



Let's Talk Turkey

The Official Newsletter of the Town of East Granby

November 2022 • Volume XXVII, Issue VII

Happy Veterans Day and Happy Thanksgiving!

Thank you to our East Granby veterans for your service to our country!
I would like to wish you all a Happy Thanksgiving Day!

Mid-Term Elections: Elections were held on Tuesday, November 8th after this edition was sent to print. Thank you to those who exercised your right to vote.

Sign Design Contest: We had such positive feedback with this summer's photo contest we are now having a "Welcome to East Granby" Sign Design Contest! Together with the Bradley Regional Chamber of Commerce and People's Bank, I am working on the design, construction, and installation of several town signs on the main roadways of East Granby. We plan to host a community fundraiser in the coming months, but right now we are looking for your creative ideas of what the signs should look like to offer visitors a great first impression as they enter our wonderful town of East Granby. Please submit sign design ideas to info@egtownhall.com.

Photo Contest: Thank you to all our resident photographers who submitted photos for the August Talk Turkey's Photo Contest! The photo entry winners are Darline Berrios, Sue Landolina, Michele Marin, Jay Tran, and Todd Zessin. The winners will be contacted for a celebration and reveal.

Leaf Pick Up: There will be a town-wide leaf pick-up on November 19th. Please use the brown earth bags sold at hardware stores and place them curbside (no private roads) prior to 7:00 AM on Saturday the 19th for free pick up.

Power Outages, Town Emergency Shelter, and Emergency Numbers: The Senior/Community Center is the Town's Emergency Shelter. The Emergency Shelter has food, water, charging stations, and information. Please call the Selectmen's Office at (860) 413-3301 if you rely on electricity for life-saving equipment such as oxygen. We maintain a confidential list emergency personnel use in the event of a power outage. Important numbers to remember are 911 for emergencies, (860) 653-5385 for non-emergency police matters, and 211 for information regarding what is available for emergency support statewide.

Snowstorm Information: There is no parking allowed on streets during winter storms. This allows our Department of Public Works to clear the roads of snow and ice as soon as possible. Winter parking on the street during mild weather is also restricted between the hours of 12:00 AM and 6:00 AM during the months of November through April.

On a personal note, thank you for your support during my first year in office. I look forward to the second half of my term serving our East Granby community. Please remember my phone line and office door are always open if you wish to communicate any concerns or to stop by for a visit. I would also like to mention the outpouring of support our community has shown to a Ukrainian family who recently relocated to East Granby. Your hospitality has made them feel safe and welcome.

Have a wonderful and safe holiday season with your friends and family!
We will see you in January 2023!

Eden Wimpfheimer, First Selectwoman

Newsletter Publication Schedule

Submission Deadline	Delivered to Homes
Jan. 3, 2023	Jan. 15, 2023

submit articles via e-mail to
newsletter@egtownhall.com

Town of East Granby
9 Center Street
East Granby, CT 06026

Phone: 860.653.2576

Fax: 860.653.4017

E-Mail:
info@egtownhall.com

Web:
www.eastgranbyct.org



News From the Tax Office **WHAT'S DUE?**

**SECOND INSTALLMENT for REAL ESTATE
and
SUPPLEMENTAL MOTOR VEHICLE TAXES**
(For Motor Vehicles Purchased/Registered
between 10/2/2021 through 9/30/2022)

DUE: JANUARY 1, 2023
LAST DAY TO PAY TO AVOID INTEREST:
FEBRUARY 1, 2023

Please visit www.eastgranbyct.org to look up your property tax bill.

A Payment Drop Box is available 24 hours a day/7 days a week and is located at the back door of the Town Hall facing the Police Department, Library, and Senior/Community Center. You still have an opportunity to mail your payment on February 1, 2023. We accept the United States Postmaster Stamp/Seal as on-time if postmarked by 2/1/23. Sorry, postage meters do not qualify as Postmasters' Stamp/Seal.

In October, the Second Grade Allgrove Elementary class visited the Town Hall. We enjoyed meeting all the second graders and potential future taxpayers here in East Granby. We look forward to seeing the students again if they accompany you to the tax department when paying your bill.

Commission on Aging

The Commission on Aging (COA) hosted a Wellness Fair on October 17th at the East Granby Senior/Community Center. Some 70-80 people attended the Fair, which offered the presence of 26 vendors, including a number of Town agencies. Because of COVID, the Fair had not been held the last two years. People's Bank gave us a generous donation of \$500 towards the Fair, which helped greatly with expenses.

On October 22nd, East Granby Cares Day was held. This was an event accomplished as part of The Good Samaritan Program.

High School students answered the call to help townspeople with chores around the house. This year, we were able to help 11 seniors with 31 high school students participating in the program.

The East Granby Good Samaritan Program is ready and able to help people in town. If you have a need and are looking for help or if you know someone who could use help, contact Senior Services or Social Services to be matched up with our volunteers. If you're a person who would like to volunteer to help our town's seniors, please provide your information in the same manner. Details of this program and the volunteer form can be found on the Town website (eastgranbyct.org). Click on "Good Samaritan Program" on the front page for further information. You can also go to "Boards and Commissions," "Commission on Aging" for information. Join in and make our program a success by helping our seniors in town.



EGCC Annual Holiday Cookies-By-The-Pound Sale

East Granby Congregational Church will be holding its Annual Holiday Cookies-by-the-Pound Sale on Saturday, December 17th from 9:00 to 11:00 AM in Fellowship Hall. The snow date is Sunday, December 18th from noon to 2:00 PM. Save yourself some time and buy our delicious Christmas cookies for the holidays. The price is \$10.00 per pound. We hope to see you then!



East Granby Social Services

East Granby Social Services is located in the Senior/Community Center and office hours are Monday through Thursday from 10:00 AM to 3:00 PM. For more information on programs or assistance please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elise@egtownhall.com. Drop boxes for Social Services can be found inside the Senior/Community Center and outside the front door of the Town Hall.

Emergency Assistance Fund: The East Granby Emergency Assistance Fund is available to those income eligible residents who are in need of emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying

residents who are facing financial hardship. Donations can be made to the "East Granby Emergency Assistance Fund" and mailed to East Granby Social Services, 9 Center Street, East Granby, CT 06026.

Energy Assistance: Applications are being taken at Social Services from residents of East Granby who wish to apply for the Connecticut Energy Assistance Program. This program is designed to help offset the winter heating costs of Connecticut's lower income households. Winter heating assistance helps pay for a household's primary heating source such as oil, natural gas, electricity, propane, kerosene, coal, wood, and wood pellets. Please contact Social Services for more information on income limits and requirements or visit the State of Connecticut website, www.ct.gov, and search "Connecticut Energy Assistance Program."



Food Pantry: The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing assistance. The pantry is currently operating on Friday mornings for registered participants to shop. The East Granby Mini Bus is available for transportation to the pantry. If you are in need of food, please call



friend to friend

Social Services at (860) 413-3328 or e-mail elisee@egtownhall.com. To donate please call (860) 413-9015 or e-mail friendtofriendeg@gmail.com. Food donations may be dropped off at bins outside the East Granby Senior/Community Center and the East Granby Congregational Church, and inside the East Granby Post Office, East Granby Public Library, and Geissler's Supermarket in Granby. If you wish to make a monetary donation or local grocery store gift card donation you can either mail to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026 or e-mail friendtofriendeg@gmail.com.

Holiday Gift Program: The holidays are just around the corner and Social Services is preparing for the Annual Holiday Gift Giving Program. Each year, the community comes together to help make the holidays special for families who are facing financial hardship. It is an opportunity to be anonymously matched to a child or family in East Granby and fulfill gifts on their "wish lists." Please contact Social Services if you are interested in being a sponsor or supporting this program through monetary donations or gift card donations.



Individual Therapy: Are you stressed? Overwhelmed? Grieving? Need someone to talk to? Schedule an appointment with therapist Sharon Eastman, LCSW. Appointments are available Mondays from 12:00 to 4:00 PM and Thursdays from 9:00 AM to 1:00 PM. For more information please contact Social Services at (860) 413-3328 or Senior Services at (860) 413-3334.



Operation Fuel: Operation Fuel offers emergency energy assistance to households who fall outside the Connecticut Energy

Assistance guidelines or have exhausted their Connecticut Energy Assistance grant. Applications can be completed through East Granby Social Services or directly through the Operation Fuel website: <https://operationfuel.org/gethelp/>.

Local Business to Host Holiday Events

Everlasting Nutrition will be hosting several events to kick off and carry the momentum into the holiday season. We will be hosting and promoting local crafters and artisans just in time for holiday gift-giving. On Saturday, November 26th from 9:00 AM to 2:00 PM



we will be joined by Lilly & Piper Designs, Mom's Mean Bee Apiary, and Tobacco Valley Images, which specialize in nature and wildlife photography. On Sunday, December 18th, we

will be joined by none other than the Grinch and Cindy-Lou Who from 10:00 AM to 2:00 PM. Stop in and if you dare, take a picture with the Grinch!

East Granby Library Names New Director

As the Board of the East Granby Public Library Association faced the difficult task of hiring a new Director, our greatest hope was to find a person who has a sense of leadership and compassion for staff, community, and especially for our Library; someone who respects where we've come from and who will help us to fulfill the visions that Doreen set in motion as well as create new goals and forge new paths.

With all of that in mind, the Board is pleased to announce that our very own Monique Gerken will be assuming the position of Director at EGPL. Monique has served as our financial clerk and brings lots of previous experience to her years at the Library. She has been an incredible source of connection and collaboration in these last couple of months. Please join us in congratulating Monique and supporting her in her new role as Director!

Historical Society Program



On Sunday December 4th at 2:30 PM at the East Granby Public Library, the East Granby Historical Society will present "Beyond the Bicep: The Real Story of Rosie the Riveter" presented by Dr. Amanda Goodheart Parks.

Her image has adorned everything from lunchboxes to lampshades, but what is the real story of Rosie the Riveter? Together we'll trace her journey from propaganda poster to feminist icon while uncovering the history of the real life Rosies who not only inspired that infamous bicep, but whose work in wartime industries helped secure an Allied victory during World War II. Dr. Parks is a public historian whose work can be seen on the History Channel, has been awarded by the American Alliance of Museums, and is featured at museums and historic sites across New England. She specializes in the history of women and gender. The program is free and open to the public (the program will follow a brief 2:00 PM business meeting).

Nutmeg Clay Crushers

The Nutmeg Clay Crushers are a local youth team and part of the Scholastic Clay Target Program. We are based here in East Granby and practice at The Hartford Gun Club. Our team provides kids from elementary through high school and college with the opportunity to participate in the fun and challenging sports of Trap, Skeet, and Sporting Clays. This is a youth development program that helps kids reach their highest potential in becoming the best athletes and young adults they can be. We practice every Saturday throughout the year. We compete locally, regionally (New England), and at the National Championship each July in Ohio. If you have a youth that may be interested, you can contact Head Coach Tim Butler at (860) 982-0731 for more information.

No Cost Fundraising for PTO



The Allgrove/Seymour PTO collects Geissler's receipts to help raise funds to further support the curriculum in our elementary schools. The PTO receives five percent back on all receipts submitted through the Geissler's program. Receipts must be over \$35 and less than six months old. Submit receipts throughout the year at the following locations:

- The Allgrove & Seymour School Offices
- East Granby Public Library (box behind the desk)
- East Granby Post Office (box located in lobby)
- East Granby Senior/Community Center (box in lobby)

Please submit receipts to any of the above locations as soon as possible so that they can be included in our next submission.

News from Copper Hill United Methodist Church

Rev. Dr. Kelvin Jones



Copper Hill Church Christmas Bible study series is set to begin with the beginning of Advent. It is called "The Journey" and features weekly video clips filmed in Palestine by Rev. Adam Hamilton and his team. They will guide us as we learn about Mary and Joseph's journey to Bethlehem. Pastor Kelvin's Advent/Christmas messages will parallel the study series. Other special Christmastime programming will include a video short being planned and videoed by our teens as well as our traditional "Hanging of the Greens" event and musical contributions by our Christmas choir.

Copper Hill Church trustees have been busy repairing and enhancing the exterior and the interior of our church. Under the leadership of Jim Luchina, they removed the falling decorative stone along the foundation, installed new footers for it, and then cemented the stone back in. This improved both the looks and the durability immensely. They also had sharp-looking new rear entrance steps built. On the inside, they hired a painter to repaint all the colonial era pews and other woodwork in the sanctuary. Good maintenance of God's house is such an asset to the church's ministry.

Our annual late-October harvest party was a big success. Harrison Griffin drove the hayride down to the Griffin farm and back. The wagon was filled with joyful partiers of three generations. After returning to the fellowship hall, the children enjoyed a Bible story, a pumpkin craft, and food before receiving their bag of candy.

Now it's Thanksgiving season, and I have learned that gratitude is a transformative habit that helps us to have healthier perspectives and enjoy life more as well. A great verse for today is, "Give thanks to the Lord, for he is good; his love endures forever" (Psalm 106:1). Counting our blessings just brightens all our days.

East Granby Congregational Church

Rev. Dr. Sandra L. Fischer

East Granby Congregational Church provides a space to slow down and reflect during the upcoming holiday season.

As the days grow shorter, and nature around us slows and slumbers, we each must still attend to the ordinary matters of life. And while nature may be slowing down, it seems that every year the holiday season increases the pace even more. Those of us that celebrate Christmas are no doubt both excited and slightly overwhelmed by the prospect of what the next several weeks will entail. EGCC and Rev. Sandra invite you to take an hour or so each week to slow down and experience the support of a compassionate Christian community. You are invited to join others who wait in the growing darkness with the hope that new light is soon breaking forth into our world. Here are a few opportunities:

Sundays, November 20th and December 11th (9:50 AM) – Cafe Church: Have you been feeling the need for a space in which to explore your personal spirituality, but a traditional worship service just doesn't do it for you? Join EGCC for Cafe Church! Once a month the community comes together in the "round room" for a quick worship over coffee, and then break out into small groups to talk about things; like the meaning of God, faith, and hope. Each group will have a facilitator, but there's no right answer here; just people on the journey coming together to be curious and compassionate with each other.

Sunday, November 27th (10:00 AM) – Hanging of the Greens Sunday (Guest Preacher, Rev. Denny Moon) followed by Make Your Own Advent Wreath: A fun multi-generational service during which the sanctuary is decorated as our narrator reads and music is played and sung. The service is followed by a make-your-own Advent Wreath workshop.

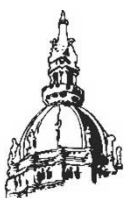
Saturday, December 17th (9:00-11:00 AM) – Annual Holiday Cookie Sale: There's no better way to ease the stress of the holidays than getting local homemade yummys to share—\$10.00 per pound.

Saturday, December 17th (4:00 PM) – Shadows of Hope Service: A reflective service to meet the needs of people in the community who are experiencing grief, both in the passing of a loved one, or in difficulty with the Christmas season in general. EGCC encourages you not to be alone in your grief. Followed by a gathering time with light refreshments.

Sunday, December 18th (10:00 AM) – Children's Christmas Pageant: Enjoy a traditional Christmas Pageant.

Saturday, December 24th (4:00 PM & 11:00 PM) – Christmas Eve Services: Family Service of Lessons and Carols at 4:00 PM; Christmas Eve Communion at 11:00 PM.

"No matter who you are or where you are on life's journey, you are welcome here."



Capitol Update

Rep. Tami Zawistowski, 61st District

Thanks to all of you who took the time to vote in the November 8th election, with special thanks to those who volunteered to work at the polls.

The next legislative term will begin January 4th, 2023, with the swearing in of a new General Assembly and statewide constitutional officers. This will kick off a "long session" which will continue until early June. In addition to setting a new biennial budget, legislators will be able to individually propose bills directly rather than relying on committee request letters as required during even-year "short sessions."

I have heard from many people in our area expressing frustration with high prices for everyday goods and services, worries about

crime, and concerns about our quality of life. I plan on submitting legislation to address these issues head-on.

This January the highway use tax is set to go into effect on trucks delivering goods or traveling through our state. Trucks are already heavily taxed and this additional levy will raise prices on nearly all goods since our supply chain, which keeps food on the shelves at grocery stores, relies on trucking. I will propose legislation to repeal this tax going forward. Additionally, I will propose legislation to reduce income tax rates from 5% to 4% for families making less than \$175,000 per year and index our tax brackets to inflation, increase the property tax credit, eliminate the 1% extra sales tax on meals, and consider the elimination of minor taxes/fees which may cost more money to collect than they provide in revenue.

This past term I was proud to support efforts to reform our juvenile justice system and take steps to reduce catalytic converter theft. This coming term I will push for additional provisions to reduce crime and put victims' rights ahead of criminals. I will propose enhanced penalties for crimes committed using a stolen vehicle or stolen firearms, removal of criminal record erasure for certain violent crimes, and provide adequate funding and resources for the Office of Victim Advocate.

In light of alleged misuse of funds in certain municipalities and state agencies, I also plan on submitting legislation to bring greater transparency to government and oversight of COVID relief money.

If you have additional suggestions for legislation or specific issues you think State government should address, or handle better, please let me know during the bill proposal period prior to the start of session in January.

As this is the last column of the year, I want to extend my best wishes to you and your families a happy and healthy holiday season. As always, please contact me if you have questions about state issues by phone at (860) 240-8700 or by e-mail at Tami.Zawistowski@housegop.ct.gov. I would also encourage you to sign up for my email newsletters online at www.RepZawistowski.com and follow my social media on Facebook (@repzawistowski), Twitter (@tamizawistowski), and Instagram (@repzawistowski) for the latest news from the Capitol and across the district.





friend to friend

Food Pantry & Thrift Shop

Wind down to winter.

Thank you to all who attended our **22nd Annual Empty Bowls** event. We are grateful to our event co-sponsors, *Expressions Pottery Workshop* and the *Women's Club of East Granby*, for their hard work. It was wonderful to be back in person with our community. We're so appreciative for the wonderful music provided by Bill Murphy and friends, the refreshment sponsors and the soup and dessert coupon sponsors, thank you!

Here we are again already — the last issue of *Talk Turkey* until next January. Our **Thrift Shop** volunteers have prepared for the holiday season and we hope you'll come by and browse our selection of seasonal clothing, jewelry, accessories, decorations, artwork and more! Follow our facebook page for the newest arrivals. **Our shop closes on Saturday, December 17 at 3:00pm and will reopen on Saturday, April 1, 2023 at 10:00am.**

In closing, we wish you a wonderful holiday season full of good health and laughter. Thank you for your consistent generosity and compassion which helps the *Friend to Friend Food Pantry* care for our community.

Food Pantry

To register with the Food Pantry call Elise at **Social Services at 860.413.3328** or email **elisec@egtownhall.com**.

To volunteer or donate to the Food Pantry or Thrift Shop please call **860.413.9015** or email **friendtofriendeg@gmail.com**.

- In need of the following items: baked beans, bottled juice, canned fruit/vegetables (green beans, corn, peas), canned chicken and tuna, Campbell's Chunky and Progresso Rich and Hearty Soups, coffee, granola bars, jar pasta sauce, jelly, peanut butter, sugar, laundry detergent, paper towels and toilet paper.
- **Non-perishable** food donations may be dropped off *outside* at the EG Community/Senior Center and EG Congregational Church or *inside* at the EG Public Library and EG Post Office. You can also purchase and donate at Geissler's Supermarket in Granby, CT
- Monetary donations can be at www.friendtofriendeg.com or mailed to: Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026

Thrift Shop

32 Spoonville Road
860.413.9015
860.392.8362 (after hours)

friendtofriendthriftshop@gmail.com

Please visit us before we close for the season on Saturday, December 17, 2022 at 3:00pm.

Tuesday 10:00am-2:00pm

Thursday 12:00-4:00pm

Saturday 10:00am-2:00pm

Holiday Cheer is coming to East Granby!!!!

Sponsored by the Allgrove/Seymour PTO and
the East Granby Vol. Fire Department

Sunday
12/18/22
Starting at
9:00am

*Optional donations to the
Fire Department can be
made through cash, check
or Venmo @EGVFD



If you would like Santa to drive by your house, please fill out this form by
Wednesday, December 14th <https://forms.gle/afU5U4vhca3ehoGf9> or email
allgroveseymourpto@gmail.com with your last name and address.

Santa will visit anyone in East Granby - kids and/or adults!!!



FUNDS\$

FOR NON-PROFITS



WE WANT TO HEAR
FROM YOU



EAST GRANBY
GREATER TOGETHER COMMUNITY FUND
at the

Hartford Foundation
FOR PUBLIC GIVING

IF YOUR ORGANIZATION ADDRESSES A REAL NEED IN THE EAST GRANBY COMMUNITY

THE EAST GRANBY GREATER TOGETHER
COMMUNITY FUND SUPPORTS PROJECTS THAT:

- *ENHANCE QUALITY OF LIFE IN EAST GRANBY*
- *ENHANCE CURRENT PROGRAMS*
- *BENEFIT OUR RESIDENTS*
- *IMPROVE ACCESS*

MAKING AN IMPACT

The EGGT Community Fund has awarded **over \$67,000** since its inception.

A message from the Hartford Foundation for Public Giving Donation in Memory of Doreen Jacius

We are deeply saddened to hear of the recent passing of East Granby Library Director and GTCF Selection Committee member Doreen Jacius. The Hartford Foundation has made a \$5,000 donation to the East Granby Greater Together Community Fund in honor and memory of Doreen's service to the community. We share our sincere condolences and gratitude to the committee members, Doreen's family, and friends.



Watch for Next
Application Deadline
beginning of 2023

Contact



eastgranbygreatertogether@gmail.com



hfpg.org/eastgranbycf



East Granby Greater Together Community Fund



Does Your Home Have Radon?

25% of homes in the Farmington Valley have unsafe radon levels.

Radon exposure is the leading cause of lung cancer deaths among non-smokers.

Test Your Home. Protect Your Health.

1. Between December 2022 and March 2023, visit the **East Granby Public Library** or the **East Granby Building Department** in the Town Hall and ask for a **FREE** Radon Test. Test supply is limited.
2. Test your home. Instructions provided with the test.
3. Mail your completed test to the lab. Return postage included with test.
4. The lab will contact you directly with the results.



For more information, please call the FVHD at (860) 352-2333.

Visit our website for all locations to pick up a Radon Test.





eastgranbyhistoricalsociety.org

BECOME A MEMBER

To join or renew, please use this form. Send form with check payable to East Granby Historical Society, and mail to: EGHS, PO Box 188, East Granby, CT 06026.

Membership type: Individual \$15 _____ Family \$25 _____ Life \$225 (individual or family) _____

Name(s): _____

Address: _____

Phone: _____ Email: _____

Would you be willing to serve on a committee? Yes _____ No _____

Interests/Talents: _____

The East Granby Historical Society is devoted to the preservation and promotion of the history of East Granby, our state and our region. We preserve locally relevant artifacts in the East Granby Historical Society Barn located at 85 North Main St. in East Granby, and offer programs of historical interest throughout the year. The Society also undertook the complete restoration of an authentic 1850s Concord stagecoach in 2008, which is on permanent display in the barn.

All of the Society's activities are undertaken by volunteers and are offered free of charge to the public.

Please help out by becoming a member.



79 North Main Street
East Granby, CT 06026

E-mail : aliciav@egtownhall.com
Phone : 860-653-7660
Fax : 860-413-3702

www.EastGranbyRec.com

Winter 2022 - 2023 Programs & Activities

Adult Activities

Adult Painting in Watercolor

Join award winning artist Lori Rapuano and learn how to paint in watercolor. This program is designed for all experience levels; each student works at their own pace, and small class sizes ensure individual assistance can be given. Guidance is provided on drawing, color theory, composition, design elements and, of course, watercolor technique. Bring reference photos to work from and your own materials and supplies. **Classes are \$25 each and are held in the Sears House at East Granby Farms.**

Tuesdays, 7:00 - 9:00 pm

November 1, 8, 15, 22, and 29
December 6, 13, 20, and 27

Wednesdays, 9:30 - 11:30 am

November 2, 9, 16, 23, and 30
December 7, 14, 21, and 28

This program continues monthly – check out 2023 dates on our website.

Learn to Meditate

Enjoy learning how to reduce stress, sleep better, and practice mindfulness with meditation.

Evening Session | Cost: \$60



Wednesdays, October 19 – November 30,
6:30pm-7:30 pm
East Granby Public Library

A January session will be posted on our website in the coming weeks.

Slow Flow Vinyasa Yoga

While connecting breath to movement, we start with a warm-up then flow through a series of yoga poses (asanas) building heat slowly and gently and ending in a relaxing Savasana.

Modifications are given for all levels. This class is great for those newer to yoga or those wanting to slow it down in a basic flow class.

Mondays, 6:30 - 7:30 pm

East Granby Farms Recreation Building
November 7, 14, 21, 28, 2022
December 5, 12, 19, 2022

(NEW): Wednesdays, 6:30 - 7:30 pm
East Granby Middle School Gym
November 16, 30, 2022 (no class 11/23)
December 7, 14, 21, 2022



Adult Drop-In Basketball

This drop-in program is for anyone over the age of 18. Different teams are made weekly, and we limit the number of



Follow us on social media:



[/EastGranbyRec](https://www.facebook.com/EastGranbyRec)



[@eastgranbyrec](https://www.instagram.com/eastgranbyrec)

participants to 20. Priority is given to those who purchase a punch card and arrive by 7:00 pm. The cost for a full session punch card is \$50 or you can purchase a drop-in pass each week for \$5. We encourage you to register in advance.

Winter Season: Wednesdays, January 4 – March 1, 2023

7:00 - 9:00 pm in the EG High School New Gym

High School events & programs take precedence. Please follow the East Granby Parks and Recreation Facebook page or register online to ensure you receive notifications for last minute changes due to scheduling conflicts.

Tap Dance for Teens and Adults

Tap dance is an excellent workout that allows for creative expression and utilizes rhythm, syncopation, and sound in addition to movement. Tap dance sharpens reflexes and improves memory skills and coordination, making this a wonderful class for anyone from teenager through senior citizen.

Winter Session: January 11 - March 15, 2023

Intermediate Tap Dance

This class is for those students who have mastered beginner level tap step combinations.

Wednesdays, 7:00 - 7:45 pm

Advanced Tap Dance

This class is suitable for those students who have mastered both the beginner and intermediate level classes. Class will include complex steps and combinations put into actual routines.

Wednesdays, 8:00 - 8:45 pm

Children's Activities



you!

Preschool Playgroup

Our parent/child toddler through preschool playgroup is an excellent opportunity for socialization, for both your little one(s) and for

The East Granby Recreation Building is transformed into a giant playroom that allows your child(ren) to safely explore and play with other children while you chat and connect with other caregivers. After free play, the group comes together for a short circle time.

This year, due to popular demand, we are excited to offer two playgroup sessions a week:

Winter Session:

Group #1: Mondays, January 23 – April 3

9:30 - 10:30 am

Cost: \$50 per child

Group #2: Wednesdays, January 25 – March 29

9:30 - 10:30 am

Cost: \$50 per child

Introduction to Horseback Riding

Looking for an opportunity for your child to learn to ride, or improve their current riding skills? Join our advanced riding instructors in this introductory set of lessons!

Held off site in the indoor barn at the End of Hunt Equestrian Center (1360 Hill Street, Suffield, CT).

Winter Session: Tuesdays, January 10 –

January 24, 2023

4:30 – 5:30 pm

After School Programs

Ski Sundown After School Program



Fridays, January 6 – February 3, 2023

This ski/snowboard program is open to students in Grades 3 – 12. Students are transported to and from Ski Sundown and staff and parent volunteers are present on the bus and at the mountain. Lesson and Equipment Rental packages are available; however, if your child does not sign up for lessons, they will not receive any instruction from Ski Sundown staff or our volunteer parent chaperones, so they are expected to have a level of responsibility and independence.

See EastGranbyRec.com for more information on packages, pricing, rules, registration, and waivers.

Allgrove School - ART-Ventures for Kids

ART-ventures Around the World: Art travelers go on a spectacular journey around the globe, touring various countries and cultures. Create hot air balloon lanterns to take you up and away! Each week we land somewhere in the world and create wicked cool cultural art using unique materials and artisan's techniques. Design Mosaic Picture Frames in Greece and sculpt miniature clay Vejigante Masks in Puerto Rico. Build Tribal Rain Sticks in Australia, and paint Maracas in Brazil. Plus, design Japanese Windsocks, Mexican Yarn Paintings, Spanish Paper Fans, Native American Story Necklaces, and more! Fun facts about each country and culture, geography and art history are included. Throw your imagination in your suitcase and let's hit the road!



Mondays, January 23 – March 20, 3:00 - 4:30 pm

OR

Thursdays, January 26 – March 23, 3:00 - 4:30 pm

Seymour School - ART-Ventures for Kids

Monsters and Mermaids Fantasy ART-Ventures: *Pay no attention to that fire-breathing dragon!* Armored in aprons and wielding paintbrushes, brave young art explorers' journey into a fairy-tale kingdom, where fairies flit through rainbow skies and zany zombies roam the streets. Meet fantastical creatures, both spooky and sweet, while conjuring bedazzling art: Decorate wicked cool witch or wizard hats and sculpt clay witches on broomsticks! Design colorful ceramic skulls inspired by Día De Los Muertos and paint unicorn or dragon banks. Craft monster t-shirts and create sparkling castles on canvas. Make hand puppet mermaids, vampires, fairies, werewolves, or any creature you can imagine. Build UFOs and sculpt clay aliens to fly them, construct haunted house boxes, and make metal robot art. Using some very magical potions and spells (i.e., materials and techniques), art-venturers experience painting, drawing, sculpting, stained glass, ceramics, fabric art, and more. Enchanting two- and three-dimensional masterpieces come home each week. Fun, fantasy-filled art-ventures!

**Wednesdays, January 25 – March 22,
3:00 - 4:00 pm
after school at R.D. Seymour School**

Youth Sports

**East Granby Park & Rec Basketball
(Grades K – 8)**

Mini Hoops – Kindergarten Basketball

Registration Deadline is December 15, 2022

East Granby Recreation is excited to announce our 8-week long Mini Hoops Kindergarten Basketball program. In Mini Hoops, the focus is on having fun, while learning the basics of basketball and how to be a part of a team. Fun activities have been developed to teach our youngest players about the game in an age-appropriate way.

Mini Hoops will be held in the East Granby Middle School Gym at 11:00 am and 12:00pm (noon) on Saturdays, January 7 - February 25, 2023. If this session fills, we will offer a second session at 12 pm. (make-up day due to weather cancellation is March 4, 2023).

This is a co-ed program and registration is open to East Granby residents only. All participants will receive a basketball and a team jersey as a part of the program.

Youth Basketball (Grades 1-2)

Deadline to register is Friday, December 15, 2022. The program will run for 8-weeks, beginning the week of January 2, 2023.

Our program focuses on learning the fundamentals of basketball, developing individual skills, and learning the importance of good sportsmanship and what it means to be on a team. The program will give players an opportunity to learn the rules of the game, help them develop individual skills, foster teamwork, allow them to learn good sportsmanship, and to HAVE FUN! The program will give players an opportunity to play basketball with their friends and make new friends too.

Registration for this program is open to East Granby residents only. All participants will receive a team jersey as a part of the program.

Grades 3 - 8

The East Granby Youth Basketball program is designed to provide a positive recreational basketball program for students in grades 3-8. The goals of the program are to teach

the players the rules of the game, help them develop individual skills, foster teamwork, allow them to learn good sportsmanship, and to HAVE FUN! The program will give players an opportunity to play basketball with their friends and make new friends too.

Team rosters may be kept specific to each grade, or multiple grades may be combined into one team, depending on the number of registrations received.

There will be 2 practices a week and the focus will be on instruction and team building within each group. Practices will take place at the Middle School and/or the High School Gym, and will run for 1 hour in length. The day, time, and location of the practice will be determined by coach and space availability. The registration process will ask what days/times your child is not available.

Practices will be held on weekdays, beginning the week of December 5, 2022 and run through February 24, 2023. (NO PRACTICES will be held during Winter Break, or on 1/16, 2/20, and 2/21)

Games will take place on Saturdays for 8 weeks beginning in January 2023. East Granby Youth Basketball is participating in a league with teams from Granby, Suffield, Hartland and the Farmington Valley YMCA. Depending on how many teams are available to play, other towns may be added.

Games will be held on the following Saturdays:

January 7, 2023	February 4, 2023
January 14, 2023	February 11, 2023
January 21, 2023	February 18, 2023
January 28, 2023	February 25, 2023

*Snow date March 4, 2023

Registration for this program is open to East Granby residents only. All participants will receive a team jersey as a part of the program.

Cost: \$135

Dance Programs

The Winter Session begins January 11th

All East Granby Recreation Dance Classes are **\$150 resident | \$155 non-resident** And are held at East Granby Farms Recreation Building unless otherwise noted on the website.

Visit EastGranbyRec.com for more information and to register for classes.

Terrific 2s ~ Baby Creative Movement

This fun and exciting and adorable 30-minute class teaches coordination, musicality and the fundamental creative movement and ballet. Our tiny dancers will learn rhythm, spatial awareness, basic technique as well as listening and learning skills while learning self-confidence.

Saturdays, 8:30-9:00 am

Tap & Ballet

This is the



perfect combination class for tiny dancers. Ballet promotes coordination, grace, balance, and correct body alignment. Tap dance develops a sense of rhythm, timing, and musical awareness. These fun classes are a well-rounded introduction to dance.

Tiny Dancers Tap & Ballet (Ages 3 – 4)

Saturdays, 9:15 - 10:00 am

Tap & Ballet (Grades K – 3)

Level 1: students who have never taken dance classes before.

Wednesdays, 4:00 – 4:45 pm

Level 2: Students who have completed Level 1 classes.

Jazz, Hip-Hop, & Tumbling

Our young dancers will learn jazz and hip-hop steps and combinations working on sequences that will fuse together technique and style, all while building the dancers style and confidence.

Jazz, Hip-Hop, & Tumbling (Grades K – 3)

Thursdays, 4:00 – 4:45 pm

Wednesdays, 5:00 – 5:45

or

Saturdays 11:15 am – 12:00 pm

Tap & Ballet (Grades 4 – 6)

Beginner: students who have never taken dance classes before.

Thursdays, 5:00 – 5:45 pm

Intermediate: students who have completed Beginner Level classes

Thursdays, 6:00 – 6:45 pm

Mini Tumblers (Ages 4 – 7)

This class will teach basic acrobatic moves, working on fine and gross motor skills and coordination. Students will increase their flexibility and strength and will learn a variety of basic beginner tricks.

Saturdays, 10:15 – 11:00 am

Boys Ninja Hip-Hop/Tumbling (Ages 4 – 9)

In this high energy class, students will learn age-appropriate hip-hop choreography and tumbling skills, incorporating the spins, kicks, rolls, and jumps of a ninja!



Wednesdays, 6:00 – 6:45 pm

Holiday Trails

Need a little pick-me up? Need an excuse to become Clark Griswold this year? Continuing with a new tradition. Let's add a little holiday cheer this year by creating a Festive Holiday Trail for all to enjoy.

Join us by committing to decorate your home, register with Parks and Recreation to be shown on the map, and commit to turning on your lights on Saturday, December 17th from 6:00pm -9:00pm.

Please be sure to register your home by Thursday, December 15th to be included on the list.

East Granby Parks and Recreation will create a trail/map to be shared and will make it available on the Parks and Recreation website.



Annual Town Tree Lighting & Caroling

Join East Granby Parks and Recreation for the 12th Annual Town Holiday Tree Lighting and Caroling. This year we are celebrating the season on the grounds of the town campus. Join us to remember an amazing young woman, Jacky Welsh, and to celebrate the season with the annual tree lighting and caroling.

The evening begins with a HoliDaze Mad Science Show in the Community Center for our young residents sponsored by the Allgrove/Seymour PTO. This event will run from 4:30pm - 5:30pm.

After the show we will have holiday crafts, letters to Santa, a train ride, and a Sing-Along with the High School Choir for the kids.

Haven't been able to write your letter to Santa yet? Our East Granby High School Youth Action Council will have a Letter to Santa mailbox at the event for any child who would like to bring their letter to Santa. Be sure to include your name and return address because Santa and his elves are excited to reach back out to you.

At 6:00pm our tree lighting ceremony will begin outside. The Marquis of Granby will be playing, and the East Granby High School Choir will lead us in caroling to ring in the spirit of the season.

We will have our annual "Stuff a Cruiser" happening and ask that you bring an unwrapped toy to donate.

After the tree lighting, we invite everyone to join us in the senior/community center for hot chocolate and cookies.

This is a free event, and no registration is required.

Follow us on social media:  /EastGranbyRec  @eastgranbyrec



*I will always have this
piece of my heart that
smiles whenever* 
I think about you.
FOREVER YOUNG

Light Up the Town Campus

Join East Granby Parks and Recreation on Friday, December 2nd as we welcome in the holiday season with the 12th Annual Jacky Welch Tree Lighting and Caroling event. Take time out of the hustle and bustle of the season to come together to remember, celebrate, and enjoy our wonderful community.

As we enter the season of celebration, we also pause for a moment to remember those we have lost. This year, during the tree lighting event, we will light up the Town Campus with memorial luminaries.

We invite community members to purchase and personalize a luminary in memory of a lost loved one. Luminaries are \$5 each or five for \$20. We encourage you to purchase your luminaries online at www.EastGranbyRec.com. You will have an opportunity to include a message, which our staff will hand-write onto your luminary for you. If you wish to personalize it yourself, luminaries are available during regular business hours at the Parks & Rec Office (79 North Main Street) and the Town Hall in the Selectmen's Office (9 Center Street).

Any profit made by the selling of luminaries will be used to purchase toys to fill the Stuff-A-Cruiser portion of the event. These toys are donated to a local Domestic Violence family shelter.

If you have any questions, please call Nicole: (860) 413-3301 or email nicoles@egtownhall.com or eastgranbyrecreation@gmail.com.



East Granby Youth Services

For information on the most current programs, events, and services available please contact us:

Susan J. Lawshe, JD, LMFT
Call: (860) 653-7800
E-Mail: SueL@egtownhall.com

Mason Williams, Program Coordinator
Call: (860) 653-7660
E-Mail: Mason@egtownhall.com

Website: www.eastgranbyct.org/commission-on-youth-services

79 North Main Street - PO Box 1858
East Granby, CT 06026
(860) 653-7660

East Granby Youth Service Bureau

The mission of the East Granby Youth Service Bureau is to coordinate the delivery of community-based services for prevention, intervention, treatment, and follow up for at risk youth, and to provide opportunities for all youth to function as responsible members of the community.

Commission on Youth Services

The commission on Youth Services (CYS) has been established to serve in an advisory capacity and support the mission and staff of the Youth Services Bureau. Members are appointed by the board of selectman and represent various segments of the community including law enforcement, education, children and families, and local business and organization. The goal of the CYS is to advocate for our youth population by evaluating priority needs and interests on an ongoing basis and assisting the YSB in the development of appropriate programs and services. Meetings are held every third Monday of the month and are open to the public.

Counseling Services

Counseling services addressing emotional, behavioral, and mental health issues are available for children and families residing in East Granby. We provide parenting support, family therapy, individual therapy, play therapy for children, referrals, and school consultation. School, parent, and self referrals are accepted. All services are professional and confidential and are offered free of charge to East Granby residents.

PROGRAMS

Letters to Santa



Send your Holiday Wish List to Santa! Between November 25th - December 10, Letters to Santa Mailboxes will be located at:

The East Granby Public Library (24 Center Street)
The East Granby Community Center (20 Center Street)

They will also be accepted at the Women's Club Winter Wonderland and the Youth Action Council Recycle-A-Gift Events on December 10, at the East Granby Community Center & Public Library. The East Granby High School Youth Action Council (YAC) will help deliver your letter to St. Nick and his team of elves will write back before Christmas. Happy Holidays!

Recycle-a-Gift

This December, the High School Youth Action Council will be hosting a Recycle-a-Gift event! This is the perfect opportunity to pass along that item that you received for your birthday/ last Holiday Season, that you've never opened and have been feeling guilty about.

Donations will be accepted from November 25 - December 5, 2022. Please remember that all donations must be in gift-able condition.



Donation Drop Boxes will be located at:

- East Granby High School
- East Granby Middle School
- East Granby Public Library
- East Granby Senior/Community Center
- East Granby Town Hall
- East Granby Youth Services

Then, on December 10, 2022 (Time TBD), children can come to the East Granby Public Library and "shop" for family members. Our High School Youth Action Council members will assist each child with picking out the perfect gifts for everyone on their list and wrap the packages for them.

Parents and guardians get to relax and wait outside the room so they can be surprised when they open their gift.

Parenting the Love and Logic Way



A six-week parenting program designed by the Love and Logic Institute and co-sponsored by East Granby Public Schools and East Granby Youth Services. The curriculum is designed to give you practical skills that can be used immediately!

Learn how to:

- Stay calm when your kids do upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help your kids learn from mistakes rather than repeating them
- Avoid un-winnable power-struggles and arguments

And much more!

Mondays, November 14 - December 19, 2022 | 6:30 - 8:00 pm | East Granby Middle School Library

The cost for this program is \$20 (if two adults in one family are registering the fee is only \$20 but we ask that you notify the office that both adults will be coming). Financial assistance is available if needed, please reach out to the East Granby Youth Services office at 860-653-7800 or email at eastgranbyyouthservices@gmail.com.

Facilitators of the Parenting the Love and Logic curriculum are independent and are not employees of Love and Logic Institute.

Safe Sitter® Program

Safe Sitter® is for young teens in grades 6-8 who are ready to learn the skills they need to care for themselves and younger children. In addition, Safe Sitter® teaches young teens life and business skills, so that they know how to be prepared, be responsible, and be considerate whether they are babysitting or doing odd jobs for family, friends, or neighbors.

The Instructor-led class is filled with fun games and role-playing exercises.

Students learn:

- Safety Skills
- Child Care Skills
- First Aid & Rescue Skills
- Life & Business Skills

Tuesday, February 21, 2023 | 9:00 am - 3:00 pm *Please bring a bagged lunch*

East Granby Community Center

Cost Resident: \$60 | Non-Resident: \$100

Registration closes February 13, 2023

In addition to a Certificate of Completion, each participant will receive a Safe Sitter® Kit that includes a cinch sack with the student handbook, an LED flashlight, a bandage dispenser, and an important information note pad.

Safe@Home Program

Safe@Home by Safe Sitter® is a 90-minute program designed for students in grades 4-6 to prepare them to be safe when they are home alone.

During this class, students learn to practice safe habits, how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses.

Some of the items that are discussed:

- Indoor Safety
- Outdoor Safety
- Online Safety
- Personal Safety
- Handling Emergencies (Weather, power outages, smelling smoke or fire, smelling gas, carbon monoxide, and break-ins)
- Preventing Injuries
- Injury Management
- First Aid chart (different types of injuries and how to handle them)

Included in the cost is a Safe@Home booklet that each student will take home, so they can then go over what they learned with their parent or guardian.

Winter Safe@Home:

December 2, 2022, | 4:30 - 6:00 pm
East Granby Farms Recreation Building
Cost: Resident \$20 | Non-Resident \$35
Registration ends November 22, 2022

Spring Safe@Home:

March 11, 2023 | 9 am - 10:15 am
East Granby Community Center
Cost: Resident \$20 | Non-Resident \$35
Registration ends March 2, 2023

East Granby Public Schools

The Science of Reading

How Do Children Learn to Read?

In the article “Why Reading is Not a Natural Process” author G.R. Lyon explains that unlike speech, where humans are hard-wired to produce sounds, reading is not natural, but must be taught. As proof, longitudinal studies by the National Institute of Child Health and Human Development (NICHD) with more than 10,000 students since the 1980s confirmed that students learn to read by decoding and comprehension. “Although this sounds simple, learning to read is much tougher than people think. To learn to decode and read printed English, children must be aware that spoken words are composed of individual sound parts termed phonemes. This is what is meant by *phoneme awareness*.” ([ASCD Org](#))

What is a Phoneme?

A phoneme is the smallest unit of sounds letters make in a word. In order to have phonemic awareness, a reader needs to be able to hear the sound, identify the phoneme, and manipulate the phonemes. Keep reading if you'd like to hear how third graders can recognize digraphs!

What is Decoding?

Decoding is when we segment a word into parts or phonemes: take a unit of sound, make the sound, stretch it out, and then blend it back together again. Here is an example: A student sees: **HAT**. Say the sounds for H-A-T. (h-ă-t) Now, stretch it out... hhhhhhhh-ăăăăăă-tttttttt. Next, put it together and say the word: **HAT**.

What is a Decodable Reader?

(Use the QR code at the end for a video)

Decodable readers are special books designed for use with students who are emergent readers. In the past, students might have been told to “look at the pictures” on the page to help them guess the word, leading their eyes away from the letters and not focusing on the word. A decodable reader is story-focused where the pictures augment or enhance the words on the page, and do not reiterate the story through illustrations.



SyllaBoards™ Word Kit
from Really Great Reading
(3rd Grade, Mrs. Iwanicki's class)

The new reader should use phonemic awareness to sound out the phonemes, stretch the word, put it together and say it. *The cat had on a hat and vest at school.* Since cat, hat, and school are sight words for first grade students, a student may need to decode V-E-S-T. The illustration might show a teacher and a classroom, but not have a solitary drawing of a cat dressed in his fancy attire.

Using decodable readers helps students focus on the words in the story. While all students will still use traditional picture books, decodable readers are an additional tool when students are beginning

their reading journey. East Granby has these for intervention purposes, but as we purchase more decodable readers, you might see them pop up in a book bag!

Scarborough's Rope

To help with understanding how learning to read is an interconnected process, "Dr. Hollis Scarborough created the Reading Rope using pipe cleaners to convey how the different "strands" of reading are all interconnected yet independent of one another. For many students, learning to read is a challenge. Scarborough's Rope captures the complexity of learning to read." ([Really Great Reading](#)) The illustration here is from [Really Great Reading](#) website, which we use in grade three.

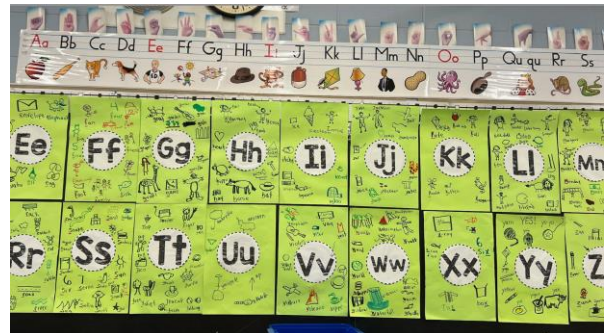
As you can see, reading is a complex process. For initial reading, students need phonological awareness, decoding skills, and sight recognition. Background and literacy knowledge, along with increased vocabulary, language structure, and verbal reasoning. Giving our children opportunities to gain knowledge about the world, having conversations, and reading with them are all ways we can help our students become better readers at home.



This Interpretation of the Reading Rope Incorporates Gough & Tunmer's (1986) Simple View of Reading.

Kindergarten

When students enter kindergarten, not all of them know their letters, so an initial unit is learning the alphabet and the sounds letters make. Kindergarten classrooms are filled with rich examples of letters and sounds. Site words, like on the caterpillar pictured below, are all around the room. One fun treat is the Alphabet Parade, held in the hallway after the students learn about the letter Z. They wear paper bag vests covered with letters and pictures. While the other grades clap and cheer, the kindergarten students march up and down the hall to alphabet-themed songs.



Next, kindergartners memorize common words, as sight recognition is an important strand of reading. Students practice saying them, using words displayed in the classroom. For students in Carl Allgrove Elementary, Heggerty phonics is the program used to help students learn phonemes. Recently, Mrs. Erin Dugan had her students demonstrate their new knowledge. Since the beginning of the year, they have advanced to three syllable words. Mrs. Dugan would say each word individually: octopus, evidence, fantastic, instrument. Each time, students would hold their hands together and make a chopping motion in the air for each syllable: ev-i-dence and fan-tas-tic. At the conclusion of the word,

students would sweep their hands across, parallel to the floor and pronounce the word in its entirety. The class is full of enthusiasm and loves the movement and choral recitation of sounds.

Connecticut's Focus on Reading

In the summer of 2021, the CT Legislature joined others in passing a bill requiring districts' reading instruction be based on the science of reading, starting in 2023. Since that time, the announcement of the six programs meeting the criteria was delayed, so many schools can not start right away. East Granby is in the beginning stages of evaluation of each program to see which will meet our students' needs, is fiscally feasible, and will help our students move forward with reading.

East Granby has used [Wilson Reading](#) for years as part of our tiered intervention program, where students learn decoding and encoding skills. We began implementing principles of the science of reading in the fall of 2018, with the addition of a Teachers College Phonics Program. Since that time, we have implemented the [Heggerty Program](#) across C. Allgrove Elementary, which teaches students phonemic awareness, as well as [Really Great Reading](#) phonics at R.D. Seymour Elementary.

Next, let's travel to RD Seymour and visit Mrs. Iwaniki's 3rd grade readers. This summer, the district began implementing Really Great Reading (RGR) phonics, a scientifically-based program and loved how it helped our readers so much, we continued its use. With RGR, students look at open and closed syllables, as well as learn more complex terms such as digraph (when two letters make one sound, such as TH, CH, and NG). When Mrs. I announced it was time for their Syllaboards, exclamations of "YES!" punctuated the classroom, as the students went to work with a partner on identifying syllables and digraphs. Across the elementary schools, students are becoming better readers through the science of reading, thanks to our dedicated teachers in each building!

SOURCES:

ASCD: <https://www.ascd.org>

Heggerty: <https://heggerty.org>

Really Great Reading: <https://www.reallygreatreading.com>

Wilson Reading: <https://www.wilsonlanguage.com/programs/wilson-reading-system/>

YouTube video of Generic Student Reading: <https://bit.ly/ReadingYouTube>



Kindergarten site words



3rd grade using open/closed syllables

WRITTEN BY: Marjorie Light, Director of Curriculum and Professional Development

EAST GRANBY SENIOR CENTER

DIAL-A-RIDE ON THE MINI BUS

- ① Grocery, Pharmacy & Banking every Wednesday
 - ② Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM. Call (860)413-3327 at least 48 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of \$20 is greatly appreciated.
-

CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.

ELDER JUSTICE HOTLINE – Call (860) 808-5555 if you have been the victim of a scam, neglected, exploited or abused.

LICENSED THERAPIST

Are you stressed? Overwhelmed? Grieving? Need someone to talk to? Schedule an appointment with therapist, Sharon Eastman, LCSW. You will be able to address your concerns in a safe and supportive environment. Appointments are available Mondays 12pm -4 pm and Thursdays 9a.m-1pm. Contact Senior/Social Services to book your appointment. (860) 413-3334 or (860) 413-3328.

GET FIT EXERCISE CLASS

Mondays and Wednesdays 10:00 AM-11:00 AM at the Senior Center—\$4.00 drop in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety (No class 11/23,12/26, 1/2, 1/16).

KNITTERS & CROCHETERS

The first and third Wednesdays of each month from 1:00-3:00 PM at the East Granby Senior Center. Come and socialize, work on your own project, meet other knitters and crocheters, or make items to donate to area hospitals, shelters, or schools.

BLOOD PRESSURE & BLOOD SUGAR SCREENING CLINIC

MONDAYS~ DECEMBER 5TH, JANUARY 9TH, FEBRUARY 6TH 11:00AM-12:00PM. The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings as well as blood sugar screenings. No appointment necessary.

PEDI—CARE FOR YOUR FEET—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month 8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost \$35. (Masks Required)

SHOPPING TRIPS

- **NOVEMBER 28TH, DECEMBER 19TH, JANUARY 23RD, FEBRUARY 27TH –BIG Y/OCEAN/DOLLAR**
 - **DECEMBER 5TH – OLD MILL POND VILLAGE**
 - **DECEMBER 12TH, JANUARY 9TH, FEBRUARY 6TH – WALMART**
-

UPCOMING PROGRAMS/TRIPS

FRIDAY, DECEMBER 2ND—Holiday Party— Let's get in the holiday spirit! We will start off with some light appetizers and our traditional holiday punch followed by a delicious lunch of pot roast with all the fixings and some sweet treats for dessert. We will enjoy the wonderful music of Judy Handler & Mark Levesque who will delight you with some holiday classics as well as other music from their diverse repertoire. It's sure to be a fun and festive afternoon! **12:00pm at the East Granby Senior Center. Cost is \$20. Reservation and payment due by November 27th.**

FRIDAY, DECEMBER 9TH—Barnes Museum—Southington, CT, The Barnes museum was built in 1836 and was lived in by the Bradley/Barnes family for 137 years. Grandson Bradley Barnes, held the title of the "Richest man in Southington". Upon his death in 1973 Bradley willed his entire fortune to his friends & employees, as well as local schools, libraries and hospitals. He then bequeathed his family homestead to the Town of Southington to be run as a museum. Join us for a guided tour of this unique museum decorated beautifully for the holidays! We will stop for a quick lunch at Panera on the way home. **Depart the Senior Center at 10:00am. Cost \$6 (lunch is on your own). Reservation and payment due by December 1st.**

WEDNESDAY, DECEMBER 14TH—Bright Nights —Springfield, MA-Enjoy a night of pure magic! Bright Nights at Forest Park has become known as the Northeast's premier holiday lighting experience. It has been named seven times as one of the Top 100 Attractions in North America by the American Bus Association, listed on People.com as "One of the Top Ten Holiday Happenings in America," and been featured in the New York Times. Prior to visiting the lights we will have a delicious dinner at Red Rose - one of the best Italian restaurants around! **Depart the Senior Center at 4:15pm. Cost is \$2 (dinner is on your own). Reservation and payment due by December 6th.**

FRIDAY JANUARY 13TH—Tibetan Singing Bowls—Relax and listen to the beautiful sounds of Tibetan Singing bowls. Soothing sounds help to reduce stress and to create a deep sense of peace and well-being. This ancient practice has been handed down from generation to generation by Tibetan Buddhist monks. Come try it out! Participants are welcome to bring a yoga mat or program can be done sitting in a chair. **Program begins at 10:30 AM at the East Granby Senior Center. Cost is \$8.00. Reservation and payment due by January 5th.**

FRIDAY JANUARY 20TH—Mid Winter Gathering—Tired of the cold and dark days of winter? If so we have the perfect program for you! Join Jim Sisti, a comedic magician mentalist, as he performs an amazing interactive program. This program has received rave reviews and is guaranteed to make those winter blues disappear! We will start with a delicious sandwich lunch followed by Jim's wonderful program—you won't want to miss it! **Program begins at 12:30 PM at the East Granby Senior Center. Cost is \$10.00. Reservation and payment due by January 12th.**

SATURDAY JANUARY 28TH—Native Gardens at the Majestic Theatre—West Springfield, MA —Join us for a matinee at this wonderful intimate theatre. Native gardens is a contemporary comedy about next door neighbors in an affluent neighborhood in Washington DC that hash out border disputes and cultural misunderstandings in this timely comedy about two couples learning how to live, and garden, next to each other. Captivating audiences with its humor and poignant comment on what it means to be good neighbors, Native Gardens is sure to entertain and enlighten. **Depart the Senior Center at 12:45 PM (for the 2:00 show). Cost is \$29. Reservation due by January 19th. Masks required in the theatre.**

Please call the East Granby Senior Center (860) 413-3334 or email kellyj@egtownhall.com to register or if you have any questions

East Granby Public Library

WINTER STORYTIMES



Little Ones Storytime

Every Wednesday from Dec 14th - March 1st
10:30AM

Lap sitting - 3 yrs with caregiver

Terrific Tales Storytime

Every Thursday from Dec 15th - March 2nd
10:30AM & 1:30PM

3 - 6 years old with caregiver

TEEN GAME NIGHT

First Thursday of Every Month

5:00pm - 6:30pm

Ages: 13-17 years



Hang out with new and old friends and enjoy board and card games, snacks and fun!

DROP-IN CONSTRUCTION ZONE!

First Saturday of Every Month

10:30am - 12:30pm

Ages 4-12 years with caregiver



Drop-in and explore our building stations. Stations may include:

Simple Machines, Crazy Forts, Groovy Blocks, Dominoes, Foam Building, Lego Bricks, Connectagons, and more!

Visit www.egpl.org for more info, to register, and to see our complete list of programs!



1000 BOOKS BEFORE KINDERGARTEN PROGRAM



Strive to share 1000 books with your child before they enter Kindergarten in this reading incentive program. Keep track of books read & check in with us to earn prizes. Visit the East Granby Public Library to register and receive your welcome kit!

POLAR EXPRESS STORYTIME

Monday, December 19th

6:00pm - 6:45pm



Join Wonderland Works Company, Santa, and Mrs. Claus for stories, holiday songs, and photos!

GAVEL CLUB

Every 2nd & 4th Thursday

5:30pm - 6:30pm

Grades 4th-9th



New members are welcome at anytime! Improve your public speaking and leadership skills at the Gavel Club. Learn how to craft speeches and present them.



East Granby Public Library

(860) 653-3002
www.egpl.org

Native Species

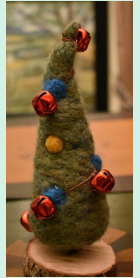
Monday, November 28th
7:00pm



The East Granby Land Trust & The East Granby Public Library present "Native Species" through the Riverside Reptiles Education Center.

Needle Felting Class: Jingle Bell Tree

Friday, December 2nd
3:30pm
Ages 10 - Adult



Join us for this 3D needle felting class. Cost is \$15 per person.

Book Clubs

Select Monday Mornings
or Tuesday Afternoons



Interested in joining a book club? EGPL offers both in-person and virtual options. Visit our website for more info.

Savvy Social Security Planning

Saturday, January 14th
10:00am - 11:00am



Join Financial Advisor Matthew Tyo, and learn what you need to know to help maximize your retirement income.



Afternoon at the Movies - Wednesdays at 1pm

To register visit www.egpl.org or call (860) 653-3002.

Rescued by Ruby

November 30th
TV-G, 1 hr 33 min

Chasing his dream to join an elite K-9 unit, a state trooper partners with a shelter pup, Ruby. Based on a true story.



Gigi & Nate

December 7th
PG-13, 1 hr 54 min

An unlikely service animal named Gigi, a curious monkey, gives a quadriplegic man what he needs most of all - hope.



Jerry & Marge Go Large

December 14th
PG-13, 1 hr 36 min

Based on the true story about long-married couple, Jerry and Marge, who win the lottery and use the money to revive their small town.



Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC)	12/6
Conservation 7:00 (TH).....	12/7
Board of Education 7:00 (AS)	12/12
Economic Development 5:30 (TH)	11/28
Town and School Building Committee 7:30 (TH)	As Needed
Board of Finance 7:00.....	12/20
Parks & Recreation 7:00 (EGF)	12/1
Planning & Zoning 7:00 (TH).....	12/13
Board of Selectmen 6:30 (TH)	11/22, 12/14, 12/28
Zoning Board of Appeals 7:00 (TH)	12/15
Youth Services Commission 6:30 (EGF)	11/21, 12/19

The above meeting dates and times are subject to change.

Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

Guidelines for Submitting Articles

The following are the deadlines for the upcoming "Let's Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. At the discretion of the Editor, articles and graphics may be edited. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

**East Granby Town Hall
PO Box 1858
East Granby, CT 06026**

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