MARCH 18, 2025

- $25 per team (5 players per team)
- Only first 20 teams accepted
- $5 Admission fee -- To cheer on your favorite team!

Players must be high school age or adults

-TEAM PRIZES
-50/50 RAFFLE
-CONCESSIONS
-MUSIC

2025 EAST GRANBY PROJECT GRAD EVENT
QUESTIONS: EGPROJECTGRAD2025@GMAIL.COM

Register your team online
SCAN ME

EGHS CLASS OF 2025

Project Graduation

HOSTS

BINGO NIGHT

Games - Fun - Cash Prizes

Friday, April 4th

Doors Open: 6:30 PM
Bingo Starts: 7:00 PM

$25 to play all 10 games

EAST GRANBY COMMUNITY CENTER
9 CENTER STREET, EAST GRANBY

Ten games with cash prizes awarded!
Prizes: $25: 6 games, $50: 3 games and $100 final game.
Additional cards: $1 each prior to each game.

Drinks and snacks for purchase.
All proceeds go to EGHS PROJECT GRADUATION!
Questions: egprojectgrad2025@gmail.com

friend to friend

Food Pantry & Thrift Shop

Dreaming of Spring!

The **Friend to Friend Food Pantry** continues to be quite busy. We're grateful for the steady support from our community. The pantry also sources additional avenues to support our clients. Volunteers perform weekly and monthly pick ups at Foodshare and Midwest Food Bank. A weekly pickup of bakery, bread and produce from Big Y in Simsbury is also a big help to our families. Before we purchase food, our shoppers scour grocery ads for the lowest prices. Shelve stockers sort by date and rotate stock to prevent spoilage or waste. Even our grant writing volunteers are busy submitting proposals to enhance our services including bus transportation, providing seasonal, locally grown produce and helping pantry students be able to get school hot lunch.

Join us this weekend at our **Cabin Fever Online Auction, Friday, March 14th at noon through Sunday, March 16th at 3:00pm.** Please visit our **Friend to Friend Thrift Shop Facebook page** and bid on your favorite items.

Our **Friend to Friend Thrift Shop re-opens on Tuesday, April 1st (no joke)**. We're excited to see everyone after our winter hiatus. The March 8th Donation Drop-Off Event helped us stock the shop. *Please note we accept donations throughout our shopping season until we close in mid-December.*

Finally, save the date for a very special **25th Annual Empty Bowls on Saturday, Oct. 4, 2025**. Details to follow in the next issue!

Food Pantry

To register with the Food Pantry call Elise at **Social Services, 860.413.3328** or email **elisec@egtownhall.com.** To volunteer or donate to the Food Pantry or Thrift Shop please call **860.413.9015** or email **friendtofriendeg@gmail.com**.

Non-perishable donation info

- **Items needed at the pantry: bake mixes, canned fruit, Chef Boyardee Ravioli, crackers, coffee, jar sauce, peanut butter, sugar, laundry detergent, paper towels and bath tissue.**
- Location drop offs: *outside* at the EG Community/Senior Center and EG Congregational Church or *inside* at the EG Public Library and EG Post Office. You can also purchase and donate at Geissler's Supermarket
- Monetary donations can be made at ***friendtofriendeg.com*** or mailed to: Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026

Thrift Shop

32 Spoonville Road, 860.413.9015
860.392.8362 (after hours)



Friend to Friend Food Pantry's

Cabin Fever Online Auction

on the Friend to Friend Thrift Shop Facebook Page

Friday, March 14 at noon – Sunday, March 16, 3pm

Thrift Shop opens, April 1, 2025.

Our Hours:

Tuesday: 10 a.m.-2 p.m.
Thursday: 2 p.m.-6 p.m.
Saturday: 10 a.m.-2 p.m.

Traprock Ridge Land Conservancy

Traprock Ridge Land Conservancy, formerly East Granby Land Trust, is a regional land conservancy comprising Bloomfield, East Granby, West Hartford and Windsor. Our mission is to protect open space and promote public appreciation of the natural environment across the region, protecting lands from the ridgeline to the rivers.

Upcoming Events:

Thursday, March 20, 2025 11 am, Vernal Equinox Weekday Hike, McLean Game Refuge, Granby
Margery Winters will lead this hike on the Esker trail to Spring Pond and then Kettle Pond where we might hear the wood frogs quack their spring mating calls. The 4-mile hike will include a stop at Julien's Farm Store for refreshments/lunch. Park at the corner of Simsbury Road and Barn Door Hills Road, Granby. *Co-sponsored by Simsbury Land Trust*

Saturday, March 22, 2025 9:30 am, Speer Preserve Hike, Bloomfield
This annual hike, led by John Cappadona, follows a short trail that connects to more remote sections of MDC Reservoir 6 and Talcott Mountain State Park – which can feel very much like one is in the deep woods. The route is easy to moderate and will last 1.5 to 2 hours. Meet at the cul-de-sac at the top of Juniper Road in Bloomfield.

Wednesday, March 26, 2025 6:30 pm, Sustainable Landscaping
Join us at the East Granby Public Library to learn more about sustainable landscaping practices to support local ecosystems. This presentation will be led by Arborist, Devin Savoy from SavaTree. Please register at egpl.org. Both hybrid and in-person options will be available. *Co-sponsored by East Granby Public Library*

Tuesday, April 22, 2025 10 am, Earth Day Weekday Hike, Auerfarm, Bloomfield
We will explore the Auerfarm State Park Scenic Reserve (Bloomfield) and MDC Reservoir 6 (West Hartford) on a recently created trail connecting these properties through the 4-H Center at Auerfarm. We'll spend 2 hours walking 2.5 miles along mostly level terrain discussing the history of the protection of these properties and area geology. Meet at the parking area adjacent to the Auerfarm Scenic Reserve sign. *Co-sponsored by Simsbury Land Trust*

Tuesday, April 22, 2025 3:30-5:00 pm, Earth Day Celebration, Granbrook Park
All kids are welcome to join East Granby Youth Action Council and TRLC to celebrate Earth Day by cleaning up trash around the park to keep our park healthy and safe. Afterwards, we will assist Environmental Protection Fisheries Biologist, Matt Devine release trout in Salmon Brook followed by other earth day activities. Please register at eastgranbyct.myrec.com.

Saturday, April 26, 2025 10 am, Mill Brook Park Hike, Windsor
This guided hike on winding trails through Millbrook Open Space (formerly Traditions Golf Course), led by naturalist Brad Robinson, will provide stunning views and the opportunity to spot wildlife in the heart of Windsor. Park at 147 Pigeon Hill Road. *Co-sponsored by the Windsor Conservation Committee*

Earth Day Clean Up Led by East Granby Senior, Josh Lemire
Sign up to pick up litter on 1 mile of East Granby roads the weekend of April 26-27, 2025 in honor of Earth Day. Sign up your organization or family/neighborhood/friend group at trlandconservancy.org. All groups who sign up will be entered into a raffle for 3 large pizzas from Pepperoni's Pizza.

Sunday, April 27, 2025 1 pm, Grand Opening of Hawk Hill Farm Tree Trail
Join Traprock Ridge Land Conservancy (TRLC), the Town of Bloomfield, the Connecticut Land Conservation Council and special guests for a conversation about the outstanding resources conserved at Hawk Hill Farm. There will be a short Arbor Day ceremony featuring several speakers and concluding with a ribbon cutting of an exciting new tree trail open to the public. The trail features 9 trees; 5 are "Notable" trees, meaning they are among the largest of their species in CT. The festivities are from 1-2:30 p.m. at Hawk Hill Farm, 20 Duncaster Road, Bloomfield. Light refreshments will be served and guided walks of the Tree Trail will be available. *TRLC's purchase of the 45-acre farm in 2015 was partially funded using CT Open Space and Watershed Acquisition grant funding.*

Visit trlandconservancy.org for more details on our events, including an upcoming Lyme Disease talk by Dr. Larry Zemel at the West Hartford Noah Webster Library and a forest therapy program at Stout Family Field in Bloomfield led by Dr. Zemel and Rev. Dr. Nancy Wright, a certified Forest Therapy guide.



EAST GRANBY
GREATER TOGETHER COMMUNITY FUND
at the
Hartford Foundation
FOR PUBLIC GIVING

GRANT APPLICATION DEADLINE:
Friday, April 4th

Find more information and download an application at
www.hfpg.org/eastgranbycf

Do you want to be a part of this rewarding work? We need your help!

The East Granby Greater Together Community Fund is in need of volunteers for our Advisory Committee. The group was created in 2020 and has awarded over $125K in funds from the Hartford Foundation to eligible parties for the benefit of East Granby and its residents. If you would like more information, please connect with us at eastgranbyac@hfpgcommunityfunds.org.

Connect with us:

✉ eastgranbyac@hfpgcommunityfunds.org
East Granby Greater Together Community Fund

East Granby Lions Club
Flea Market – May 3rd
8:00 AM – 2:00 PM*

The East Granby Lions Club is holding its annual Flea Market located at the East Granby Congregational Church Parking Lot (9 Rainbow Rd at the intersection of Route 187 and Route 20, **please note the venue change.**

Public: All are welcome to shop and browse for treasures!

Participants: please return your completed Registration Form and payment to the address indicated below. Checks and Venmo accepted.

Spaces are limited and go quickly!

Payment received prior to April 24th - $15.00 per space
Payment received after April 24th - $20.00 per space.
Space sizes are 15' x 20' and set-up time is 6:30 AM – 7:30 AM
Cars are not allowed in space areas from 7:30 AM to 2:00 PM.
Breakdown may not begin before 2:00 PM.
Snacks and Lunch will be available for vendors and visitors!
Please note: the Event will be held Rain or Shine

venmo

****

REGISTRATION FORM *** PLEASE TYPE OR PRINT LEGIBLY

NAME: _____ PHONE #: _____

ADDRESS: _____ E-MAIL: _____

CITY/TOWN: _____ STATE: _____ ZIP: _____

NUMBER OF SPACES: _____ PAYMENT TYPE Check _____ Venmo _____

Return completed form and payment to: East Granby Lions, 81 Kimberly Rd, East Granby, CT 06026
Contact: Lion David at (860) 324-8356



Scavenger Hunt

Friends of Old New-Gate

Sunday, May 4, 2025
10 am to 5 pm

Old New-Gate Prison and Copper Mine
115 Newgate Road
East Granby

Put together a team of friends or family.

Register at Eventbrite

https://www.eventbrite.com/e/fong-scavenger-hunt-registration-1263117260729

Game Rules

Welcome to the Old New-Gate Scavenger Hunt! The Friends of Old New-Gate (FONG) hope that you will find this event entertaining and informative for your entire team. We are a small non-profit organization dedicated to maximizing the publics' use and knowledge of this one-of-a-kind historic location and appreciate your ongoing support.

1. The game objective is to discover as many scavenger items as possible within a 45-minute period
2. Winner will be determined by the greatest number of discoveries in the shortest elapsed time
    - Points will be deducted if the allotted time is exceeded (45 minutes)
3. Discovered location item tag number to be recorded on Discovery Sheet to prove discovery
4. There will be 3 prizes
    - 1st prize plaque with $100 local restaurant gift card
    - 2nd prize plaque with $75 local restaurant gift card
    - 3rd prize plaque with $50 local restaurant gift card
5. Teams can have between 2 and 5 members
    - 2-member team is $20 to play
    - 3 – 5-member team is $25 play
6. First team starts at 10:00 AM
7. Last team starts at 4:00 PM
8. Teams will launch at 15-minute intervals



Old New-Gate Prison & Copper Mine

Museum Opening

May 9th, 2025

Friday - Monday

10:00 AM - 4:30 PM

Save the Date: Friends of Old New-Gate Scavenger Hunt

May 4th, 2025

Registration Required

Details Coming Soon

Exciting News

We are grateful to the Friends of Old New-Gate for applying and receiving funding through the Museum Makeover Program for the design and installation of a new exhibit in the museum Guardhouse. This interactive exhibit will focus on New-Gate's Incarcerated population from 1773-1827. Stay Tuned!

Interested in joining the Friends of Old New-Gate; reach out to friendsofnewgate@gmail.com

Museum Makeover Program

America 250 | CT Museum Makeover a program of Conservation ConneCTion and the America 250 | CT state commission, administered by CT Humanities (CTH), with funding provided by the Connecticut State Department of Economic and Community Development/Connecticut Office of the Arts (COA) from the Connecticut State Legislature.

OLD NEW-GATE 1773

PRISON & COPPER MINE

79 North Main Street | East Granby, CT
Mailing Address: 9 Center Street, East Granby, CT 06026

phone : 860-653-7660 | fax : 860-413-3702
e-mail : eastgranbyrecreation@gmail.com
www.eastgranbyrec.com

Spring & Summer 2025

Please scan the QR Code above or go to EastGranbyRec.com *for more information and to register for any of the programs listed in this booklet. We offer a wide range of programs, activities, and events for members of our community from ages 0-99 and are adding new things all the time, so check back often! Payment plans are now available, if needed. Please call the Parks & Recreation Office to discuss options: (860) 653-7660.*

Adult Activities

Adult Painting in Watercolor

Designed for all experience levels, guidance is provided on drawing, color theory, composition, design elements and watercolor technique.
Tuesdays, 7:00 - 9:00 pm or
Wednesdays, 9:30 - 11:30 am

Slow Flow Vinyasa Yoga



This class is great for those newer to yoga or those wanting to slow it down in a basic flow class. **Monday & Thursday evenings - see our website for the complete schedule incl. dates & class locations**

*Yoga students may add a **Reiki** session immediately following class to enhance their yoga practice*

Learn to Meditate

Learn how to reduce stress**,** sleep better**,** and practice mindfulness through meditation**.**
Spring dates coming soon!

Adult Drop-In Basketball



This drop-in program is for anyone 18+. Different teams are made weekly, and the number of participants is limited to twenty. We encourage you to register in advance. **Wednesdays, 7 - 9 pm, at EGHS**

Adult Tap Dance (Ages 16+)

Tap dance is a great workout that combines creative expression, rhythm, syncopation, sound, and movement, while also enhancing reflexes, memory, and coordination. **Spring Session begins March 26**

Bus Trips & Events

Springtime in New York City

Enjoy a day in the city on your own! See a Broadway Show, go shopping, explore Central Park, or visit a museum, and leave the driving to a professional luxury Coach Bus driver!
Saturday, May 10, 2025

Bronx Zoo



Relax and enjoy the journey to the Bronx on the luxury Coach bus then enjoy the Total Experience Deluxe package - zoo shuttles, Wild Asia Monorail, Bug Carousel, Children's Zoo, the New 4-D Theater, & the Congo Gorilla Forest.
Monday, August 25, 2025

Paint Night with Create & Paint Fun



Grab your friends or come solo and meet new ones! Join Nina, the owner of Create and Paint Fun, for a fun, step-by-step painting class. You'll use acrylic paints to create a spring-themed sunflower on an 11x14 canvas. **Friday, May 2, 6:00 – 8:00 pm**



Save the Date!

LAST BLAST OF SUMMER *Concert*

FUN FOOOD!!!

LIVE MUSIC

FRIDAY, AUGUST 22, 6:00 - 8:00 PM | RAIN DATE: 8/24

EASTER EGG HUNT

PRE-K - GRADE 2

Saturday, April 12
10:00 am *SHARP*
South Entrance (main lot)

GRADES 3 - 5

NEW
Flashlight Egg Hunt
Thursday, April 10, 8:00 pm
North Entrance (lower lot)

Please bring a basket or bag to collect your eggs, and a non-perishable food item to donate to the Friend to Friend Food Pantry

East Granby Farms, 79 North Main Street

Rain or Shine!

Preschool Activities



Toddler – Preschool Playgroup

An opportunity for caregivers and their little ones to learn and play together while connecting with other families.
Mondays, 3/31 – 6/2, 9:30-10:30 am
EG Farms Recreation Building

Soccer Shots

This high-energy program introduces children to the fundamentals of soccer, through fun games, songs, and positive reinforcement. **Wednesdays, 4/30–6/4**
2-3 yr olds 4:30-5:00 pm | 3-5 yr olds 5:15-6:00 pm

Flag Football Future Ballers

An introductory program for 4-5 yr olds, designed to teach basic football skills using appropriately sized equipment, fun challenges, activities, and games!
Mondays, April 21 – June 2, 4:45-5:30 pm

After School Programs

ART-Ventures (K – 5)

From painting unicorns to sculpting clay witches, young artists will craft spooky and sweet creations like monster t-shirts, magical castles, and UFOs, all while learning fun art techniques in painting, ceramics, and more.
Thursdays, April 3 – May 15

Youth Sports & Activities

Recreational Dance Program

Weekly classes for boys and girls, ages 2+, including Tap & Ballet, Jazz, Hip-Hop, Tumbling, Musical Theater, and Acro.
Spring Session begins March 22nd
Spring Recital June 1st

NFL Flag Football

NFL Flag Football is a premier youth program for boys and girls, ages 6-14, offering a fun, non-contact sport that teaches teamwork through continuous action.
Spring 2025 Season: April 7 - June 7
The registration deadline is 3/17, no exceptions

Introduction to Horseback Riding

Want your child to learn or improve their riding skills? Join the instructors at End of Hunt Equestrian Center in Suffield for introductory lessons for youth ages 3–17. **Spring Session: Tuesdays, May 6-20**

Wicked Workshop

Join Erin Dugan and Jenna Rooney for a fun workshop for 4th-8th graders and learn the iconic song "What Is This Feeling?" from *Wicked*. Sing along while mastering vocal techniques and simple, fun choreography.
Friday, April 4, 5:00 – 6:30 pm

Follow us on social media: /EastGranbyRec @eastgranbyrec

EG Farms Playscape Update



Thanks to the generosity of local businesses, the **Hartford Foundation for Public Giving East Granby Greater Together Community Fund**, and ARPA Funds, we've been able to purchase a new playscape for ages 2-12 at East Granby Farms. It has arrived and is currently in storage, waiting for the spring thaw!

Over the past few weeks, the Parks & Recreation Commission, staff, and resident volunteers have been working hard to raise funds for playground mulch, timber borders, ADA accessibility mats, and a few additional pieces requested by children during the planning phase.

We are pleased to report that the funds have been secured for everything required for installation of the new playscape structure and ground cover! Now, we are in the final push to gather the funds for these additional pieces to make our playground complete:



Log Crawl Thru

Kids can climb over or crawl through this realistic, hand-sculpted fallen log, making for a fun hideaway and a durable addition to our play area.



Duo Rocker

The Duo Rocker is an inclusive, spring rider for two kids with supportive seats and a divider, designed for sensory-friendly play.



Duo Spinner

The Duo Spinner offers inclusive, motion-based play for two kids with supportive seats and a partition for comfort and sensory-friendly play.

During the planning phase of our project, we informally surveyed children in the community at events, programs, and while playing on the tractor play structure at East Granby Farms. Their feedback was overwhelmingly in favor of multi-seat spring riders, spinners, and a log-like structure to climb on and through. To purchase these items and include them in the installation of the new play structure this spring, **we just need to raise an additional $20,000!**

A big THANK YOU to everyone—individuals, organizations, and businesses—that has helped us get this far. We are grateful and excited to see what our community can accomplish when we work together! We would also like to recognize our generous sponsors who have supported this project:

Community Supporter ($250) Sponsors:
AdEmbroidery/ Graphic Promotions, Inc., Caldwell's Excavating and Grading, Inc., COPART, Drago's Kitchen LLC, East Granby Motors, Express Software Production, F&L Construction LTD, New England Fleet Services, Signs Plus, Inc., Simtech, Inc., SNE Building Systems, Inc., and The Print Hub

Joy Builder ($500) Sponsors:
Alston Clinical Private Practice, PLLC, Berkshire Hathaway Home Services, East Granby Congregational Church, Farmington Valley Plumbing, Fillmore Express, Inc., Newgate Builders, Inc., Talcott View Development Co., Inc., and Turkey Hill of East Granby/ Fish Enterprises

Imagination Leader ($1,000) Sponsors:
R&R Power Equipment of New England and Windsor Pediatric Dentistry

Playground Champions ($3,000+):
Brignole Vineyards and The Plunge Consultants

You can help by visiting our online fundraising page via the QR code below. *Every contribution, big or small, brings us one step closer to bringing this awesome new playground to life!*

If you own a business and are interested in sponsorship opportunities, please reach out to Alicia Van Neil, Director of Parks & Recreation, at aliciav@egtownhall.com.

Let's make this happen *TOGETHER!*



Children's Summer Camps & Programs

As warmer weather approaches, it's time to plan for a fun-filled summer! In this section, you'll find information about East Granby Parks & Recreation's summer camps and program offerings. From sports to arts, there's something for everyone. As always, for the most up to date information, see our website: EastGranbyRec.com. Payment plans are available; please call the Office to discuss your options: (860) 653-7660.

Mini Adventurers Camp | Ages 3 – 5

The program is for children aged 3 (by the start of camp) through those not yet in kindergarten. *All participants must be potty trained.* This half-day program offers fun mornings filled with crafts, music, games, and more! With indoor and outdoor activities, plus special guests, kids will have a blast.

Week 1: July 7 – 11 | Superhero Training Camp: Unleash your inner superhero! Campers will enjoy superhero-themed games, make capes and masks, and discover their unique superpowers. We'll also have visits from Community Heroes to help us learn how to use our powers for good!

Week 2: July 14 – July 18 | Under the Sea & at the Beach: Dive into the ocean! Campers will explore the underwater world, meet sea creatures and mermaids, enjoy beach fun, and create beach-themed projects.

*** Week 3: July 21 – July 25 | Space Exploration:** Blast off on a space mission! Campers will explore the universe, meet friendly aliens, and train as astronauts through fun crafts and activities.

*** Week 4: July 28 – August 1 | Pirates and Princesses:** Ahoy, adventurers! Join us for a week of pirates and princesses, featuring treasure hunts, crafts, and magical fun. Let your imagination set sail!

*** Week 5: August 4 – August 8 | Animal Kingdom & Jungle Safari:** Explore the jungle! Campers will discover wild animals, create tropical landscapes, and enjoy imaginative play while learning about the rain forest.

*** Week 6: August 11 – August 18 | Colors of the Rainbow:** Explore the colors of the rainbow! Campers will create colorful crafts and discover how colors brighten everyday life.

* We're excited to offer the **Mini Adventurers Kindergarten Extension** this summer for Weeks 3-6!
This optional extension runs from 12:00 - 2:00 pm for campers starting kindergarten in Fall 2025. We'll eat lunch together and focus on key skills to help ease the transition to kindergarten, including letters, numbers, name spelling, and early school routines.

Camp Granbrook | Ages 5 – 12

This is our day camp for children who are at least 5 years old and have completed kindergarten, through age 12 and entering 5th grade. Daily activities include arts and crafts, sports, games, music, special guests, and field trips!

2025 Themes Weeks *COMING SOON* See EastGranbyRec.com for more information:

Week 1: June 23 – June 27
Week 2: June 30 – July 3 (4-days)
Week 3: July 7 – July 11
Week 4: July 14 – July 18
Week 5: July 21 – July 25
Week 6: July 28 – August 1
Week 7: August 4 – August 8
Week 8: August 11 – August 15

The camp day begins at 8:00 am each day and ends at 3:30 pm. For our campers, who may not want a full-day experience, we offer a half-day option that runs 8:00 am - 12:00 pm.

Fairytale Fantasy Dance Camp | Ages 3 – 6

Watch your little dancers enter a magical world where they can leap like fairies, twirl like princesses, and dance like royalty. This exciting week will feature ballet, tap, jazz, and acrobatics, along with storytelling and creative play, as they bring beloved fairy tales to life through dance and imagination! **July 14 – 18, 1:00 – 3:00 pm**

Ahoy! Mermaid & Pirates Dance Camp | Ages 4 – 7

Dive into an undersea adventure with mermaids and pirates, featuring daily tap, ballet, jazz, and acrobatics classes. Learn new ocean-inspired moves and enjoy stories and crafts from under the sea! This camp is perfect for boys and girls who love mermaids, pirates, Moana, and ocean-themed dance activities. Come have fun walking the plank with us! **June 23 - 27, 9:00 - 11:30 am**

A Wicked Awesome Dance Camp Adventure | Ages 7 - 12

Whether you're a Glinda at heart or ready to embrace your inner Elphaba, join us for a wicked awesome week of dance and defy gravity with daily classes in tap, ballet, jazz, acro, and hip-hop, all set to your favorite Oz-ian tunes! This magical week will take you over the rainbow. **June 23 – 27, 1:00 – 3:30 pm**

Summer Acro/Tumbling Workshop | Ages 7 – 12

This camp is for gymnasts who want to take their acro and tumbling abilities to the next level.
Session 1: June 23 – 27, 4:00 – 5:30 pm | **Session 2:** July 14 – 18, 3:30 – 5:00 pm

Fairytale Fantasy Dance Camp | Ages 3 – 6

Watch your little dancers enter a magical world where they can leap like fairies, twirl like princesses, and dance like royalty. This exciting week will feature ballet, tap, jazz, and acrobatics, along with storytelling and creative play, as they bring beloved fairy tales to life through dance and imagination! **July 14 – 18, 1:00 – 3:00 pm**

Art-Ventures with Pigasso and Mootisse | Ages 5 – 12

Art explorers will learn about famous artists like Picasso, van Gogh, and Matisse, and discover the unique materials and techniques they used. This fun-filled week includes creative 3-D projects like tie-dyed t-shirts, decoupaged paper mâché stars, leather wristbands, celestial stained glass, emotion collages, mosaic art, and much more! **July 21 – 25, 1:00 – 4:00 pm**

Art-Ventures Splish, Splash Art Blast | Ages 5 – 12

This week of ART-ventures sparks creativity and exploration as we dive into the underwater world of seahorses, sea turtles, and other sea creatures. Kids will design beach hats, sunglasses, and t-shirts, create ocean slime, and make seashell boxes and clay octopuses. They'll also paint ceramic fish banks, design ocean creature stuffed animals, and explore painting, printmaking, stained glass, ceramics, mosaics, and more!
August 11 – 15, 1:00 – 4:00 pm

Mrs. Lepak's Summer Music Explorers | Entering Grades 1 – 3

Join Mrs. Lepak, Allgrove & Seymour Music Teacher, for a week of music-making fun! Kids will enjoy singing, piano lessons, xylophone exploration, and drumming sessions while learning music basics and fostering creativity and teamwork. The week will end with a mini performance for parents and guardians on Friday.
July 14 – 18, 9:00 – 11:00 am

Mad Science: Eureka! Invention Camp | Grades 1 - 6

EUREKA! Invention is a hands-on program where kids use basic materials, simple machines, and their creativity to solve challenges. They'll build catapults, forts, working light sticks, and circuits with batteries and light bulbs. Join us for four days of fun and invention. **June 30 – July 3, 9:00 AM – 12:00 PM.**

Broadway Musical Workshop | Grades 3 – 8

Under the guidance of professional director Erin Dugan, kids will learn acting, singing, and dancing skills in a positive atmosphere. They'll explore classic Broadway shows like *Wicked* and *Seussical* through music, dance, and acting over the course of four days. No experience necessary! **July 7 – 10, 3:00 - 4:30 pm**

Circuit Labs Summer | Grades 4 – 7

Hands on Electronics: Explore electronics and learn the basics of computer programming! Students will start with electronics and circuitry fundamentals, then move on to designing interactive, programmable devices using tools like Arduino and Raspberry Pi. They'll experiment with LEDs, resistors, motors, and coding, creating hands-on projects with the help of experienced instructors. **July 21 – 25, 9:00 am – 12:00 pm**

App Inventors: Curious about how apps work or have an app idea of your own? In this beginner-friendly course, you'll use MIT App Inventor to create fun apps for Android devices. You'll also learn how to build custom Bluetooth controllers and readouts for your apps. With the help of Circuit Lab instructors, you'll explore both the programming and design of app creation and build your own app! **July 21 – 25, 1:00 – 4:00 pm**

Circuit Labs Summer | Grades 1 – 3

Circuit Makers 101: Get creative with electricity! In this junior version of our Hands-On Electronics class, students will design light-up greeting cards, electric games, mazes, and even musical instruments. Each class includes a lesson on circuitry and a hands-on project using lights, buzzers, motors, and sensors. Circuit Lab staff will guide students to create a project they can be proud of, with most days featuring a take-home project.
August 11 – 15, 9:00 am – 12:00 pm

Robot Commanders 101: Learn how software works with robots in this fun, hands-on class! Students will write, debug, and run programs to control robotic devices. Using code, they'll turn Sphero SPRK+ robots into Magic 8 Balls, create Red Light/Green Light games and Pong, and use Unruly Splats for voting machines, relay races, and more. **August 11 – 15, 1:00 – 4:00 pm**

Food Explorers: Farmers Market Fresh Seasonal Baking | Grades 2 – 6

Join Food Explorers for a week of baking with fresh, seasonal ingredients! Each day, you'll make two new recipes using summer produce like peach upside-down cakes, tomato galettes, mixed berry shortcakes, and apricot rolls. All recipes are nut-free, vegetarian, and contain dairy, eggs, and gluten.
June 30 – July 3, 1:00 – 4:00 pm

Fun 4 All Summer Programs | Ages 6 – 12

LEGO Moving Marvels: Step into the world of motion and mechanics at LEGO Action: Moving Marvels! Campers will explore gears, motors, and robotics, building LEGO creations that move, like racing cars and machines. Each day offers hands-on activities that inspire curiosity and creativity. Whether your child is new to LEGO or an experienced builder, this camp will fuel their passion for engineering and innovation.
July 28 – August 1, 9:00 am – 3:00 pm, Holcomb Farm Workshop (Granby)

Outside the Lines: Let your creativity run wild in this imaginative art program! Kids will explore many different art mediums and techniques to create unique masterpieces, from large-scale murals to intricate mixed-media projects. Every day brings a new theme to explore, encouraging young artists to think outside the box and embrace their artistic freedom. **August 4 – 8, 9:00 am – 3:00 pm, Holcomb Farm Workshop (Granby)**

Horsemanship Summer Program: Introduction to Horseback Riding | Ages 5 – 17

The summer horseback riding program, led by instructors from End of Hunt Equestrian Center, is perfect for both beginners and experienced riders looking to improve their skills. The program focuses on safety, horsemanship, and stable management, with daily riding lessons and fun activities.
Session 1: July 7 – 11, 9:00 am – 1:00 pm | **Session 2:** July 14 – 18, 9:00 am – 1:00 pm

East Granby Basketball Summer Camp for Boys | Ages 8 – 14

Join Head Coach Joe Serfass and the East Granby High School Boys' Basketball Team for a week of fun and skill-building! Campers will learn dribbling, passing, shooting, rebounding, and defense through age-specific drills, competitions, and games. **July 7 – 10, 9:00 am – 12:00 pm**

See our website for the most up-to-date program & event information:
www.EastGranbyRec.com

East Granby Basketball Summer Camp for Girls | Ages 8 – 14

Join Head Coach Doug Knowe and the East Granby High School Girls' Basketball Team for a week of fun and skill-building! Campers will learn dribbling, passing, shooting, rebounding, and defense through age-specific drills, competitions, and games. **July 21 – 25, 9:00 am – 12:00 pm**

Kara Wolters Dream Big Basketball Camp for Girls | Grades 4 – 10

This basketball camp is designed to teach girls the basics of the game while helping them build confidence, character, and life skills. It focuses on creating a fun, friendly, and educational environment where players can improve both on and off the court. Led by UConn legend, Olympic Gold Medalist, and Women's Basketball Hall of Famer Kara Wolters, this camp includes skills and drills, experienced coaches, and guest speakers to help develop players' abilities and personal growth. amp t-shirt is included with registration
July 14 – 17, 9:00 am – 3:00 pm, Friday, July 18, 9:00 am – 2:00 pm

Tennis Lessons | Ages 6 – 15

Lessons are designed for beginner and intermediate players, grouped by age for social comfort. Players will learn basic skills such as forehand and backhand groundstrokes, volleys, approach shots, overhead serves, court awareness, footwork, scoring, and playing games. The instructor will adjust drills to fit each participant's level.
Week #1: June 23 – 26 | **Week #2:** July 7 – 10 | **Week #3:** August 11 – 14

Flag Football Summer SKYHAWKS | Ages 7 – 12

Skyhawks Summer Flag Football is a great introduction to football or a chance to improve skills for league play. Boys and girls will learn passing, catching, and defense in a fun, safe environment with minimal contact. The week ends with the Skyhawks Sports Super Bowl, where participants can showcase their skills.
Session 1: July 7 – 10, 9 am – 3 pm, in Granby | **Session 2:** August 4 – 7, 9 am – 3 pm, in East Granby



Follow us on social media: /EastGranbyRec @eastgranbyrec

East Granby Youth Services

Alicia Van Neil, Supervisor
aliciav@egtownhall.com

Mason Briddell-Williams, Program Coordinator
mason@egtownhall.com

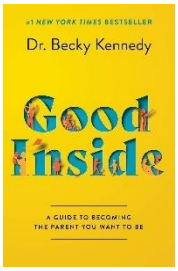
Becky Hayes, Program Coordinator
beckyh@egtownhall.com

Office Location: 79 North Main Street
Mailing Address: 9 Center Street, East Granby, CT 06026
Phone: 860-653-7800 | Website: www.eastgranbyct.org/youth-services-bureau

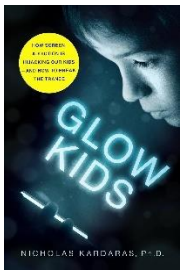
★ **The Commission on Youth Services (CYS) is currently seeking new members, including a representative of law enforcement.** This advisory board supports the Youth Services Bureau's mission and staff. Meetings are held on the 3rd Monday of each month and are open to the public. Please contact the Youth Services Office for more information.

★ **Counseling Services:** If your child or family needs counseling, contact the Youth Services Office for a referral to therapists who specialize in emotional, behavioral, and mental health and accept your insurance.

Upcoming Parenting Programs



Good Inside Book Discussion: Struggling with uncertainty and self-blame as a parent? Join us for a discussion on *Good Inside: A Guide to Becoming the Parent You Want to Be* by Dr. Becky Kennedy, a psychologist known as the Millennial Parenting Whisperer. Her approach focuses on connection over correction, helping you build confidence and strong family leadership. This book offers practical strategies for parenting kids of all ages, promoting emotional intelligence and resilience. Let's talk about how to apply these empowering solutions in your own family. **Thursdays, March 6 – April 3, 6:30 – 7:30 pm, EGMS Library**



Glow Kids Book Discussion: Join us for a one-time book club discussion on *Glow Kids: How Screen Addiction Is Hijacking Our Kids — and How to Break the Trance* by Nicholas Kardaras. This book explores the impact of excessive screen time on children's brain development, behavior, and well-being. A representative from the Farmington Valley Health District, in collaboration with East Granby Youth Services, will lead the discussion and provide insights on managing screen time in a healthy way. This is a great chance for parents to connect, share concerns, and learn strategies for navigating the digital world. **Thursday, April 10, 6:00 pm. Register at egpl.org**

Love & Logic Parenting Children with Special Needs: This four-week parenting program, co-sponsored by East Granby Public Schools and East Granby Youth Services, is designed for parents with children with disabilities. It covers topics like mindset, grief with new diagnoses, effective parenting techniques, advocating for your child, managing stress, and finding hope and humor. Parents will learn how to reach discouraged learners, set healthy expectations, teach life skills, and empower their children toward success. **Thursdays, May 1–22, 6:00 – 7:30 pm. Register at EastGranbyRec.com**

Join the East Granby Middle School Youth Action Council and have fun with family and friends on the ice!

OPEN TO ALL EAST GRANBY RESIDENTS

THE GREAT SKATE!

SATURDAY, MARCH 29, 4:10-5:10 PM

ENFIELD TWIN RINKS, 1 PRIOR ROAD, ENFIELD CT

$8 PER PERSON
PLEASE REGISTER IN ADVANCE
EASTGRANBYREC.COM



/eastgranbyyouthservices

@eastgranby_youthservices

EAST GRANBY PUBLIC SCHOOLS

(Article by Marjorie Light, Director of Curriculum and Professional Development)

Pathways to Professions

Two of East Granby's partnerships allow our high school students to get hands-on experience, while receiving training for a career following graduation, and both are in the Career and Technical Education (CTE) realm for Manufacturing, Technology, and Engineering (MET). One program is through Goodwin University, while the other is at Asnuntuck Community College. Both programs have the students attending classes at East Granby High School in the morning before being transported to their respective locations for the afternoon.

Early College Advanced Manufacturing Pathway (ECAMP) at Goodwin University in East Hartford "prepares students for careers in the field of Advanced Manufacturing" and "brings together collegiate-level preparation in partnership with school district and industry partners through the Greater Hartford region." (see ECAMP site)

Technology Studies: Welding through Asnuntuck gives students a year-long experience with welding principles, teaches safety and welding to code, as well as having students read and interpret blueprints. Students also learn mathematical applications related to the welding trade. Participants have hands-on experience welding, as well as take a variety of courses.

This year, we have two students attending the Early College Advanced Manufacturing Pathway at Goodwin: James du B and William C. The students enjoy the change of environment during their afternoons, giving them a chance to meet other people. James said he likes the coursework they do at Goodwin, as it focuses on his interests and is more targeted to the future he wants to pursue. One of the current courses our students are taking at Goodwin through ECAMP relates to Lean Manufacturing, a philosophy to make manufacturing more efficient, which started in the US with Ford, but was developed and improved by Toyota in Japan.

Through Goodwin, in a program started four years ago, students can participate in paid internships, which often leads to employment offers. One such opportunity is the placement offered at Kaman Corporation in Bloomfield, an aerospace company. James works there two afternoons a week, learning to make helicopter parts, using calipers to meet specs, and testing them with go/ no go plugs to ensure proper fittings. James is looking forward to turning 18, where he'll be able to operate the CNC machinery. His suggestion? If you are considering ECAMP, "Go for it! Take advantage of this opportunity…even if it isn't your career path, it's a great education and you build a great work ethic."

School counselors Lindsay Cuadras and Courtney Prendergast recommend these programs to students who enjoy hands-on learning and want to gain experience in the manufacturing field. Two former graduates who completed the Goodwin program both secured jobs with the companies with their apprenticeship companies. Prendergast said, "It's exciting to see students leave here [EGHS] with a certification and a career. I've kept in contact with one, and they are saving money to buy their first house, which I can't imagine thinking about at age 19."

The welding program at Asnuntuck currently has four students participating: Lindsey M., James T., Noah S., and William VN. All agreed that learning welding was an important skill, even if you decide to seek a different career path upon completion. William and Lindsey shared that the first semester has a Math for Welding course, while the second semester involves a blueprint class. Noah cautioned that students pursuing this program should take it seriously, so you won't fall behind in your studies. Lindsey recommended the program, as it "introduced so many new ideas and concepts to my skill set. Getting hands-on experience and taking classes that aren't available at the high school is an amazing opportunity that no one should pass up!" James T. said he chose the ACC program because he'd heard that it was really good with great instructors. He's looking forward to continuing the program after graduation for certification.

Prior to their experiences at Goodwin and Asnuntuck, the students all had courses with Ms. Meunier, our East Granby High School Manufacturing, Engineering, and Technology (MET) teacher. Students can take Advanced Manufacturing I, Adv. Man. II, Engineering, Architectural Design, and Drones I & II at EGHS. Many students who love hands-on learning sign up for as many of the classes as possible. James deBois shared that student are engaged in Ms. Meunier's class because the projects are interesting. Students might create custom ballpoint pens with a desktop lathe, design signage, guitar picks, or charcuterie boards using the CNC machine, or print CO2 car parts on the 3D printer.

East Granby High School offers a variety of pathways for students, not only in Manufacturing, but also Digital Arts, Health Sciences, Business Math, and Culinary Arts. Additionally, students can earn credits for UCONN and other CT universities through our Early College Experience (ECE) partnership across many disciplines. Find more information on the EGHS School Counseling page for students.

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Resources: Connecticut State Colleges and Universities. *Asnuntuck Community College*. Connecticut State Colleges and Universities, www.ctstate.edu/locations/asnuntuck

Goodwin University. *Half-Day E-Camp*. Goodwin University, www.goodwin.edu/landingpages/ecamp-half-day

East Granby Middle School Honor Roll

Second Quarter 2024-2025

HIGH HONORS

GRADE 6

Brayden Adams
Christopher Alford
Cashton Augsberger
Naomi Aviles
Alice Ball
Gagana Bandikallu
Andrew Boehm
Joshua Bowman
Muhammad Bukhari
Jaxson Burns
John Coleman
Emma Dion
Harrison Dziedzic
Ashley French
Dylan Hamilton
Jayden Hines
Sarah Holjes
Lukah Hong
Alyssa Lengyel
Kaytian Lott
Aniya Maharjan
Efremia Moumoulidis
Advaith Nagamalla
Mary Nagle
Alexa Nelson
Natalie Passeri
Vincent Pescitelli
Donny Pimentel
Jackson Puza
Gavin Rolfe
Lincoln Thompson
London Thompson
Isabella Torres
Kaitlyn Triblets
Ryan Turisco
Simone Verma
Bailey Wagner
Landon Wilkey

GRADE 7

Brantley Alexander
Colton Alexander
Cayden Blakeslee
Sofiia Boiarchuk
Alexa Bristol
Emily Catter
Luciana Catter
Connor Cavanaugh
Scarlett Cestero
Logan Conklin
Ella Criscitelli
Cole Dallesander
John Daly
Alexander Dean
Aliana Delvalle
Kylie Devane
Vivaswath Donkada
Zain Ejaz
Landon Estabrook
Cassandra Fairlie
Oakley Ferguson
Oliver Gaudette
Jackson Gentile
Veronica Goncalves
Swastika Gupta
Andrew Houghton
Tucker Johnson
Morgan Krason
Hunter Marinelli
Jonathan Mazzaferro
Liam McKay
Brody McKenna
Morgan McKenney
Rachel Mullane
Darsitha Nair
Ethan Nelson
Charlie Olszewski
Georgia Palmbach
Pranitya Penujuri
Micah Perera
Akshara Rajesh
Gavin Richter
Quinn Skinner
Christina Spiriti
Nischala Vegesana
Kelsea Walsh
Alexander Zygmunt

GRADE 8

Mohid Ahmed
Henry Ball
Avery Bednarz
Julian Bento
Sydney Bloom
Hannah Bouchard
Mackenzie Brooks
Abbygail Cole
Lillian Cole
Joseph Copeland
McKenzie Cormier
Mason Cosker
Emma Gerken
Ryan Hamilton
Chloe Hayes
Isabella Herivaux
Brooke Hines
Alan Joby
Lylah Jones
Kayla Lengyel
Kiele Lizon
Everett Lowman
Gemma Masson
Joseph Pyskaty
Gideon Rich
Ashley Robison
Charlotte Rutkowski
Lily Thompson
Quinn Thompson
Ethan Zhang

HONORS

GRADE 6

Ayaan Ahmad
Mia Doncet
Brianna Maillet
Lucy Maisch
Rowan Roberts

GRADE 7

Andrii Behin
Vincent Caron
Gabriel Crespo
Isabella Czuprynski
Mark Dion
Brianna Gaedje
Ryan Laing
Payton McPherson
Mariana Mireles
Trevor Plaisted
Chris Stevens

GRADE 8

William Adams
Alexander Bissell
Bartlett Clark
Jason Dlugolenski
William Fortier
Cameron Grabowski
Sophia Leadbeater
Adya Maharjan
Lacey Payette
Addyson Russo
Dylan Sandora
Mason Schlagenhauf
Zayvion Shanks
Zachary Smith
Evan Spencer
Makar Tkachenko

East Granby High School Honor Roll

Second Quarter 2024-2025

HIGH HONORS

GRADE 9

Abigail Abrham
Maham Ejaz
Samuel Forero
Ivan Gao
Maria Gonzalez Cortes
Ian Griffin
McAzyh Hercule
Madeline Lundell
Wesley Namnoun
Logan Nicolle
Vanessa Passeri
Hailey Popella
Tyler Rioual
Nehemiah Victor

GRADE 10

Elizabeth Adams
Amani Akedde-Bernstein
Hadley Akerlind
Gabriella Aviles
Patrick Baran
Elizabeth Bissell
Jeanette Cabrera
Kasey Clemens
Stephanie Clement
Chennacy Copeland
Evan Hanks
Gabriela Jablonska
Daniel Jacius
Aislinn Moore
Sean O'Connor
Dionnee Ortiz
Jamien Pedraza
Lorenzo Policella
Benjamin Resto
Jake Schlagenhauf
Robyn Triblets
Brenn Vaughn

GRADE 11

Karina Baran
Olivia Caravello
Cassidy Clark
Genevieve Corricelli
Mackenzie Delpha
Leila Feliciano
Malia Gabbidon
Morgan Gabbidon
Mia Grabowski
Tamia Hewitt
Bartosz Jablonski
Sreekirthana Kolla
Abhinav Lenkala
Hansika Lenkala
Christopher Lloyd
Beckett Lowman
Ra'Miya Matthews
Maya Mosteanu
Elianna Russo
Leilany Sanchez
Varshny Sriganesh
Andrew Yi

GRADE 12

Arvind Bhattacharya
Hannah Broome
Jordan Collie
Sinead Drake
Xavier Elsner
Oliver Forero
Jesse Gao
Mia Hines
Kayla Holjes
Jaiden Hylton
Taylor Kohrer
Tyler Marques
Shelby Mearns
Chloe Rapose
Robert Ravens-Seger
Kiley Rudzik
Peyton VanBeek
Karla Vilchez
Ava Walsh
Cassi Worlund

HONORS

GRADE 9

Kaden Anderson
Avery Burke
Nathan Carlson
Robby Dlugolenski
Deqwayne Edram
Stella McKay
Victoria Pellegrino
Christian Resto
Hope Robblets
Hendrix Sclare
Benet Stafford
Caitlin Van Neil

GRADE 10

Brock Brunelle
Gianna Caron
Kaitlyn Clemens
Emily Dallesander
Abigail Glenn
Aidan Hayes
Khallee Kistner
Liam Smith
Grace Summerlin
Alyana VanBeek

GRADE 11

Adarsh Atluri
Alexa Bednarz
Maya Betts
Izabella Dallesander
Benjamin Guthrie
Jordyn Holness
Thomas Jacius
Chase Malinowski
Cole Malinowski
Riley Moore
Elijah Rich
Devin Sirotnak
Patrick Zhang

GRADE 12

Sarina Abrham
Antonio Amisano
Tanvi Bandikallu
Shawn Bull
Brendan Egan
Gweneil Guthrie
Ryan Hecht
Greta Jambard
Caelan Jones
Michael Lemire
Hailey Litchfield
Andrew O'Connor
Jaden Ojeda
Ava Pasquantonio
Noah Santy
Sheridan Scott
Landon Smith



EAST GRANBY SENIOR CENTER

DIAL-A-RIDE ON THE MINI BUS

❶ Grocery, Pharmacy & Banking every Wednesday

❷ Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM.

Call (860)413-3327 at least 48 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of $20 is greatly appreciated.

CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.
ELDER JUSTICE HOTLINE – Call (860) 808-5555 if you have been the victim of a scam, neglected, exploited or abused.

GET FIT EXERCISE CLASS

Mondays and Wednesdays 10:00 AM-11:00 AM at the Senior Center—$4.00 drop in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety.

TAI CHI & QIGONG

Tuesdays 2:00 pm- 3:00pm at the Senior Center—$8.00 drop in cost. Tai Chi is a low-impact, slow motion exercise with many health benefits. It's for people of all fitness levels and improves muscle strength, flexibility, and balance, and it is also relieves stress. Qigong is a 7,000-year-old Chinese healing system that uses specific breathing techniques, postures, and movement. Together, Tai Chi and Qigong will help you center your body, mind, and spirit, while helping you to develop flexibility, balance, and strength.

DANCING FEET—FOOT CARE—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month 8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appt. Cost $40

KNITTERS & CROCHETERS

The first and third Wednesdays of each month from 1:00-3:00 PM at the East Granby Senior Center. Come and socialize, work on your own project, meet other knitters and crocheters, or make items to donate to area hospitals, shelters, or schools.

BLOOD PRESSURE & BLOOD SUGAR SCREENING CLINIC

MONDAYS~ APRIL 7TH, MAY 5TH 11:00AM-12:00PM. The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings as well as blood sugar screenings. No appointment necessary.

PARKINSON'S DISEASE SUPPORT GROUP

Second Monday of each month 2:00-3:00pm at Duncaster 4th floor, 30 Loeffler Rd., Bloomfield, You will have a chance to give/receive support to/from those who have Parkinson's, their families, and their caregivers. This is a great way to learn about the latest research, get practical information and education about Parkinson's and find emotional support. Call Karen (860) 380-5024 for more information.

SHOPPING TRIPS

- **MARCH 17TH – TRADER JOES**
- **MARCH 24TH - ENFIELD**
- **MARCH 31ST, APRIL 28TH, MAY 19TH– BIG Y/OCEAN STATE/DOLLAR STORE**
- **APRIL 7TH, MAY 5TH – PRICE CHOPPER**
- **APRIL 14TH, MAY 12TH – WALMART**
- **APRIL 21ST – TARGET/PETCO/DAIRY CREAM**



MONDAYS, MARCH 17TH THROUGH MAY 5TH —**Matter of Balance**–Many older adults experience concerns about falling and restrict their activities. A Matter of Balance is an award-winning program designed to manage falls and increase activity levels. In this 8-week program you will learn to view falls as controllable, set goals for increased activity, make changes to reduce fall risks at home and exercises to increase strength and balance. Who should attend? Anyone concerned about falls, anyone interested in improving balance, flexibility and strength, anyone who has fallen in the past and anyone who has restricted activities because of falling concerns. Presented by Farmington Valley Health District. **1:00pm-3:00pm at the East Granby Senior Center. There is no charge for this program however, registration is required by March 15th.**

FRIDAY, MARCH 21ST—**Last Breath—**Manchester, CT**—**Come and enjoy an afternoon at the movies at the state of the art Cinemark theatres. Relax in the luxury loungers that offer oversize, plush comfortable seating including features such as cup holders and reclining. There is nothing like seeing a movie on the big screen! Based on a true story, Last Breath is a heart-pounding film that follows seasoned deep-sea divers as they battle the raging elements to rescue their crew mate trapped hundreds of feet below the ocean's surface. Starring Woody Harrelson, Simu Liu, Finn Cole, Cliff Curtis and Djimon Hounsou, Last Breath is an electrifying story about teamwork, resilience, and a race against time to do the impossible. **Depart the Senior Center early afternoon (Time TBD). Cost of admission is $11. Reservation due by March 13th.**

FRIDAY APRIL 4TH—**Think S.A.F.E.**—Situational Awareness and Self-Defense for Seniors is not a class about fear but rather empowerment. Unfortunately, senseless acts of violence have increased over the past few years. Paying attention to our surroundings as we go about our day becomes critical for our safety. In this two hour class we focus heavily on prevention. You will learn all about situational awareness which is the ability to see, understand and react to what is going on around you. You will learn how to take your intuition or gut feelings to the next level giving you critical thinking skills to recognize potentially dangerous situations. We will also get into the mindset of a would-be attacker and learn what you can do to stop the threat. In the second part of this class, you will learn simple but effective self-defense techniques. Techniques that everyone will be able to master. Allowing you to get out of choke holds and grabs. If you are not comfortable participating in the physical portion of the class, you are encouraged to stay and observe. Dress comfortably and bring a water bottle if you would like. It is never too late to learn how to take your personal safety to the next level. **10:00am-12:00pm at the East Granby Senior Center. Cost is $8. Reservation and payment due by March 27th.**

FRIDAY, APRIL 11TH —Lunch Bunch—Tuckers —Southwick, MA-In 1982, under the scrupulous care of William "Tucker" Kavanaugh, Chef Michael Anderson's culinary career started at Storrowton Tavern with the title of "Dishwasher". With time, experience, and an education, Mr. Anderson's responsibilities grew to involve food, and his titles grew more dignified over time. In 1999, Michael resigned as Executive Chef of Chandler's Tavern and created Tucker's with a truly elegant fair! **Depart the Senior Center at 11:15 AM. Reservation by April 3rd.**

**** TECH WITH A TEEN****

TUESDAY, APRIL 15TH - Tech with a Teen is a collaboration between the Commission on Aging, the East Granby Public Library and the East Granby High School students. During this free technology workshop for seniors, the high school students will be available to help with phone, computer, tablet and email questions or issues. **9:00-10:00am at the East Granby Library. There is no cost for this program but registration with the library is required. Please call (860) 653-3002 or sign up in person at the library.**

FRIDAY, APRIL 25TH —Painting Fun– Artist Sandy Poirier will instruct this lesson on how to paint a beautiful picture. Come enjoy the fun of painting with acrylics on an 11x14 stretched canvas. You will create a one of a kind masterpiece to take home with you. NO EXPERIENCE NECESSARY. All supplies will be included. This is a senior center favorite with limited spots so don't delay—register today! **10:00am at the East Granby Senior Center. Cost is $18. Reservation and payment due by April 16th.**

**** EAST GRANBY CARES DAY****

SATURDAY, APRIL 26TH - East Granby Cares Day is a collaboration between the Commission on Aging and the East Granby High School students. This is a day where our students will have a chance to give back and get hands on with helping the community. They will work on small jobs, fall clean up, and assisting those in the community who are no longer able to keep up with their daily chores. If you are interested in receiving help on East Granby Cares Day please call Senior Services (860) 413-3334 or Social Services (860) 413-3328 by April 12th.

FRIDAY, MAY 9TH—Blue Iris Farm—Lebanon, CT**—**Blue Iris Farm is a picturesque animal rescue farm nestled in the charming town of Lebanon, Connecticut. With 114 pastoral acres, Blue Iris's mission is to rescue farm animals from various situations, provide them with a forever home, and to offer a peaceful retreat to those seeking respite from the chaos of daily life. Guests of the farm can take part in a range of activities that include visiting the rescued animals, walking alongside goats through beautiful fields and trails, enjoying stops at a fairy house and tipi with stunning views, witness the fascinating world of honey bees in the observation hive and relax in the tranquil environment. The farm's gentle animals and warm atmosphere create an environment where everyone can feel comfortable and at ease! After our visit we will stop at Roberto's Log Cabin for a delicious lunch. You won't want to miss this fun-filled day! **Depart the Senior Center at 9:00am. Cost is $20 donation to the farm (lunch is on your own). Wear comfortable clothes and shoes. Rain date is Friday May 23rd. Reservation and payment due by May 1st.**

FRIDAY, MAY 28TH —The Travelers Chorale Spring Concert– Hartford, CT ~The Travelers Chorale was founded in 1924 and is the oldest company-affiliated, eight-part choral group in America. Please join us for a night of exciting and moving music. This Annual Spring Concert will be held in the Mortensen Hall at the Bushnell. **Depart the Senior Center at 6:15pm. There is no charge for this event but please bring a non-perishable food donation to benefit Hartford families. Reservation due by May 22nd.**

FRIDAY, MAY 30TH —Olde Mystick Village on your own—Mystic, CT**—**Come spend a relaxing day in Olde Mystick Village. Stroll the beautiful paved walkways and enjoy shopping in distinctive buildings designed to represent a New England Village of about 1720. In the village, there are picturesque settings of flowers, trees, and duck ponds that surround you as you stroll, relax and unwind. The shopkeepers pride themselves on offering you some of the most interesting and unique items from Mystic and around the world. Once you worked up an appetite, visit some of Mystic's best restaurants for a bite to eat. There are many benches and rest areas to catch your breath, unwind, and enjoy the beautiful surroundings and let your mind slip back to another era! **Depart the Senior Center 9:00am. This will be an "on your own" excursion. We will depart at 2:00pm to return home. No cost however, reservation is required by May 22nd.**

SAVE THE DATE: Annual Summer Concert: FRIDAY, JUNE 13TH

Please call the East Granby Senior Center
(860) 413-3334 or email kellyj@egtownhall.com to register.

East Granby Public Library



BEDTIME STORIES



Mondays: March 31st, April 28th, May 19th, & June 23rd
6:00pm-6:30pm
All are welcome to join

Join Allgrove School teachers and friends for bedtime stories. Register for each bedtime story session separately.

CHESS CLUB



Wednesdays, March 5th - April 30th
5:30pm-6:30pm
Grades 1-8
Fee: $25 per child/teen

Join chess champion and President of the CT Chess Association, Alex Lumelsky, for this 8-class chess club session. Class will include talking about the rules, opening play, closing a winning position, and tactics. Both past club members and new players are welcome.

PEEK AT OUR PEEPS!



April 23rd - May 27th

Visit the library during business hours and see the life cycle of a chicken!

April 23rd - May 13th: Eggs incubating
May 14th - May 16th*: Eggs hatching
May 17th - May 27th: Meet the little chicks!

*Dates of hatching are approximate.

Visit www.egpl.org for more info, to register, and to see our complete list of programs!

CRASH COURSE COOKING: PIZZA!



Saturday, April 5th
10:30am-12:30pm
Recommended for ages 7 and up with caregiver
$10 per person

Grab your family and join us for a hands-on crash course in pizza making! Work in teams to mix and shape the dough, roll it out, and create your dream pie. Three person max per group.

FEEL THE BEAT! DRUM CIRCLE!

Monday, March 24
7:00pm-8:00pm
Grades 6th-12th



Join us for a high-energy rhythm experience inspired by Stomp! Make music with buckets, sticks, and everyday objects. Led by Martocchio Music.

SECRET AGENTS CLUB - VOLUNTEER CLUB



7th-12th Graders
Runs thru August 2025

Become a member of our Library's Secret Agents Club and assist with behind the scenes library tasks that will benefit our community! You only commit to the dates that work for you.



East Granby Public Library

(860) 653-3002
www.egpl.org

MINI GOLF



Saturday, March 29th and
Sunday, March 30th
10:00am-4:00pm
$5 per person, max $20 per family

We will transform the library into an 18-hole mini-golf course! Each hole will be uniquely themed and sponsored by local community groups. Free ice cream treats will be served!

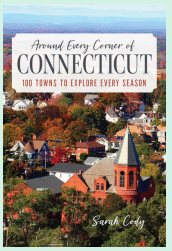
ADULT SPELLING BEE



Monday, April 21st
The Cracker Barrel Pub in Tariffville
6:00pm-8:00pm
$30 per team of 4

Work together with your team to spell the word & write it on a whiteboard.
No public speaking is required!

AUTHOR TALK: EXPLORING CONNECTICUT'S HIDDEN GEMS



Saturday, April 5th
1:00pm-2:00pm

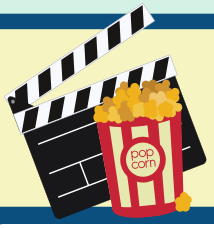
Join Emmy Award-winning journalist and travel reporter Sarah Cody, as she shares stories and insights from her new book, Around Every Corner of Connecticut.

GLOW KIDS BOOK DISCUSSION



Thursday, April 10th
6:00pm-7:00pm

The Farmington Valley Health District and East Granby Youth Services will lead the discussion, providing insight into the latest research and strategies for managing screen time in a healthy and balanced way.



Afternoon at the Movies! Wednesdays at 1pm.

To register, visit www.egpl.org or call (860) 653-3002.

The Last Rifleman

March 19th
PG-13, 1 hr 35 min

A veteran escapes his care home in Northern Ireland and embarks on an inspirational journey to attend the 75th anniversary of the D-Day landings.



Here

March 26th
PG-13, 1 hr 44 min

A generational story about families and the special place they inhabit, sharing in love, loss, laughter, and life.



Conclave

April 2nd
PG, 2 hr

Cardinal Lawrence is tasked with leading a secretive and ancient event, selecting a new Pope.



Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC) 4/1, 5/6

Conservation 7:00 (TH).....4/2, 5/7

Board of Education 7:00 (TH).....3/24, 4/28, 5/12, 5/27
Second Meeting of the Month as Needed

Economic Development 5:30 (TH).....3/24, 4/28, 5/19

Town and School Building Committee 7:30 (TH).....As Needed

Board of Finance 7:00 (TH).....3/18, 4/9, 4/23, 5/6, 5/20

Parks & Recreation 6:30 (TH).....4/3, 5/1

Planning & Zoning 7:00 (TH).....4/8, 5/13

Board of Selectmen 6:30 (TH) 3/26, 4/9, 4/23, 5/14, 5/28

Zoning Board of Appeals 7:00 (TH) 3/27, 4/24, 5/22

Youth Services Commission 6:30 (EGF) 3/17, 4/21, 5/19

The above meeting dates and times are subject to change.
Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

Guidelines for Submitting Articles

The following are the deadlines for the upcoming "Let's Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. At the discretion of the Editor, articles and graphics may be edited. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

East Granby Town Hall
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East Granby, CT 06026

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