



Let's Talk Turkey

The Official Newsletter of the Town of East Granby

March 2023 • Volume XXVIII, Issue II

March is Here! Spring is in the Air!

Get Involved:

East Granby has many wonderful groups, clubs, and commissions which help to serve our community. Visit eastgranbyct.org for a list of commissions and organizations you may be interested in participating with. Currently, the Commission on Aging is seeking a new member as well as a clerk to take minutes at their monthly meetings, held on the first Tuesday of each month. For more information, call (860) 653-2576 or e-mail info@egtownhall.com.

Reminder:

Visit eastgranbyct.org and click "E News Signup" to be notified via e-mail of town meetings and up to the minute town news.

Businesses:

Congratulations to the newest businesses in East Granby! Remember to shop and spend time locally as often as you can to support the entrepreneurs of our wonderful town.

Small Business Owners:

We want to hear from our small businesses! If you own a small business in East Granby, please see Page 2 of this edition for information regarding an online survey to evaluate our town's small business climate, activities, and communications.

Village Center Study:

Consultant Goman+York will be presenting a final draft of the Village Center Study within the next month. Thank you to our business and property owners, committee members, and residents for participating in workshops, completing surveys, and attending informational sessions. Thank you to our Economic Development Committee, Planning Department, and the Village Center Committee for devoting your time to the betterment of the future of East Granby. The study will be posted on our Town's website: eastgranbyct.org.

Board of Selectmen:

BOS member Joe Doering resigned in January and the Board appointed a new member in February: East Granby longtime resident and veteran, Paul Oliva. To name just a few of Paul's accomplishments, he was the owner of an engineering company for many years, he joined the East Granby Ambulance Association upon its inception as an EMT and served on the Board of Directors for 28 years, he is a member of Economic Development Committee, and he is on the Board of Directors of Friend To Friend Food Pantry and Thrift Shop.

Budget Process:

The Boards of Selectmen, Education, and Finance are continuing to work on Fiscal Year 2023-2024 budgets. Rough draft budgets will be presented to the Board of Finance by the Board of Selectmen and the Board of Education on March 16th. The Board of Finance will give directives to the Boards on April 4th for the Annual Budget Hearing which will be held on April 18th with a Town Meeting May 2nd and a potential referendum in early/mid-May.

Eden Wimpfheimer,
First Selectwoman

Newsletter Publication Schedule

<u>Submission Deadline</u>	<u>Delivered to Homes</u>
May 1	May 13
July 31	August 12
September 5	September 16
November 6	November 18
Jan. 2, 2024	Jan. 13, 2024

submit articles via e-mail to
newsletter@egtownhall.com

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www.eastgranbyct.org



East Granby Lions Club Corned Beef Dinner Fundraiser

Come Join Us!

Saturday, March 18, 2023
East Granby Senior/Community Center
4:30-7:00 PM

Menu: Corned beef, boiled cabbage, carrots, potatoes, Irish soda bread, and a sheet cake for dessert

Tickets: \$18/adults, \$10 age 5-16, under age 5 are free

Pre-sale savings: Save \$1. Order your tickets from Lion Dave 860-324-8356 or Lion Jim 860-463-9146 in advance or purchase tickets at the door at regular price.

All proceeds raised by our dinners and other fun events benefit Lions projects such as scholarships for East Granby High School students, programs for the blind and donations to local organizations.

Discounted tickets are available until March 17th.
Take-out orders are available at the door.

East Granby Cares Day will take place on Saturday, April 22nd. High School students will work on spring clean-up, landscaping, small repair jobs, and assisting those in the community who need some extra help. If you are a senior who is interested in participating in East Granby Cares Day, please contact Elise Cosker at (860) 413-3328 or elisec@egtownhall.com or Kelly Jacobs at (860) 413-3334 or kellyj@egtownhall.com.

Wellness Fair: Our Wellness Fair is a day set aside in the fall to bring in vendors to address senior needs. This is usually set at the same time as the flu clinic in town.

Senior Celebration: This celebratory luncheon honors our seniors 88 years and above and is planned for the fall.

Senior/Community Center Pavilion: A 12x20 foot structure will be placed on the concrete pad outside the Senior/Community Center. This has been made possible by a bequest from Bea Adams, a long-time resident of East Granby.

The COA advocates for the senior community in town and needs help to continue doing so on an efficient basis. The Commission, as constituted, has nine members and three alternates. The Commission has one opening for an alternate. Please help us out. If you have an interest or for more information, contact Rich Galluccio, Chairman, at (860) 658-0603 or Kelly Jacobs, Senior Services Director, at (860) 413-3334.

Coming Soon to the Fire Department

The East Granby Volunteer Fire Department is proud to announce the new home of Engine #1, our 1929 Chevrolet, the Town's first fire truck. A freestanding building will be located on the grounds of the Center Fire Station. This new structure will become known as the "East Granby Fire Museum." This venture will allow us to retain and display our firefighting history. Thank you for the many donations that made this possible. A Grand Opening is planned to coincide with the Memorial Day Parade. Visit us in May for our Open House!



East Granby Lions Club Citizen of the Year Nominations

The Lions Club is looking for someone deserving of the honor of being the outstanding Citizen of the Year. Write a letter extolling the characteristics of someone deserving this honor. Give thought to your nomination of the person who gives and gives to East Granby without needing attention and recognition for every little effort. Letters of nomination must be received by May 1st.



Send letters to East Granby Lions, 81 Kimberly Road, East Granby, CT 06026 or e-mail to eastgranbylion@gmail.com.

Commission on Aging

The Commission on Aging has identified initiatives for 2023:

East Granby Cares Day: East Granby Cares Day is a day set aside to get help from the high school students in town. This year we will have a day in the spring as well as the fall. The 5th Annual

Town of East Granby Small Business Owner Survey



Are you an owner of an East Granby small business? We want to hear from you! Please help the Town better serve you by taking this brief online survey. Scan the QR code or visit this link to participate:

<https://www.surveymonkey.com/r/V5BDTSH>

EGCC Annual Rummage Sale

APRIL 29, 2023 • 9:00 AM until 2:00 PM



Don't miss this! The East Granby Congregational Church will be holding its Annual Rummage Sale on Saturday, April 29th from 9:00 AM to 2:00 PM. We will have tons of things to sell, including books, puzzles, yarn, household items, decorative items, toys, jewelry, dishes, pictures, frames, games, bedding, glassware, etc. There will be a lot going on in town that day, including a Coffee Cup Auction at the Church and the Ridge Run on North Main Street. Hope to see you there!

East Granby Social Services

East Granby Social Services is located in the Senior/Community Center and office hours are Monday through Thursday from 10:00 AM to 3:00 PM. For more information on programs or assistance please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elise@egtownhall.com. Drop boxes for Social Services can be found inside the Senior/Community Center and outside the front door of the Town Hall.

The 5th Annual East Granby Cares Day will take place on Saturday, April 22nd. This is a collaboration between the Commission on Aging and East Granby High School students. It is a day where our students will have a chance to give back and help the senior citizens in the community. They will work on spring clean-up, landscaping, small repair jobs, and assisting those in the community who need some extra help. If you are a senior who is interested in participating in East Granby Cares Day please contact Elise Cosker at (860) 413-3328 or elise@egtownhall.com or Kelly Jacobs at (860) 413-3334 or kellyj@egtownhall.com.

Emergency Assistance Fund: The East Granby Emergency Assistance Fund is available to those income eligible residents who are in need of emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. Donations can be made to the "East Granby Emergency Assistance Fund" and mailed to East Granby Social Services, 9 Center Street, East Granby, CT 06026.

Energy Assistance: Applications are being taken until May 31st at Social Services and now online at <https://portal.ct.gov/heatinghelp/applyonline>. This program is designed to help offset the winter heating costs of Connecticut's lower income households. Winter heating assistance

helps pay for a household's primary heating source such as oil, natural gas, electricity, propane, kerosene, coal, wood, and wood pellets. Please contact Social Services for more information on income limits and requirements or visit the State of CT website www.ct.gov and search "Connecticut Energy Assistance Program."

Food Pantry: The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing assistance. The pantry is currently operating on Friday mornings for registered participants to shop. The East Granby Mini-Bus is available for transportation to the pantry. If you are in need of food, please call Social Services at (860) 413-3328 or e-mail elise@egtownhall.com. To donate please call (860) 413-9015 or e-mail friendtofriendeg@gmail.com. Food donations may be dropped off at bins outside the East Granby Community/Senior Center and the East Granby Congregational Church, and inside the East Granby Post Office, East Granby Public Library, and Geissler's Supermarket in Granby. If you wish to make a monetary donation or donate a local grocery store gift card you can either mail to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026 or e-mail friendtofriendeg@gmail.com.

Individual Therapy: Are you stressed? Overwhelmed? Grieving? Need someone to talk to? Schedule an appointment with therapist Sharon Eastman, LCSW. Appointments are available Mondays from 12:00 to 4:00 PM and Thursdays from 9:00 AM to 1:00 PM. For more information, please contact Social Services at (860) 413-3328 or Senior Services at (860) 413-3334.

Operation Fuel: Operation Fuel offers a one-time grant per household, per year for deliverable fuel oil, natural gas, electricity, kerosene, wood, propane, pellets, and other energy sources. Income guidelines have increased this year and can be found on their website. Applications can be completed through East Granby Social Services or directly through the Operation Fuel website: <https://operationfuel.org/gethelp/>.

East Granby Congregational Church Preschool's 8th Annual Coffee Cup Raffle



**SATURDAY APRIL 29TH
9:00 AM – 1:30 PM
9 Rainbow Road (Route 20)**

*will be holding our raffle in conjunction
with the Church Rummage Sale*

Over 40+ items to be raffled including many gift certificates to area restaurants, bakeries, ice cream shops, salons, flower shops, fitness clubs, oil change, bowling, stores, brewery, basket of pool toys, Legos, dolls, toys, jewelry, pottery, etc.

**You do not need to be in person to win! We will call all winners.
Many thanks for supporting our preschool.**

All proceeds will be used for programs and updating our playground.



East Granby Veterans Group

We will be awarding our annual scholarship to any graduating high school student who lives in East Granby or attends East Granby High School. Students can apply through East Granby High School by requesting an application for the East Granby Veterans Scholarship. Please submit the completed application back to the high school. The scholarship will be awarded at the high school annual awards banquet.

Our meetings are the last Thursday of the month at Gio's Pizzeria from 7:00 to 9:00 PM. The next one will be March 30th.

Looking ahead:

- We are caravanning to the Westfield Airshow on Saturday, May 13th.
- We are hosting a pancake breakfast at the Senior/Community Center on Saturday, May 20th from 8:00 to 11:00 AM. Come out and have breakfast and support East Granby Veterans!
- We will march in the East Granby Memorial Day Parade on Monday, May 29th. Let us know if you need to ride instead of marching.
- We are going to see the Yard Goats play on Saturday, June 24th.

If you would like to participate or want more information, please e-mail eastgranbyCTveterans@gmail.com. All military and veterans are welcome.



Nutmeg Clay Crushers

The Nutmeg Clay Crushers are hosting the first competition of the 2023 New England SCTP Clay Target Season. If you are a youth that may be interested, or know a youth that may be interested, you are welcome to come watch the team in action on Saturday, March 25th from 9:00 AM to 1:00 PM at The Hartford Gun Club.

The Nutmeg Clay Crushers are a local youth team and part of the Scholastic Clay Target Program. We are based here in East Granby and practice at The Hartford Gun Club. Our team provides kids from junior high school through high school and college with the opportunity to participate in the fun and challenging sports of trap, skeet, and sporting clays. This is a youth development program that helps kids reach their highest potential in becoming the best athletes and young adults they can be. We practice every Saturday throughout the year. We compete locally, regionally (New England), and at the National Championship each July in Ohio. If you have a youth that may be interested, you can contact the Head Coach Tim Butler at (860) 982-0731 for more information.



No Cost Fundraising for PTO



The Allgrove/Seymour PTO collects Geissler's receipts to help raise funds to further support the curriculum in our elementary schools. The PTO receives five percent back on all receipts submitted through the Geissler's program. Receipts must be over \$35 and less than six months old. Submit receipts throughout the year at the following locations:

- The Allgrove & Seymour School Offices
- East Granby Public Library (box behind the desk)
- East Granby Post Office (box located in lobby)
- East Granby Senior/Community Center (box in lobby)

Please submit receipts to any of the above locations as soon as possible so that they can be included in our next submission.

News from Copper Hill United Methodist Church

Rev. Dr. Kelvin Jones



Easter Season Plans: Spring is a time of renewal. This Easter season at Copper Hill we are encouraging a "Vibrant Faith." We will explore key themes from the Passion and Resurrection of Jesus to help us find joy and

strength for our daily lives. On March 26th the theme will be God's forgiveness. On Palm Sunday (April 2nd, 9:30 AM) as we think about the triumphal entry of Jesus and distribute palms, we will find strength in "The Power of the Cross." The Good Friday (7:00 PM) message will encourage us to be unselfish as Jesus was. On Easter morning (9:30 AM), the message will be about "Life Everlasting." Jesus came to free us from our fear of death. When we believe in his resurrection and his promises, he gives us the gift of life! After the service (about 10:45 AM) we will hold an Easter egg hunt for the children. After Easter we will affirm our faith by exploring the record of the appearances of Jesus. We invite you to journey with us as we discover how to have a vibrant faith.

Disaster Assistance: To aid those suffering because of the Ukraine war and also to help earthquake victims in Türkiye and Syria, Copper Hill Church sent funds through United Methodist Committee on Relief. Because we have been blessed with so much in this country, we believe that all of us should have a continuing donor connection to such a relief organization.

Connection Groups: We have a new emphasis on connecting with others. Growing Together Connection groups help us to encourage each other, pray for each other, and learn from God's Word together. Connection groups can happen in several ways: a brunch crew, a hobby club, or a Bible study. Spouses who share God's word and pray at home form a powerful spiritual connection, too. We encourage everyone to get connected!

Key Verse

Here is a great verse to help us: "Cast your cares on the Lord and he will sustain you." (Psalm 55:22 NIV)

EGCC Lenten Cross

East Granby Congregational Church invites all to join us! Come and participate! East Granby Congregational Church invites the community to offer a prayer at the Lenten cross displayed at 9 Rainbow Road. Members, passersby, and friends—everyone of any age is welcome to visit the cross, say a prayer, and then leave a ribbon tied to the structure as a visual representation of the sacred Lenten journey. Bring your own (climate-friendly) ribbon to be tied to the cross or use ribbon that has been donated. All are welcome to participate in this transformational activity of prayer, renewal, fellowship, and hope. The cross will be in place from Sunday, March 5th through Easter Sunday, April 9th.

East Granby Congregational Church

Rev. Dr. Sandra L. Fischer

Friends, I invite you to bring your questions and uncertainties with you to the land of the seeking—a place where your worry and wonder can dwell. Our theme from now until Easter Sunday at East Granby Congregational Church is "Seeking: Honest Questions for Deeper Faith." It is based on stories of Jesus encountering people who are seeking. Each person is seeking something—a new beginning, a life transformed, a deeper faith.

I wonder what you are seeking. Is it clarity, connection, justice, balance, peace, your calling, something sacred? I hope you have a place where you can be honest and vulnerable in your questioning, your doubts, your fears, your confusion, and your discoveries. It is only through this process that I believe we can each nurture a more authentic and rooted faith. EGCC can support you in living a seeking faith—a faith that is ever-growing, adaptive, resilient, and filled with joy. Together we can enter into this process with curiosity, compassion, and courage to ask the questions that press upon our minds and hearts, and explore new wisdom unearthed by our persistence.

Our Holy Week Services are as follows:

- Sunday, April 2nd at 10:00 AM, Palm Sunday – Children's parade of palms and communion, brunch, and visit from the Easter Bunny following worship
- Thursday April 6th at 7:00 PM – Maundy Thursday Service of Sorrows
- Easter Sunday, April 9th at 10:00 AM – Festival Service

EGCC has so many rich offerings for your spiritual growth. Please take advantage of all the pathways into the Land of the Seeking. Whether it is art, music, study, prayer, journaling, discussion, contemplation, service, or worship, "there is no wrong way to the land of the seeking." If you would like to learn more, please contact pastor@egchurch.necoxmail.com or (860) 653-2987.

Economic Development Commission

East Granby's Economic Development Commission (EDC) is made up of seven members and two alternates. These resident volunteers, along with two seven-hour per week paid employees, endeavor to achieve economic development goals for East Granby. The Economic Development Commission's primary goals are consistent with the Plan of Conservation and Development (POCD) and include developing policies to support business recruitment, retention, and expansion. This is achieved by promoting, encouraging, and facilitating the development of responsible and properly planned business and industrial growth within the community, all to expand and strengthen the local economy, diversify the community's tax base, and reduce the property tax burden.

Village Center Master Plan: The EDC initiated the process for creating a Village Center Master Plan (VCMP) funded by the application and award of \$30,000 of ARPA funding plus the remainder from the Town to move the project forward. Motivated by the Plan of Conservation and Development and the Town's desire to promote economic vitality, East Granby retained Goman+York Property Advisors, LLC to assist the community with the creation of a VCMP. To best facilitate the planning process, a VCMP Steering Committee was established to provide oversight of the planning process and to provide input into the Master Plan.

The research into existing conditions started in December 2022 and continued through January 2023. An intensive week of public engagement by all stakeholders occurred between January 18th and January 24th. For those who may not have been able to attend, the public engagement process included four focus groups with Village Center business owners, Village Center business property owners, Town staff, and boards and commissions. Three resident/public focus groups were also held on January 19th, 21st, and 24th. The first two programs were planning and visioning sessions with a series of discussions and activities designed to draw insights from the public. The third session presented the findings of the first two sessions and worked with the public to further refine those results while also gathering input toward possible strategies for improvement. This third session also included a draft vision for the Village Center, now on the Town Website. (Go to EDC, "Studies.")

Participation was excellent with approximately 140 people taking part in the public programs and focus groups. During this weeklong public engagement process, an online public survey was available resulting in an additional 300 residents providing input. The final report is expected by the end of March at which time specific recommendations will be prioritized and planned for implementation.

EDC Web Page: To promote East Granby properties, our part time Economic Development Director (EDD) routinely meets with potential developers and prospective businesses to introduce them to town landowners and to help them navigate our town processes in collaboration with Town staff. In order to attract other "would be" developers or businesses, we have also bolstered our Town web pages with information for those who have not yet reached out to our ED team:

- “Studies” contains our Village Center Master Plan, Findings and Refinement document.
- “Available Properties” lists EDD contact information and links to available East Granby properties.
- “Incentives” provides a description of commercial development incentives available with links to key details and application material.
- “Demographics” will be updated to include information on East Granby demographics as provided by our VCMF consultant, as well as information available from the Bradley Development League (BDL).

News from The Democrats

Thinking about running for office in East Granby? Concerned about mega-warehouses, keeping East Granby schools top tier, or just concerned about the direction of our town? If you are a registered Democrat and would like to run for office on one of the boards or commissions, contact us now! We need candidates who are focused on keeping East Granby moving forward. We will have opportunities to talk to our current and former elected officials once we have a list of those interested.

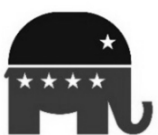


Joe Doering recently resigned from the Board of Selectman (BOS). The Democrats would like to thank Joe for his years of dedicated service, on both the Board of Selectman and as Chairman of the Board of Education (BOE). Other recent resignations include Michele Holt on the Board of Education and Natalie Welsh on the Board of Finance (BOF). We extend our appreciation to all three for putting in many long hours of volunteer service for the betterment of our town.

Replacing Michele on the BOE is Lisa Griffin. Replacing Natalie on the BOF is Jeff Clark. The Republican BOS declined to accept Amanda Thompson, the endorsed replacement for Joe, despite a long tradition of filling vacancies by the endorsement of their respective parties. We believe Amanda’s amazing credentials and long history of dedicated service to the town would have served us well. Several members of the town expressed their support for Amanda, and concern about the decision not to welcome her as a member of the board.

The Democratic Town Committee holds regular meetings on the third Thursday of every month at 7:30 PM in the Senior/Community Center. Join us or contact us via e-mail at eastgranbydemocrats@gmail.com.

East Granby Republicans



It’s budget season again, and as we mentioned in our previous *Let’s Talk Turkey*, our town faces many difficult challenges such as inflation, an unexpected HVAC replacement, and middle school roof repairs

as well as prior years’ underspending on Fire Department equipment replacement. These circumstances present us with a difficult discussion.

East Granby is one of the smallest towns in the state (rank in the lowest 25%), yet our property tax mill rate is one of the highest (rank in the top 30%). A look at our Grand List (taxable property) provides an explanation. The increased assessment for motor vehicles between 2020 and 2021 (more than \$17 million) was an unusual event, brought about by the pandemic. Discounting this aberration, the increase in the Grand List over the last seven years amounted to less than 1% per year (actual 0.84%). Any budget increase over this amount results in an increase in property taxes.

Modest business growth in town is the only answer to mitigate rising tax rates. For more than 20 years, the idea of a revitalized town Village Center has been discussed. Your Republican team is acting to bring this to reality. We have engaged the services of a respected consultant to assist us. Nearly 300 residents have participated in an online survey, and many dozens have showed up in person at Town Hall to voice their desires and concerns. We thank all of you who have participated. We continue to move forward with this activity.

Our team is always available to discuss any issues and concerns you have. If you have any interest in supporting our causes or serving on a Town board or commission, we would love to hear from you. We can be reached by contacting Todd Zessin at (860) 471-0935 or via e-mail at todd.zessin@gmail.com. We hold our meetings at 7:00 PM at the Senior/Community center on the third Wednesday of the month. We would be happy to see you there. You can also get updates on our Facebook page: facebook.com/eastgranbyrepublicans. Come join us!

Capitol Update

Rep. Tami Zawistowski, 61st District



Nearing the midpoint of the 2023 legislative session, committees have been ironing out bills and concepts before they reach the House floor for debate. The committee process involves decision making on which proposed bills to draft, information gathering, public hearings, language revisions, and deliberations and debate by committee members.

Public hearings are the best way for the public to make their voice heard on a wide-ranging array of legislation. Residents can submit written testimony, register to testify in person, or participate virtually on Zoom in a newly established hybrid format. This has increased public access to the legislative process, and I would encourage you to participate if there is legislation of interest to you.

Based on concerns I’ve heard from residents of our district, I’ve testified in person in several committees this session. A bill which has received considerable attention and support is one that I introduced—HB 5025: An Act Concerning Minors and Social Media Accounts. If enacted, this bill will require parental

permission for children under the age of 16 to establish social media accounts. Unfettered access to social media has contributed to juvenile mental health issues, including increased anxiety, unrealistic body image expectations, cyberbullying, and the potential for exploitation. The bill would not prohibit social media accounts under the age of 16 but would rather let parents determine whether they believe their children have the emotional maturity to participate in these venues.

A few of the other initiatives I've been involved with include a repeal of the new truck Highway Use Tax, additional tax relief measures, an omnibus mental health bill that is intended to eliminate wait lists and provide much-needed services to those with autism or intellectual disabilities, and a package of proposals strengthening public safety including greater protections for

victims of domestic violence, reducing crime by enhancing services for at-risk youth, supporting law enforcement, and reforming the bail bond system. In the Appropriations Committee, I have been carefully reviewing proposed changes to education funding to make sure that our small towns are adequately protected from a continuing push to further favor large cities in the state funding formula.

As always, please contact my office if you have questions about state issues by phone at (860) 240-8700 or by e-mail at Tami.Zawistowski@housegop.ct.gov. I would also encourage you to sign up for my e-mail newsletters online at www.RepZawistowski.com and follow my social media on Facebook (@repzawistowski) and Instagram (@repzawistowski) for the latest news from the Capitol and across the district.

EAST GRANBY HISTORICAL SOCIETY
AND
EAST GRANBY PUBLIC LIBRARY
PRESENT

"WHAT'S IN THE LIBRARY'S HISTORY ROOM?"

SATURDAY, MARCH 25TH, 10:30-11:30 AM

Join us at the Library!



Did you know there is a room devoted to East Granby's history? Did you ever wonder what is in that locked room? Did you know that you can actually go inside to research or explore the archived documents, journals, photos, maps and more? Want to know what records are now available digitally?

Visit www.egpl.org to register! (Not Required)

Gary Tracey, E.G. Public Library Historian and staff will create a display of many of these fascinating treasures for a close up look and explain more about what else you can find in the history room. Find out how you may contribute your own donations to our ongoing local history. After the "show & tell", those interested may "tour" the room.



Farmington Valley Health District Releases Community Health Assessment

The Farmington Valley Health District (FVHD) is the local health department which serves the town of Granby. It has recently released a community health assessment, which uses data from more than 20 different sources to describe the health status of the Farmington Valley. The assessment examines topics such as

health behaviors, health outcomes, youth health and social determinants of health. An advisory group comprised of subject matter experts in a variety of areas helped guide the work. The health assessment will be used to develop a community health improvement plan that will outline strategies to improve health in the areas of greatest significance. The complete assessment is available at fvhd.org.

While residents of the Farmington Valley on average enjoy overall better health compared to Connecticut as a whole, the health assessment identified a number of areas for improvement. Falls among older adults, low seasonal flu vaccine uptake, high household radon levels, high proportions of overweight and obesity and poor mental health and substance use were some of the most pressing issues the assessment identified.

Interested in the Health of Your Community?

Read the Farmington Valley Health District Community Health Assessment and Share Your Voice!

Health Issues Facing Our Communities:

- Mental Health
- Substance Use
- Obesity
- Seasonal Flu Vaccination
- Falls
- Radon

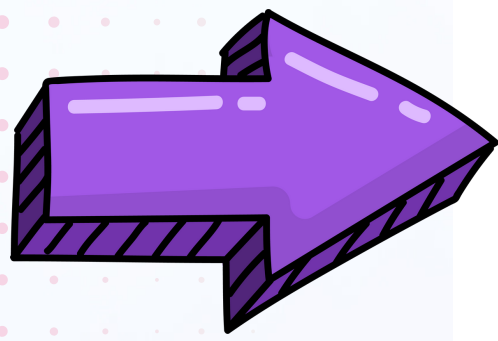
<https://fvhd.org/community-health/health-assessment/>

FVHD

The Farmington Valley Health District is the local health department serving the towns of Avon, Barkhamsted, Canton, Colebrook, East Granby, Farmington, Granby, Hartland, New Hartford, and Simsbury.

In addition, the report includes a wealth of information on a variety of topics, including educational attainment, income and poverty, employment, housing, transportation, and access to care.

Community members are encouraged to review the findings and offer comments and suggestions through the feedback form linked on fvhd.org. Over the next few months, the health district will be sharing the data and developing working groups in each of the priority areas. Individuals and organizations with an interest or expertise in priority areas are encouraged to participate in the working groups and can either sign up at the fvhd.org website or by calling the health district at 860-352-2333.



**WOMEN'S
CLUB of
EAST GRANBY**

PRESENTS

14TH ANNUAL EAST

GRANBY RIDGE RUN

SATURDAY, APRIL 29, 2023

**START AT 10:00 AM | EAST GRANBY FARMS
70 NORTH MAIN ST. (RTE 187N)**

SCAN ME



TICKETS: \$35

\$30 FOR FAMILY MEMBERS

5 AND UNDER ARE FREE

T-SHIRT WITH PRE-REGISTRATION

5K



RIDGE RUN

[HTTPS://RACEROSTER.COM](https://raceroster.com)



East Granby, CT

**PICK UP RUNNERS
BIBS AND T-SHIRTS
ON RACE DAY
REGISTRATION
BOOTH**

8:30 AM - 9:30 AM



REFRESHMENTS | MESSAGES | FACE PAINT



East Granby Secretly Admired Our Fabulous Seniors this February.



EG CommunityWorks, East Granby Senior and Social Services and the East Granby Public Library joined together again this year to present the *Secret Senior Admirer* Program. Residents and businesses placed orders to surprise seniors they knew and seniors they didn't. Order forms offered purchase options and free delivery of flowers from *The Long Stem Flower Shoppe*, baked goods from *The Craft* and salon services from *The HairPort* and *Star-Nail*.



The East Granby Public Library created and donated craft card kits and served as a collection center for orders. Kathy Iwanicki, a teacher at R.D. Seymour School organized a school-wide card-making initiative with students. In addition to placed orders, these homemade Valentine's Day cards were included in Goody Bags delivered to all residents at Higley and Metacomet Villages.



East Granby High School National Honor Society students, (pictured at top, l to r), Holly Grenier, Madeline Tracey, Sophie Landolina and Jaidyn Lacharite picked up, organized and made deliveries each Saturday in February to over 150 seniors.



Thank you for helping us surprise these longtime neighbors who've helped grow our supportive community. We hope you'll join us next year!





friend to friend

Food Pantry & Thrift Shop

Almost Spring!

The **Friend to Friend Thrift Shop** is hosting a **Donation Drop-Event on March 18th.** (You may also leave donations on our front porch, but please note the weather and our donation list below.) **The shop re-opens on Saturday, April 1st from 10am-2:00pm.** We'd love to see you, stop by and say hello! (*Proceeds from the Thrift Shop totaled a third of our yearly revenue last year and we are grateful to those who volunteer, donate goods and shop with us.*) See you soon!

Food Pantry

To register with the Food Pantry call Elise at **Social Services, 860.413.3328** or email **elisec@egtownhall.com.**

To volunteer or donate to the Food Pantry or Thrift Shop please call **860.413.9015** or email **friendtofriendeg@gmail.com.**

Non-perishable Donation Info

- **For our Easter holiday, we are in need of canned pineapple, yams and cake mixes (please drop off before March 31st).**
- **Other items needed at the pantry: canned carrots, canned fruit, cereal, Chef Boyardee, coffee, jelly, peanut butter, sugar and laundry detergent. THANK YOU!**
- Non-perishable food donations may be dropped off *outside* at the EG Community/Senior Center and EG Congregational Church or *inside* at the EG Public Library and EG Post Office. You can also purchase and donate at Geissler's Supermarket in Granby, CT
- Monetary donations can be at www.friendtofriendeg.com or mailed to: Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026

Thrift Shop

32 Spoonville Road, 860.413.9015, 860.392.8362 (after hours)

friendtofriendthriftshop@gmail.com

Reopens April 1, 2023

Tuesday, Saturday 10:00am-2:00pm

Thursday noon-4:00pm



friend to friend

Friend to Friend Thrift Shop

DONATION DROP-OFF EVENT

**Saturday, March 18th,
10:00 a.m. – 2:00 p.m.**

at the Friend to Friend Thrift Shop, 32 Spoonville Road

Getting ready for Spring? Please kindly donate your *gently used* spring/summer clothing and accessories to the **Donation Drop-Off Event** for the **Friend to Friend Thrift Shop.** We need items to restock the shop which will open for the season on Saturday, April 1st. Follow us on the **Friend to Friend Food Pantry** Facebook page, or at www.friendtofriendeg.com.

In addition to *gently used*, seasonal clothing, we also accept jewelry, pocketbooks, shoes, small housewares, complete sets of dishes or glassware, complete/working children's toys and artwork. Because we are located in a small space, we **cannot accept the following: books, bedding or large furniture.** Thank you!



7th Annual Golf Tournament



Sponsored by the Women's Club of East Granby

Copper Hill Golf Club Saturday, June 3, 2023 (rain date Saturday, June 10th)

Registration: **1:00 pm**

9 Hole Scramble/Shotgun Start: **2:00 pm**

Dinner: **5:30 pm**

\$100 per person, includes golf, cart, prizes and dinner buffet

\$45 per person for dinner buffet only

WCEG has been giving back to the East Granby community for almost 50 years. Proceeds from this event help fund EG community organizations & scholarships.
Join your friends and neighbors for this fun event!

Please complete and mail check payable to WCEG by May 20th to:

WCEG, PO Box 30, East Granby, CT 06026

(to pay with Venmo, go to our website – www.womensclubeg.org)

For questions, please email womensclubeg@gmail.com or contact Shirley Woods, 860-221-5953.

	Name	Email
Player 1		
Player 2		
Player 3		
Player 4		

No foursome, no problem! We will pair you if needed. Proper golf attire required,

	Name	Email
Dinner Only		



East Granby Soccer Association's
**Spring 2023 Soccer Registration is Open
For Travel Teams & In-Town Program**

Travel registration closes March 17th
In-Town registration closes April 7th

To register visit our webpage @
<https://clubs.bluesombrero.com/default.aspx?portalid=50874>

Soccer Referees Needed

Interested candidates, 13+ years of age, *which includes middle schoolers, high schoolers and ADULTS*, can visit <https://ctreferee.net/become-a-referee> to learn more!

Paid positions for assistant and center referees.

Cash payment distributed on game day.

Opportunity to referee multiple games over the weekend.

*EGSA will provide reimbursement for referee training class
and certification renewal!*

East Granby Soccer Association is committed to providing the best possible refereeing experience for its volunteers. The board and coaches are committed to work collaboratively with referees and the referee coordinator to ensure that ALL fans/spectators, soccer players, and coaches treat volunteer referees with respect and dignity.

If you have any questions about the process of becoming a soccer referee,
please contact: egrefassignor@gmail.com

EGCCNS Preschool

...gentle learning
through play



East Granby's oldest licensed preschool ~ more than 50 years of learning and love

Learning Centers



Circle Time



Now Enrolling for 2023-2024

3-year-olds (32 months+)	T/Th	9:30 a.m. - 12:00 p.m.
4 & 5-year-olds	M/W/F	9:30 a.m. - 12:00 p.m.
4 & 5-year-olds enrichment*	M/W/F	8:45 a.m. - 12:00 p.m.
4 & 5-year-olds full week	M-F	9:30 a.m. - 12:00 p.m.
4 & 5's full week enrichment*	M-F	8:45 a.m. - 12:00 p.m.

*additional academic time reinforcing skills for kindergarten readiness

9 Rainbow Road (P.O. Box 390), East Granby, CT 06026
EGCCNS9@gmail.com (860) 653-3913
<https://www.egchurch.org/egcc-nursery-school>

Outdoor Classroom



Playground



Art



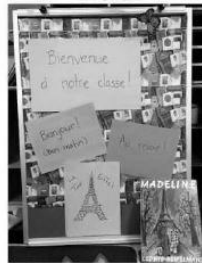
Music



Special Guests



French



Dance



Movement



ENROLLING FOR THE 2023-2024 SCHOOL YEAR

At East Granby's longest-running licensed preschool, we nurture young children and help them grow in creativity, self-regulation, empathy, and love of learning. Young children learn best through play - and we love setting up our learning centers to fit with our current topics of discovery! As they play, not only do children learn about their world, but they gain social-emotional skills such as cooperation, communication, sharing, and self-advocacy. In addition to center discovery time, our school mornings include music, stories, art, science, movement and dance, foreign languages, guest visitors, and lots of love.

We offer a two-day program for three-year-olds (starting at age 32 months), and both three- and five-day programs for four and five-year-olds. While all our four and five-year-olds leave our program emotionally and academically prepared for kindergarten, we also offer an extended-day option of 45 minutes of additional academic enrichment time in the mornings before other students arrive.

Would you like to know more? Come visit us at our upcoming open house, Saturday, April 29, from 10:00 a.m. - noon. We would love to show you around our school! We open for enrollment on March 20, 2023 - to download a registration form, please visit our website, <https://www.egchurch.org/egcc-nursery-school>. Can't make our open house? Please email us at EGCCNS9@gmail.com or call (860) 653-3913 and we'll be happy to set up a time to chat! Please also visit our website, <https://www.egchurch.org/egcc-nursery-school>, and our Facebook page at <https://www.facebook.com/EGCCNS>, to learn more. We hope to hear from you soon!

Suzanne Richardson-White, Director/Head Teacher, She/Her/Hers
 Linda Finkbeiner, Teacher, She/Her/Hers



East Granby High School Honor Roll

Second Quarter 2022-2023

HIGH HONORS

GRADE 9

Adarsh Atluri
Karina Baran
Alexa Bednarz
Pavlo Behin
Maya Betts
Olivia Caravello
Genevieve Corricelli
Izabella Dallesander
Mackenzie Dubois
Leila Feliciano
Malia Gabbidon
Mia Grabowski
Gabriella Hayes
Bartosz Jablonski
Thomas Jacius
Sreekirthana Kolla
Abhinav Lenkala
Hansika Lenkala
Jason Lloyd
Beckett Lowman
Ra'Miya Matthews
Kaya McKay
Maya Mosteanu
Sebi Prescott
Gretchen Ritter
Elianna Russo
Anas Sakti
Varshmy Sriganesh
Andrew Yi
Patrick Zhang

GRADE 10

Tanvi Bandikallu
Arvind Bhattacharya
Hannah Broome
Jordan Collie
Oliver Forero
Jesse Gao
Mia Hines
Salina Ilo
Kayla Holjes
Greta Jambard
Taylor Kohrer
Myssa Kovaleski
Joshua Lemire
Michael Lemire
Tyler Marques
Andrew O'Connor
Ava Pasquantonio
Chloe Rapose
Kiley Rudzik
Riley Ruggiero
Sheridan Scott
Ava Walsh
Cassi Worlund

GRADE 11

Ashlyn Allen
Kyle Anthony
Kieran Beman
Alexander Cardoso
James Fagnant
Taylor Hayes
Jackson Moore
Sara Moore
Aishani Nagamalla
Leo Nordell
Aditri Patti
Liam Phelan
Ethan Sirotnak
Kallen Smith
Abigail Wegrzyniak

GRADE 12

Maria Amisano
Maria Avalos-Escobedo
Ryan Barry
Megan Benner
Melina Betts
Abigail Case
Geoffrey Durante
Suzanne Figueroa
Brady Gill
Holly Grenier
Ava Guyer
Samantha Kovaleski
Gavin Kulch
Jaidyn Lacharite
Sophie Landolina
Shreyas Lenkala
Taylor Long
Lauren MacKinnon
Maeve McConnell
Larissa McDonough
Lauren Monegan
Ana Namoradze
Kathryn Patrizzi
Jenna Pratt
Kiernan Rudzik
Adam Sakti
Madeline Tracey
Makenzie Vick
Katrina Watton

HONORS

GRADE 9

Adrian Bento
Noah Bouchard
Charlize Brown
Jean Cabrera
Cassidy Clark
Mackenzie Delpha
Eliza Ersan
Morgan Gabbidon
Tamia Hewitt
Lucas Kleinman
Killian Lizon
Christopher Lloyd
Chase Malinowski
Cole Malinowski
Riley Moore
Elijah Rich
Leilany Sanchez
Devin Sirotnak

GRADE 10

Antonio Amisano
Kyrianna Christie
Jenna Connole
Davin Dziedzic
Hooriya Ilyas
Caelan Jones
Hailey Litchfield
Mya Mepheron
Alexandra Podbielski
Olivia Price
Brenna Rapose
Robert Ravens-Seger
Melanie Ruiz
Noah Santy
Ava Tran
Peyton Van Beek
William Van Neil
Maximilian Vaughn

GRADE 11

Cecilia Carcorze-Lefebvre
Sienna Copeland
Mira Goberman
Shannon Jones
Merca Michaud
Taylor Rivas
Caedessey Williams

GRADE 12

Landon Bohm
Nicholas Braga
Brandy Caterino
John Connole
Laiken Cormier
Daniel Diaz
Morgan Egan
Teresa Galloway
Dylan Gates
Luke Guyer
Nicholas Huapaya
Marissa Lyman
Deshawn McClymont
McKenna Moore
Brett O'Brien
Sean Pitney
Alexandra Pond
Leila Schoenfeld
Nathaniel Swanson
Noah Thomas
Julia Walsh



East Granby Middle School Honor Roll

Second Quarter 2022-2023

HIGH HONORS

GRADE 6

Henry Ball
Avery Bednarz
Julian Bento
Sydney Bloom
Hannah Bouchard
Abbygail Cole
Lillian Cole
Joseph Copeland
Mckenzie Cormier
Mason Cosker
Jonathan DeSimone
Noah Doncet
William Fortier
Emma Gerken
Cameron Grabowski
Ryan Hamilton
Cole Hazard
Brooke Hines
Alan Joby
Lylah Jones
Kayla Lengyel
Kiele Lizon
Everett Lowman
Isabel Onciul
Mark Parfeniuk
Lacey Payette
Gideon Rich
Addyson Russo
Charlotte Rutkowski
Mason Schlagenhauf
Zachary Smith
Lily Thompson
Quinn Thompson
Makar Tkachenko
Jacob Wagner
Alyssa Yeomans

GRADE 7

Abigail Abrham
Grayson Augsburg
Avery Burke
James Cavanaugh
Maddox Cestero
Olivia Dallesander
Robby Dlugolenski
Maham Ejaz
Samuel Forero
Ivan Gao
Ian Griffin
Trevor Gworek
Meazyh Hercule
Whitney Johnson
Caleb Kleinman
Rachael Logie
Madeline Lundell
Stella McKay
Timothy McKay
Talia McKeen
Wesley Nammoun
Logan Nicolle
Vanessa Passeri
Tyler Rioual
Hendrix Selare
Benet Stafford
Caitlin VanNeil
Nehemiah Victor
Lillianna Wagner

GRADE 8

Elizabeth Adams
Amani Akedde Bernstein
Gabriella Aviles
Patrick Baran
Izabella Bernstein
Elizabeth Bissell
Jeanette Cabrera
Mason Chamberlain
Stephanie Clement
Chennacy Copeland
Colin Daly
Evan Hanks
Gabriela Jablonska
Daniel Jacius
Kavin Jayaganesh
Anay Mahindru
Sophie McKenna
Aislinn Moore
Sean O'Connor
Dionnee Ortiz
Jamien Pedraza
Lorenzo Policella
Nathan Russell
Jake Schlagenhauf
Lily Shuster
Robyn Triblets
Alyana VanBeek
Brenn Vaughn

HONORS

GRADE 6

Mohid Ahmed
Alexander Bissell
Nathan Bourdon
Caiden Bramley
Mackenzie Brooks
Mehmet Caglar
Jake Dallesander
Jason Dlugolenski
Devin Hanlan
Maximus Larriba
Eric Lynds
Adya Maharjan
Jeffrey McCorison
Joseph Pyskaty
Ashley Robison
Dylan Sandora

GRADE 7

Giuliana Aiello Crispin
Kaden Anderson
Ryan Devane
Maddox Fortier
Caleb Litchfield
Kamrin Nauss
Brianna Peck
Hailey Popella
Christian Resto
Talon Sacristan
Cody Sandora
Tein Yang

GRADE 8

Gianna Caron
Kaitlyn Clemens
Kasey Clemens
Carson Elsner
Lourens Francois
Aamiyah Gregory
Isabella Huapaya
Khallee Kistner
Jordan LaCharite
Nakii McCray
Alayna Pariaug
Benjamin Resto
Amelia Rutkowski
Anna Sterrett
John Walsh

East Granby Public Schools

So You Have A Junior in the House?

Parents and guardians who have current high school juniors at home will be making decisions about what happens after graduation in the coming year. For some students and families, this is an exciting time, but for others, they might have an angst-filled summer and fall ahead of them. School Counselors and teachers at East Granby High School help prepare and educate students (and the adults who care for them), so informed decisions are made. Read on to find out what our school counselors do as our students ponder choosing between careers, the military, vocational training, and college/universities.

In the fall of their junior year, students take assessments through East Granby High School's platforms, Naviance and College Board, to look at options for careers, either right out of high school or following university. All East Granby ninth and tenth graders have school counseling lessons that further explore college and career readiness to prepare students for post-secondary planning in 11th grade with Emma Duraó and Courtney Prendergast, our school counselors. Students who elect to begin working in a career following graduation have planning time with their school counselors during their junior year and throughout their senior year.

Last month, Mrs. Duraó and Ms. Prendergast reviewed with me the multitude of ways they help students prepare for their post-secondary lives. All juniors have an individual post-secondary planning meeting during a study or elective, a 1:1 with their school counselor. Here, the student and counselor discuss the myriad of options available after graduation, taking into consideration a variety of factors, including student interest, long-term goals, and more. The following year, when the students become seniors, the school counselors have an additional meeting for further planning.

For instance, in early March, the school counselors met with the junior class and parents/guardians to do post-secondary planning in the evening. Over the course of the program, they present options for military, community college, and career or vocational options. Most of the evening is spent, however, discussing higher education at the university level. Other opportunities for learning about life after high school include trips to tour universities, having time to talk with various admissions representatives who visit our school, visiting training programs at a nearby community college, and talking to military recruiters on campus. This year, seniors who are researching career pathways for their Capstone project have created a bulletin board. Visit the [EGHS School Counseling](#) site for further resources and to learn more about what is offered at East Granby High School.

One pathway students are exploring after high school are the branches of the Armed Services. Did you know students can join as a junior and not wait until graduation? There are multiple routes one can take, all which offer funding for higher education, if that is a goal. One pathway is joining one of the branches upon graduation, another is applying for The Reserve Officers' Training Corps (ROTC) scholarships for partial or full funding for university, and yet another option is signing up for the Guard. There is also the possibility of enlisting in the National Guard and doing the ROTC at the same time through the Simultaneous Membership Program. If your student is interested, please make an appointment with Staff Sergeant Alexander Drake (contact info below), who would be glad to explain these options clearly and fully.

Recently, I had the opportunity to talk with SSG Drake, of the [Connecticut Army National Guard](#), when he was visiting the high school during the lunch waves. SSG Drake, a lifelong CT resident, is a 2012 Suffield HS, as well as a UCONN graduate with a degree in Biology. While at EGHS, he explained to interested students how they can earn money for college by training with the Army and Air National Guard. Both juniors and seniors can take the Armed Services Vocational Aptitude Battery (ASVAB). Applicants can take the test multiple times.

SSG Drake further shared that if a junior does the basic training in the summer before the senior year, contract time is shorter after graduation. (There is paid job training, based on the person's rank.) He shared with me that the National Guard has been more accepting of granting waivers for prior medical diagnoses and disqualifications. It is important to talk with a recruiter about the medical process to see if you qualify. His contact information: 860-982-2822 (cell) -or- alexander.r.drake3.mil@army.mil He encourages juniors and seniors alike, along with their parents or guardians to contact him to learn about the Army Guard and funding for higher education.

According to an article by the [Pew Research Center](#), a highly respected, nonpartisan fact tank, only about 37.9% of Americans hold a bachelor's degree (that number includes the 14.3% who have a graduate or professional degree). More women are now earning degrees than men these days, with males reporting they are entering technical fields that do not require a four-year degree, and so are skipping over attending a university. In the article, author Katherine Schaeffer shares that approximately 10.5% of Americans had an associates degree in 2021, and those with associates or bachelor degrees (or higher) out-earned those who did not.

Any students interested in pursuing a career path after high school should start preparing their resumes and work on creating contacts in their field of interest. During the spring and summer of their junior year, positive moves include seeking internships, apprenticeships, and exploring vocational options. Most of the highest paying jobs without a degree are in the fields of healthcare, construction (electrical/plumbing), landscaping, or transportation, according to the [US News and World Report](#).

If planning on going right from high school into higher education, a productive summer for a junior might include visiting potential schools and seeking an internship in a related field. Juniors should also be writing unique, polished application essays and personal statements. Remember to check out tips from [The College Board](#) or university websites, like [this one](#) for best essay results. If applicable to the student's desired major, portfolio preparation might be in order, as well.

And remember, no matter the pathway a person chooses, others still remain open, as people can change majors, get new training or certifications later, or switch jobs or universities. Often times, students in their junior and senior year become overly anxious, believing one decision is permanent - and while retraining or re-evaluating does bring its own challenges, it may also lead to more fulfillment and satisfaction down the road. Help your junior (or senior) see the multitude of options available, even beyond your own familiarity. And, if your teen does better listening to advice from anyone else other than you (wink), please know the Counseling Office at East Granby High School is here to guide them on their way!



Ms. Prendergast and Mrs. Durao, EGHS's Counseling Dynamic Duo



Army National Guard = Try the QR code!

Article By: Marjorie Light, Director of Curriculum and Professional Development, EGPS

Sources:

Ingram, Janica. "25 Best Jobs That Don't Require a College Degree" *US News and World Report*. 13 January 2023. <<https://money.usnews.com/money/careers/slideshow/25-best-jobs-that-dont-require-a-college-degree?slide=28>>

Schaeffer, Katherine. "10 Facts about Today's College Graduates." *Pew Research Center* 12 April 2022. <<https://www.pewresearch.org/fact-tank/2022/04/12/10-facts-about-todays-college-graduates/>>

EAST GRANBY SENIOR CENTER

DIAL-A-RIDE ON THE MINI BUS

- ① Grocery, Pharmacy & Banking every Wednesday
 - ② Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM. Call (860)413-3327 at least 48 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of \$20 is greatly appreciated.
-

CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.

ELDER JUSTICE HOTLINE – Call (860) 808-5555 if you have been the victim of a scam, neglected, exploited or abused.

LICENSED THERAPIST

Are you stressed? Overwhelmed? Grieving? Need someone to talk to? Schedule an appointment with therapist, Sharon Eastman, LCSW. You will be able to address your concerns in a safe and supportive environment. Appointments are available Mondays 12pm -4 pm and Thursdays 9a.m-1pm. Contact Senior/Social Services to book your appointment. (860) 413-3334 or (860) 413-3328.

GET FIT EXERCISE CLASS

Mondays and Wednesdays 10:00 AM-11:00 AM at the Senior Center—\$4.00 drop in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety.

PEDI—CARE FOR YOUR FEET—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month 8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost \$35. (Masks Required)

KNITTERS & CROCHETERS

The first and third Wednesdays of each month from 1:00-3:00 PM at the East Granby Senior Center. Come and socialize, work on your own project, meet other knitters and crocheters, or make items to donate to area hospitals, shelters, or schools.

BLOOD PRESSURE & BLOOD SUGAR SCREENING CLINIC

MONDAYS~, MARCH 6TH, APRIL 3RD, MAY 1ST 11:00AM-12:00PM. The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings as well as blood sugar screenings. No appointment necessary.

SHOPPING TRIPS

- **MARCH 27TH, APRIL 24TH, MAY 22ND –BIG Y/OCEAN STATE/DOLLAR STORE.**
- **APRIL 10TH, MAY 8TH – WALMART**
- **MAY 1ST – CHRISTMAS TREE SHOP/REIN'S DELI**

UPCOMING PROGRAMS/TRIPS

FRIDAY MARCH 24TH—Financial Fraud Bingo—Join us for this wonderful program sponsored by The Connecticut Department of Banking. Financial Fraud Bingo is played like regular Bingo, but each number is associated with a tip or a bit of information on consumer protection issues such as banking scams, investment fraud, cyber security, credit and debit management and more. It's a fun and interactive way to learn about protecting our personal information and our finances. Now more than ever this is a program you won't want to miss! **10:00am at the East Granby Senior Center (light refreshments will be served). There is no cost however reservation is required by March 19th. Transportation is available if needed.**

FRIDAY APRIL 14TH—Down Under—An fun journey to the amazing land of Oz —Join our presenter, Colleen van Hermert, newly arrived in America from Australia, who will take you on a fact, fun and food journey to the Land Down Under, otherwise known as "Oz". No airmiles, long queues or seatbelts required for this trip! Just bring your curiosity, a healthy sense of humor and the eagerness to explore some of the surprising similarities and differences that await you when you arrive on the sunny shores of Australia. Take a peak at a little bit of history, geography, flora, and fauna, sport, character, cultural diversity, famous people and the laidback outdoors-loving lifestyle for which Australia is known. We will be serving some authentic Aussie refreshments with our morning tea. You don't want to miss this one mate! **10:00am at the East Granby Senior Center. There is no cost however reservation is required by April 6th. Transportation is available if needed.**

FRIDAY APRIL 21ST—The Vintage Radio and Communications Museum—Windsor, CT—The Vintage Radio and Communications Museum offers a fascinating and educational look back in time (and technology). Join us for a guided tour as we take a walk through history from Morse Code transmitters to radio & television to personal computers, and everything in between. Many of their displays are hands-on! Tap out your name in Morse Code; Tune a 1925 radio; Crank a wind-up phonograph; Listen to a home-made crystal set; Pick a song from a working juke box. We will stop for a casual lunch at the brand new Doro's Marketplace on Route 75 in Windsor Locks on the way home. It's sure to be a fun & nostalgic day! **Depart the Senior Center at 10:00 AM. Cost is \$5 (lunch is on your own). Reservation due by April 13th.**

SATURDAY, MAY 13TH—Buddy Holly at the Majestic Theatre—West Springfield, MA —Join us for a matinee at this wonderful intimate theatre. This timeless story of rock and roll, love and heartbreak will get audiences out of their seats and dancing in the aisles. The musical tells the story of Buddy Holly's dazzling rise to fame and the lasting legacy his music left on the world. Featuring over 20 of Buddy Holly's greatest hits including "Peggy Sue", "Everyday", "Oh Boy", "Rave On", and "Raining In My Heart"—plus Richie Valens's "La Bamba" and the Big Bopper's "Chantilly Lace". Whether you've seen Buddy before, or this is your first time, you'll happily find "That'll Be the Day" that rock & roll does "Not Fade Away"! **Depart the Senior Center at 12:45 PM (for the 2:00 show). Cost is \$31. Reservation and payment due by May 4th. Masks required in the theatre.**

Please call the East Granby Senior Center (860) 413-3334 or email kellyj@egtownhall.com to register for programs or to subscribe to our newsletter

East Granby Public Library



SPRING STORYTIMES



Little Ones Storytime

Every Wednesday from April 5th - June 7th

10:30am

Lap sitting - 3 yrs with caregiver

Terrific Tales Storytime

Every Thursday from April 6th - June 9th

10:30am & 1:30pm

3 - 6 years old with caregiver

BUILDWAVE



Saturday, April 1st

10:30am - 11:30am

Grades 1-5

Join Buildwave as they lead participants through waves of high energy building challenges using materials like Lego®, PlusPlus®, Kapla®, and more. It's like a video game, but better!

BEDTIME STORIES!

Mondays:

March 27th, April 24th, & May 22nd

6:00pm - 6:30pm

All are welcome to join



Join Allgrove School teachers and friends for bedtime stories. Register for each bedtime story session separately. Participants are welcome to come in their jammies and bring a small stuffed animal.

PEEK AT OUR PEEPS!



May 2nd - June 5th

Visit the library during business hours and see the life cycle of a chicken!

May 2nd - May 22nd: Eggs incubating

May 23rd - May 25th*: Eggs hatching

May 26th - June 5th: Meet the little chicks!

*Dates of hatching are approximate.

PROM STORYTIME!



Saturday, May 6th

10:30am - 11:15am

Ages 3 - 8 years

Join us for stories, dancing, photo ops, crafts, and more!

FETCH! ME A STORY



Saturdays: March 25th, April 22th,

and April 29th

12:15pm to 1:45pm

Register for your 20 minute time slot.

A registered therapy dog and handler, trained in the Reading Education Assistance Dogs (R.E.A.D.)® program, will visit the East Granby Public Library to meet individually with young readers.

Visit www.egpl.org for more info, to register, and to see our complete list of programs!



East Granby Public Library

(860) 653-3002
www.egpl.org

BINGO!

Save the date!
Saturday, May 20th

Join us for the East Granby Public Library's
BINGO fundraiser!



Handmade Crepe Paper Flower Workshop

Tuesday, March 21st
6pm
Adult Class

Join Susan Canavan and make a handmade crepe paper flower. Cost is \$10 per person.



Needle Felting Egg Workshop

Monday, April 3rd
6pm
Adult Class

Join us for a workshop in how to needle felt an egg! Angelina Fleury will be leading this class. Cost is \$15 per person.



Museum Passes

Passes may be checked out for a two day period. Reserving ahead of time is advisable.



Children's Museum * Connecticut Trolley Museum *
Roaring Brook Nature Center * Florence Griswold Museum
* Mark Twain House * Mystic Seaport * New Britain
Museum of American Art * New England Air Museum * Old
State House Museum * Wadsworth Atheneum * The Zoo
in Forest Park * Old Newgate Prison * Henry Whitfield
Museum * Prudence Crandall Museum * Sloan-Stanley
Museum * CT State Parks & Forests Exhibit Centers



Book Clubs

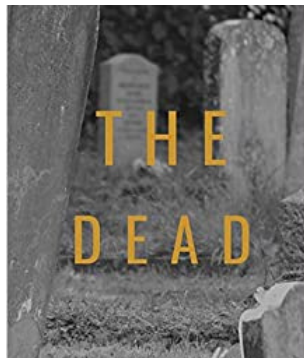
Interested in joining a book club? EGPL offers both in-person and virtual options on select Monday mornings and Tuesday afternoons.

In-person Book Club

April 10th at 10am

Featured book:
The Dead by James Joyce

A Christmas party, a shocking confession, and an epiphany, when everything is suddenly clear...

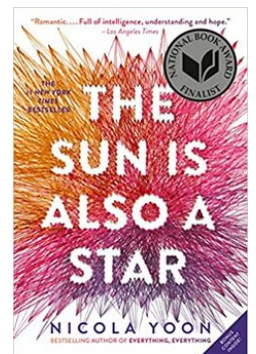


Virtual Book Club

April 25th at 4pm

Featured book:
The Sun is also a Star by
Nicola Yoon

Everything will have you falling in love with Natasha and Daniel as they fall in love with each other!



Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC)	4/4, 5/2, 6/6
Conservation 7:00 (TH).....	4/5, 5/3, 6/7
Board of Education 7:00 (TH)	3/27, 4/24, 5/8, 5/22, 6/12, 6/26
	<i>*Second Meeting of the Month As Needed*</i>
Economic Development 5:30 (TH)	3/27, 4/24, 5/22, 6/26
Town and School Building Committee 7:30 (TH)	As Needed
Board of Finance 7:00 (TH).....	4/4, 4/18, 5/2, 6/13
Parks & Recreation 6:30 (TH)	4/6, 5/4, 6/1
Planning & Zoning 7:00 (TH).....	4/11, 5/9, 6/13
Board of Selectmen 6:30 (TH)	3/22, 4/12, 4/26, 5/10, 5/24, 6/14, 6/28
Zoning Board of Appeals 7:00 (TH)	3/23, 4/27, 5/25, 6/22
Youth Services Commission 6:30 (EGF)	3/20, 4/17, 5/15, 6/26

The above meeting dates and times are subject to change.

Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

Guidelines for Submitting Articles

The following are the deadlines for the upcoming "Let's Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. At the discretion of the Editor, articles and graphics may be edited. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

**East Granby Town Hall
9 Center Street
East Granby, CT 06026**

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East Granby, CT 06026**