



Let's Talk Turkey

The Official Newsletter of the Town of East Granby

January 2022 • Volume XXVII, Issue I

Best Wishes for a Happy & Healthy 2022

Please note that most of this column is being written by retiring First Selectman Jim Hayden prior to the January 3, 2022, installation of our new First Selectwoman Eden Wimpfheimer. By town ordinance, the new First Selectwoman officially takes office on the first Monday of January.

COVID-19: Unfortunately, the COVID-19 Pandemic has continued to have a dramatic effect on many things including public health, finances, and education. During the last two weeks of December, there have been fifty-three reported cases of COVID-19 in East Granby or 10% of all the reported cases since March 2020. Residents should continue to wear masks, maintain social distancing, wash hands frequently and be vaccinated. Through contact tracing conducted by the Farmington Valley Health District, we know that social gatherings with friends and family account for most of the new cases.

Despite everything, there is some positive news. Through the end of the year, 72% of all East Granby residents are fully vaccinated. Seventy-seven percent of all residents have received at least one dose of the vaccine. With those numbers, East Granby has compliance with the "herd immunity" numbers that public health officials look for. Social and Senior Services have been identifying food insecurity and other issues in the community and are working with residents to address them. For more information call Social Services at (860) 413-3322 or e-mail info@egtownhall.com. All inquiries are kept strictly confidential.

What Would We Do Without Our Volunteers: My heartfelt thanks to all the volunteers in East Granby who participate on Town boards, service organizations, the fire department and much more! Volunteers make East Granby our town a special place through their volunteerism. They help us provide opportunities that we otherwise would not be able to do. Here is a partial list of the impact of volunteers in East Granby. Resilience Grows Here assists veterans and their families with mental health challenges, suicide prevention programs, and education. This year the Annual Empty Bowls was a "drive thru" event, sponsored by Friend to Friend, the Women's Club, and Expressions Pottery. The Annual Christmas Jacky Tree Lighting was sponsored by Parks & Rec. The Youth Action Council at the Middle and Senior High Schools give our students exposure to the community and is teaching leadership skills to our youth. There are also six Town commissions, six boards, and two committees that are comprised of volunteers. All in all, very impressive and thanks for all that you do!

Budget Process: The Boards of Selectmen, Education and Finance are working on the 2022-23 budget. Here are some important dates: BOF provides initial guidelines to the boards on February 8th, draft budgets presented to BOF by BOS and BOE on March 15th, BOF directives to the boards on April 5th for the Annual Budget Hearing which will be held on April 19th, with a Town Meeting May 3rd, and a potential referendum in early/mid-May.

A Message from First Selectwoman Wimpfheimer: I would like to thank the wonderful Town of East Granby and its employees for your warm welcome during my first week in office. I look forward to the next two years serving our great town. I would also like to wish Jim Hayden a wonderful retirement and thank him for assisting in a very pleasant transition. Feel free to stop by my office in Town Hall to introduce yourself or if you need any assistance.

Best Wishes for a Healthy and Happy New Year, East Granby!

Newsletter Publication Schedule

<u>Submission Deadline</u>	<u>Delivered to Homes</u>
March 7	March 19
May 2	May 14
August 1	August 13
September 6	September 17
November 7	November 19
Jan. 3, 2023	Jan. 15, 2023

submit articles via e-mail to
newsletter@egtownhall.com

Town of East Granby
9 Center Street
P.O. Box 1858
East Granby, CT 06026

Phone: 860.653.2576

Fax: 860.653.4017

E-Mail:
info@egtownhall.com

Web:
www.eastgranbyct.org

Homeowners Tax Relief for Elderly & Totally Disabled

The State of Connecticut and the Town of East Granby have programs which provide tax relief for elderly and totally disabled homeowners on their real estate taxes. The filing period is February 1, 2022 through May 15, 2022. The requirements are:

- Income based
- Elderly applicants must be 65 years of age or older as of December 31, 2021
- Totally disabled applicants do not have an age requirement
- All applicants must own and be a permanent resident of a dwelling in East Granby

If you have any questions or would like to make a confidential appointment, please call Mary Ellen Brown at the Assessor's Office at (860) 653-2852.

UR Community Cares

Happy New Year! UR Community Cares is excited to have received a grant from the East Granby Greater Together Community Fund. UR Community Cares makes a positive impact on the lives of people



living safely and independently in their homes by helping East Granby residents age 70+ and/or anyone age 18+ and over with a

permanent or temporary physical disability. We are looking for East Granby volunteers. You can sign up to volunteer, you can refer someone in need and/or share with your family/staff how neighbors with mobility issues can be connected to background-checked volunteers via www.URCommunityCares.org. Those in need can receive help with home-based assistance like a ride to church or doctor's appointment or pet care if they are recovering from surgery. Many residents have vision deficits and need transportation, and some are alone and lonely just looking for someone to talk with. Volunteers can make a huge difference.

We hope you can help us spread the word with those in need of a little extra help with housework, yard work, transportation, and/or companionship. Our secure website allows for interested East Granby volunteers and residents to connect. People recovering from an injury, recuperating from a medical procedure, or who have a chronic illness and don't have anyone at home to help can now connect with a friendly neighbor for help with tasks to keep them aging in place. Volunteers who want to help must be age 15+ (15- to 17-year-olds need adult permission and supervision). We perform a background check on all participants over 18; driving record checks are conducted for volunteers who opt to provide transportation for medical appointments, grocery shopping, etc. Please sign up on our website www.URCommunityCares.org. It is the secure and streamlined way for neighbors to help neighbors with household chores, yard work, companionship, and/or transportation in East Granby. Let's come together in 2022 to help more people in need!



News From the Tax Office **WHAT'S DUE?**

SECOND INSTALLMENT for REAL ESTATE AND SUPPLEMENTAL MOTOR VEHICLE TAXES

*(For Motor Vehicles Purchased/Registered
10/2/2020 through 9/30/2021)*

DUE: JANUARY 1, 2022

**LAST DAY TO PAY TO AVOID INTEREST:
FEBRUARY 1, 2022**

Please visit www.eastgranbyct.org to look up your property tax bill.

Payment drop box is available 24 hours a day/7 days a week and is located at the back door of the Town Hall (facing the Police Department, Library, and Senior/Community Center). Payment box will be closed at 4:00 PM on the last day to pay, February 1st, 2022.

You still have an opportunity to mail your payment on February 1st, 2022. We accept the United States Postmaster Stamp/Seal as on-time if postmarked by February 1st, 2022. Sorry, postage meters do not qualify as Postmasters' Stamp/Seal.

East Granby Social Services

The Senior/Community Center is open to the public; however, we still encourage communication to be done by phone, e-mail, mail, or by utilizing the drop boxes outside the front door of Town Hall and inside at the door of Social Services. For more information, please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elisecc@egtownhall.com.

Emergency Assistance Fund

The East Granby Emergency Assistance Fund is available to those income eligible residents who need emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. Donations can be made to the "East Granby Emergency

Assistance Fund” and mailed to East Granby Social Services, P.O. Box 1858, East Granby, CT 06026.

Energy Assistance

Applications are being taken from residents of East Granby who wish to apply for the Connecticut Energy Assistance Program. This program is designed to help offset the winter heating costs of Connecticut’s lower income households. Winter heating assistance helps pay for a household’s primary heating source such as oil, natural gas, electricity, propane, kerosene, coal, wood, and wood pellets. Please contact Social Services for more information or visit the State of Connecticut website www.ct.gov and search “Energy Assistance.”



Food Pantry

The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing assistance. The pantry is currently operating on Friday mornings for registered participants to shop. Deliveries can be scheduled for those participants who are homebound. If you are in need of food, please call Social Services (860)



413-3328 or e-mail elise@egtownhall.com. To donate please call (860) 651-1659 or e-mail friendtofriendeg@gmail.com. Food donations may be dropped off at bins outside the East Granby Senior/Community Center and the East Granby Congregational Church, and inside the East Granby Post Office and Geissler’s Supermarket in Granby. If you wish to donate money or local grocery store gift cards you can either mail to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026 or e-mail friendtofriendeg@gmail.com.

Holiday Gift Program

The Social Services 2021 Holiday Program was a huge success thanks to the outpouring of generosity from our community members and businesses. We were able to assist 17 families this year by providing donated gifts, gift cards, books, stocking stuffers, and hand knitted hats, mittens, and scarves to over 30 children in East Granby. Thank you to all of our residents this year who “adopted” families to shop for and made monetary donations to the program and to the many donors, including the East Granby Congregational Church, RSCC Wire & Cable LLC, the Copper Hill United Methodist Church knitting group, the East Granby Senior knitting group, Allgrove School’s Labors of Love program, and the East Granby Library, Police Department, and Town Hall. This collective effort continues year after year and would not be possible without your support. Thank you!

Operation Fuel

Operation Fuel offers emergency energy assistance to households who fall outside the Connecticut Energy Assistance guidelines or have exhausted their Connecticut Energy Assistance grant. Applications can be completed through East Granby Social Services or directly through the Operation Fuel website at <https://operationfuel.org/gethelp/>.



Commission on Aging

The Commission on Aging (COA) wishes all to stay in good health! In these times, a lot of people in town are in need of help. Last year, the COA received a \$15,000 bequest from “Bea” Adams, a long-time resident of East Granby. We would like to put it to good use to benefit the seniors in town. If you have some thoughts as to what it could be spent on and to leave a lasting memory of Bea Adams, please contact Rich Galluccio at richgallu@cox.net or (860) 658-0603 with your ideas.

The East Granby “Good Samaritan” Program is ready and able to help people in town. If you have a need and are looking for help or if you know someone who could use help, contact Senior

Good Samaritan Program

Services or Social Services to be matched up with our volunteers. If you’re a person who would like to volunteer to help our town’s seniors, please provide your information in the same manner. Details of this program and the volunteer form can be found at the town website (eastgranbyct.org). Click on “Good Samaritan Program” on the front page for further information. You can also go to “Boards and Commissions,” “Commission on Aging” for information. Join in and make our program a success by helping our seniors in town.

The Commission on Aging (COA) advocates for the senior community in town and needs help to continue doing so on an efficient basis. The Commission, as constituted, has nine members and three alternates. The Commission has four openings for members and 3 alternates. Please help us out. If you have an interest or for more information, contact Rich Galluccio, Chairman, at (860) 658-0603, or Kelly Jacobs, Senior Services Director, at (860) 413-3334.

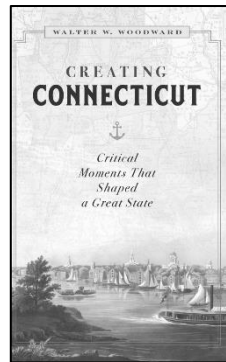
East Granby Historical Society News

January 30th Program Postponed

Due to the recent COVID surge, “Reptile Myths, Legends & Folklore” by Brian Kleinman will be rescheduled, most likely for spring. Check the March issue of “Let’s Talk Turkey” and our website eastgranbyhistoricalsociety.org for the new date.

Upcoming March Program

On Sunday March 20th at 2:30 PM at the East Granby Senior/Community Center, State Historian Walt Woodward will present “Creating Connecticut: Critical Moments That Shaped a Great State.” In his new book, Walt Woodward, a gifted storyteller, has assembled 24 stories which bring aspects of Connecticut’s history to life in new ways, both serious and lighthearted. Come enjoy an enlightening and entertaining hour. This free program is open to the public and will follow a brief 2:00 PM business meeting. Refreshments will be served.



East Granby Land Trust

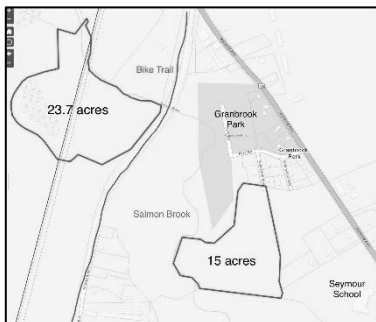
Happy New Year to all! We have a lot to be thankful for going into the new year. First, thank you, our members, for your time volunteering in 2021. This year we volunteered over 300 hours of time maintaining our properties with your help, not including our program and social media posts.



Second, thank you, Catherine Delasco for serving as the East Granby Land Trust president for the last three years. Her dedication to the Land Trust is admirable. She spent endless hours visiting properties, planting plants, cutting invasive plants, marking boundaries, writing letters, connecting with other land trusts, and more. We are so thankful to have her as a part of our board and look forward to her serving as our Stewardship Chair in 2022. Here are some of the notable changes to our board in 2022:

- President: Amanda Thompson
- Vice President: Gene Rondeau
- Treasurer: John Erbland
- Secretary: Jeanne Dube
- Stewardship Chair: Catherine Delasco
- Membership Chair: unassigned and looking for a volunteer!

Third on our thank-you list is to Indus Realty Trust, Inc. for their donation of three properties totaling 38.7 acres, all bordering or containing the federally designated Wild and Scenic Waterway,



Salmon Brook. Two of the properties west of the bike trail between Monrovia and Salmon Brook are very wet but show many signs of wildlife, which we are very proud to protect. The third property connects R. D. Seymour School to Granbrook

Park. We look forward to the challenge of making a useable trail from the school to the park and helping bring hands-on learning to the school's science curriculum where it is possible.

We will have many programs to look forward to this spring. Be on the lookout for emails about a "Reptile and Amphibian Folklore, Myths, and Legends" talk with Riverside Reptiles, a Vernal Pool Walk, Bird Walk, and Yoga in the Woods, along with other hikes and work parties. The great thing about our events and volunteering is that most of the time it is outdoors, allowing everyone to get fresh air while appreciating some of the 300 plus acres the East Granby Land Trust maintains and protects. We look forward to you joining us outside. If you have a particular interest or skill and want to volunteer, please e-mail president@eglt.org. We are always glad to have help with grants, chainsaw cutting, bridge building, or pulling invasive plants. We will also be glad to teach you new outdoor skills. If you want to donate your time, join us! You will be glad you did.

Preschool Enrollment Opportunity

East Granby Early Childhood Services & Family Resource Center located at Carl Allgrove Elementary School is hosting Open Enrollment Night on Tuesday, February 15th from 6:00 to 6:30 PM. (Snow date is Wednesday, February 16th at the same time.) East Granby residents may register for 2022-2023 Programs:

• Integrated 3 & 4 Year Old Preschool Classes

Applications will be accepted on a first come basis beginning at 6:00 PM by drive up, drop off process in the Allgrove School bus circle. Please bring a completed application, birth certificate (both the original and a copy), and proof of residency at the time of enrollment.

• Early Learning Groups: Terrific Twos (ages 2-3) & One, Two, and You (ages birth-3)

Fall 2022 ELG applicants need not apply in person. Please submit an application and proof of residence to the East Granby Family Resource Center at Allgrove School, 33 Turkey Hills Road, East Granby 06026.

Applications and brochures are available online at www.eastgranby.k12.ct.us. Go to the "Students" tab, then "Early Childhood Services." You may contact Kerry Anthony at kanthony@eastgranby.k12.ct.us for more information.

No Cost Fundraising for PTO

The Allgrove/Seymour PTO collects Geissler's receipts to help raise funds to further support the curriculum in our elementary schools. The PTO receives five percent back on all receipts submitted through the Geissler's program. Receipts must be over \$35 and less than six months old. Submit receipts throughout the year at the following locations:



- The Allgrove & Seymour School Offices
- East Granby Public Library (box located behind the desk)
- East Granby Post Office (box located in lobby)
- East Granby Senior/Community Center (box located in lobby)

Please submit receipts to any of the above locations as soon as possible so that they can be included in our next submission.

Spotlight on Small Businesses

News from the Economic Development Commission

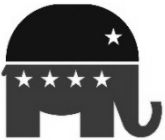
Periodically, the East Granby Economic Development Commission will highlight businesses in town so that residents can know about some of the "hidden gems" that are located here. In this month and in future editions, our focus will be on some of the small businesses in town.

Farmington Valley Plumbing

Farmington Valley Plumbing is a locally owned full-service plumbing company which just moved into East Granby. Eric and Brian Jones are the owners and provide a variety of home services including heating systems, propane installations, and pipe cleaning with camera inspections of drain and sewer pipes. They also install and service water softeners and filtration systems. Along with these services, they specialize in commercial and residential new construction as well as complete bathroom remodeling projects. As an active community supporter, they have been a major sponsor of the Granby Ambulance Association and the Gifts-of-Love. Farmington Valley Plumbing may be contacted at (860) 934-4770, 24 hours a day, seven days a week or you may stop by their office at 121 Rainbow Road (Route 20 across from the new Pride gas station) during normal business hours.

East Granby Republicans

East Granby Republicans wish you and your family a happy and healthy New Year! We would like to wish all our newly elected officials the best for the coming year.



The next meeting of the East Granby Republican Town Committee is scheduled for 7:00 PM on Wednesday, January 19th at the Senior/Community Center. We welcome all interested Republicans and anyone interested in learning more to attend and contribute your ideas about town government and our community.

Attendance at our meetings has increased greatly over the past two years, and we have always welcomed many new faces with fresh ideas. We value personal and civic responsibility, a transparent, responsive, and streamlined town government, and a thoughtful approach to development for expansion of the tax base to help lower property taxes.

Even if you can't get to a meeting, we are still interested in hearing from you. Our newly elected Republican officials also welcome your thoughts and ideas. You can contact RTC Chairman Lee Sandora at (860) 483-6945 or lsandoraeg@gmail.com. You can also visit our Facebook page (facebook.com/EastGranbyRepublicans) for updates.

The new year is also a time to plan ahead. East Granby Republicans offer an annual scholarship in memory of Carolyn and Edward Phillips. The applicant must be a senior at East Granby High School or an accredited high school in Connecticut who has accepted enrollment in a two or four-year program at an accredited college, technical, or trade school. Application deadline is usually in March. More information will be available soon through the East Granby High School guidance office, from lsandoraeg@gmail.com, or on our Facebook page.



Capitol Update

Rep. Tami Zawistowski, 61st District

Happy New Year to you and your families! A new year brings new beginnings. The 2022 legislative session starts February 9th but there's already a cloud hanging over the proceedings—what will become of the governor's broad emergency powers? The emergency declarations that give Governor Lamont authority to install new policy or change existing law as he sees fit are set to expire February 15th. Will our colleagues across the aisle push to extend his wide authority yet again? By now, you know my opinion: they should not.

The issue of unilateral decision-making came back into focus in a major way during the last several weeks. In a step widely seen as a move to appease climate activists, Governor Lamont issued an executive order that instituted a number of energy and environmental policies that had failed during the bipartisan legislative committee process. He also decided to use \$75 million of federal COVID relief funds to retroactively enhance the 2020 (yes, 2020 not 2021) Earned Income Tax Credit (EITC) which will see roughly 200,000 low to middle income residents receive checks from the governor's Department of Revenue Services. This was done without input from the legislature or the public and is yet another end-run around the legislature by the Executive Branch.

The decision regarding the EITC is particularly disappointing. It's an issue traditionally handled by the legislature, and there was certainly debate to be had about more timely uses for that money—for example, installing a fully-formed test and stay program to keep kids out of quarantine and in school classrooms, increasing availability of mental health resources, or helping domestic violence organizations in dire need of funding. Governor Lamont didn't give us the chance.

These decisions deserve more public scrutiny and demonstrate the importance of getting the legislature back to represent the will of the people. I hope that our Democrat colleagues who have enabled the Governor's go-it-alone approach finally join Republicans in that effort.

As it stands, it's unclear what the upcoming legislative session will look like from a procedural point of view. Will committee meetings be held in person (my preference) or virtually? In either case, I'll focus my efforts on tackling growing statewide public safety concerns, helping small businesses regain their footing, repealing the truck mileage tax that takes effect in January 2023 (which will increase costs of goods and services statewide), and shining a bright light on government transparency-related problems that have grown more acute during the pandemic.

I look forward to sharing details on specific proposals in the near future. Until then, I hope you'll visit my web site (repzawistowski.com) and complete a survey that provides an opportunity to share your ideas, concerns, and opinions about state government. And as always, reach out to my office at (860) 240-8700 or tami.zawistowski@cga.ct.gov.



East Granby High School PROJECT GRADUATION CLASS OF 2022

Although we are only halfway through the school year, we have been busy planning for graduation. While the East Granby High School Seniors are busy preparing their college applications, essays and life after high school, the parents of the Class of 2022 are working hard to plan an exciting and safe graduation event.

For those of you in the community who have supported this event in the past, please accept our deepest appreciation. For those of you who may be new to the community and this event, we look forward to recognizing your business as well.

Each year, the parents, friends and community work together to provide a substance-free/safe graduation party for our deserving graduates. It is an overnight event with lots of great activities to give the Class of 2022 a great send-off.

Support from a local business, such as yours, is a key to this event's success. As a thank you for your contribution, we will display your business name at graduation activities as a donor for this wonderful event as well as a thank you in *Let's Talk Turkey*.

We are a small community that succeeds by supporting each other. It truly does take a village. If you wish to donate, please make your check payable to "EGHS Project Graduation 2022" and send to the address listed below **by April 8, 2022** to be included in the May edition of *Let's Talk Turkey*. Thank you for your continuous and generous support!!

Project Graduation 2022
P.O. Box 234, East Granby, CT 06026

Sincerely,
Project Graduation 2022 Committee

Company Name in *Let's Talk Turkey*: _____

Phone Number: _____

I/We would like to support East Granby High School 2022 Project Graduation event with a monetary donation in the amount of \$ _____



New Year Inspirations!

After all the rush and hustle of the holiday season, January provides us a time to reflect and recharge for the New Year ahead. Our **Friend to Friend Food Pantry** board members were overjoyed with the thoughtful and consistent donations of time, food and money we received this past year. Corporate donations, food drives/drop-offs, personal contributions to our annual campaign and throughout the year, all allow us to assist our neighbors in need. We are grateful to be part of this caring and compassionate community — thank you!

We will be busy running the Pantry this winter and then begin our work on our Thrift Shop reopening in April. Until then, we invite you to participate in our Winter **Extra Seat at the Table Fun(draiser)** to help raise awareness of food insecurity in our community. It's also a positive way to creatively pass the dark hours of winter while producing glorious works of art to be bid on and placed in homes this Spring. Get more details in our flyer later in the newsletter and keep up to date with info on our Facebook page. Currently we have 6 artists participating including students at EG Middle School and EG High School. We cannot wait to see the finished pieces!

Food Pantry

To register with the Food Pantry call Elise at **Social Services at 860.413.3328** or email elise@egtownhall.com.
To volunteer or donate to the Food Pantry or Thrift Shop please call **860.413.9015** or email friendtofriendeg@gmail.com.

- In need of the following items: baked beans, bottled juice, canned fruit/vegetables (corn and peas), canned chicken and tuna, Campbell's Chunky and Progresso Rich and Hearty Soups, coffee, granola bars, jar pasta sauce, jelly, peanut butter, sugar, laundry detergent, paper towels and toilet paper.
- **Non-perishable** food donations may be dropped off outside at the EG Community/Senior Center and EG Congregational Church or inside at the EG Public Library and EG Post Office. You can also purchase and donate at Geissler's Supermarket in Granby, CT
- Monetary donations can be at www.friendtofriendeg.com or mailed to: Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026

Thrift Shop

32 Spoonville Road
860.413.9015
860.392.8362 (after hours)
friendtofriendthriftshop@gmail.com

Our shop is closed for the winter and will reopen on Saturday, April 2, 2022.
Look on our facebook page and in this newsletter for details on our Extra Seat at the Table Fun(draiser) going on now through March, thank you!

Friend to Friend Food Pantry & Thrift Shop's

Extra Seat at the Table Winter Fun(draiser)!

Please join us as we raise awareness to take action against food insecurity in our community by giving old furniture some creative love, auctioning it off and asking you to "put an extra seat at the table".

- Now through January 25, 2022**
 - Accepting donations of **wooden dining chairs** or **small wooden plant/drink tables** (cosmetically challenged, but sturdy). Email friendtofriendthriftshop@gmail.com or call **860-392-8362**.
 - **Soliciting local artists and DIYers** to volunteer their artistic talents (call **860-392-8362** or email friendtofriendthriftshop@gmail.com). All styles and talent levels encouraged! **Paint by yourself or as a group.**
 - Artists can pick out and pick up chair or table
- Through February 28, 2022**
 - Let the painting begin!
- March 1-March 20, 2022**
 - Voilà! Finished items dropped off and displayed at EG Shops and online for viewing. **(Care to show a chair, please contact us!)**
 - Bidding begins (**March 19-26th**) on **Friend to Friend's Online Auction Facebook page**
 - Winning Bids pick up their art on Sunday, **March 27th** at the **Friend to Friend Thrift Shop** at 32 Spoonville Road.
 - All auction proceeds benefit the **Friend to Friend Food Pantry**, thank you!





WCEG is selling Valentine's Day Flower Grams and Crushes for your crush!

WOMEN'S CLUB of EAST GRANBY



Flower grams include:

- one carnation (from East Granby's own Long Stem Flower Shoppe)
- chocolate (peanut/tree nut free option available by request)

Crushes include:

- 12 oz Crush soda

Both:

- personalized card
- delivery to recipient included (East Granby only; pick up available if preferred)

Prices:

- One (1) flower gram - \$4.00
- Five (5) flower grams - \$15.00
- Ten (10) flower grams - \$30.00
- Crush - \$2.00 each
- Checks can be made out to Women's Club of East Granby
- Venmo to @WomensClubEG (please add "Valentines" to the memo)
- PayPal is accepted on WCEG website

Orders can be made online at <http://www.womensclubeg.org/> or detach the form below and mail to:

WCEG Valentines c/o Katie Kardos, 12 Granger Cir., East Granby, CT 06026
Email questions to: wcegflowergrams@gmail.com

****Orders due by Feb. 4****

Your name: _____

Phone: _____ E-mail: _____

Recipient Name: _____ Recipient Address: _____ Delivery? <input type="checkbox"/> Pick up? <input type="checkbox"/> Nut free chocolate needed? Yes <input type="checkbox"/> No <input type="checkbox"/> Flower gram? <input type="checkbox"/> Crush? <input type="checkbox"/>	Short Message for card: _____ _____ _____
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VIRTUAL BINGO

Via Zoom

To Benefit:

EAST GRANBY CUB SCOUTS

TROOP #70

DATE: Saturday, January 29, 2022

Bingo starts @ 7 pm

Tickets are pre-sale only & sales close THURSDAY, November 18th, @ 9 pm.

6 games of BINGO.

Each game will have a Designer Bag
(Kate Spade, Michael Kors, Coach or
Dooney Bourke)

OR \$100 gift card to select retailers.

Packages range from \$20—\$55

PLAY FROM
ANYWHERE!!!!

6 item Tea Cup Auction

2 \$100 gift cards to large retailers & 1 Designer Item.

3 \$50 Gift Cards to large retailers

\$10 for 11 tickets OR \$20 for 26 tickets

(you CHOOSE the items you PREFER)

DO NOT NEED TO BE
PRESENT ON ZOOM
TO WIN!!!

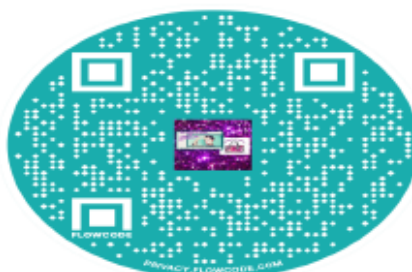
Below is the link to our Website to purchase your cards or tea cup auction tickets

<https://allaboutfundraisers.org/events>

Email: allaboutfundraisers@yahoo.com

Or message on facebook us @all about you fundraisers & events

Or simply scan this code to get to our facebook page.



*news
from*



EAST GRANBY
GREATER TOGETHER COMMUNITY FUND
at the
Hartford Foundation
FOR PUBLIC GIVING

APPLICATION DEADLINE

2/1/22

**Grant proposals between \$250 and \$25,000
will be considered.**

*Have you seen these signs
around town?*

Groups or organizations that serve broad and inclusive populations in the town of East Granby are encouraged to apply.

We are anxious to see the incoming applications for this round of funding.

*Be sure to
follow our
Facebook page
for updates*

**Grants Available
For E.G. Groups**



**EAST GRANBY
GREATER TOGETHER COMMUNITY FUND**
at the
Hartford Foundation
FOR PUBLIC GIVING

hfpg.org/eastgranbycf

CONNECT WITH US

✉ eastgranbygreatertogether@gmail.com

🌐 hfpg.org/eastgranbycf

 East Granby Greater Together Community Fund

Volunteers can GIVE, GET & GROW In East Granby Community



UR Community Cares

URCommunityCares.org

Does your
neighbor
need help?

UR Community Cares, is seeking volunteers who want to make an impact in the lives of older adults/physical disability in East Granby. Imagine the impact you can make to neighbors when you volunteer to help with housework chores, yard work, transportation and companion. Providing your time to those in need, at no charge will allow them to age in place.

- Give your time to serve town residents
- Get to know someone new while your community gets to know you
- Grow yourself, this is an opportunity to meet neighbors

URCommunityCares.org matches local Volunteers age 15+ to Community Members age 70+ or age 18+ with a physical disability (temporary after surgery/illness or permanent due to arthritis/stroke). All participants are background-checked. Our website allows anyone to connect easily for: raking, pet care, shoveling, taking out the trash weekly, transportation for medical appts. Choose what assistance you can give and best fits with your schedule to volunteer.

Youth Groups Can Volunteer Together to Make a Positive Impact

Refer someone in need or contact us if you have any questions on how you can make a difference in East Granby:





www.URCommunityCares.org

Call Michelle Puzzo, President, at 860-430-4557
or email info@URCommunityCares.org



BE a secret senior Admirer

The Secret Senior Admirer Program is back for 2022! Beginning in January you can join in the fun as a **Secret Senior Admirer** and get ready to celebrate our wonderful East Granby seniors all February long!

-  Place a goodies-for-purchase order using our form available at the library, online and featured in the January Issue of *Talk Turkey*. (Use separate forms for each delivery address). Orders can be placed Jan. 3-Feb. 22nd and deliveries will be made each Saturday, throughout February, by a decorated vehicle with masked peeps following all COVID protocols.
-  The East Granby Public Library will also offer FREE Card making kits to take home or create while at the library. They'll be available starting January 18th. You can return finished cards to the library for delivery, with or without a Goodies order. Visit the library or their Facebook page for more info.
-  Pen a story, note or poem about your favorite senior and we'll post it on the *EG Public Library's Secret Senior Admirer Brag Board* — and/or on the East Granby Community Facebook page, too! Email it to eg.communityworks@gmail.com or drop it off at the library.
-  Come up with your own great way to let our seniors know we have **MISSED** them.
You can also be a Super Secret Senior Admirer and anonymously sponsor a craft, card and/or gift. East Granby Senior and Social Services will make sure your “admiration” is delivered to a special EG senior. Questions or ideas? Email us at eg.communityworks@gmail.com or text 860-392-8362.

East Granby Youth Services

For information on the most current programs, events, and services available please contact us:

Susan J. Lawshe, JD, LMFT
Call: (860) 653-7800
Email: SueL@egtownhall.com

Mason Williams, Program Coordinator
Call: (860) 653-7660
Email: Mason@egtownhall.com

Website:
www.eastgranbyct.org/commission-on-youth-services

79 North Main Street - PO Box 1858
East Granby, CT 06026
860-653-7660

East Granby Youth Service Bureau

The mission of the East Granby Youth Service Bureau is to coordinate the delivery of community-based services for prevention, intervention, treatment, and follow up for at risk youth, and to provide opportunities for all youth to function as responsible members of the community.

Commission on Youth Services

The commission on Youth Services (CYS) has been established to serve in an advisory capacity and support the mission and staff of the Youth Services Bureau. Members are appointed by the board of selectman and represent various segments of the community including law enforcement, education, children and families, and local business and organization. The goal of the CYC is to advocate for our youth population by evaluating priority needs and interests on an ongoing basis and assisting the YSB in the development of appropriate programs and services. Meeting are held every third Monday of the month and are open to the public.

Counseling Services

Counseling services addressing emotional, behavioral, and mental health issues are available for children and families residing in East Granby. We provide parenting support, family therapy, individual therapy, play therapy for children, and school consultation. School, parent, and self referrals are accepted. All services are professional and confidential and are offered free of charge to East Granby residents.

We can address a range of issues including:

- Common developmental issues
- School behavior and/or peer relationship issues
- Family conflicts
- Suicide ideation
- Depression
- Anger management
- Eating disorders
- Substance abuse
- Self-mutilation

East Granby Youth Services Bureau recognizes that these last few months have presented challenges to families. Here are some simple things you can do to help family & friends:

- **Get unnecessary medication out of your house.**
- **Reach out for services.** Getting a family member connected to counseling can help tremendously.
- In CT, it is against the law to knowingly permit any minor to possess alcohol. **It is not safe to let your teen and their friends drink in your house**, so make very clear rules. Communicate with your teen about the dangers and the consequences.

For resources and talking points on how to start the conversation with your teen: Go to www.drugfree.org, portal.ct.gov/dmhas, or www.kidshealth.org.

Youth and Family Therapy Services Available

For many children, this year's transition back to school may bring a greater magnitude of change than ever before. Whether students are transitioning from remote learning back to in-person instruction, or from small hybrid classes to full classrooms, these adjustments can create significant anxiety for kids of all ages. Should you find your children or family in need of some additional support during the school year, please remember that the Youth Service Bureau offers free counseling services to East Granby youth and their families. All counseling services are confidential and are provided by a licensed therapist or professionally supervised intern. School, parent and self-referrals are all welcome. East Granby residents interested in counseling services should contact Sue Lawshe, LMFT at suel@egtownhall.com.

Youth Action Council

The Middle School Youth Action Council has been very active so far this year!! We have had the pleasure of hosting two drop-in babysitting nights for the kindergarten-second graders. Our most recent drop-in was holiday themed where kids decorated gingerbread houses, watched a movie, and did holiday crafts. We also volunteered at the American Red Cross Blood drive hosted by Youth Services and the tree lighting for the town. We are planning our annual Great Skate event so keep your eye out for that! We are looking forward to hosting more events in the future, as well as helping out with other town events!

The East Granby High School Youth Action Council (YAC) has been working hard during the past few months to plan events and work on ideas for this coming year. We had several programs over the last few months. First, we volunteered at the American Red Cross blood drive hosted by Youth Services. Second, we hosted our annual Recycle-A-Gift event. We would like to thank everyone who donated gifts and everyone who attended our event. Lastly, we helped Santa with Letters to Santa. We were able to help him deliver over 50 letters. It is a joy to be able to hold these events each year!

Youth Services

Youth Services was able to hold an American Red Cross blood drive on November 20, 2021, where we were able to collect 22 units of blood, which can save up to 66 lives. We appreciate your hard work, especially during this emergency shortage of blood. We want to take this time to thank our middle school and high school volunteers and everyone who gave blood. We have been able to run two sessions of Boys Council and plan to start another session. We have been working on communication skills, playing games, and having fun! Keep your eye out! In the next upcoming months we are planning to start some new programs. We are planning to run a Love & Logic program, a parenting class, and a Girls Circle for young girls in the community.

We had two vacancies and would like to welcome Sara Kleinman and Art Reardon to our board. We look forward to the addition they both will bring. At this time we would like to thank Angela Ciottone, president of the Youth Services Commission Board, who is stepping down at the end of her term. We thank her for all her hard work, time, and dedication throughout her many years of service.

American Red Cross Babysitting Course

East Granby Youth Services Bureau presents the American Red Cross Babysitting Course. This course is an interactive course to teach young adults the basics of babysitting and how to manage the responsibilities of being a caregiver. This is a one-day class and participation for the entire day is required to get certification.

All participants should wear comfortable clothes and bring a water bottle and lunch. Snacks will be provided. Space is limited for this class and full payment is required in order to guarantee your space in the class.

Cost: \$50 resident / \$85 non-resident

Winter Session: Sunday February 13, 2022

Financial assistance is available for this program through Youth Services. Please contact Mason Williams via email at Mason@egtownhall.com or 860-653-7660



Boys Council

A fun group for boys in 4-6th grade that blends play with guided discussions to help them build social skills and develop an understanding of what it means to them to be a boy in today's society. Topics touch on friendship, competition, stereotypes, and self esteem. This program will be run Virtually with Mason Williams on Zoom. Crafts and activities will be paired with other games and social learning exercises following the One Circle Foundation curriculum. This is not a therapy group but is structured to provide social skills instruction and support as needed. Eight participants max.



Register online at:

https://docs.google.com/forms/d/e/1FAIpQLScfhxwVB4hEMYVUkmXJr3_dY5VJTX-0sB2yVN_iBgHgehZU1Q/viewform?usp=sf_link

Where: Sears house at East Granby Farms

When: January 11- February 1, 2022 from 4:00pm-5:30pm

Cost: \$15- residents; \$20- non-residents

Home Alone Safety for Kids

Home Alone Safety for Kids is a unique class for boys and girls ages 8 to 13 years old who are left home alone. This interactive 90 minute course will cover safety concerns parents have when their children are by themselves. Students will learn to be more aware of the potential dangers that they could face when they are alone.

Each student will receive a workbook that covers house key safety, indoor and outdoor (including kitchen) safety, gun safety, fires, and gas leaks. We will also review first aid kit essentials and phone, door, and internet safety.

The class size is limited to fifteen students to allow for optimal opportunities for participation.

Parents/guardians are asked to attend the last ten minutes of the course. They will receive a workbook with conversations starters such as creating a family fire escape plan and the importance of an emergency contact list.

Sarah Maffiolini is an experienced Youth Services Bureau Coordinator skilled in adolescent education and positive youth development. She has over five years of experience facilitating this workshop. She is a strong community and social services professional with a Bachelor of Arts in Psychology. For more information about this workshop please contact Sarah at 860-830-9619 or sarah.maff@gmail.com.

When: March 7, 2022 from 4:00pm-5:30pm

Where: The East Granby Community Center

Register online at: <https://eastgranbyct.myrec.com>

Juvenile Review Board

A Juvenile Review Board (JRB) has been established to provide a community-based program for diverting eligible juvenile cases from the Juvenile Justice System, and to provide intervention at the local level. The JRB is comprised of 11 members appointed by the Board of Selectmen representing key areas of our community, including law enforcement, school officials, court personnel, and local community members. The goal of the JRB is to make effective recommendations to assist the juvenile in avoiding repeat behaviors leading to an arrest or a school-based referral to the Juvenile Justice System.



East Granby Community Center
Held in the Multipurpose Room
7 Veterans Memorial Drive
East Granby, CT 06026

Tuesday, January 25, 2022
2:00 pm to 7:00 pm

For an appointment, please visit redcrossblood.org
Or call 1-800-RED CROSS (1-800-733-2767).
Use Sponsor Code: **EGRANBY**



79 North Main Street
PO Box 1858
East Granby, CT 06026

Email: aliciav@egtownhall.com
Phone: 860-653-7660
Fax: 860-413-3702

www.eastgranbyct.myrec.com

ADULT ACTIVITIES

Adult Painting in Watercolor

Have you always wanted to learn to paint? Join award winning artist Lori Rapuano and learn how to paint in watercolor. This program is designed for all experience levels. Each student will work at their own pace, with individual assistance given. Guidance will be provided on drawing, color theory, composition, and design elements and, of course, watercolor technique. Bring reference photos to work from, and your own materials. Small class size will ensure personal attention.

Wednesday mornings from 9:30am - 11:30am
(Recreation Building at East Granby Farms)
January 5, 12, 19, 26, 2022 for \$100

Tuesday Evening classes from 7:00pm - 9:00pm
(Recreation Building at East Granby Farms)
January 18, 25, 2022 for \$50

Learn to Meditate is Back in 2022

Bring in 2022 with a meditation practice. What a great time to "learn to meditate" with the start of a new year. Enjoy learning how to reduce stress, sleep better and learn to practice mindfulness with meditation. Join this popular group meditation taught by Josette Lumbruno, an experienced meditation instructor with over 40 years of practicing meditation.

When: Tuesdays, January 11 - February 15 (6 weeks)
Location: Sears House at East Granby Farms
Time: 6:30pm - 7:30pm
Cost: \$60

Slow Flow Vinyasa Yoga

While connecting breath to movement, we will start with a warm-up then flow through a series of yoga poses (asanas) building heat slowly and gently and ending in a relaxing savasana. Modifications will be given for all levels. Blocks, straps, and knee pads will be available to assist your practice. Bring your own yoga mat. This class is great for those newer to yoga or those wanting to slow it down in a basic flow class.

Questions can be emailed to the instructor at MrsSuziQ@cox.net.

You can purchase a drop-in class option, 10-punch card (\$72), or a 6-punch card (\$40) online. Please register in advance.

Classes run Monday nights from 6:30pm - 7:30pm at the East Granby Farms Recreation Building.

Winter session will run:
January 10, 17, 24, 31, 2022
February 7, 14, 28, 2022
March 7, 14, 21, 28, 2022

Zumba - Winter Session!!

Zumba is a fun dance exercise program that burns tons of calories and works your legs, arms, glutes, and abs. It's a great way to spend an hour of your Tuesdays! You may join us at any point during the fall session. Please bring sneakers, water bottle and a towel (if desired). Join instructor Renee Klucznik. Fall classes will run on Tuesday evenings from 6:00pm - 7:00pm at East Granby Farms in the Recreation Building. Classes are open to those ages 13 years (with parental waiver signed) and over.

Drop-In Fee \$10 (you must register online in advance of class).

4-Week punch card: \$34
6-Week punch card: \$48
8-Week punch card: \$60
10-Week punch card: \$70

All passes are non-transferable and non-refundable.

Winter Session: Tuesdays, January 4 - March 15, 2022, with no class on February 22, 2022.

Adult Running Programs

Just because the weather outside is frightful, doesn't mean that running can't still be delightful! Colder temps? No problem! Snow on the ground? No problem! Our winter program offerings will be sure to keep you warm and in shape all season long. Coach Jennifer, with the TotalRunner, will be offering new program options for ages 5-100! Our elementary school programs will keep your kids engaged and moving with our Keeping Kids Active program. Middle School Students can enjoy Indoor Track or Yoga for student athletes. Our adult programs will include our winter version of Rise and Run (strength training/yoga/run sessions), Yoga for Athletes, and our Winter Warrior Challenge to keep you in shape and ready to hit the ground running come spring. All programs will begin the week of January 24th. Details for all programs will be posted on our website.

Adult Beginner Tap Dance Class

This class is suitable for students with NO previous tap experience. Tap introduction will begin with basic beginner steps and combinations, building to learn an actual routine. Session II will begin January 11, 2022-March 22, 2022. Late registrations are accepted.

Adult Intermediate Tap Dance Class

This class is for those students who have mastered beginner level tap step combinations. Classes will be held on Thursday evenings from 7:00pm - 8:00pm at the Recreation Building at East Granby Farms. The second session will run January 13, 2022 - March 17, 2022.

Adult Advanced Tap Dance Class

This class is suitable for those students who have mastered both the beginner and intermediate level classes. Class will include complex steps and combinations put into actual routines. Classes will be held on Thursday evenings from 8:00pm - 8:45pm at the Recreation Building at East Granby Farms. Session II will begin January 13, 2022 - March 17, 2022.

WINTER YOUTH ACTIVITIES

What's Cooking Jr. Chef

Join us in this youth development program exploring the fundamentals of culinary arts, food systems, and nutritional education. The program is designed to help youth to develop leadership, teamwork, and culinary skills as well as gain nutritional knowledge and a new appreciation for diverse, healthy, and sustainably produced food.

This program was developed by Nutritionist, Alicia Newton after years of working with families to develop healthier eating habits. Meet you in the kitchen where we will be stirring up change!

Mondays: February 28, 2022 - April 4, 2022, from 4:00pm - 6:00pm.

Growing Healthy Kids

Join us for our new format of Growing Healthy Kids! Take the stress out of healthy eating for you and your child! We make healthy eating fun by learning how food grows, what young people our age around the world eat, and how we can prepare food to taste best to our personal liking. Learning is hands on, experimental, and highly interactive. Each program will run monthly and will focus on a specific topic. The series is taught by Nutritionist, Alicia Newton from Nourish My Soul. Occasionally we will have guests from our Jr. Chef program to mentor this younger group and model a positive relationship with healthy food.

Growing Healthy Kids is open to all youth ages 6 - 10. Classes will take place on Wednesdays from 4:00pm - 5:30pm and the cost will be \$50 for residents/\$60 for non-residents.

Themes include:

January - (will be a virtual class) New Day, New Year! We will make healthy breakfasts that provide fuel to keep you healthy and energized all day long!

February - Tasty Science Experiments. Food can teach us so much about chemistry—what better way to learn that with something incredibly delicious to eat in the end!

Preschool Playgroup

Need some time out with your little ones? Trying to get on a schedule with fun activities and a time to talk with other parents? Come join other mothers and fathers for a fun filled morning of play, crafts, and socializing. Give yourself a fun activity to start the week. This is a parent-child class, not a drop-off class, and is geared toward those children not yet enrolled in kindergarten. Please bring a nut-free snack and drink for circle time.

Join us for this 8-week program for \$40.

Our Winter session will run on Mondays from 9:30am - 10:30am at East Granby Farms in the Recreation Building from January 24, 2022 - March 21, 2022, with no class February 21st, 2022.

Homeschooling with Nourish My Soul

Calling all homeschoolers ages 7 - 13...Come learn and play with us the Nourish My Soul way! We use food to explore science, math, language, geography, culture, arts, nutrition, and resilience. Participants will explore topics in a fun, interactive way with their peers. Everyone will leave with a healthy lunch they have prepared based on the day's topic. This is a drop off class and masks are required.

Class will meet on Fridays from 10:00am - 12:00pm. January session will run January 7 - January 28, 2022. The January session will be run remotely via Zoom.

Soccer Shots Mini (2- & 3-year olds)

East Granby Parks and Recreation is partnering with the East Granby Soccer Association to offer a winter Soccer Shots Program. Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Please have the players come dressed to play, bring a water bottle.

The program will run Wednesdays from 5:00pm - 5:30pm. This program will begin on Wednesday, January 12, 2022.

Soccer Shots Classic (3- & 5-year old's)

East Granby Parks and Recreation is partnering with the East Granby Soccer Association to offer a winter Soccer Shots Program. Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

The program will run Wednesdays from 5:30pm - 6:30pm. This program will begin on Wednesday, January 12, 2022.

Hip Hop and Jazz (Grades 6-8)

Our middle school dancers will work on basic technique skills, musicality, and the ability to put steps together with fun up-beat music, all while building the dancers' style and confidence. This jazz/hip-hop/tumbling class is open to those who are ages 11 - 13 or in grades 6-8.

Classes will be held on Tuesday evenings from 4:00pm - 4:45pm at the Recreation Building at East Granby Farms. The cost per session is \$125.

Tap & Ballet Dance Class

These are the perfect combination of classes for young dancers. Ballet promotes coordination, grace, balance, and correct body alignment. Tap dance develops a sense of rhythm, timing, and musical awareness. These fun classes are a well-rounded introduction to dance for our young adults. This tap and ballet class is open to ages 5 - 7 or in grades K - 2.

Classes will be held on Tuesday evenings from 5:00pm - 5:45pm at the Recreation Building at East Granby Farms. The winter session will begin on January 11, 2022. The cost per session is \$125.

Jazz/Hip-Hop/Tumbling

Our youngest dancers will learn jazz and hip-hop steps and combinations working on sequences that will fuse together technique and style. Our middle and older dancers will work on basic technique skills, musicality, and the ability to put steps together with fun up-beat music, all while building the dancers style and confidence. This jazz/hip-hop/tumbling class is open to those who are ages 11 - 13 or in grades 6-8.

Classes will be held on Tuesday evenings from 7:15pm - 8:00pm at the Recreation Building at East Granby Farms. The winter session will begin on January 11, 2022. The cost per session is \$125.

Jazz/Hip-Hop Dance Class

Our youngest dancers will learn jazz and hip-hop steps and combinations working on sequences that will fuse together technic and style. This dance class is open to those ages 5-7 or in grades K-2.

Classes will be held on Thursday evenings from 4:00pm - 4:45pm at the Recreation Building at East Granby Farms. The winter session will begin on Thursday, January 13, 2022. The cost per session is \$125.

Tap & Ballet Dance Class

These are the perfect combination of classes for young dancers. Ballet promotes coordination, grace, balance, and correct body alignment. Tap dance develops a sense of rhythm, timing, and musical awareness. These fun classes are a well-rounded introduction to dance for our young adults. This tap and ballet dance class I open to those ages 8 - 10 or in grades 3 - 5.

Classes will be held on Thursday evenings from 5:00pm - 5:45pm at the Recreation Building at East Granby Farms. The winter session will begin on Thursday January 13, 2022. The cost per session is \$125.

Jazz/Hip-Hop/Tumbling Dance Class

Our youngest dancers will learn jazz and hip-hop steps and combinations working on sequences that will fuse together technic and style. Our middle and older dancers will work on basic technique skills, musicality, and the ability to put steps together with fun up-beat music. All while building the dancers style and confidence. This jazz/hip-hop/tumbling class is geared to those ages 8 - 10 or in grades 3 -5.

Classes will be held on Thursday evenings from 6:00pm - 6:45pm at the Recreation Building at East Granby Farms. The winter session will begin on January 13, 2022. The cost per session is \$125.

Terrific 2's Dance Class

This fun and exciting and adorable 30-minute class teaches coordination, musicality and the fundamental creative movement and ballet. Students will learn rhythm, special awareness, basic technique as well as listening and learning skills while learning self-confidence. This Terrific 2's class is geared toward our youngest dancers age 2 years of age.

Classes run from 9:00am - 9:30am. Session 2 will begin on January 15, 2022. Check out our website for more information.

Tap & Ballet Dance Class

This tap and ballet dance class is geared toward our younger dancers ages 3 - 4 years of age.

Class will be held on Saturday morning from 9:30am - 10:15am at East Granby Farms Recreation Building. Session 2 will begin on Saturday, January 15, 2022. The cost per session is \$125.

Tiny Tumblers

The class will teach basic acrobatic moves, working on fine and gross motor skills and coordination. Students will increase their flexibility and strength and will learn a variety of basic beginner tricks. This Tiny Tumblers class is offered to our younger children ages 3 & 4.

Class will be held on Saturday morning from 10:30am - 11:15am at East Granby Farms Recreation Building. Session 2 will begin on Saturday, January 15, 2022. The cost per session is \$125.

Kid's Running Programs

Just because the weather outside is frightful, doesn't mean that running can't still be delightful! Colder temps? No problem! Snow on the ground? No problem! Our winter program offerings will be sure to keep you warm and in shape all season long. Coach Jennifer with the TotalRunner, will be offering new program options for ages 5-100! Our elementary school programs will keep your kids engaged and moving with our Keeping Kids Active program. Middle School Students can enjoy Indoor Track or Yoga for student athletes. Our adult programs will include our winter version of Rise and Run (strength training/yoga/run sessions), Yoga for Athletes, and our Winter Warrior Challenge to keep you in shape and ready to hit the ground running come spring. All programs will begin the week of January 24th. Details for all programs will be posted on our website.

For the latest in programming, visit our website for more details:

<https://eastgranbyct.myrec.com/info/activities/default.aspx>

EAST GRANBY SENIOR CENTER

DIAL-A-RIDE ON THE MINI BUS

- ① Grocery, Pharmacy & Banking every Wednesday
- ② Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM.

Call (860)413-3327 at least 48 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of \$20 is greatly appreciated. **MASKS REQUIRED.**

CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.

ELDER JUSTICE HOTLINE – Call (860) 808-5555 if you have been the victim of a scam, neglected, exploited or abused. Elder justice issues can range from age-based discrimination

****Please note we will continue to follow the latest COVID guidance from our health district. Changes to our COVID policies may be necessary to continue our programming. Thank you in advance for your understanding and patience****

GET FIT EXERCISE CLASS

Mondays and Wednesdays 10:00 AM-11:00 AM at the Senior Center—\$4.00 drop in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety. **(no class 1/17, 2/21).**

KNITTERS & CROCHETERS

The first and third Wednesdays of each month from 1:00-3:00 PM at the East Granby Senior Center. Come and socialize, work on your own project, meet other knitters and crocheters, or make items to donate to area hospitals, shelters, or schools.

BLOOD PRESSURE & BLOOD SUGAR SCREENING CLINIC – PROVIDED BY THE FARMINGTON VALLEY VNA

MONDAYS~ JANUARY 3RD, FEBRUARY 7TH, MARCH 7TH, 11:00AM-12:00PM. The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings as well as blood sugar screenings. No appointment necessary. **MASKS REQUIRED.**

PEDI—CARE FOR YOUR FEET—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month--8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost \$35. **MASKS REQUIRED.**

SHOPPING TRIPS

- **JANUARY 31ST, FEBRUARY 28TH—BIG Y & OCEAN STATE**
 - **FEBRUARY 14TH – WALMART**
 - **JANUARY 24TH – TARGET**
-

UPCOMING PROGRAMS/TRIPS

FRIDAY JANUARY 28TH —Indoor Mini Golf & Bowling—Plainville, CT —Are you ready to have some good old fashioned fun? If so, get ready for a round of mini golf and two games of bowling (shoes included)! Also included is a delicious slice of pizza and coffee. Why not try for a hole in one? **Depart the Senior Center at 12:15 PM. Cost is \$10 Reservation due by January 18th. Masks required on the bus.**

SUNDAY FEBRUARY 6TH– UCONN Women’s Basketball—Hartford, CT– Come out and support Hall of famer Coach Geno Auriemma as he leads our UCONN Women’s Huskies as they take on the Tennessee Volunteers– a classic rivalry! There is nothing like seeing a live game. Our seats are located on the lower level, section 123. **Masks are required on the bus. Depart the Senior Center at 11:45am for the 1:00pm game time. Cost of admission is \$40 Reservation and payment due by January 25th.**

FRIDAY FEBRUARY 25TH—Annual Connecticut Flower and Garden Show—Hartford, CT —Enjoy this spectacular trip and explore over 300 booths overflowing with fresh flowers, plants, herbs, bulbs, seeds, gardening books, garden equipment & much more! **Depart the Senior Center at 9:30 AM. Cost of admission to the flower show is \$16. Reservation and payment due by February 15th.**

Please call the East Granby Senior Center (860) 413-3334 or email kellyj@egtownhall.com to register or if you have any questions

GOOD SAMARITAN PROGRAM

Are you a senior in need of small “handy-man” type work? Need help moving a piece of furniture or changing a light bulb? Would you be interested in a friendly visitor or someone to play cards with? If so, the Good Samaritan program might be right for you! This a volunteer based program. Call (860) 413-3328 or (860)413-3334 for more information or to sign up to volunteer. Details of this program and the Volunteer form can be found at the town website (eastgranbyct.org). Click on Good Samaritan Program on the front page for further information.



East Granby Public Library

East Granby Public Library Presents

MAGIC SHOW with Ed Popielarczyk

Saturday, February 5th
10:30am - 11:30am
Ages 3+

Help us celebrate Take Your Child to the Library Day with loveable magician, Ed Popielarczyk. He will perform a fun filled family magic show. Be prepared to be amazed!

Register at: www.egpl.org

Visit egol.org to view our complete Winter Program Calendar!

EAST GRANBY PUBLIC LIBRARY PRESENTS

Chess Club



FRIDAYS:
FEBRUARY 4, 11, 18, 25
3:30PM - 4:30PM
GRADES: K-8

Former Connecticut State Champion, high school tournament player, and chess coach and instructor, Samuel Lumelsky, will teach this introductory chess class. Class will include talking about the rules, opening play, closing a winning position, and tactics. Families are welcome to join.

Register once for the whole
February club session at:
www.egpl.org



January 31st at 6pm

Join Allgrove School teacher, **Mrs. Clark**, and friends for bedtime stories!

Mark Your Calendar!

February 28th with Miss Rosensweig & Mrs. Chambers

All are welcome to join. Approx. 30 minutes.

SPHERO BOLT COURSE



Two Class Session:
Wednesdays, February 9th and 16th
5-6:30pm
Grades 5-7

In this course, students will use Sphero Bots to play games, create coding programs, & complete challenges with the guidance of Miss Dugan.

This program was made possible by the East Granby Greater Together Community Fund.



East Granby Public Library

The East Granby Public Library Juried Art Show is COMING!



2021 1st Place Oil/Acrylic

Opening Reception:
January 29th 6-8pm

Exhibition Dates:
January 31st to March 5th

Delivery of Art

All works must be hand delivered to the Library:

Tuesday, January 18th, 10am-7pm
Wednesday, January 19th, 10am-7pm
Thursday, January 20th, 10am-7pm
Friday, January 21st, 10am-4pm or
Saturday, January 22nd, 10am-2pm

Entry Fees

\$20 for adult entry;
\$10 second entry
\$10 for child or
young adult entry
Checks Payable: EGPL

Back This Year!

Raffle baskets will be offered throughout the art show. Stop in to see the work of our talented artists & check out the fun items available to win!

The East Granby Public Library Presents
"Come to your Senses" - Aromatherapy 101
with **Klassic Kreations**

February 1st, 6pm to 7:30pm - Main Conference Room

Essential Oils

This presentation highlights the history and health benefits of essential oils and healing botanicals. Come craft fabric aromatherapy dream pillows, create a healing foot salt soak, make deconstructed soaps, all using dried botanicals and essential oils. Relaxing music and herbal teas add to this calming, creative experience!



Space is limited. \$10 per person.
Please register online at www.egpl.org
or call 860-653-3002.



Interested in joining a book club?
EGPL offers both in-person and virtual options.
Check out our website www.egpl.org
for more information!

Afternoon at the Movies ~ Wednesdays at 1:00pm

Register at www.egpl.org or call the library at 860-653-3002.

January 19th

No Movie

There will be no movie this week because we are taking in art work for the Juried Art Show

January 26th

"Free Guy"
PG-13, 114 min.



A bank teller discovers he is actually a background player in an open-world video game, and decides to become the hero of his own story.

February 2nd

"My Old Lady"
PG-13, 107 min.



A witty and heartfelt drama about surprising inheritances and unexpected connections.

Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC)	2/1, 3/1
Conservation 7:00 (TH).....	2/2, 3/2
Board of Education 7:00 (AS)	1/24, 2/14, 2/28, 3/14
Economic Development 5:30 (TH)	1/24, 2/28
Town and School Building Committee 7:30 (TH)	As Needed
Board of Finance 7:00	1/18, 2/8, 3/15
Parks & Recreation 7:00 (EGF).....	2/3, 3/3
Planning & Zoning 7:00 (TH).....	2/8, 3/8
Board of Selectmen 6:30 (TH).....	1/12, 1/26, 2/9, 2/23, 3/2, 3/9
Zoning Board of Appeals 7:00 (TH).....	1/27
Youth Services Bureau 6:30 (EGF).....	1/18, 2/22

The above meeting dates and times are subject to change.

Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

Guidelines for Submitting Articles

The following are the deadlines for the upcoming "Let's Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. At the discretion of the Editor, articles and graphics may be edited. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

**East Granby Town Hall
PO Box 1858
East Granby, CT 06026**

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