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SPRING & SUMMER PROGRAMS

ADULT ACTIVITIES

Painting in Watercolor

Join award winning artist Lori Rapuano and learn how to paint in watercolor. This program is designed for all experience levels. Each student will work at their own pace, with individual assistance given. Guidance will be provided on drawing, color theory, composition, and design elements and, of course, watercolor technique. Bring reference photos to work from, and your own materials. This is an on-going class.

Wednesday mornings from 9:30am - 11:30am

April 6, 13, 20, 27, 2022 for \$100

Tuesday Evening classes from 7:00 - 9:00pm

April 5, 12, 19, 26, 2022 for \$100

Small class size will ensure personal attention.

Learn to Meditate

What a great time to “learn to meditate” with the start of a new year. Enjoy learning how to reduce stress, sleep better, and learn to practice mindfulness with mediation.

When: Tuesdays, April 19- May 24, 2022

Location: Sears House at East Granby Farms

Time: 6:30pm - 7:30pm

Cost: \$60

Join this popular group meditation taught by Josette Lumbruno - an experienced meditation instructor with over 40 years of practicing meditation.

Intro to Backpacking

Love hiking? Want to venture beyond the car campground exploring the backcountry with a pack on your back? Ready to head out and explore the wilderness but don't have the comfort level to go it alone or don't know where to start? Let us help you learn the basics (and some secret advanced stuff too) and plan and execute your first backpacking experience. We'll cover everything from trip and meal planning, packing your pack, dealing with wild animals, storing your food, to even how to go to the bathroom in the woods (GASP!).

Our class will learn the basics in a classroom environment, take a practice hike to test out equipment, and finish with a three-day, two-night trip on the Appalachian Trail here in CT. We'll practice and follow Leave No Trace principles and philosophy in our planning and execution of our class. This class is ideally suited for people that have previous hiking experience and are physically active. Backpacking involves carrying your equipment in a specially designed pack over various terrain. Plan to hike 5 - 7 miles daily on our three-day trip carrying 30 - 50 lbs depending on your size and needs. Group size limited to 6 persons. Ages- 14 and up. Kids under 18 must be accompanied by a responsible registered adult.

Class 1:

Class - June 2, 9, 23, 2022

Practice hike June - 11 or 12 (weather)

Trip - June 24, 25, 26, 2022 (rain or shine)

Class 2:

Class - Aug 11, 18, 25, 2022

Practice Hike - August 20 or 21 (weather)

Trip - August 26, 27, 28, 2022

Men's Adult Drop-in Recreational Basketball



This program is a drop-in program for men over the age of 18. Different teams are made weekly, and we will be limiting the number of participants to 20.

Priority is given to those who purchase a punch card and arrive at 7:00pm. The cost for a full session punch card is \$45 or you can purchase a drop-in pass each week for \$5. We encourage you to register in advance.

Participants must wear white-soled gym shoes
No basketball during school vacation or non-school days.

Dates: March 9 - May 25, 2022

Time: 7:00 pm - 9:00 pm

Where: East Granby High School New Gym

Cost: \$5 **Ages:** 18 & up



Yoga - Slow Flow Vinyasa

While connecting breath to movement, we will start with a warm-up then flow through a series of yoga poses (asanas) building heat slowly and gently and ending in a relaxing Savasana. Modifications will be given for all levels. Blocks, straps, and knee pads will be available to assist your practice. Bring your own yoga mat.

This class is great for those newer to yoga or those wanting to slow it down in a basic flow class. Questions can be emailed to the instructor at MrsSuziQ@cox.net.

Spring session: (Mondays: 6:30pm - 7:30pm).

This is an on-going class that runs Mondays in the Recreation Building at East Granby Farms.

The cost for a one-time class is \$8 and pre-registration for a drop-in is strongly encouraged. Punch cards are also available: 10-class punch card (\$72) or a 6-class punch card (\$40)



Zumba is a fun dance exercise program that burns tons of calories and works your legs, arms, glutes, and abs.

Zumba is a fun dance exercise program that burns tons of calories and works your legs, arms, glutes, and abs. It's a great way to spend an hour of your Tuesdays!

You may join us at any point during the spring session. Please bring sneakers, water bottle and a towel (if desired)

Join instructor Renee Klucznik.

Our Spring Session will run on Tuesdays, March 29 - June 7, 2022, from 6:00pm- 7:00pm (no class April 12, 2022)

Drop-In Fee \$10 (you must register online in advance of class).

4-Week punch card: \$34

6-Week punch card: \$48

8-Week punch card: \$60

10 Week punch card: \$70

Classes are open to those ages 13 years (with parental waiver signed) and over. All passes are non-transferable and non-refundable.



Spring Adult Golf Programs

Learn to Golf 2022

Men and women get on track to play golf in 2022! This instructional program will adequately prepare you to successfully tackle the golf course in 2022 and beyond. We will cover putting, chipping, equipment, and full swing. Two of the four weeks are extended sessions that proceed from the range onto the Copper Hill Golf Course for a 2-hole playing experience. Clubs will be provided for your use. Wear

non-restrictive comfortable clothing and supportive athletic shoes. At the close of the program, we'll provide information on continuing your golf venture with more playing opportunities at Copper Hill.

Monday and Tuesday class options are available. Please see our website for more information.

Group Golf Lessons

4-week golf instructional program. This instructional program will adequately prepare you to successfully tackle the golf course in 2022 and beyond. We will cover putting, chipping, equipment, and full swing. Clubs will be provided for your use if needed. Wear non-restrictive comfortable clothing and supportive athletic shoes. At the close of the program, we'll provide information on continuing your golf venture with more playing opportunities at Copper Hill.

More information on time and dates can be found on our website.

Adult Intermediate/Advanced Tap & Jazz Dance Program

This fun class is geared towards adult students, who are either returning to dance or are starting dance for the first time. Join instructor Miss Cindy for this Jazz and Tap class. The moves you will be learning will help gain sharpened reflexes as well as balance, mobility, and strength.

Session 3: Thursday, March 24 - June 2, 200 (no class April 14, 2022) from 8:00pm - 8:45pm in the Recreation Building at East Granby Farms

Cost: \$100 for the session

Adult Advanced Tap Dance Class (teens & adults)

This class is suitable for those students who have mastered both the beginner and intermediate level classes. Class will include complex steps and combinations put into actual routines.

Classes will be held on Thursday evenings from 8:00pm - 8:45pm at the Recreation Building at East Granby Farms.

Session 3: runs on Thursdays, March 24- June 2, 2022. (No class on April 14, 2022) The Cost of this session is \$100.

UPCOMING TRIPS



BRONX ZOO *LIONS, & TIGERS & BEARS, OH MY!*

On **Monday, August 22, 2022**, you, and your family can join us on an exciting trip to the world-famous Bronx Zoo.

With award-winning, cutting-edge exhibits featuring over 4,000 animals, there is no other zoo in the world that offers the diversity, superb viewing, and world-renowned expertise that assures a rewarding experience and the knowledge that visitors can make a difference in the world around them. Whether you are nose-to-nose with Western Lowland Gorillas in their famous Congo Gorilla Forest, spotting Snow Leopards in their naturalistic Himalayan Highlands Habitat, or experiencing almost an acre of an indoor Asian rain forest, you're always within roaring distance of the world's most amazing wildlife. In the end, you'll know that your admission fees went to a conservation organization that has more expert researchers in the field than any other.

Our deluxe motorcoach will leave the East Granby Community Center Parking Lot (20 Center Street) at 7:15am (please arrive by 7:00am) and leave the Bronx Zoo at 4:30pm. The Total Experience Deluxe package includes zoo shuttles, Wild Asia Monorail, Bug Carousel, Children's Zoo, the New 4-D Theater, and the Congo Gorilla Forest.

New York City on Your Own!

Saturday, June 11, 2022

The cost of this adventure is \$76 per person.

Enjoy a day in the city on your own to enjoy the Big Apple. See Chinatown, Little Italy, Central Park, a museum, the zoo, a Broadway show or shop - use your imagination. These are our usual drop off points in the city: The Metropolitan Museum of Art, The Plaza Hotel, and Rockefeller Center.

Our pickup time is 6:00pm in front of the Stagecoach Tavern, the Ed Sullivan Theatre is close by. The location of the tavern is on 7th Avenue between 53rd and 54th Street.

SPRING YOUTH ACTIVITIES

Introduction to Horsemanship

Looking for an opportunity for your child to learn to ride?

Improve their current riding skills?

Join our advanced riding instructors in this introductory set of lessons. Held off site in the indoor barn at End of Hunt Equestrian Center.

Spring 2022 Session: May 3, 10 & 17, 2022 from 4:30pm - 5:30pm Cost: \$110

Spring 2022 Flag Football Program

NFL Flag Football is the premier youth football program for boys and girls. The program provides young players a fun and exciting opportunity to engage in a non-contact, continuous action sport, while learning lessons in teamwork.

The Spring 2022 program begins the week of April 18, 2022, and runs until June 11, 2022. East Granby Parks and Recreation offers two age groups. Our junior age group is for players ages 6 - 9 and our senior age group is for players 10-14. We will be playing other teams from Suffield and Granby.

Assessments will be held to assist the coaches in creating teams. No experience is needed, and all players are asked to attend the assessments. Assessments take place at East Granby Farms on the flag football field.

Junior player (ages 6-9) assessments will be held on Wednesday, April 20, 2022, at 5:00pm. Senior player assessments (ages 10-14) will be held on Wednesday, April 20, 2022, at 6:15pm.

Practice will be held 2 times a week beginning the week of April 25, 2022. The day(s) of practice is set by the coaches; during the registration process you will be asked which night(s). Do not work for your family.

Games will be held on Friday Nights in East Granby and Sunday afternoons in Suffield. The game schedule is based on the number of teams in the league.

The last day to register is Sunday, April 17, 2022. No late registrations will be accepted. Cost: \$89

Preschool Play Group

Need some time out with your little ones? Trying to get on a Fall schedule with fun activities and a time to talk with our parents?

Come join other mothers and fathers for a fun filled morning of play, crafts, and socializing. Give yourself a fun activity to start the week.

Spring Session: Monday, April 4, 2022 - June 6, 2022 (no class 4/11 & 5/30).

This is a parent-child class not a drop-off class. Please bring a nut-free snack and drink for circle time.

The cost for the 8-week Spring session is \$40. This program is geared toward those children not yet enrolled in kindergarten.

Winter & Spring Soccer Shots Mini (2- & 3-year old's)

East Granby Parks and Recreation is partnering with the East Granby Soccer Association to offer a Preschool Indoor Soccer Shots Program.

This program is geared toward our youngest players. Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game.

Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Please have the players come dressed to play, bring a water bottle.

Spring sessions will run out of the Seymour School Gymnasium and then on the outside fields. Winter 2 session is March 9 - April 20, 2022, and Spring will run for May 4 - June 8, 2022.

Soccer Shots Classic (3 & 5-year old's)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as respect, teamwork, and appreciation.

Our Winter 2 session will begin on Wednesday, March 9 and run until April 20, 2022 (no class on April 13). Class will begin at 5:45pm - 6:30pm.

Our Spring Session will run Wednesday, May 4, 2022 - June 8, 2022, from 5:45pm - 6:30pm. The spring session will be for 3- and 4-year-old children. For the spring session 5-year-old children are encouraged to check out the East Granby Soccer Association program.

Cartooning 101

Do your kids love to doodle?

Do they love cartoon characters from Disney, Nickelodeon, or video games?

Then give your child the gift of learning to draw characters such as Mickey Mouse, Mario, or even SpongeBob SquarePants! This creative course will allow your child to bring these characters to life by learning how to draw, color, and create during each class!

In each session students will learn step by step how to draw their favorite characters. This class will be led by artist Zach Bakken and co-teacher Erin Dugan. During these classes we will learn to draw and fully illustrate two different characters, play fun character themed games, and learn the history behind the creation of these characters!

There will be a survey sent out prior to the start of the course to customize the list of characters to ensure each child's favorite is featured! Materials will be provided; all your child needs to bring is their imagination and love of cartoons!

The class will meet on Thursdays April 28 - May 12 from 6:00pm - 7:30pm at the East Granby Community Center. All materials will be provided. Cost: \$66 for residents and \$76 for non-residents.

ART-ventures Around the World!

After-School at R.D. Seymour School

Art travelers go on a spectacular journey around the globe, touring various countries and cultures. Create hot air balloon lanterns to take you up and away! Each Art travelers go on a spectacular journey around the world and create wicked cool cultural art using unique materials and artisan's techniques. Design Mosaic Picture Frames in Greece, and sculpt miniature clay Vejigante Masks in Puerto Rico, build Tribal Rain Sticks in Australia, and paint Maracas in Brazil. Plus, design Japanese Windsocks, Mexican Yarn Paintings, Spanish Paper Fans, Native American Story Necklaces, and more!!

Fun facts about each country and culture, geography and art history are included. Throw your imagination in your suitcase and let's hit the road!

Wednesdays: March 2, 2022 - May 4, 2022 (no class 3/9 or 4/13): 3:00 pm - 4:00pm

Late Registrations are accepted.



Sports and Games

Day: Thursdays after school at Seymour School

Dates: April 21, 2022 - May 26, 2022

Time: 3:00pm -4:30pm

Ages: Grades 3-5

Cost: \$95

Description: Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect, and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. For this camp, our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games include capture the flag, soccer, ultimate frisbee, basketball, kickball, baseball, 4 square, flag football, team handball and many more. Kids will play 2-4 different games/sports each day.

Spring Tennis Program

Join us for our Spring 2022 Tennis session!

Our instructor Joel Ziff, PE teacher will lead this opportunity for all students in Grades 3-5 and Middle-High School.

Mr. Ziff will lead groups of all ages and skills to learn or improve their skills. Fitness, stroke development, game play and fundamentals will be focused on with our beginner players. Court movement, fitness, and match strategy will be the focus for the more advanced players.

Participants should bring an appropriately sized racket, a towel, lots of drinking water and wear tennis shoes.

All lessons will be held at the East Granby High School tennis courts.

The spring session will run May 31 June 1, 2, 6, 7 & 8

from 2:15pm - 3:30pm for middle & high school students and 4:00pm - 5:15pm for grades 3-5.

Ballet & Tap Dance Program (K-2)

Join us for an energetic class that introduces young dancers to ballet sequences, and the basic steps of tap. We will work on rhythm, musicality, and terminology. Join Miss Cindy and get Dancing!

Spring Session 3: Tuesdays, March 29 - May 31, 2022 (no class April 12) in the Recreation Building at East Granby Farms. Two classes: 4:00pm - 4:45pm and 5:00pm - 5:45pm. Cost \$75

Jazz Hip-Hop Tumbling (6th - 8th grade)

The class will focus on developing flexibility, strength and balance while learning both jazz and hip-hop techniques. Join Miss Cindy for an energetic and fun class!

Spring Session 3: Thursdays, March 24 - June 2, 2022 (no April 14) in the Recreation Building from 4:00pm - 4:45pm. Cost: \$100

Tap & Ballet (3rd - 5th graders)

These are the perfect combination of classes for our young dancer. Ballet promotes coordination, grace, balance, and correct body alignment. Tap dance develops a sense of rhythm, timing, and musical awareness. These fun classes are a well-rounded introduction to dance classes for our young adults.

Spring Session: Thursdays, March 24, 2022 - June 2, 2022 (no April 14) in the Recreation Building at East Granby Farms from 5:00pm - 5:45pm. Cost \$100

Jazz, Hip-Hop and Tumbling (3rd - 5th graders)

Our youngest dancers will learn jazz and hip-hop steps and combinations working on sequences that will fuse together technique and style. All while building the dancers style and confidence.

This jazz/hip-hop/tumbling class is geared to those ages 8 - 10 or in grades 3 -5.

Classes will be held on Thursday evenings from

6:00pm – 6:45pm at the Recreation Building at East Granby Farms.

Session 3 runs from March 24, 2022- June 2, 2022. (No class April 14, 2022) the cost of this session is \$100.

Terrific Two's Dance Class (2 old year old's)

This fun and exciting and adorable 30-minute class teaches coordination, musicality and the fundamental creative movement and ballet. Students will learn rhythm, special awareness, basic technique as well as listening and learning skills while learning self confidence.

This Terrific 2's class is geared toward our youngest dances age 2 years of age.

Class will be held on Saturday morning from 9:00am – 9:30am at East Granby Farms Recreation Building.

Session 3 runs from Saturdays April 2, 2022- May 28, 2022. (No class April 16, 2022) The cost per session is \$100.

Tiny Dancers

This class is designed to introduction dance class for our younger dancers. The program will teach listening, gross motor skills, as well as social skills, through basic dance activities. Basic ballet & jazz techniques will be taught.

Join Miss Cindy for a fun filled time!

Saturdays: Winter Session 3: Saturdays: February 13, 20, 27 & March 6, 13, 20, 2021 from 9:00am - 9:30am.

Spring Session: April 3, 10, 24 and May 1,8, 22, 2021 from 9:00-9:30am in the Recreation Building at East Granby Farms. Cost: \$100.

Tiny Tumblers (Ages 3-4)

The class will teach basic acrobatic moves, working on fine and gross motor skills and coordination. Students will increase their flexibility and strength and will learn a variety of basic beginner tricks.

This Tiny Tumblers class is offered to our younger children ages 3 & 4.

Class will be held on Saturday morning from 10:30am – 11:15am at East Granby Farms Recreation Building.

Session 3 runs Saturdays from April 2, 2022 - May 28, 2022. (No classes April 16, 2022) The cost per session is \$100.

Multi-Sport Tots (All-Stars)

(This is the new name for the Tiny-Hawk)

Day: Thursday

Dates: April 21 – May 26, 2022

Time: 5:00pm – 5:45pm

Ages: 3/4yrs

Price: \$85

Description: Introduce your little superstar to sports in our most popular program! This basketball and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development. Parent participation required for ages 3-3.5 years.

Mini-Hawk

Day: Thursday

Dates: April 21 – May 26, 2022

Time: 6:00pm - 6:45pm

Ages: 5-7yrs

Price: \$85

Description: This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.



Spring Youth Golf Programs

We are currently still finalizing our spring youth golf programs. Please check-out our website for additional information on Spring Offerings.

Summer Camp & Enrichment Programs



CAMP GRANBROOK INFORMATION

8am - 3:30pm

This is a day camp for children who have completed a year of kindergarten - age 12. Activities include, arts and crafts, sports, music, special guests, and we are excited to announce field trips are back!

Camp is held rain or shine at Granbrook Park! In case of heavy rain campers will be relocated to an indoor town facility.

If your child is willing to try new things, spend time with friends and go home tired and often dirty from a fun day of camp - Camp Granbrook is for your child!

Camp will be held in one-week sessions. Cost is \$175 per week for residents and \$190 for non-residents. If you are registering 2 or more children per week, deduct \$5 per child.

For our campers who may not want a full-day to experience you can join us for a morning session 8:00 am - 12:00pm. No sibling discount for the ½ day option. Cost is \$100 for residents and \$120 for non-residents.

Week 1: June 13 - June 17

Week 2: June 20 - June 24

Week 3: June 27 - July 1

Week 4: July 5 - July 8 (no camp Monday, July 4)

Week 5: July 11 - July 15

Week 6: July 18 - July 22

Week 7: July 25 - July 29

Week 8: August 1 - August 5

Week 9: August 8 - August 12

Week 10: August 15 - August 19

EXTENDED DAY

We are happy to offer our campers who need an extended day the option to stay with us from 3:30 - 5:30pm. The fee is \$20 per day per child. Payment is due at the end of the week, or you may pay in advance for the entire week for \$75 for families with 1 child and \$100 for 2 or \$125 for 3 or more.



Mini Adventurers & Kindergarten Extension

Calling our younger campers!!

Join us for a fun, exciting and activity filled program geared toward our younger campers. This program will provide opportunities for self-expression, creativity, crafts, music, games, and plenty of FUN! We will have indoor and outdoor activities.

The program is for children who have reached their third birthday by the start of camp through those not yet in kindergarten. All participants must be toilet trained.

Our summer hours are 9am - 12pm. There will be an option, if you'd like, for your child to stay until 12:30pm for lunch. If staying for lunch, please bring a nut-free lunch in addition to your snack.

Please bring a nut free snack and a water bottle for your child. Sunscreen should be applied prior to coming to camp. Please have your child wear closed toed shoes or sneakers. A change of clothes is a good idea to send in as well.

Don't miss out on the fun!

The costs per session is for residents is \$89 and \$99 for non-residents for the Mini Adventurer portion of camp. Cost is the same if you choose to have your child stay for the lunch extension or leave before lunch.

Kindergarten Extension

This year we will also be offering a kindergarten extension program for our 4- & 5-year-old campers. This program is geared toward those students starting Kindergarten in Fall 2022.

The extension program will be a time for our older camps to strengthen their academic skills by learning letters and numbers up to 20 as well as working in small groups and learning/using problem solving strategies that are age appropriate.

In this extension program we know that our campers may need support moving from a pre-k to a classroom setting and we want to give them the structure and experience that will hopefully make them feel comfortable when they walk in on that first day of school.

This extension program will take place right after lunch from 12:30pm - 2:30pm. We will divide the time up into mini sessions where we will focus on reading/letter words, math/counting and social skill activities.

Students will be provided with a take home packet to encourage them to keep learning throughout the summer.

The cost of the extension program is \$50 for residents and \$60 for non-residents. Please register for this session as well as mini adventurers.

Both programs will take place at East Granby Farms in the Recreation Building.

Session 1: July 11 - July 15, 2022

Session 2: July 18 - July 22, 2022

Session 3: August 1 - August 5, 2022

Session 4: August 8 - August 12, 2022



Nature Camp

(Presented by the East Granby Land Trust)

Monday: EG Farms to Newgate Prison 3.7 miles

Tuesday: Newgate Prison to Copper Hill Rd. 2.5 miles

Wednesday: copper Hill Rd. to Granbrook 3 miles

Thursday: Granbrook to Seymour School 1 mile

Friday: Cowles to Tarriville 3 miles

This camp is for children in grades 3-6 (academic year 2021-2022) who want to be outside, rain or shine, learning about East Granby's open spaces. The camp will be run by Amanda Thompson, EGLT President, and EGLT student interns.

Campers will hike part of each day 2-4 miles learning the trails of East Granby. We will spend time looking for live bugs and insects, learning about each species and their special features, learn to identify trees, flowers along the Farmington Valley Greenway, Metacomet Trail, Newgate Prison and Salmon Brook.

Campers will also learn outdoors skills like basic first aid, knot tying, trail orientation skills, and what to pack for a hike.

Drop off will be at a different location within East Granby every day.

When: June 13 - June 17, 2022

Time: 9:00am - 12:00pm

Cost: \$89 for residents and \$99 for non-residents

Where: Various locations (drop-off and pick-up locations are shared once you are registered for the program)

Wiffle Ball Camp

Every one's favorite backyard game!

The sign of the white plastic ball knuckling through the air. The sound of the yellow plastic bat as it makes contact with the ball. The celebration of a game winning hit!

Games, Games, Games - Home Run Derby and a Playoff Champion!

Don't miss out on the fun!

Please be sure to bring a mask, hand-sanitizer, lots of water and your own standard official yellow Wiffle Ball bat (without any alterations to it).

This camp will be offered for 2 weeks this summer. June 27 - July 1, 2022, at East Granby Farms, and August 8 - August 12, 2022, at Salmon Brook Park. Both Sessions will run 9am - 11:00am and cost \$70.



Summer Horsemanship at End of Hunt Equestrian Center

Our summer program is conducted at our equestrian center for children interested in learning to ride and for experienced riders looking to improve.

The programs are a great way to learn and improve riding skills in a fun, safe environment. Along with teaching riding skills, the programs emphasize safety, horsemanship, and stable management. The program includes a daily riding lesson as well as fun, educational equine activities, and games.

This program is geared toward children ages 3 - 16. Each program concludes with an award ceremony in which each participant is recognized for their accomplishments. This program takes place off site in Suffield, CT.

Session A: July 11 - July 15, 2022

Time: 9:00 am - 1:00pm

Session B: July 18 - July 22, 2022

Time: 9:00am - 1:00pm

Cost: \$310 per session

Summer Horsemanship at Maple View Farm (Half Day Program - Ages 3-6)

Pre-school aged children 3-6 years old will learn similar skill as the Grade-Schoolers, but in a separate group. A short, instructive ride on one of our horses will be included in their lessons every day.

Pre/K kids should bring water and a snack each day. No diapers please.

The camp is focused on safety and maintains a low counselor to student ratio.

Campers need: Shoes with a low heel, long pants (shorts for after riding), bug spray, sun block, and water bottle. Rain or shine!

This camp takes place at Maple View Farm in Granby, CT.

Monday - Friday 9:00am - 11:00am

Session 1: June 20 - 24, 2022

Session 2: sold out

Session 3: July 11 - 15, 2022

Session 4: July 18 - July 22, 2022

Session 5: July 25 - July 29, 2022

Cost: \$175

(Please contact the East Granby Parks and Recreation Office to register!)

Summer Dance Workshops with Miss Cindy

Featuring daily classes in Tap, Ballet, Jazz, Hip-hop, and Acro

-A new Theme every day

-3 separate weeks for different age groups

SPACE IS LIMITED - REGISTER SOON

Week #1: June 20th-June 24th

9:30-11:30am \$125.00 Ages 4-8

Dancing Thru the Calendar

Including: Christmas in June, Halloween, Happy birthday USA, Turkey Trot, & Easter Madness

Held at East Granby Farms in the Recreation Building.

Week #2: July 18th-22nd

12:30-2:30 pm \$125.00 Ages 3-5

Princess Dance Party

Featuring: Aurora, Ariel, Cinderella, Belle, & your favorite princess

Held at the Senior/Community Center

Week #3: August 1st-5th 9:30-11:30am \$125.00

Ages 4-8

Featuring Movie Week

Including Sing 1&2, Encanto, Frozen 1&2, Trolls, and Coco

Held at East Granby High School Auditorium

Please bring any dance shoes that you have, as well as a water bottle. A snack, drink and a craft are provided for your child daily

Summer - Circuit Lab - Electronic Classes Hands-On Electronics - 7/25/22 - 7/29/22 Grades 4-7 - 9am - 12noon

Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry and step up to projects where our class of young makers will design their own interactive and programmable devices. Participants use the latest tools including Arduino (for building interactive devices) and Raspberry Pi (for learning about computers and coding) to experiment with LEDs, resistors, motors, and programming. Each class day gives participants the chance to design a hands-on project with the guidance of skilled Circuit Lab instructors.

App Inventors - 7/25/22 - 7/29/22 Grades 4-7 - 1pm - 4pm

Want to know how the apps work on your phone or iPad? Or do you already have the next great app idea, and just need to know how to make it? In this no-experience-required course, we use MIT App Inventor software to make fun, creative apps for Android phones and tablets. We will also explore wireless communication by building custom Bluetooth hardware controllers and readouts for our apps. Participants will learn both the programming and design aspects of creating great apps and have the opportunity to build apps of their own with the support of Circuit Lab instructors.

Register for both classes for \$355 or register for 1 for \$199. These camps will be held at Holcomb Farms in Granby, CT.

Circuit Makers 101 - 8/15/22 - 8/19/22 Grades 1-3 - 9am - 12pm

Let's get creative with electricity! In this junior version of our Hands-On Electronics class, students will gain experience with creating their own electronics, designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class day consists of a circuitry lesson and a hands-on electronics project, using components like lights, buzzers, switches, motors, and sensors. Circuit Lab staff will make sure participants create a project that they can be proud of each day. Most class days include a take-home project.

Scratch Programming - 8/15/22 - 8/19/22
For grades 3-5 - 1pm - 4pm

Let's write some code! In this class, we will use the Scratch programming language to build interactive animations, games, and more. Scratch has a user-friendly interface that provides the most fun and intuitive way to design and build custom computer programs. Through their projects in this class, participants will also develop logical thinking skills and an understanding of how computers work. No previous programming experience is necessary. At the end of the class, participants keep copies of their programs to take home.



ART-ventures for Kids

Jungle Journey ART-ventures in the Rainforest.

This program will run July 25 - July 29, 2022. This class will run from 9am - 12:00pm at East Granby Farms in the Recreation Building. The cost is \$159

Art explorers take their inner artists for a walk in the rainforest and discover a variety of endangered creatures who live there. Lizards and poison dart frogs, bugs and butterflies, tigers, and monkeys and more.

Learn about the layers of the rainforest while experimenting with a variety of art forms. Experience fabric design while tie dyeing bandannas and making rainbow T-shirts. Sculpt animals out of clay, make 3-D paper reptiles, and create rainforest flowers. Decorate beach balls, draw tigers with oil pastels, and paint ceramic flowerpots that look like boots. Discover stained glass and scratch art too.

Bouncy Bendy Art in Motion

Art-ventures with a totally unique twist! Make masterpieces with real moving parts, create the illusion of movement, and discover art processes that use motion to get amazing results. Combine metal, wood, and paper to build Spinning Sculptures inspired by Calder, and design Stretchy Stained-Glass art you can re-shape again and again. Sculpt goofy Clay Monsters, craft Bendy Paper Lizards, and paint Seascapes like Monet. Create Matisse Watercolor Banners, Fireworks Flowerpots, and Textured Tissue Paper art. Design Kaleidoscopes, Dancing Pasta Sculptures, and Scribble T-shirts. Draw zany self-portraits inspired by Silberzweig and decorate Cupcake Boxes with fluffy frosting and sprinkles. With a focus on color, shape, and MOTION, this program will have you jumping for joy!

This camp is offered August 15 - August 19, 2022 from 9am - 12:00pm at East Granby Farms in the Recreation Building. The cost is \$159

Mad Science

Space & Beyond

Set your future space explorers on a trajectory from our Earth's atmosphere to the outer reaches of our solar system! This hands-on program brings them closer to the stars, planets, comets, and more. They learn about living in space, getting away from gravity, looking for space phenomena, and they participate in a rocket launch!

This program will run 6/27-7/1 from 9am - 12:00pm at East Granby Farms in the Recreation Building. The cost is \$159.

Engineering Explorers

If child loves to build things or destroy them, this week includes lots of both! The junior engineers will design & build bridges & "skyscrapers" using simple tools and their imagination. Kids will even construct a geodesic dome big enough for all the campers to sit inside! Then the machine madness starts as they discover, build, and invent with simple machines, & solve problems with contraptions.

This program runs 8/1-8/5 from 9am - 12:00pm. The cost is \$159.



Flag Football Camp

Skyhawks Flag Football is the perfect program for young athletes who want a complete introduction to "America's Game" or for those who simply want to brush up on their skills in preparation for league play. Through our "skill of the day" activities, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning - all presented in a fun and positive environment.

Skyhawks Flag Football is recommended for beginning to intermediate athletes. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

Open to boys and girls ages 7 - 12. This is an active camp so campers should come dressed to play, mouth guard and cleats are highly recommended. A lunch, snack and lots of water are also needed.

The camp will run July 11, 2022 - July 14, 2022 from 9:00am - 3:00pm at East Granby Farms on the field and August 8 - August 11, 2022 at Salmon Brook Park in Granby, CT

Cost: \$159 per session.

Slime Week with Fun 4 All Programs

It's time for slime as we spend a week learning how to make slime and put our creativity to the test to see who can make the ultimate slime! During Slime Week students can expect to learn the basics of how to make slime and have fun creating slimes of different colors, smells, and textures. Students will learn to make slimes that are crunchy, magnetic, and glow in the dark! Our instructors will show students the latest slime tips and tricks and encourage creative thinking and collaboration. Once the slime is made, students will show off their creations and have lots of time to play. Slime Week lets kids get their hands dirty while leaving the mess in the classroom and out of your home.

This session will take place at Holcomb Farms in Granby, CT from August 1 - August 5, 2022 from 9:00am - 12:00pm. Cost: \$185

Outside the Lines - Color Craze

We are so excited to explore color through different artistic lenses during Color Craze! Throughout the week, we will design colorful creations using materials like yarn, shaving cream, marbles and bubbles. Students can expect to create eye-catching designs while learning about different techniques like marbling, pull-string art and dot art. Our instructors will also give brief lessons about the history of some of the techniques students will be using. When it is time for a break from art, students will be playing fun games and making new friends.

This program will take place at Holcomb Farms August 8 - August 12, 2022 from 9am - 12pm. Cost: \$185



Summer Youth Golf Programs

We are currently finalizing our summer youth golf programs. Please check our website for final details and information.



WINS For Life Basketball

This five-day, weeklong Basketball Schools are CT State Licensed Camps. They include a certified athletic trainer and an impressive staff to student ratio of 1:5. The emphasis is on skill development via fun and hard work. Full-court competition, station drills, essential fundamentals, team building, educational challenges, contests, and hard work.

This camp will take place in July. Please check the website for the final details to be published.

Summer Employment and Volunteer Opportunities

East Granby Parks and Recreation is currently accepting applications for both their Counselor in Training (CIT) and Counselor positions.

The CIT program is a volunteer program open to any student ages 13-15 who is interested in working with our pre-school mini adventurer camp and/or our camp Granbrook program to gain experience.

The Counselor program is a paid position open to all those age 16 and older. We will consider those students who are 15 and have past CIT experience.

Applications and additional information are available on the Parks and Recreation website:
<https://eastgranbyct.myrec.com/info/activities/default.aspx>

Save the Date:

Don't miss out on any of the fun. Pencil in your calendar future free Parks and Recreation town programs. More details can be found on the East Granby Parks and Recreation website:
<https://eastgranbyct.myrec.com/info/activities/default.aspx>

- ❖ Town Easter Egg Hunt - Sunday, April 3, 2022
- ❖ Summer Concert - Friday, August 26, 2022
- ❖ Halloween Event - Saturday, October 29, 2022
- ❖ Tree Lighting - Friday, December 2, 2022

The East Granby Parks & Recreation is looking for your feedback. Your responses will help on future events, planning and improvements. You can drop your responses in the Parks & Recreation mailbox at the Farms, mail to East Granby Recreation Department 79 North Main Street P.O. Box 1858 East Granby, or head to the East Granby Parks & Recreation Facebook page to complete.

1. How many people live in your household?

2. Age Range? Circle all that apply:

Under 10
10 – 19
20-34
35-54
55-69
70 Years & Older

3. In the past 12 months, which of the following activities have you or anyone in your household participated in? Circle all that apply.

Attended Special events (i.e. Fairs)	Walking or Hiking for Leisure	Ice Skating	Use of Playground Equipment	Volleyball	Day trips (i.e bus to the city)
Baseball, Softball	Cycling or Mountain Biking	Basketball	Tennis	Lawn Activities (i.e. Croquet)	Other (Write in)
Equestrian	Football	Organized Youth Programs (Camps, Clubs)	Volleyball	Visual/Creative Arts	None

4. What types of recreation programs would you or members of your household be most interested to participate in? Circle all that apply.

Youth Sports	Adult Sports	Educational Classes	Arts & Crafts	Family Activities
Social Activities (Dance, theater, music, etc.)	Lifetime Sports (golf, tennis, biking, etc.)	Outdoor recreations (rock climbing, rafting, etc.)	Youth after school programs	Other (Write in)

5. Are there any parks, recreation, or culture activities that you or members of your household would like to see offered in East Granby?

6. How do you learn about Parks & Recreation Activities? Circle all that apply.

Facebook	Talk Turkey	Email	Website	Other:
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7. Which Parks do you frequent in East Granby? Circle all that apply.

Cowles Park	Farmington Valley Heritage Trail	East Granby Farms	Granbrook Park	None
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8. If you frequent any EG Parks, any suggestions for improvement or feedback i.e., Parking, Kiosk information provided etc.? Please indicate which park you are providing feedback for.

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9. Have you ever rented out the East Granby Farms Recreation Building?

Yes	No	I did not know I could rent it out
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10. Any improvements or suggestions for the East Granby Farms Recreation building or for East Granby Farms?

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11. Please indicate which of the following town events you or someone from your household has attended in 2020 and/or 2021.

Easter Egg Hunt	Halloween Event	Summer Concert (s)	Tree lighting and caroling	None
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12. If you attended any of the town events, please provide any feedback or suggestions.

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13. We value your feedback. Feel free to leave us your name, email address and/or phone number if you would like to be entered in our raffle for a chance to win gift cards towards registration for future Parks & Recreation activities.

East Granby Youth Services

For information on the most current programs, events, and services available please contact us:

Susan J. Lawshe, JD, LMFT
Call: (860) 653-7800
Email: SueL@egtownhall.com

Mason Williams, Program Coordinator
Call: (860) 653-7660
Email: Mason@egtownhall.com

Website: www.eastgranbyct.org/commision-on-youth-services

79 North Main Street - PO Box 1858
East Granby, CT 06026
(860) 653-7660

East Granby Youth Service Bureau

The mission of the East Granby Youth Service Bureau is to coordinate the delivery of community-based services for prevention, intervention, treatment, and follow up for at risk youth, and to provide opportunities for all youth to function as responsible members of the community.

Commission on Youth Services

The commission on Youth Services (CYS) has been established to serve in an advisory capacity and support the mission and staff of the Youth Services Bureau. Members are appointed by the board of selectman and represent various segments of the community including law enforcement, education, children and families, and local business and organization. The goal of the CYS is to advocate for our youth population by evaluating priority needs and interests on an ongoing basis and assisting the YSB in the development of appropriate programs and services. Meeting are held every third Monday of the month and are open to the public.

Counseling Services

Counseling services addressing emotional, behavioral, and mental health issues are available for children and families residing in East Granby. We provide parenting support, family therapy, individual therapy, play therapy for children, and school consultation. School, parent, and self referrals are accepted. All services are professional and confidential and are offered free of charge to East Granby residents.

We can address a range of issues including:

- Common developmental issues
- School behavior and/or peer relationship issues
- Family conflicts
- Suicide ideation
- Depression
- Anger management
- Eating disorders
- Substance abuse
- Self-mutilation

Youth and Family Therapy Services Available

For many children, this year's transition back to school may bring a greater magnitude of change than ever before. Whether students are transitioning from remote learning back to in-person instruction, or from small hybrid classes to full classrooms, these adjustments can create significant anxiety for kids of all ages. Should you find your children or family in need of some additional support during the school year, please remember that the Youth Service Bureau offers free counseling services to East Granby youth and their families. All counseling services are confidential and are provided by a licensed therapist or professionally supervised intern. School, parent and self-referrals are all welcome. East Granby residents interested in counseling services should contact Sue Lawshe, LMFT at suel@egtownhall.com.

Youth Action Council

The Middle School Youth Action council has been busy this winter with participating in and planning fun community activities. We finally were able to have our Great Skate for families at the International Skating Center in Simsbury. We had over 100 people participate and raised \$250 for St. Jude's Children's Hospital. We have a movie night coming up for 3rd-5th graders and are in the process of organizing our 2nd Annual Earth Day clean up with other community organizations. The High School Youth Action Council is working with the East Granby Land Trust to plan a family friendly Scavenger Hunt in celebration of Earth Day. This fun, interactive scavenger hunt will take place April 22-24. Watch for more details on Facebook as the date approaches.

Youth Services

We have been able to run three sessions of Boys Council and plan to start another session. We have been working on communication skills, playing games, and having fun! The boys enjoyed pizza and bowling to end the last session!

We have been able to start some new programs! This past month we started our Love & Logic program, a parenting class, and a Girls Circle for young girls in the community. Keep your eye out! In the next upcoming months, we are planning to start some new programs, including a Middle School Girls Circle.

American Red Cross Babysitting Course

East Granby Youth Services Bureau presents the American Red Cross Babysitting Course. This course is an interactive course to teach young adults the basics of babysitting and how to manage the responsibilities of being a caregiver. This is a one-day class and participation for the entire day is required to get certification.



All participants should wear comfortable clothes and bring a water bottle and lunch. Snacks will be provided. Space is limited for this class and full payment is required in order to guarantee your space in the class.

Cost: \$50 resident / \$85 non-resident

New spring dates coming soon!

Financial assistance is available for this program through Youth Services. Please contact Mason Williams via email at Mason@egtownhall.com or 860-653-7660

Boys Council

A fun group for boys in 4-6th grade that blends play with guided discussions to help them build social skills and develop an understanding of what it means to them to be a boy in today's society. Topics touch on friendship, competition, stereotypes, and self esteem. This program will be run Virtually with Mason Williams on Zoom. Crafts and activities will be paired with other games and social learning exercises following the One Circle Foundation curriculum. This is not a therapy group but is structured to provide social skills instruction and support as needed. Eight participants max.



Where: Sears house at East Granby Farms

When: Contact us for more information

Cost: \$15- residents; \$20- non-residents

Girls Circle

A support and skill building group for girls. Together we will have real conversations about many of the challenges girls are facing growing up in today's world. We will do this through crafts, vision boards, readings, and role play. Our focus:

- Improving social skills
- Strengthening relationships with peers and parents
- Building communication and leadership skills
- Goal setting
- Learning healthy ways to handle stress
- Making new friends and learning you aren't alone

Where: R.D. Seymour School - cafeteria

When: Mondays, February 28, 2022-April 4, 2022

Who: East Granby Students in grades 3-5

Cost: \$25



New spring sessions dates to come. Keep an eye on the website and Facebook. Discussions will be confidential, except under specific circumstances. Financial Assistance is available to those who may need it. Please contact Mason in Youth Services to discuss this further at (860) 653-7800.

Home Alone Safety for Kids

Home Alone Safety for Kids is a unique class for boys and girls ages 8 to 13 years old who are left home alone. This interactive 90 minute course will cover safety concerns parents have when their children are by themselves. Students will learn to be more aware of the potential dangers that they could face when they are alone. Each student will receive a workbook that covers house key safety, indoor and outdoor (including kitchen) safety, gun safety, fires, and gas leaks. We will also review first aid kit essentials and phone, door, and internet safety.

The class size is limited to fifteen students to allow for optimal opportunities for participation. Parents/guardians are asked to attend the last ten minutes of the course. They will receive a workbook with conversations starters such as creating a family fire escape plan and the importance of an emergency contact list.

Sarah Maffiolini is an experienced Youth Services Bureau Coordinator skilled in adolescent education and positive youth development. She has over five years of experience facilitating this workshop. She is a strong community and social services professional with a Bachelor of Arts in Psychology. For more information about this workshop please contact Sarah at 860-830-9619 or sarah.maff@gmail.com.

When: Contact us for more information

Where: The East Granby Senior/Community Center

Register online at: <https://eastgranbyct.myrec.com>

Parenting the Love and Logic Way

A six-week parenting program designed by the Love and Logic Institute. Learn how to:

- Avoid un-winnable power-struggles and arguments
- Stay calm when your kids do upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help your kids learn from mistakes rather than repeating them
- And much more!



This parenting program is designed to give you practical skills that can be used immediately!

Dates: 3/2, 3/9, 3/16, 3/30, 4/6, 4/13 (NO CLASS 3/23)

Time: 7:00pm-8:30pm

Location: East Granby Public Library - Large Conference room

Cost: \$20

Financial assistance is available if needed, please reach out to the East Granby Youth Services office at (860) 653-7800 or e-mail at mason@egtownhall.com. This program is open to East Granby residents only. Space is limited to 10 participants. Priority will be given to families who have not taken this course before. If you have taken this class prior, please reach out to the office or Mason before registering. Facilitators of the Parenting the Love and Logic curriculum are independent and are not employees of Love and Logic Institute. This event is co-sponsored by East Granby Public Schools & East Granby Youth Services.

Juvenile Review Board

A Juvenile Review Board (JRB) has been established to provide a community-based program for diverting eligible juvenile cases from the Juvenile Justice System, and to provide intervention at the local level. The JRB is comprised of 11 members appointed by the Board of Selectmen representing key areas of our community, including law enforcement, school officials, court personnel, and local community members. The goal of the JRB is to make effective recommendations to assist the juvenile in avoiding repeat behaviors leading to an arrest or a school-based referral to the Juvenile Justice System.



TOWN EASTER EGG HUNT

PRESENTED BY: EAST GRANBY PARKS & RECREATION

THE EASTER BUNNY IS HOPPING HIS WAY TO EAST GRANBY EARLY THIS YEAR FOR OUR ANNUAL EGG HUNT. THIS FREE EVENT IS OPEN FOR TOWN RESIDENTS AGES BIRTH TO 5TH GRADE.

Birth to Preschool aged children: Meet our Easter Bunny helpers near the entrance of the baseball field at East Granby Farms. The event starts promptly at 1:00 P.M.
K - 2nd Grade: Join us at the grassy area near the snack shack to begin the fun. The event starts promptly at 1:00 P.M.
3rd - 5th Graders: Join us with your detective skills for your hunt. Keep an eye out for a few golden eggs. Meet near the recreation building. This event will begin promptly at 1:30 PM.

APRIL 3
1:00 P.M. &
1:30 P.M.

**East
Granby
Farms**



Bring a basket or bag for your eggs & a non-perishable food item for the East Granby Friend to Friend Food Pantry.

Questions? Contact: 860-653-7660 or email aliciav@egtownhall.com

East Granby Town Hall
PO Box 1858
East Granby, CT 06026

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