

#### Newsletter Publication Schedule

Submission Deadline November 6

Delivered to Homes November 18 Jan. 13, 2024 Jan. 2, 2024

submit articles via e-mail to newsletter@egtownhall.com

Town of East Granby 9 Center Street East Granby, CT 06026

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# **Let's Talk Turkey** The Official Newsletter of the Town of East Granby

September 2023 • Volume XXVIII, Issue VI

# Welcome Fall 2023!

The first day of fall is September 23rd. The days are still warm but are already getting shorter and the evenings are beginning to feel crisp. East Granby is graced with many special spots to admire the beauty of the season including the Farmington River, Rails to Trails, East Granby Farms, and Cowles and Granbrook Parks. Take some time for yourself and enjoy the outdoor sites and breathe in the fresh air.

"Welcome To East Granby" Signs Fundraiser: Economic Development (sponsored by PeoplesBank and Bradley Regional Chamber of Commerce) is excited to host October 6th's Fundraiser at Almost Famous Brewery. Look for your invite in this issue of "Let's Talk Turkey!" If you are a business and would like to participate, we would love to hear from you. Please reach out to info@egtownhall.com with any questions. Hope to see you there!

Business Passport Program: A reminder to pick up your "Passports" from the Building/Planning office in Town Hall. Visit participating local business, receive a stamp, and turn in your passports after Small Business Saturday in November for a chance to win one of several cash prizes!

East Granby Police Department: We are currently staffed with eight full-time Police Officers and a Resident Trooper from Troop H. We are so fortunate to have the largest Police Department in East Granby history. Please give your thanks any chance you have to these men for putting their lives on the line each day to keep us and our children safe.

Department of Public Works: Thank you to our DPW for all of their tremendous year-round work and service they provide to East Granby. I would like to give a special shout out for the 21 newly paved roads over the last two years throughout town! Also, a big thanks for the help they have given our Land Trust organization this past spring and summer. Our DPW crews are one-of-a-kind!

East Granby Fire Department Update: Congratulations to our Assistant Fire Chief for taking on the role of Fire Department Administrator. Thank you for your continued dedication and service!

Town & School Work Shared Services: It is an honor to work with the Board of Education to resolve long standing issues and undertake new initiatives. Recently, together we were able to hire a School Resource Officer and also implement a plan to preserve some of our athletic fields. I appreciate the mutual respect and ability to work collaboratively with the BOE.

AutumnFest Celebration: Join Parks & Recreation September 30th from 11:00 AM to 5:00 PM on the Town Hall Green for an End of Summer/Beginning of Fall Festival! See inside this issue of "Let's Talk Turkey" for details.

Annual Shred Day: A shred day will be held for East Granby Residents at Town Hall on Saturday, October 14th from 9:00 AM to 12:00 PM. You will be able to dispose of your confidential files in a secure manner with on-site shredding. More information is inside this issue of "Let's Talk Turkey."

East Granby Hazardous Waste Collection: The collection will be held on Saturday, October 14th from 8:00 AM to 1:00 PM at the Windsor Locks Public Works Garage, 6 Stanton Road, Windsor Locks. Please visit themdc.org/environment-health-safety/household-hazardous-waste-collection/ for more information.

Leaf Pick Up: East Granby residents may place their leaves curbside in brown earth bags before 7:00 AM on Saturday, November 18th for free pick up. You will find more information regarding leaf pick up inside this issue of "Let's Talk Turkey."

Municipal Elections: Elections will be held on Tuesday, November 6th from 6:00 AM to 8:00 PM at East Granby's polling location, the Senior/Community Center. This year's election is for municipal boards and commissions. Please exercise your right to vote and we will see you on the 6th!

Have a wonderful end of summer and beginning of autumn and we will see you in November! Eden Wimpfheimer, First Selectwoman



# News From the Tax Collector WHAT'S DUE?

#### **SEWER USE**

Sewer use billing is only for those properties connected to the disposal system. If you have a septic tank on your property, you will not receive this bill. Billing covers the usage between January 1, 2023 through June 30, 2023.

#### DUE: NOVEMBER 15TH, 2023

#### LAST DAY TO PAY TO AVOID INTEREST: DECEMBER 14TH, 2023

The last billing for Sewer Use fees was billed on May 15th of 2023. The Tax Department typically bills these on April 1st and October 1st of every year and will be on that schedule moving forward for 2024. We recognize that the delay in the billing period would have created a shorter period between billing cycles and we recognize that allowing the six months between payments may be beneficial to our residents, hence I am waiting until November 15, 2023, as a courtesy to bill.

This past billing season brought a lot of questions from sewer users to my tax office window due to the addition of the overage charges to be reflected in the bills for residential users. On April 26, 2023, our Water Pollution Control Authority (WPCA) adopted a new sewer use charge after meeting with MDC (Metropolitan District) to understand all the costs associated with disposal fees and considering each user's portion thereof. The cost of these services charged by MDC has exceeded the amount billed/collected by the Town of East Granby. This practice can no longer be continued as it adversely impacts the Town's finances and credit rating. Moving forward, the fees should be related to the individual user and not the Town as a whole, which has been done in past administrations and why we are faced with this issue now.

With our aging infrastructure, funding for repairs will need to be reviewed and a plan developed to adequately study the sewer system in East Granby. This is going to be the direction our administration must now embark on with our system aging out. In the next years, we must have a reliable sewer system which will "break even" (income=costs incurred) every year and become sufficiently funded in the future to stabilize and control repair costs associated with our sewer system.

Visit www.eastgranbyct.org to look up your amount owed. Sewer users must have the account number or property unique identification number to view sewer information online. Sewer use is treated as a utility and there are privacy laws that protect that information—exactly like your electric bill. I also encourage you to visit the WPCA page on the Town website to see some water tips from MDC to help save on water usage both inside and outside your home. A payment drop box is available 24 hours a day, 7 days a week and is located at the back door of Town Hall facing the Police Department, Library, and Senior/Community Center. We accept United States Postmaster Stamp/Seal as on-time if postmarked by the due date of the bill you are paying. (The Post Office at the Airport is open later than our local offices.) Sorry, we do not accept postage metered date stamps.

## **Town Employee Spotlight**

John "Jay" McMahon Director of Finance (part time)

- How long have you worked for the Town of East Granby? ° Since January of this year.
- What are your key job responsibilities?
  - <sup>o</sup> Preparation of the Town's annual budget working collaboratively with the First Selectwoman.
  - ° Preparation of the monthly full year expense forecast.
  - <sup>o</sup> Reporting monthly expense/budget results to the First Selectwoman and Board of Finance.
  - ° Ongoing expense management and process improvements.
- What do you enjoy most about your job?
  - My daily interactions with colleagues and applying those interactions to improve my overall job performance.
- What are your qualifications and work experience?
  - I am a graduate of Boston College (BA, Business Management) and Western New England University (MBA).
  - <sup>o</sup> My career spans 35 plus years working in manufacturing, financial services, and consulting.
- What do you enjoy doing in your spare time?
  - <sup>o</sup> Away from work I enjoy biking, skiing, traveling, volunteering, and spending time with family and friends.

## **East Granby Social Services**

East Granby Social Services is located in the Senior/Community Center and office hours are Monday through Thursday from 10:00 AM to 3:00 PM. For more information on programs or assistance please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elisec@egtownhall.com. Drop boxes for Social Services can be found inside the Senior/Community Center and outside the front door of the Town Hall.

**East Granby Cares Day** will take place on Saturday, October 21st. This is a collaboration between the Commission on Aging and the East Granby High School students. Our students will have a chance to give back and get hands on with helping the community by working on landscaping, fall clean up, small repair jobs, and assisting those in the community who need some extra help. If you are a senior citizen interested in participating in East Granby Cares Day please contact Elise Cosker at (860) 413-3328 elisec@egtownhall.com or Kelly Jacobs at (860) 413-334 kellyj@egtownhall.com.

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*Emergency Assistance Fund:* The East Granby Emergency Assistance Fund is available to those income eligible residents who are in need of emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. Donations can be made to the "East Granby Emergency Assistance Fund" and mailed to East Granby Social Services, 20 Center Street, East Granby, CT 06026.

*Energy Assistance:* The Connecticut Energy Assistance Program is designed to help offset the winter heating costs of Connecticut's lower income households. Winter heating



assistance helps pay for a household's primary heating source such as oil, natural gas, electricity, propane, kerosene, coal, wood, and wood pellets. East Granby Social Services will begin taking applications for oil heating customers for the Connecticut Energy Assistance Program starting

October 2nd. New this year, applications can also be made online. Please contact Social Services for more information on income limits and requirements or visit the State of Connecticut website at www.ct.gov and search "Connecticut Energy Assistance."

**Food Pantry:** The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing



assistance. The pantry is currently operating on Friday mornings for registered participants to shop. The East Granby minibus is available on Fridays for transportation to the pantry. If you are in

friend to friend

need of food, please call Social Services at (860) 413-3328 or email elisec@egtownhall.com. To donate please call (860) 413-9015 or email friendtofriendeg@gmail.com. Food donations may be dropped off at bins outside the East Granby Senior/Community Center and the East Granby Congregational Church and inside the East Granby Post Office and Geissler's Supermarket in Granby. If you wish to donate money or local grocery store gift cards you can either mail to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026 or email friendtofriendeg@gmail.com.

Holiday Gift Program: The holidays are just around the corner and Social Services is preparing for the Annual Holiday Gift Giving Program. Each year, the community comes together to



help make the holidays special for families who are facing financial hardship. It is an opportunity to be anonymously matched to a child or family in town and fulfill gifts on their "wish lists." Please check the Social Services page on the Town

website at www.eastgranbyct.org in the coming weeks for more information on the program or contact Social Services if you are interested in donating!

**Operation Fuel:** Operation Fuel offers emergency energy assistance to households who fall outside the Connecticut

Energy Assistance guidelines or have exhausted their Connecticut Energy Assistance grant. Applications can be completed through the Operation Fuel website at https://operationfuel.org/gethelp/.

**Renters' Rebate:** The last day to apply for the Elderly/Totally Disabled Renters' Rebate Program is Friday, September 29th. The program is for seniors aged 65 and over (or under 65 and on



permanent long-term disability receiving Social Security benefits) that rented in 2022 and have a total income of less than \$40,300 for a single person and less than \$49,100 per married couple. Renters' Rebates can be up to \$900 for

married couples and \$700 for single persons. The rebate amount is based on a graduated income scale and the amount of rent and utility payments made in the previous calendar year. There is no asset restriction. Please call Social Services for more information or to apply.

#### CredibleMind Mental Health Resources Farmington Valley Health District

Are you struggling with negative thoughts or feeling overwhelmed by life's demands? Are you juggling too many





Are you jugging too many responsibilities and feeling like you can't catch a break? You are not alone.

The Farmington Valley Health District has partnered with CredibleMind to bring you free, confidential, anonymous, 24/7 online access to the largest library of expert-vetted mental health and wellbeing resources. Whether you're experiencing anxiety or depression or just want to tackle that "something isn't right" feeling, CredibleMind has thousands of different resources like podcasts, apps, articles, and videos to help you get started on your personal self-care journey. Recognizing that the average delay between the development of symptoms of a mental health condition and seeking treatment is 11 years, this tool provides an opportunity for individuals to seek earlier intervention and support in the convenience and privacy of their own home on their own time.

Using CredibleMind, you will have access to:

- Over a dozen scientifically proven assessments that will help you understand your own mental health, covering topics like anxiety, depression, stress, burnout, and substance use.
- Thousands of expert-vetted podcasts, apps, books, articles, and videos across hundreds of mental health topics.
- List of community organizations in the Farmington Valley to help you find resources close to home.
- Tools that help you focus on building skills to thrive mentally and emotionally at work, with your family and friends, and in your community.

Try it for yourself today! Visit fvhd.crediblemind.com.

## No Cost Fundraising for PTO



The Allgrove/Seymour PTO collects Geissler's receipts to help raise funds to further support the curriculum in our elementary schools. The PTO receives five

percent back on all receipts submitted through the Geissler's program. Receipts must be over \$35 and less than six months old. Submit receipts throughout the year at the following locations:

- The Allgrove & Seymour School Offices
- East Granby Public Library (box behind the desk)
- East Granby Post Office (box located in lobby)
- East Granby Senior/Community Center (box in lobby)

Please submit receipts to any of the above locations as soon as possible so that they can be included in our next submission.

#### East Granby Congregational Church Rev. Dr. Sandra L. Fischer

Friends, I saw so many of you gathered at the East Granby Memorial Day Parade and Program in May, and now we are past Labor Day. It is hard to believe the summer has gone by so quickly. I hope that between those two significant federal holidays you had the opportunity to enjoy time with family and friends doing the activities that bring joy to your life. Now with the new school year upon us, and a sense of the changing of the seasons in the air, I invite you to reflect on what you might be needing in your life.

East Granby Congregational Church has been a meaningful part of many lives over the past 287 years. Countless lives have been touched over the centuries in ways that still resonate today. Let's name a few: spiritual seekers, families committed to valuesbased living, individuals engaged in social justice issues, lonely people in need of companionship, and musicians looking for a place to share their talents.

Maybe you've driven past the big stone church with the round building attached many times and noticed a sense of curiosity arising inside you about our community. Certainly, doing something out of the usual routine and walking through the doors can be intimidating. I encourage you to be bold, because we might just be what you need in your life right now. And if it turns out that's not the case, the worst thing you did was spend an hour with some really nice people on a Sunday morning.

We've got a new website to get you all the information you need at www.egchurch.org. I hope to be able to welcome you very soon.

## **Economic Development Commission**

The East Granby Economic Development Commission (EDC) meets on the fourth Monday of each month at 5:30 PM in the Public Hearing Room at the Town Hall. A Zoom meeting link is also included in each month's agenda for those who would like to join remotely. The Commission is comprised of nine appointed members including seven regular members and two alternates. Members are resident volunteers who endeavor to achieve the primary goals of the commission.

The Economic Development Commission's primary goals are Consistent with the Plan of Conservation and Development (POCD) and include developing policies to support business recruitment, retention, and expansion. This is achieved by promoting, encouraging, and facilitating the development of responsible and properly planned business and industrial growth within the community, all to expand and strengthen the local economy, diversify the community's tax base, and reduce the property tax burden.

For dates and times of East Granby's Board and Commission meetings, please visit https://eastgranbyct.org/town-calendar/.

#### UPCOMING TOWN EVENTS

**Farmers Market:** The East Granby Farms Market will be held on Fridays from 3:30 to 6:30 PM on September 8th, 15th, 22nd, and 29th at the Liquor Cabinet Plaza (corner of Route 20 and School Street) with a plan to run a full season for the summer 2024. The EGFM committee is looking forward to supporting a variety of community vendors with the focus on fresh Connecticut grown produce. They also expect to showcase maple syrup, cheese, flowers, baked goods, and other local artisanal products. The committee is especially proud to be donating all net proceeds to the East Granby Public Library. For more information pertaining to this event, email eastgranbyfarmersmarket@gmail.com.

**Small Business Passport:** The Town of East Granby is offering a Small Business Passport to those shopping and dining at a participating East Granby business between August 28th and November 25th. Participants will be entered into a drawing to win one of the following prizes: Grand Prize - \$250 Visa Gift Card; Second Prize - \$100 Visa Gift Card; Third Prize - \$50 Visa Gift Card. To participate, pick up your passport booklet in the Building Department at East Granby Town Hall or any of the Passport's participating food & beverage establishments. Here's how it works:

- Purchases made at local participating businesses will receive a passport stamp.
- Qualifying passports returned to Town Hall at the end of the program will be eligible for a gift card drawing!
- All purchases must be made between August 28th and November 25th.
- Completed passports must be submitted to the First Selectman's Office at 9 Center Street, East Granby by the end of the business day on November 29th.
- A drawing will be held at the Board of Selectmen meeting on December 13th.

Your passport must have 30 stamps to be eligible for the Grand Prize, 25 stamps for Second Prize, or 20 stamps for Third Prize. Come out and show your support for our town's local restaurants, retail establishments, and small businesses!

**Eversource Electric Vehicle Webinars:** On September 14th and 21st Eversource will be holding educational webinars for individuals beginning their electric vehicle journey or who need guidance on electric vehicle charging for their home. For details on this event please visit https://eastgranbyct.org/eversource-electric-vehicle-webinars/.

**Available Properties:** East Granby is a development-friendly town that has a number of commercial properties available. As a member of the four-town Bradley Development League, the following link will bring you to the consortium website that lists some of our available properties: https://www.bradleydevelopment.com/site-selection/site-finder/. To view East Granby properties, simply type "East Granby" in the "Location" window. Additional buildings and sites can be discussed by calling (860) 653-3444.

#### **INCENTIVES AND PROGRAMS**

**Business Incentive Program:** The Town of East Granby offers a Tax and Business Incentive Program (the "Program") to attract new businesses to the Town, to promote expansion of existing businesses (including home-based businesses relocating into commercial and industrial zones), and to encourage rehabilitation and reuse of vacant commercial and industrial buildings. It is the intent of the Town:

- To assist in the creation of jobs for local area residents.
- To create long-term tax base growth through the replacement, reconstruction, expansion, and remodeling of existing business facilities where appropriate and not injurious to the surrounding environment.
- To encourage construction of new commercial and industrial facilities.
- To encourage substantial investment in new machinery, equipment, and other personal property subject to taxation within the Town.

Visit https://ecode360.com/38413068 for incentives legislation. The incentives application can be found at https://eastgranbyct.org/wp-content/uploads/2023/03/East-Granby-Application-for-Incentives.pdf. Both links can also be located at https://eastgranbyct.org/economic-development/ under the "Forms and Documents" section of the website.

**Property and Mortgage Fraud Prevention Program:** The East Granby Town Clerk is now offering a free service that helps protect residents from potential property and mortgage fraud. PropertyCheck will automatically alert you of any recordings regarding the property you specify. To register for PropertyCheck:

- Sign up at the PropertyCheck website at https://recordhub.cottsystems.com/EastGranbyCT/.
- Select how you would like to receive notifications.
- Enter the property owner's name (as it appears on the official record).
- Click "Create My Subscription."

## **News From the Democrats**

The East Granby Democrats are focused on ensuring East Granby remains one of Connecticut's best towns to live in. This



November, elect candidates who will lead with integrity and transparency—candidates who will listen to you and represent our town, not special interests. We have nominated a qualified team of your friends and neighbors

committed to achieving these goals. Ready to put you, the families of East Granby, first!

- No mega warehouses: We won't sell out our town to mega-developers.
- No more large tax increases: Intelligent fiscal management and honest accounting.
- Return to a focus on quality education: *Prevent further cuts to our schools.*
- Supporting Emergency Services: Provide funding to those who keep us safe.
- Ensuring clear communication: Accurately represent Town policy and intent.

**Trusted Leadership 2023:** We will restore the trust and professionalism our town needs to thrive!

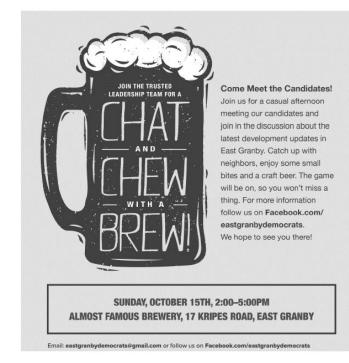
Amanda Thompson – Board of Selectmen Jeff Clark – Board of Finance Jim McPherson – Board of Finance Mark Ricketts – Board of Finance Lisa Griffin – Board of Education Amanda Paskiewicz-Cormier – Board of Education Brian O'Connor – Planning & Zoning Commission Amanda Thompson – Planning & Zoning Commission Austin Gelinas – Planning & Zoning Commission Lisa Mendes – Planning & Zoning Commission Brian Kleinman – Planning & Zoning Commission Bob Ravens-Seger – Zoning Board of Appeals Mike Malloy – Zoning Board of Appeals Josette Lumbruno – Zoning Board of Appeals

Contact Chairman Mike Malloy at (860) 604-2975 or email eastgranbydemocrats@gmail.com if you would like to volunteer. Try our support link:



#### Upcoming DTC Events:

- DTC Meeting Senior/Community Center on Thursday, September 21st, 7:30 PM
- Pasta Dinner Senior/Community Center on Wednesday, September 27th, 5:00 to 7:00 PM
- Meet the Candidates Almost Famous Brewing Company on Sunday, October 15th, 2:00 to 5:00 PM



## **East Granby Republicans**

In August, your Republican-led team, headed by the Board of Selectmen and Board of Finance, approved a Capital Request



from our Fire Department to provide additional equipment to one of our vehicles. These improvements will bring it up to full readiness. This request went to Town Meeting on September 5th and was

approved. This again represents our full support of our Fire and Police Services.

Looking forward to the upcoming November election, along with our current team of Eden and Steve, let's introduce several newcomers to the slate.

Running for the Board of Finance are two highly qualified candidates, Chris Cochran and Todd Springer. Chris is an Army veteran and has advanced degrees in Law and Business Administration. He is currently the President of a Honeywell/Pratt & Whitney joint venture company. Chris is serving as an Alternate on the BOF. Todd is a Vice President and Chief Financial Officer of a financial services firm based in West Hartford. Among his many specialties are budgeting, forecasting, capital planning, and analysis.

Running for the Board of Education are two additional highly qualified candidates, Carole Margolis and Whitney Burns. Carole's scholarship is in Elementary and Special Education from St. Joseph's College. She has spent many years teaching a full spectrum of children, from the severely troubled to the highly aifted. Whitney is serving in the highly specialized field of Occupational Therapy and exhibits sincere empathy to all her patients. Whitney has a vested interest in our school system, since she has young children enrolled.

Each individual in our roster is dedicated to the betterment of East Granby. We stand by our basic principles, among which are: full support of our Fire, Police, and Town Services; managing your tax dollars responsibly; and providing a quality education for our children.

These newcomers will have access to extensive expertise from current and past BOS, BOE, and BOF members when they begin their duties on the various Boards. We look forward to your votes in the November election!

Our team is always available to discuss any issues and concerns you have. If you have any interest in supporting our causes or serving on a Town board or commission, we would love to hear from you. We can be reached by contacting Todd Zessin at (860) 471-0935 or via email at todd.zessin@gmail.com. We hold our meetings at 7:00 PM at the Senior/Community center on the third Wednesday of the month. We would be happy to see you there. You can also get updates on our Facebook page: facebook.com/eastgranbyrepublicans. Come join us!

## **Capitol Update**

Rep. Tami Zawistowski. 61st District



Connecticut's New Electric Vehicle Mandate: This past month, the governor and his

administration announced a new mandate for a full transition to electric vehicles in our state by 2035. Many of my colleagues and I are calling for an immediate pause to these policy changes.

The mandate is part of a larger initiative from 2022 when the legislature passed a law (which I opposed) linking Connecticut's vehicle emission standards to those set by the California Air Resources Board rather than the federal Environmental Protection Agency. This year, California banned the sale of new gas-powered passenger vehicles by 2035 and heavier vehicles such as tractor trailers by 2050. Connecticut is compelled to follow suit.

There are numerous reasons to be concerned. I am deeply troubled about the capacity and required expansion of our state's electric grid. Estimated costs to upgrade the grid to provide sufficient electricity for at-home charging and new charging stations could approach \$1 billion, the costs of which would be borne by ratepayers. There are also questions about access to enough power generation to charge these vehicles-and the impact on energy costs to Connecticut residents and businesses.

The average cost of a new electric vehicle is \$53,000, while Connecticut's average annual income is \$40,000 and there is no demonstrated market for used electric cars at this time. These vehicles are reliant on lithium batteries that have a limited lifespan—and which have some safety concerns as we learned when one of DOT's electric buses caught fire last year and burned in its entirety due to an inability to quench the flames by traditional means. Lithium battery production has its own environmental impacts which are not being considered. Electric cars and trucks are also considerably heavier than those powered by gas which will cause more wear and tear to our roads and bridges, resulting in costs to taxpayers.

Electric vehicles are likely to be an important part of our transportation future. But instead of taking a top-down approach like this heavy-handed mandate, we need to pause and better understand the impact on Connecticut residents—including jobs—before blindly following California's lead.

**CT Energy Assistance Program Application Period Open:** The application period for the 2023-2024 winter season of the Connecticut Energy Assistance Program (CEAP) began on September 1st. The program helps Connecticut residents, including both homeowners and renters, with the costs associated with heating their homes.

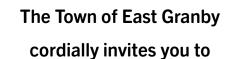
Basic benefits toward heating bills range from \$180 to \$530 depending on income, size of household, and need. Benefits are available for households with incomes up to 60% of the state median income, which equates to roughly \$79,910 for a family of four. These benefits are usually paid directly to the utility company or fuel supplier. Households that heat with deliverable fuels like oil or propane may be eligible for multiple free tank refills.

Applications for the 2023-2024 winter season must be received by May 31, 2024. To apply, visit ct.gov/heatinghelp or call 2-1-1 for more information.

**Staying in Touch:** As always, please contact my office if you have questions about state issues by phone at (860) 240-8700 or by email at Tami.Zawistowski@housegop.ct.gov. I encourage you to sign up for my email newsletters online at www.RepZawistowski.com and follow my social media on Facebook (@repzawistowski) and Instagram (@repzawistowski) for the latest news from the Capitol and across the district.



eastgranbyfarmersmarket@gmail.com





Friday, October 6, 2023 4:00 PM – 7:00 PM

Almost Famous Brewing Company

17 Kripes Road, East Granby

Advance tickets: \$10 At the door: \$15

Your ticket includes dinner & other refreshments. Raffle tickets for great prizes from local business will be available for purchase at the event.

Show your love for East Granby and join us to raise funds for professionally crafted "Welcome to East Granby" gateway signs to be placed at main roadway locations in town.

*Event sponsored by PeoplesBank, Bradley Regional Chamber of Commerce, and East Granby Economic Development* 

Advance tickets available at the Town Hall Building & Land Use Office through Wednesday, October 4th

# TOWN OF EAST GRANBY

Small Business Passport

# Shop & dine with the East Granby Small Business Passport!

- Pick up your passport booklet in the Town Hall Building Office or at any of the participating food & beverage locations.
- The passport program begins on August 28th and ends on Small Business Saturday, November 25th.

# Show your support for our town's local restaurants, retail establishments, and small businesses for a chance to win!

- Purchases made at local participating businesses will receive a passport stamp.
- Qualifying passports returned to Town Hall at the end of the program will be eligible for a gift card drawing!\*
- All purchases must be made between August 28th & November 25th.
- Completed passports must be submitted to the First Selectman's Office at Town Hall, 9 Center Street, by the end of the business day on November 29th.
- A drawing will be held at the Board of Selectmen meeting on December 13th.

# Passport businesses include:



\*Your passport must have 30 stamps to be eligible for the Grand Prize, 25 stamps for Second Prize, or 20 stamps for Third Prize.

# Participate for your chance to win!

PASSPORT

East Granby

(526)

Grand Prize: \$250 Visa Gift Card

Second Prize: \$100 Visa Gift Card

Third Prize: \$50 Visa Gift Card



# EAST GRANBY HISTORICAL SOCIETY

A new slideshow is now available for visitors to enjoy! A ten-minute slideshow of selected old photos in East Granby can now be viewed at the Historical Society barn during open hours. Remaining scheduled hours are Sundays: Sept. 24, Oct. 8 and 22, 2:00-4:00, or by appointment: moodycnancy@gmail.com.

## Here are our September and October programs to enjoy! Free and open to the public.

New-Gate Prison & Copper Mine & East Granby Historical society present

# The British in America



WITH

# DON N. HAGIST

EDITOR, JOURNAL OF THE AMERICAN REVOLUTION

#### 5:00 PM SUNDAY, SEPTEMBER 17

OLD NEW-GATE PRISON & COPPER MINE 115 NEWGATE ROAD EAST GRANBY, CT 06026

### ABOUT DON

Don N. Hagist is managing editor of Journal of the American Revolution (allthingsliberty.com). His historical studies focus on presenting an accurate picture of individual soldiers and their families, especially those of the British army who served in America. This research is done using exclusively primary sources, including regimental muster rolls, personal accounts, pension records, orderly books, and a wide range of other archival materials. His most recent books, Noble Volunteers: the British Soldiers who fought the American Revolution (Westholme, 2020), The Revolution's Last Men: The Soldiers behind the Photographs (Westholme, 2015) and These Distinguished Corps: British Grenadier and Light Infantry Battalions in the American Revolution (Helion, 2022), are available from major booksellers.

Don is an engineer for a major medical device manufacturer, and also writes for several well-known syndicated and freelance cartoonists.





# THE HISTORY OF BEER!

The East Granby Historical Society is sponsoring a fun, free, family-friendly program at Almost Famous Brewing Company, 17 Kripes Road, East Granby on Sunday, October 15 at 2:00pm. Join history teacher, awardauthor, winning TEDx speaker, and beer enjoyer, Dan Blanchard, who will help you connect deeper to your beer, have more to talk about with friends, and appreciate the rich history behind our beer drinking.



# Traprock Ridge Land Conservancy







Traprock Ridge Land Conservancy is your community land trust, dedicated to protecting open space and promoting public appreciation of the natural environment across the region. The nonprofit organization formed earlier this year by the merger of East Granby Land Trust, West Hartford Land Trust, and Wintonbury Land Trust in Bloomfield. Members and volunteers currently are working on projects to protect the environment, preserve local farms, and connect people with the outdoors. Visit trlandconservancy.org for more information, or attend an upcoming event:

#### Farmington River Cleanup - Saturday, September 23, 9:00 - 11:00 am

#### Power lines near 6 Tunxis Ave, East Granby

Join a dedicated team of volunteers to remove debris and litter from the Farmington River's riverbanks and surrounding areas. We're pleased to participate in the Farmington River Watershed Association's annual clean up, which brings together passionate individuals with a common goal of preserving and protecting our beloved river. For more information contact: hgeist@frwa.org.

#### Fall Celebration & Appreciation Social – Sunday, October 1, 5:00 - 7:00 pm

Wintonbury Hills Golf Course, 206 Terry Plains Rd, Bloomfield

We are having a party to celebrate the formation of the Traprock Ridge Land Conservancy and to acknowledge the many members and volunteers who support land conservation in our community! Residents across the region who are interested in conserving land are invited to get to know one another and learn more about how the "new" land trust will help protect the environment, preserve farms, and connect people with the outdoors. Register by September 15. See trlandconservancy.org.

#### Doreen's Nature Trail Plant Identification Walk - Saturday, October 21, 10:00 - 11:00 am

East Granby Community Center, 20 Center St, East Granby

Work up an appetite before enjoying your soup at the Empty Bowls community food pantry fundraiser by joining a guided walk along Doreen's Nature Trail. We will walk both loops of the new trail, approximately a mile over flat but uneven surfaces, identifying plants along this sensitive wildlife area. Closed-toed shoes are recommended. Meet at the pond near the Community Center.

#### Over the Mountain Hike - Saturday, November 11, 9:00 am - 1:00 pm

Corner of Iron Horse Blvd & Jim Gallagher Way, Simsbury

Save the date for a free, invigorating hike over the traprock ridge with glorious fall scenery, co-sponsored with Simsbury Land Trust and Bloomfield Parks, Recreation & Leisure Services. We'll meet at the end point in Simsbury, take a shuttle bus to the starting point in Bloomfield, and hike approximately 5 miles through land trust, town, and state properties that provide a natural corridor over the ridge. Free pre-registration will be available soon on our website.

#### Opossums: Backyard Wildlife and Winter Survival - Tuesday, December 12, 7:00 - 8:00 pm

East Granby Community Center, 7 Veterans Memorial Dr, East Granby

Join us for a talk with Ferncroft Wildlife Rescue and their live opossum ambassadors. We will learn all about opossums, their benefits to the environment, and how we can be friendly neighbors with North America's only native marsupial. After the presentation, there will be a meet-and-greet with the live opossum and take pictures with them. Sign up with our co-sponsor, East Granby Public Library, at egpl.org.

# **COMMISSION ON AGING**

The Commission On Aging (COA) advocates for the senior community in town and needs help to continue doing so on an efficient basis. The Commission, as constituted, has nine members and three alternates. The Commission has one opening for an alternate. Please help us out. If you have an interest or for more information, contact Rich Galluccio, Chairman at 860-658-0603, or Kelly Jacobs, Senior Services Director at 860-413-3334. We wish to welcome our newest student member, Maya Betts. Here are the COA initiatives for 2023.

**East Granby Cares Day:** This is a day set aside to get help from the high school students in town. We had our Spring Day on April 22 this year. We were able to help six seniors with the assistance of 21 high school students. We will have another day in the Fall on October 21.

**Wellness Fair:** This event is now scheduled for October 16 in conjunction with the Flu Clinic in town. See details below.

**Senior Celebration:** The Celebratory Brunch will honor our 90 years and above seniors. This is planned for September 23 at 11:00 AM.

**Pavilion at the Senior Center:** A 12' by 20' structure was placed on the concrete pad outside the Senior/Community Center this summer. This was made possible by a bequest from Bea Adams, a long-time resident of East Granby.

# East Granby Wellness Fair

## It's NOT just for Seniors and Care Givers!



Calling all Seniors, Caregivers & Family Members!

# Monday October 16, 2023, 3:30-6:00PM

East Granby Community/Senior Center

7 Memorial Dr. East Granby, CT

Raffle Prizes! Giveaways! Resources!

Flu Shots are also available by walk-in or appointment Provided by Farmington Valley Visiting Nurses Association

\*\*\*To make an appointment for a flu shot, call (860)651-3539\*\*\*

## Surrounding towns are also welcome!!!!

Information on services, products and resources in the health, housing and financial industries will be exhibited.

Real. Simple. Banking.

Sponsored by: The East Granby Commission on Aging &

#### **23RD ANNUAL**

# Empty Bowls

# SOUP'S ON — CHEF'S EDITION!

Join *Expressions Pottery Workshop* and the *Friend to Friend Food Pantry* for the **23rd Annual Empty Bowls** fundraiser on **Saturday, October 21st, 11:30am-1:30pm** at the East Granby Community/Senior Center, 7 Memorial Drive. All proceeds benefit the Friend to Friend Food Pantry which provides food to pre-qualified East Granby residents and families in need.

*This year we are serving delicious soup prepared onsite by Private Chef Jay Welch.* This farm-to-table themed fundraiser includes new touches in addition to the favorite traditions of our yearly event:

- NEW! Arrive earlier for a 10:00 am narrated plant tour of Doreen's Nature Trail with Traprock Ridge Conservancy, formerly EG Land Trust. (Gather in the EG Community/Senior Center parking lot.)
- Festivities begin indoors at 11:30 at the EG Community/Senior Center. Choose your hand-potted bowl, enjoy delicious soups prepared with Sub Edge farm-to-table ingredients, browse the Pop-Up Farm Shop, enjoy live music by Bill and friends and don't forget to snap a picture of the QR code link to the Empty Bowls Soup Recipe Cookbook.
- Take a stroll (or drive) to Expressions Pottery Workshop to peruse the handmade pottery, enter the FREE raffle to win a \$50 Expressions Gift Card, purchase a raffle ticket for a chance to win a fresh holiday turkey from Sub Edge Farm (proceeds to pantry), indulge in a sweet treat and pick up a complimentary pumpkin (courtesy of Peter L. Brown Company) before you leave!
- The Friend to Friend Thrift Shop will also be open for your treasure-hunting pleasure from 9:00am to 3:00 pm at 32 Spoonville Road in East Granby.





Questions about the event? Please contact Sandy Landolina at 860.392.8362 or email friendtofriendeg@gmail.com



# Pre-purchase Ticket Form (please detach and return to the address below)

NUMBER OF BOWLS X \$20.00 = TOTAL AMOUNT ENCLOSED:		
NAME:	_ PHONE #	
ADDRESS:	_ E-MAIL	

\*Checks should be made out to "**Friend-to-Friend (Empty Bowls)**" and sent to: Friend to Friend, P.O. Box 631, East Granby, CT 06026 (*Tickets are \$25.00 at the door, if available.*) **You can also purchase tickets on line beginning September 1 at www.friendtofriendeg.com** 

# Save the Date!

GRANBY AMBULANCE ASSOCIATION Fundraising Event

# A Perfect Pairing

Celebrating fine wine, locally brewed beer and local artists.

Saturday, October 21, 2023 New England Air Museum 5:30 pm - 9:00 pm 36 Perimeter Road Windsor Locks, CT 06096

All proceeds to benefit the continued operation of emergency medical services in the towns of East Granby, East Hartland and Granby.



# The Town of East Granby will provide a Town-Wide Leaf Collection Day on Saturday, November 18, 2023.

Leaves must be in brown earth bags, which can be purchased at local hardware stores, and need to be placed curbside prior to 7:00 AM November 18th.

Bags will not be picked up on private roads.





# East Granby High School Booster Club Presents Soccer Under the Lights

Soccer Under the Lights is back at East Granby High School!

The games will be held on Friday, October 27th. Come cheer on the Crusaders as they take on Windsor Locks. This annual community event is one of the <u>largest</u> in East Granby! The boys kick off at 5:15 PM and the girls at 7:15 PM. There will be a food truck, concessions, raffles, and LOTS OF TOWN SPIRIT!! Admission is \$5.00 at gate.

# A Jack O' Lantern Experience Sept. 29th - Oct. 29th

Celebrate the Fall season with us as we bring "Light into the Dungeon," illuminated by over 300 Jack O' Lanterns. Explore the 100-yard loop of the underground copper mine lit by a display of professionally carved Jack O' Lanterns.





"Light into the Dungeon





79 North Main Street | East Granby, CT Mailing Address: 9 Center Street, East Granby, CT 06026

phone: 860-653-7660 | fax: 860-413-3702 e-mail: eastgranbyrecreation@gmail.com www.eastgranbvrec.com



# Fall 2023 Programs & Events

Due to postal restrictions, we are unable to list all our programs in this booklet. Please scan the QR Code above or go to EastGranbyRec.com for more info on the programs below, as well as a complete list of programs including NEW dance classes, all our after-school programs, recreation basketball and more!

#### Adult Painting in Watercolor

Designed for all experience levels, guidance is provided on drawing, color theory, composition, design elements and watercolor technique. Tuesdays, 7:00 - 9:00 pm or Wednesdays, 9:30 - 11:30 am

#### Slow Flow Vinyasa Yoga



This class is great for those newer to yoga or those wanting to slow it down in a basic flow class.

Please see EastGranbyRec.com for the complete schedule including dates and class locations.

#### Adult Drop-In Basketball



This drop-in program is for anyone over the age of 18. Different teams are made weekly, and the number of participants is limited to 20. We encourage you to register in advance.

Wednesdays, 9/27-12/6 | 7:00 - 9:00 pm **East Granby High School** 

#### Zumba

This fun dance exercise program burns tons of calories and works your legs, arms, glutes, and abs. Classes are open to those ages 13+ years. Tuesdays, 9/12 – 12/19 | 6:00 - 7:00 pm East Granby Farms Recreation Building

#### Learn to Meditate

Learn how to reduce stress, sleep better, and practice mindfulness through meditation. Tuesdays, 10/3 – 11/14 | 6:30 - 7:30 pm

#### \*NEW\* Functional Fitness Classes

Functional strength training classes focus on enhancing your body's ability to perform everyday movements with greater ease and efficiency. Get your morning off to a great start and improve your overall coordination, strength, stability, and balance. Tues and/or Thurs, 9/12 - 11/2 | 6:45 - 7:30 am

#### New York City on Your Own Bus Trip

Enjoy a day in the city on your own. Saturday, December 2, 2023 | \$58/ person

#### Toddler – Preschool Playgroup

An opportunity for caregivers and their little ones to bond, learn and play together while connecting with other families. Mondays, 10/16 - 12/4 9:30-10:30 am | East Granby Farms Rec Bldng

#### \*NEW\* PlaySTRONG Tiny Tumbling

Classes for active little ones, looking for a foundation of tumbling and fitness. Classes for 18 mos+ Wednesday Mornings, 9/27 – 10/25

#### \*NEW\* "Half Time" Pom & Baton Twirling

Designed for both learning and fun, our high-energy class introduces children to the art of twirling and rhythmic movement. Classes for 3 – 10 yr olds. Tuesdays, 9/19 – 11/28 | see website for times

#### Soccer Shots (Ages 2-5)

Soccer Shots Mini is a high-energy program that introduces children to fundamental soccer principles through fun games, songs, & positive reinforcement. Wed, 9/13 - 10/18 or Thurs. 9/14 - 10/19

#### Visit our website for more information: www.EastGranbyRec.com



#### East Granby Farms:

As the leaves transform into a kaleidoscope of reds, oranges, and yellows, there's no better time to experience the magic of autumn in East Granby by exploring the Brian Spears Trail at East Granby Farms. Whether you're an avid hiker or a beginner, the trail offers a range of options suitable for all skill levels, as it connects with the Metacomet. Please remember that dogs must be leashed and be sure to clean up after them.

The picturesque scenery of East Granby Farms in the Fall not only serves as a stunning backdrop for hiking but also provides an ideal setting for capturing family photographs. There is no fee or reservation required to use the grounds for photography; however, the Recreation Building is used for programming and private events, so please do not enter the building.

The East Granby Farms Recreation Building is available to town residents for event rental. The fee is \$25 per hour, and we encourage residents to take advantage of the beautiful space for their special events. Please contact the Parks and Recreation Office at (860) 653-7660 with any questions or see <u>eastgranbyrec.com/info/facilities</u> for more information.

#### **Cowles Park:**

The trails at Cowles Park are busy year-round and this summer was no exception! The well-maintained hiking and biking trails are open to the public and available to residents and non-residents to use. The main parking lot on Rte. 187 is the most easily accessed parking area.

Thank you to the numerous volunteers from NEMBA (New England Mountain Biking Association) for the countless hours they spend maintaining the trails. To stay updated on their work and be informed of trail closings/openings, follow the Cowles Park Singletrack on Facebook. They are currently building and perfecting an Adaptive Mountain Biking (aMTB) Loop. Please call the Parks & Rec Office (860) 653-7660 or send a message to the Cowles Park Singletrack folks if you are an adaptive rider and would like to sample the course and/or assist with their efforts.

Please remember to be bear aware. This s a Carry It In/ Carry It Out location and dogs must be leashed.

#### The East Granby Greenway:

Part of the Farmington Valley Greenway multi-use trail, the East Granby Greenway runs from Rte. 189 to Rte. 20 and continues north to Copper Hill Road. This paved path is a wonderful option for those looking for a smoother ride/walk. Dogs must be leashed, and please remember to always be aware of your surroundings and share the trail. While it remains open year-round, **the Greenway is not plowed in winter months to allow for snow shoeing and cross-country skiing.** 

#### **Granbrook Park:**

Located at the end of Granbrook Park Road, this property is part of The Town of East Granby Park System. Please remember that dogs must be leashed and cleaned up after, fires are by permit only, the park closes at sunset, and this is a Carry It In/ Carry It Out location.

East Granby residents may rent the pavilion for a nominal fee of \$25 per hour, and non-residents can now rent it for \$40 per hour. For additional information please call the Parks and Recreation Office: (860) 653-7660.

Follow us on social media:







#### Susan J. Lawshe, JD, LMFT SueL@egtownhall.com



Mason Williams, Program Coordinator mason@egtownhall.com

Becky Hayes, Program Coordinator beckyh@egtownhall.com

- ★ East Granby Youth Service Bureau: The mission of the East Granby Service Bureau is to coordinate the delivery of community-based services for prevention, intervention, treatment, & follow up for at risk youth & to provide opportunities for all youth to function as responsible members of the community.
- ★ Commission on Youth Services: The goal of the CYS is to advocate for our youth population by evaluating priority needs and interests of the community. Meetings are held every 3<sup>rd</sup> Monday of the month and are open to the public.

79 North Main Street

East Granby, CT 06026

- ★ Counseling Services: Counseling services addressing emotional, behavioral, and mental health issues are available for children and families residing in East Granby. We provide parenting support, family therapy, individual therapy, play therapy for children, referrals, and school consultation. School, Parent, and Self-referrals are accepted. All services are professional and confidential and are offered free of charge to East Granby residents.
- ★ Juvenile Review Board: The East Granby Juvenile Review Board provides a community-based program for diverting eligible juvenile cases from the Juvenile Justice System, supporting families with service needs, and providing intervention at the local level. For more information, see: <a href="https://eastgranbyct.org/juvenile-review-board/">https://eastgranbyct.org/juvenile-review-board/</a>

### **Upcoming Programs from East Granby Youth Services**

<u>Parenting the Love & Logic Way:</u> A six-week parenting program designed by the Love and Logic Institute and co-sponsored by East Granby Public Schools and East Granby Youth Services. Learn how to stay calm when your kids do upsetting things, set enforceable limits, avoid un-winnable power struggles and arguments and much more! Mondays, 11/6 – 12/11 | 6:30 - 8:00 pm | EG Middle School Library | \$25/ family

Love & Logic: Supporting Youth with Special Needs: This four-week parenting program is designed by the Love and Logic Institute and is co-sponsored by East Granby Public Schools and East Granby Youth Services. This class will go over parenting tips specific for parents of children with disabilities, including parenting techniques that work, advocating for your child, controlling your level of stress, dealing with crisis and unwanted advice & so much more. Wednesdays, 10/4 – 10/25 | 6:30 - 8:00 pm | EGMS Library | \$25/ family

<u>Feelings Bunch for Grades K – 2:</u> An hour of fun, creative activities designed to help young children learn to express feelings in a positive way. **COMING SOON!** 

<u>Girls' Circle for Grades 3 – 5:</u> After school support and skill building group where the focus is on real conversations about many of the challenges girls are facing growing up in today's world. Wednesdays, 10/14 – 11/15 | 3:00 – 4:30 pm | Location TBD

<u>Mental Health First Aid for Adults Engaging with Youth:</u> Teaches adults how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. Build skills & the confidence you need to reach out and provide initial support to young people who are struggling & how to help connect them to appropriate support. **COMING SOON!** 

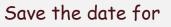
We are adding new programs, activities, and events all the time! Find the most up to date information see **eastgranbyct.org/youth-services** or follow us on social media:

/eastgranbyyouthservices **[6]** @eastgranby\_youthservices

https://eastgranbyct.org/youth-services

Youth Services 860-653-7800

💪 East Granby



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why why

# Winter Wonderland

Presented by the Women's Club of East Granby

A holiday party for kids from birth to 12 years old, with gifts, crafts, and a visit with Santa!

Date: Saturday Dec 9<sup>th</sup> (snow date Dec 16<sup>th</sup>) Time: 10am to noon Place: East Granby Senior/Community Center Price: \$15 per child (\$7.50 for 3rd and 4<sup>th</sup> children)

Go to our website at WWW.WOMENSCLUBEG.ORG and click on 'Winter Wonderland' for more information and a link to the registration page. Don't forget to follow Women's Club of East Granby on Facebook.

Advance registration required.

We would hate for any child to miss out on this wonderful event. Please contact Elise Cosker at Social Services (<u>elisec@egtownhall.com</u>) if you would like help with the cost of registration.

# East Granby Public Schools

33 Turkey Hills Road • East Granby, Connecticut 06026 • Fax (860) 413-9075

MELISSA F. BAVARO-GRANDE Superintendent of Schools (860) 653-6486 EMAIL: mbavaro@eastgranby.k12.ct.us KAREN W. GOGEL Director of Student Support Services (860) 413-9079 EMAIL: kgogel@eastgranby.k12.ct.us MARJORIE LIGHT Director of Curriculum & Professional Development (860) 653-2541 EMAIL: mlight@eastgranby.k12.ct.us

The **East Granby Public Schools** announced its policy for determining eligibility of students who may receive free milk served under the Special Milk Program (SMP).

Local school officials have adopted the United States Department of Agriculture's (USDA) Income Eligibility Guidelines (IEGs) for household size and income criteria for determining eligibility for free milk benefits. The following income guidelines will be used in Connecticut from **July 1, 2023, to June 30, 2024,** for determining eligibility of participants for free milk benefits in the SMP.

Income Guidelines for Child Nutrition Programs: July 1, 2023, to June 30, 2024 Free Milk Benefits							
Household Size	Annual gross income	Monthly gross income	Twice per month	Every two weeks gross income	Weekly gross income		
1	18,954	1,580	790	729	365		
2	25,636	2,137	1,096	986	493		
3	32,318	2,694	1,347	1,243	622		
4	39,000	3,250	1,625	1,500	750		
5	45,682	3,807	1,904	1,757	879		
6	52,364	4,364	2,182	2,014	1,007		
7	59,046	4,921	2,461	2,271	1,136		
8	65,728	5,478	2,739	2,528	1,264		
Each additional family member	+ 6,682	+ 557	+ 279	+ 257	+ 129		

The income calculations above are based on the following formulas:

- monthly income is calculated by dividing the annual income by 12;
- twice monthly income is computed by dividing annual income by 24;
- income received every two weeks is calculated by dividing annual income by 26; and
- weekly income is computed by dividing annual income by 52.

All numbers are rounded upward to the next whole dollar.

Students residing in households with income at or below the levels shown in the chart above are eligible for free milk benefits. To apply for free milk benefits, households should fill out the application and return it to the school. Applications are available on the East Granby Public Schools district website at **www.eastgranby.kl2.ct.us**. Only one application is required per household and an application for free milk benefits cannot be approved unless it contains complete eligibility information as indicated on the application and instructions.

The information provided on the application is confidential and will be used only for the purposes of determining eligibility and for administration and enforcement of the milk program. Additionally, all school-aged students in income-eligible households can receive school milk benefits regardless of a student's immigration status, and the district/school does not release information for immigration-related purposes in the usual course of operating the CNPs. Note that the district *may* share your eligibility information with education, health, social service, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules. This information may also be verified at any time during the school year by school or other program officials. Applications may be submitted at any time during the year.

No application is required if the district directly certifies a student based on a household member receiving assistance from the Supplemental Nutrition Assistance Program (SNAP) or the Temporary Family Assistance (TFA) program. All students in these households are eligible for free milk benefits. Households receiving assistance under the SNAP/TFA programs will be notified of their eligibility and students residing in the household will be provided free milk benefits unless the household notifies the determining official that it chooses to decline benefits. If any students were not listed on the eligibility notice, the household should contact the district or school to have free milk benefits extended to those students. Households receiving SNAP or TFA benefits for their children should only submit an application if they are **not** notified of their eligibility by **October 31, 2023.** 

Some students *may* be directly certified for free milk benefits based on Medicaid (HUSKY A). No application is required if the district directly certifies a student based on Medicaid (HUSKY A). All students in these households are eligible for free milk benefits. Households receiving assistance under Medicaid (HUSKY A) will be notified of their eligibility and their children will be provided free milk benefits accordingly, unless the household notifies the determining official that it chooses to decline benefits. If any students were not listed on the eligibility notice, the household should contact the district or school to have free milk benefits extended to those students.

If a student is not directly certified, the household should complete an application form for free milk benefits. The application for the SNAP or TFA households require the SNAP or TFA case number and the households may be asked to provide proof of the SNAP or TFA case number. The signature of an adult household member is also required.

Students in households participating in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) may be eligible for free milk benefits. Please send in an application or contact the determining official for more information.

# East Granby Public Schools

33 Turkey Hills Road • East Granby, Connecticut 06026 • Fax (860) 413-9075

MELISSA F. BAVARO-GRANDE Superintendent of Schools (860) 653-6486 EMAIL: mbavaro@eastgranby.k12.ct.us KAREN W. GOGEL Director of Student Support Services (860) 413-9079 EMAIL: kgogel@eastgranby.k12.ct.us MARJORIE LIGHT Director of Curriculum & Professional Development (860) 653-2541 EMAIL: mlight@eastgranby.k12.ct.us

When known to the district/school, households will be notified of any student's eligibility for free milk benefits if the individual student is Other Source Categorically Eligible because the student is categorized as either: Homeless; runaway as defined by law and determined by the district's or school's homeless liaison; or enrolled in an eligible Head Start or pre-kindergarten class as defined by law. Households with students who are categorically eligible under Other Source Categorically Eligible Programs should complete an application and check-off the relevant box. Questions should be directed to the determining official. For any student not listed on the eligibility notice, the households should contact the school or determining official about any student also eligible under one of these programs or should submit an income application for the other students.

Households notified of their children's eligibility must contact the determining official or school if it chooses to decline the free milk benefits. If households/students are **not** notified by the district/school of their free milk benefits and they receive benefits under qualifying public assistance programs or under Other Source Categorically Eligible Programs, the parent/guardian should contact the determining official or their school.

Foster children that are under the legal responsibility of a foster care agency or court, are categorically eligible for free milk benefits. A foster parent does not have to complete a free milk application if they can submit a copy of the legal document or legal court order showing that the student is a foster child. Additionally, a foster child may be included as a member of the foster family if the foster family chooses to also apply for benefits. If the foster family is not eligible for free milk benefits, it does not prevent a foster child from receiving free milk benefits. Note however, that a foster child's eligibility for free milk benefits does not automatically extend to all students in the household.

Application forms for all other households require a statement of total household income, household size and names of all household members. The last four digits of the social security number of an adult household member must be included or a statement that the household member does not have one. The adult household member must also sign the application certifying that the information provided is correct.

Under the provisions of the policy for determining eligibility for free milk benefits, **the determining official, Hannah Stack, hstack@eastgranby.k12.ct.us or 860-653-6486 x-205,** will review applications and determine eligibility. If a parent/guardian is dissatisfied with the ruling of the determining official, they may wish to discuss the decision with the determining official on an informal basis. If they wish to make a formal appeal, a request either orally or in writing, may be

made to the **Business Manager, Raymond Engle, rengle@eastgranby.k12.ct.us or 860-653-6486 x-204** for a hearing to appeal the decision.

The policy contains an outline of the hearing procedure. Each school and the central office of the school district has a copy of the policy, which may be reviewed by an interested party.

If a household member becomes unemployed or if household size changes at any time, the household should contact the school to file a new application. Such changes may make the students of the household eligible for free milk benefits if the household income falls at or below the levels shown in the Income Guidelines.

Questions regarding the application process may be directed to the **determining official, Hannah** Stack, hstack@eastgranby.kl2.ct.us or 860-653-6486 x-205.

This is the Public Release we will send on September 5, 2023 to the following news media outlet.

1. Let's Talk Turkey (The Official Newsletter of the Town of East Granby)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- 2. fax: (833) 256-1665 or (202) 690-7442; or
- 3. email: program.intake@usda.gov

This institution is an equal opportunity provider.



9 Rainbow Road, East Granby, CT 06026 👻 egccns9@gmail.com 👻 (860 653-3913)



#### FALL CLASSES

At our half-day, play-focused preschool, we nurture young children and help them grow in creativity, self-regulation, empathy, and love of learning. In addition to center discovery time, our school mornings include music, stories, art, science, movement and dance, foreign languages, guest visitors, and lots of love.

Would you like to know more? Email us at <u>EGCCNS9@gmail.com</u> to find out how to register. If you'd like to visit, we would love to show you around our school!

We still have limited spaces in our Tuesday/Thursday 3-year-olds class, and also our 4 & 5-year-old classes. They fill quickly, so reach out to reserve your spot today! For more information about our school, visit our website, <u>https://www.egchurch.org/egcc-nursery-school</u>, and our Facebook page at <u>https://www.facebook.com/EGCCNS</u>, to learn more.

We hope to hear from you soon!

Suzanne Richardson-White, Director/Head Teacher, She/Her/Hers Linda Finkbeiner, Teacher, She/Her/Hers



An initiative of the Farmington Valley Health District

# Seniors

## **Volunteer Medical Transportation Program**



Greater Hartford/Central CT RSVP is seeking volunteers to help transport seniors and/or veterans to medical appointments when dial-aride isn't available in their local communities. Volunteers must be willing to volun-AmeriCorps teer just a few hours per month by simply being on an email 'call-list' to help seniors and veterans get to their medical appointments when your calendar is 'free' no pressure at all just accept rides when it's convenience for YOU!

Please contact Theresa Strong, RSVP Manager, to schedule a one-on-one meeting to learn more about the above opportunity - WE NEED YOUR HELP!!!: Email: strongt@crtct.org / Cell: (860) 519-3484

#### Medical Transportation Driver Perks

Apart from fulfilling some basic human needs and encouraging improved social, psychological and physical health, there are some tangible benefits of being an RSVP volunteer. These benefits include:

- Placement & Personnel Services: RSVP staff will make a concerted effort to find the placement you desire to suit your needs and schedule. We will always be there to support you.
- Mileage Reimbursement: \_\_Funding is provided to reimburse volunteers of the Medical Transportation program for their mileage to and from their own residence.
- Recognition: In an effort to show our appreciation for your significant contributions as volunteers, we promote volunteer efforts through the media and host annual recognition events where volunteers can socialize and be praised for their dedication to RSVP programs.
- Insurance: RSVP provides insurance coverage on all members through secondary personal liability and accidental death & dismemberment policies. Your coverage is in effect from the moment you leave your home, and while you are engaged in volunteer activities, until you return.
- Training: Volunteer drivers receive on-going training, auto insurance discounts and the resources that they need to perform their assignments effectively.
- Other Benefits: Volunteering is a great opportunity to make a difference in someone's life, be part of a team, share your experience, learn new skills and develop lasting friendships.



Farmington Valley Visiting Nurse Association

## 2023

Flu Clinic at the **East Granby Senior Center** Monday: October 16 - 3:30 to 5:30 pm



Insurances accepted: MEDICARE Part B as primary insurance Aetna – Regular & Medicare ConnectiCare – Regular & Medicare Anthem – Regular & Medicare Harvard Pilgrim HealthCare Please bring your medical insurance card.

Insurance NOT accept: CIGNA, Care Partners of CT, Health New England and United Health Care Vaccines available: Regular for ages 9 & older

High Dose for adults over 65

Call: Farmington Valley VNA (860) 651-3539 for an appointment. Walk-ins welcome.

#### EAST GRANBY SENIOR CENTER

#### **DIAL-A-RIDE ON THE MINI BUS**

• Grocery, Pharmacy & Banking every Wednesday

• Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM.

Call (860)413-3327 at least 48 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of \$20 is greatly appreciated.

**CHOICES: CALL 1-800-994-9422** for assistance with Medicare, Medigap and Medicare Part-D applications. **ELDER JUSTICE HOTLINE – Call (860) 808-5555** if you have been the victim of a scam, neglected, exploited or abused.

#### GET FIT EXERCISE CLASS

Mondays and Wednesdays 10:00 AM-11:00 AM at the Senior Center—\$4.00 drop in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety. (No Class 5/15, 5/29, 5/31)

**DANCING FEET—FOOT CARE**—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month 8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost \$35

#### **KNITTERS & CROCHETERS**

The first and third Wednesdays of each month from 1:00-3:00 PM at the East Granby Senior Center. Come and socialize, work on your own project, meet other knitters and crocheters, or make items to donate to area hospitals, shelters, or schools.

#### **BLOOD PRESSURE & BLOOD SUGAR SCREENING CLINIC**

**MONDAYS~ SEPTEMBER 18<sup>TH</sup>, OCTOBER 2<sup>ND</sup>, NOVEMBER 13<sup>TH</sup> 11:00AM-12:00PM.** The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings as well as blood sugar screenings. No appointment necessary.

#### FLU CLINIC – PROVIDED BY THE FARMINGTON VALLEY VNA

**MONDAY, OCTOBER 16<sup>TH</sup> 3:30-5:30PM**. Located at the East Granby Senior Center. Appointments can be made by calling (860) 651-3539.

#### EAST GRANBY WELLNESS FAIR

**Monday, October 16<sup>th</sup> 3:30-6:00pm** The East Granby Wellness Fair will be held on at the East Granby Community/Senior Center. This event is free and open to all. Vendors will be present to provide information about health care, financial planning, wellness programs, estate planning and more. Get a jump start on learning about the many services available to you and your loved ones whether they are needed now or you are planning for the future. There will be raffle prizes and giveaways!

#### SHOPPING TRIPS

- SEPTEMBER 18<sup>th</sup> Stew Leonard's & Footprints
- SEPTEMBER 25<sup>TH</sup>, OCTOBER 30<sup>TH</sup>, NOVEMBER 27<sup>TH</sup> BIG Y/OCEAN STATE/DOLLAR STORE
- OCTOBER 2<sup>ND</sup> TRADER JOE'S
- OCTOBER 16<sup>th</sup>, NOVEMBER 20<sup>th</sup> WALMART
- OCTOBER 23<sup>RD</sup>, NOVEMBER 13<sup>TH</sup> ENFIELD
- NOVEMBER 6<sup>TH</sup> TARGET, PETCO, HOME GOODS (WINDSOR)

#### **UPCOMING PROGRAMS/TRIPS**

#### \*\*5th ANNUAL EAST GRANBY CARES DAY\*\*

**SATURDAY, OCTOBER 21<sup>st</sup>** — This is a collaboration between the *Commission on Aging* the East Granby High School students. This is a day where our students will have a chance to give back and get hands on with helping the community. They will work on small jobs including lawn clean up, moving furniture, small repair jobs and assisting those in the community who need some extra help. If you are interested in participating in East Granby Cares Day as a recipient, please contact Elise Cosker at (860) 413-3328 <u>elisec@egtownhall.com</u> or Kelly Jacobs at (860) 413-3334 <u>kellyj@egtownhall.com</u>.

#### **\*\*AARP DRIVER SAFETY COURSE\*\***

**TUESDAY, October 24, 2023 9:00am-1:00pm** at the East Granby Town Hall meeting room. Completion of this course may result in a savings on your car insurance! Cost is \$20 for AARP members and \$25 for non-members. Call (860) 413-3334 by October 16th to reserve your seat.

**FRIDAY, OCTOBER 13TH—Crystal Ridge Winery**—Glastonbury, CT, Come and enjoy a wonderful afternoon as we go on a scenic ride, taking in the beautiful fall foliage, on our way to our destination. Our first stop will be the Belltown Hill Orchards where you can browse the farm market & bakery and grab a snack to enjoy with your wine tasting or save it to take home. You can also do some quick apple picking from the orchard! Next we will head to the winery where we will relax at this lovely vineyard and enjoy a tasting of 5 different wines while snacking on some light snacks (you will also receive a complimentary wine glass to take home). You won't want to miss this fun trip! **Depart the Senior Center at 2:30pm. Cost \$25. Reservation and payment due by October 5th.** 

**FRIDAY, OCTOBER 20TH — Florence Griswold Museum** — Old Lyme, CT- Situated along the picturesque Lieutenant River in Old Lyme, Connecticut, the Florence Griswold Museum embodies the artistic spirit of its legacy as the home of the Lyme Art Colony. From the impressive Georgian architecture of the home of namesake Florence Griswold, to the light-filled and modern spaces of the Krieble Gallery, to the rolling landscape of the 12-acre site, the Florence Griswold is a truly special place that is privileged to serve as the home of American Impressionism. We will begin with a docent led tour of the *Abandon in Place: The Worlds of Anna Audette* exhibition. We will pause for lunch on site at Café Flo and then you are on your own to explore the Wee Faerie Village – immerse yourself in the spirit of imagination and whimsy that comes from visiting nearly 30 pint-sized installations with this year's underwater world theme! It's sure to be a magical day for all! **Depart the Senior Center at 9:40am. Cost is \$40 (includes lunch). Reservation and payment due by October 12th.** 

**FRIDAY, NOVEMBER 17TH** — **Painting Fun**—Back by popular demand - Artist Sandy Poirier will instruct this lesson on how to paint a beautiful picture. Come enjoy the fun of painting with acrylics on an 11x14 stretched canvas. You will create a one of a kind masterpiece to take home with you or maybe to gift to someone special for the holidays! NO EXPERIENCE NECESSARY. All supplies will be included. 10:00am-12:30pm at the East Granby Senior Center. Cost is \$15. Reservation and payment due by November 9th.

**TUESDAY, NOVEMBER 28TH—Makeup for Mature Women**— Just in time for the holidays! Join Joby Rogers, certified professional and celebrity makeup artist, as he presents a 2.5 hour forum for women to experience and learn how to create a makeup style that compliments their personal features and skin tone. Participants will explore products and tools and 'must haves' for their personal makeup collection. There will be hands-on makeup demonstrations. You will leave knowing that with a little practice you can perfect your personal appearance for all occasions. Participants are encouraged but not required to bring their own personal makeup and brushes for a professional evaluation Learn about: application essentials and techniques, keeping your makeup and brushes clean and sanitary, using the right brush for the right application, choosing the right base, concealer, and foundation, interpreting tones and colors, contouring, highlighting and blushing, eye shadow color rules and application, brow shaping and correcting, lip color rules and advice on reshaping, personal makeup questions and review of personally used makeup. Joby will not disappoint! Space is limited. **4:00pm at the East Granby Senior Center. There is no cost for this program however reservation is required by November 16th.** 

Please call the East Granby Senior Center (860) 413-3334 or email <u>kellyj@egtownhall.com</u> to register or if you have any questions

# East Granby Public Library

## **GAVEL CLUB**

Every 2nd & 4th Thursday Sept 14th - June 13th 5:30pm - 6:30pm Grades 4th-9th



New members are welcome at anytime! Improve your public speaking and leadership skills. \$20 membership fee.

# FALL STORYTIMES



Little Ones Storytime Every Wednesday from Sept 13th - Nov 15th 10:30am Lap sitting - 3 years with caregiver

<u>Terrific Tales Storytime</u> Every Thursday from Sept 14th - Nov 16th 10:30am & 1:30pm 3 - 6 years old with caregiver

### PERLER BEADING

Monday, Sept 18th 5pm - 5:45pm Ages 9-12



Choose colorful beads and arrange them on plastic pegboards to form patterns. We will then fuse them with heat to create a design!

A steady hand and patience is needed for this activity!

Visit www.egpl.org for more info, to register, and to see our complete list of programs!



PARENT WEBINAR:



# 7 WAYS TO SUPPORT YOUR STUDENT'S STUDY PRACTICE & EXECUTIVE FUNCTIONS WITHOUT LOSING YOUR MIND

Thursday, Sept 28th 7pm (approximately 40 minutes) For parents of middle & high school students

In this highly dynamic, action-specific, and interactive webinar, parents will learn to recognize, address, and reinforce their student's study practice as they return to school. Presented by S4 Study Skills.

### **STORY TRAILS!**



#### <u>Doreen's Nature Trail</u>

Location: East Granby Public Library Start at our library's patio and loop around the pond to enjoy a children's book. This story trail will be displayed year-round.

#### lan Clark Preserve

Location: Directly <u>across</u> from 140 Kimberly Rd. Loop around this 1/2 mile trail and enjoy our activity trail. Read, discover, and move. Now -November.



# East Granby Public Library

(860) 653-3002 www.egpl.org

# LORI RAPUANO ART SHOW AND RECEPTION

Exhibition Dates: September 9th - October 7th



Opening reception with the artist: Wednesday, Sept 20th 5:00pm - 7:00pm

## **Tick Talk**

Wednesday, September 13th 6:00pm



Agriculture Educator, David Murray, will discuss, how to reduce ticks, recycle toilet paper rolls and respect the earth, all at the same time!

# NEEDLE FELTING: BIRD PINS

Tuesday, September 19th 6:00pm Adult Class



Join us for this 3D needle felting class. Choose a Cardinal or Tufted Titmouse Pin. Cost is \$15 per person.

# LET'S TALK ABOUT MEDICARE WITH MATTHEW TYO



Thursday, September 21st 6pm

Join Financial Advisor, Matthew Tyo, and learn what you need to know about Medicare before the enrollment period opens next month.



Afternoon at the Movies Are Back! Wednesdays at 1 pm.

To register, visit www.egpl.org or call (860) 653-3002.

**Women Talking** September 20th PG-13, 1 hr 45 min

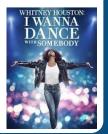
Women in an isolated religious colony figure out how they might move forward after experiencing abuse.



# I Wanna Dance With Somebody

September 27th PG-13, 2 hr 24 min

A celebration of the life and music of Whitney Houston, one of the greatest female R&B pop vocalists of all time.



## The Quiet Girl

October 4th PG, 1 hr 36 min

A quiet, neglected girl is sent away from her dysfunctional family to live with foster parents for the summer.



Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC) Allgrove School (AS) • East Granby Farms (EGF) Library (L) • High School (HS)

Commission on Aging 6:30 (SC)10/3, 11/7, 12/5				
Conservation 7:00 (TH)10/4, 11/1, 12/6				
Board of Education 7:00 (AS) *Second Meeting of the Month As Needed*				
Economic Development 5:30 (TH)9/25, 10/23, 11/27, 12/18				
Town and School Building Committee 7:30 (TH)As Needed				
Board of Finance 7:0010/17, 11/14, 12/19				
Parks & Recreation 7:00 (EGF)10/5, 11/2, 12/7				
Planning & Zoning 7:00 (TH)10/10, 11/14, 12/12				
Board of Selectmen 6:30 (TH)9/27, 10/11, 10/25, 11/8, 11/21, 12/13, 12/27				
Zoning Board of Appeals 7:00 (TH)9/28, 10/26, 11/16, 12/28				
Youth Services Commission 6:30 (EGF)9/18, 10/16, 11/20, 12/18				

#### The above meeting dates and times are subject to change.

Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

#### **Guidelines for Submitting Articles**

The following are the deadlines for the upcoming "Let's Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. At the discretion of the Editor, articles and graphics may be edited. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

East Granby Town Hall 9 Center Street East Granby, CT 06026



Resident East Granby, CT 06026