

### **Newsletter Publication Schedule**

**Submission Deadline** 

**Delivered** to Homes

September 9 October 15 Jan. 6, 2020

September 21 October 26 Jan. 18, 2020

submit articles via e-mail to newsletter@egtownhall.com

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# Let's Talk Turkey The Official Newsletter of the Town of East Granby

August 2019 · Volume XXIV, Issue V

# It's August Already! Enjoy the Rest of the Summer!

I hope that you and your families have had a great summer. By the time you receive this edition of "Let's Talk Turkey" (LTT), August will be more than half over and back-to-school and fall activities will be on the horizon. As you will see in this column and throughout LTT, there is a lot of news, activities, and events going on in town. But first, let's begin with some new and old communication initiatives that we hope will keep you more informed of what's going on in town.



The Town of East Granby now has an information page on Facebook. The goal of this page is to be a centralized location for Town offices to share information and happenings to the community. If you are interested in hearing more, please be sure to follow our page: Town of East Granby.



Look for this button on the left-hand side of the Town website, www.eastgranbyct.org, and you can sign up for emergency alerts and notifications from the State of Connecticut. "One Call Reaches All" is a statewide notification system that provides critical information to residents during emergencies.



You can sign up for e-mails from the town and select what information you would like to automatically receive by using https://eastgranbyct.org/subscribe-to-east-granbyenews/. Just click on the "Resident" button for the pull-down menu that says "Subscribe to E-News."

Back to School Safety: School opens on August 28th and there will be frequent bus stops and short delays. Please drive carefully and obey all traffic rules. Never pass a bus which has stopped and is taking on or releasing passengers—not only is it against the law, it could be very dangerous to drivers and pedestrians.

The Last Blast of Summer Concert: Friday, August 23rd at the Town Center Pavilion from 6:30 to 8:00 PM. This free family summer concert, presented by our Parks & Recreation Commission, features the great sounds of 50s & 60s rock 'n' roll performed by "Four Barrel Billy." Bring your own chairs. There will be free face painting, a bounce house, bounce slide, and food vendors prior to and during the concert.

Ambulance Association Free Pancake Breakfast/Open House: August 24th at the Ambulance Building on Veterans Memorial Drive. Enjoy pancakes, food, and fun and meet the East Granby Emergency Services staff and volunteers (East Granby Volunteer Fire Department, Granby Ambulance Association, and Police) from 9:00 AM to noon.

Transitions: Former First Selectman and long-time chair of the Board of Finance, Dave Kilbon, has retired. We thank Dave for his service to our community. Vice-Chair Mark Porter will now lead the BOF. We welcome Kim Chatey as part-time DPW Administrative Secretary and Rich Driscoll as Deputy Fire Marshall. Last but not least, long-time principal Melissa Bavaro-Grande has been named Acting Superintendent for the 2019/20 school year.

### Highlights in this Issue:

- The Town of East Granby now has an information page on Facebook see above
- East Granby Lions Rubber Duck Derby Sunday, Sept. 8th page 3
- Manufacturing Spotlight Profiles CoorsTek page 6
- Library Author Spotlight Steve Ruskin, "Nights in White Castle" on Sept. 12th page 35

See you in September! Jim Hayden, First Selectman

# **Motor Vehicle Assessment Appeals**

News from the Assessor's Office

The Board of Assessment Appeals will meet in open session at the East Granby Town Hall on Monday, September 9th from 6:00 to 7:00 PM for the sole purpose of hearing appeals related to the assessment of motor vehicles listed on the October 2018 Grand



List. No appointments are needed. Vehicles in question should be driven to the Town Hall parking lot.

Please note that the assessment date for these vehicles was October 1, 2018 and that the State of Connecticut requires that assessments used are according to the values and guidelines set forth in the October 2018 NADA pricing guide. For more information, please contact the Assessor's Office at (860) 653-2852.

# **Upcoming East Granby Congregational Church Events**

### Autumn Festival

Saturday, October 26th 9:00 AM – 3:00 PM

Luncheon, vendors, crafters, bake table, teacup auction, handmade items.

If you or someone you know would like to buy a space as a vendor or crafter, please call Judy, (860) 558-0747.

### Thanksgiving Supper

Saturday, November 2nd Two seatings More info later...

#### Holiday Cookie Sale

Saturday, December 14th 9:00 – 11:30 AM More info later...

# Free Pancake Breakfast/Open House

Sponsored by Granby Ambulance Association

Breakfast is on us as we open the East Granby Ambulance station to the public on Saturday, August 24th at our Public



Safety Complex on Veterans Memorial Drive from 9:00 AM to 12:00 noon. Enjoy pancakes and meet the East Granby Emergency Services staff and volunteers (East Granby Volunteer Fire Department, Granby

Ambulance Association, East Granby Police, and Connecticut State Police). In addition to hearty fare, we've got some great

activities planned. Take a peek inside the ambulance and stop by the Fire Department for some hands-on events. We will also be providing information on our Stop the Bleed training. Few people realize that a person can die from blood loss in three to five minutes. Learning bleeding control methods could easily save a life.

### It's Time for the GAA Classic Car Show!

Granby Ambulance Association (GAA) will be holding its third annual Classic Car Show at Mark's Auto Parts (the "King of Cruise") in East Granby to support the Mary H. Hausmann



Scholarship fund. The scholarship helps area youth with college expenses and honors the legacy of Mary Hausman, an extraordinary East Granby citizen.

Many local residents will remember Mary Hausmann as a valued member of the community. She began serving others early in her nursing career through the Visiting Nurse Association. She pursued a life of dedicated service into the late-night corridors of the Alcohol Drug Recovery Center (ADRC) in Hartford. Here she became known as Midnight Mary, as she willingly assumed the night shift to help patients through the darkest hours of addiction recovery.

Mary shared a similar compassion with everyone she met, serving on several charities and as a founding member of the East Granby Ambulance Association. Today, East Granby Ambulance Association is a part of Granby Ambulance Association, providing the community Mary loved with more advanced access to important life-saving care, something she would have been proud of.

The Mary H. Hausmann commemorative scholarship, offered in conjunction with Granby Ambulance Association, is dedicated to helping students of Granby, East Granby, and East Hartland pursuing a future in emergency services or nursing. The yearly car show is the only fundraiser GAA holds to benefit the scholarship.

This year's Classic Car Show is one you don't want to miss. For the first time ever, the benefit will be held on a Monday night. Any car enthusiast knows that Monday is the night for classic cars in Connecticut, as the "King of Cruise" welcomes hundreds of vintage vehicles from all makes and models.

It's free to either attend or exhibit, and awards will be given across multiple categories to the top picks. Spectators and attendees alike will be treated to a 50/50 raffle, music, and food. Granby Ambulance Association will also be available to offer complimentary blood pressure checks and answer questions about heart health or Stop the Bleed training. Be sure to stop by, say hello, and get to know GAA members.

The GAA Classic Car Show will take place August 19th at Mark's Auto Parts on Russel Road in East Granby. The event starts at 5:30 PM and ends at dusk. All donations are greatly appreciated.

### **East Granby Supports Hidden Heroes**

East Granby is proud to support military and veteran caregivers, our community's hidden heroes as an Elizabeth Dole Foundation Hidden Heroes City. Founded by Senator Elizabeth Dole in 2012, the Elizabeth Dole Foundation and its Hidden Heroes Campaign brings vital attention to the untold stories of military caregivers and provides a network for military caregivers to connect with their peers and access carefully vetted resources.



If you are a military or veteran caregiver, please visit hiddenheroes.org to discover hundreds of carefully vetted resources and an online peer support community exclusively for caregivers. For more information or to be put in touch with volunteers Kim Brown and Justine Ginsberg, please e-mail us at info@egtownhall.com.

# ★☆★☆★☆★☆★☆★☆★☆★ East Granby Veterans

The East Granby Veterans is a group formed to bring community awareness of veterans in East Granby and for the mutual benefit of veterans as a support group. In addition, the group has reached out to the community by marching in parades, meeting in the local schools, making presentations to the students, helping veterans with their VA benefits and medical appointments, and by performing charitable acts through fundraising for a high school scholarship fund honoring a graduating senior.

**Tag Sale:** Saturday, September 21st, 9:00 AM to 3:00 PM at the East Granby Senior/Community Center. We are hosting our sixth annual tag sale; if you have anything you would like to donate please contact Jack Haller at (860) 651-3878 or e-mail eastgranbyctveterans@gmail.com.

**Scholarship:** We are proud to announce that Christian Fagnant is the recipient of this year's East Granby High School Scholarship. Thank you to all who helped to support the scholarship for this outstanding student.

Veterans Memorial Area: You may have noticed that the Town has redone the Veterans Memorial Area next to the Town Hall. The tree next to the monument was removed as were the bushes surrounding the memorial monument. Additionally, six large stones were placed around the area with small stones and a border around them. With this vast improvement, the East Granby Veterans are looking at ways to improve on those changes to draw more attention to the purpose of the memorial area. Stay tuned as we will be sharing some of our ideas in future releases. If you would like to participate in these decisions, please come to our monthly meetings or contact us at eastgranbyctveterans@gmail.com. Thanks to Ed Hubbard and Jim Hayden for their support and work on this project.

### **Next Meeting**

The next meeting for the East Granby Veterans is Tuesday, August 27th from 7:00 to 9:00 PM at Gio's Brick Oven Pizzeria.

# 7th Annual Rubber Duck Derby East Granby Lions

Get ready for the most exciting spectator sport in East Granby! The East Granby Lions Rubber Duck Derby is coming to town on

Sunday, September 8th!



The Lions have sent their scouts all over the world to recruit what is probably the best group of rubber ducks ever to compete. Most of them have won multiple Duck Races during their careers.

Some are top young prospects with a bright future ahead of them. Only the best have passed the exhaustive screening and qualification process and are certified drug-free. They have been placed on special diets and are presently undergoing extensive training to ensure they will be in top physical and mental condition for our Duck Race.

Imagine a thousand rubber ducks racing down the river towards the finish line with hundreds of people alongside the riverbank cheering on their adopted duck, hoping it will finish in the money!

Here's how you can participate: Adopt a duck by purchasing a ticket. Ducks are \$5 each. Each ticket has a number corresponding to the number printed on each duck. On September 8th, they will be ceremoniously released from the Greenway bike bridge over Salmon Brook. They have to survive



the fall from the bridge and then swim to the finish line at Granbrook Park. The ducks able to navigate all the hazards, keep from getting trapped in obstacles in the water, and cross the finish line downstream are the winners. Prizes include \$500, \$250, and \$100 preloaded Visa cards and various gift cards to area restaurants and businesses.

Festivities at Granbrook Park begin at 11:00 AM on September 8th. There will be burgers, hot dogs, and other refreshments as well as games for kids. Music will be provided by "Jack and His Guitar." It's fun for the whole family!

The Rubber Duck Derby is the major fundraiser for our Lions Club. The Lions are all volunteers, so 100% of all money raised goes towards providing scholarships and contributing to local organizations and charities. If everyone in town adopts just one duck for the race, we could do so much more!

Ducks can be adopted at the East Granby Library or at Town Hall. They are also available at the RCC (a.k.a. The Dump), Geissler's, and Stop & Shop on select Saturdays. Ducks are also sold by all Lion members. Adopt your duck today! You don't need to attend the Duck Race to win the cash prizes, but we'll have other prizes for those who do attend. We hope you can be there so you can give your duck a pep talk and then root it on to victory!

You can follow the ducks on Facebook as they prepare for the Big Race at "East Granby Lions Club Rubber Duck Derby."



# **News from the East Granby Land Trust**

The East Granby Land Trust (EGLT) is a private, nongovernmental, non-profit organization incorporated in 1974 for the purpose of conserving the natural resources and unique



features of East Granby, EGLT currently owns land parcels comprising over 280 acres that are open to the public for passive

recreational activity including hiking, photography, geocaching, and nature study.

### Yoga in the Woods

When: Saturday, September 14th, 10:00 to 11:00 AM

Where: Farmington Valley Greenway where it intersects with

Copper Hill Road

What: Join us in the "Pine Bowl" along the Greenway for an hour of gentle yoga among the pines. Please bring your own mat and water to drink.

### Greenway Day - East Granby Land Trust/Commission on Aging

When: Saturday, September 14th, 10:00 AM

Where: Farmington Valley Greenway where it intersects with

Copper Hill Road

What: Join the Commission on Aging and the East Granby Land Trust for a short walk on the Farmington Valley Greenway from Copper Hill Road south into the Land Trust's Great Marsh property. This will be an easy one-mile walk on pavement and level terrain. Light refreshments will be served and all are welcome. Volunteers will be available to assist walkers.

### Sanford & Hawley Lumber Donation

The East Granby Land Trust would like to thank Sanford & Hawley for their recent generous donation of lumber, including delivery. The lumber is being used to build extensive bog bridges at the Land Trust's Ian Clark Preserve on Kimberly Road.

Please e-mail programs@eglt.org or president@eglt.org with any questions you may have.

# **East Granby Public Library**

It's hard to believe that summer is coming to a close! The Library has been extremely busy this summer with Summer Reading Programs for both children and young adults. It has been



wonderful seeing old and new friends alike as they come share what they have read with us.

Check out our flyer at the end of the newsletter for details on a family outdoor movie night to celebrate summer reading!

For those of you who do not frequent the Library, we just want to remind you that we are not just about physical books. We offer many benefits you can take advantage of from the comfort of your own home. Please visit our website at www.egpl.org and

check out the ebook, audio, and magazine offerings we have through Overdrive, accessed via the Libby app, and RBDigital.

As many of you know, we held our Annual Fund Drive this past spring. We are very grateful for the support we receive from so many in town. As a fiscally responsible non-profit organization, we realize that by not meeting our goal this year, we need to cut expenses. For now that means cutting our hours on Fridays. We will be keeping our summer Friday hours of 10:00 AM to 2:00 PM through the fall and winter. Further measures will be reviewed as necessary. We understand that due to tax changes, people may have been unsure about their ability to give. But going forward, hopefully the Library will be remembered in your giving budget. Although we do run the Annual Fund drive in the spring, the Library welcomes donations of any kind at any time of the year.



Please scan the QR code to be directed to our donation website or visit www.eqpl.org/donate to set up a giving plan or to see what other ways you can donate to the Library.

Please check out our flyer and our website to see what programs we have coming up. We would love to see you at a Wednesday afternoon movie, a Monday morning book club, or just come in for a book or a movie!

# **East Granby Social Services**

Office hours for East Granby Social Services are Monday from 9:00 AM to 3:00 PM. Tuesday from 9:00 AM to 12:00 PM. and Thursday from 9:00 AM to 3:00 PM. Times outside these hours are available by appointment. For more information, please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elisec@egtownhall.com.

### Emergency Assistance Fund

The East Granby Emergency Assistance Fund is available to those income eligible residents who are in need of financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. Donations can be made to the "East Granby Emergency Assistance Fund" and sent to East Granby Social Services, P.O. Box 1858, East Granby, CT 06026.

### **Energy Assistance**

Applications will be taken after October 1st from residents of East Granby who wish to apply for the Connecticut Energy Assistance Program. This program is designed to help offset the winter heating costs of Connecticut's lower income households. Please contact Social Services to schedule an appointment to apply.

#### Food Pantry

The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East



Granby Social Services as needing assistance. Weekly rides to the Food Pantry are provided by the East Granby Mini Bus for residents in need of transportation and deliveries can be scheduled for those participants who are homebound. To apply for the Food Pantry please call Social Services at (860) 413-3328 or e-mail elisec@egtownhall.com.

To volunteer or donate please call (860) 651-1659 or e-mail friendtofriendeg@gmail.com. Food donations may be dropped off at the East Granby Senior/Community Center, East Granby Public Library, and the East Granby Congregational Church. Monetary donations can be mailed to "Friend to Friend Food Pantry," P.O. Box 631, East Granby, CT 06026

#### Good Sam

The Good Samaritan Program is looking for seniors who are in need of assistance with maintaining their independence and Good Samaritan Program

maintaining their home. Currently we have volunteers who would like to offer friendly visits and assistance with light gardening and yard work. Please call Social Services if you are interested or know someone who may be.

#### Renter's Rebate

The Elderly/Totally Disabled Renters rebate program is closing on September 30th. State law provides a reimbursement to Connecticut renters who are a senior age 65 and over (or under 65 and on permanent long-term disability receiving Social Security benefits) that rented in 2018 and have an income under \$36,000 if single or \$43,900 if married. Please call Social Services for more information on this program or to schedule an appointment to apply.

### East Granby Cares Day

Our Second Annual East Granby Cares Day will take place on Saturday October 26th. This is a collaboration between the Commission on Aging the East Granby High School students, a day where our students will have a chance to give back and get hands on with helping the community. They will work on landscaping, fall clean up, small repair jobs, and assisting those in the community who are no longer able to keep up with their daily chores. If you are interested in participating in East Granby Cares Day either as a student volunteer or as a recipient, please contact Kelly Jacobs at (860) 413-3334 / kellyj@egtownhall.com or Elise Cosker at (860) 413-3328 / elisec@egtownhall.com.

### **Commission on Aging**

The East Granby "Good Samaritan" Program is ready and able to help people in town. If you have a need and are looking for help or if you know someone who could use help, contact Senior Services or Social Services to be matched up with our volunteers. We are also in need of volunteers. If you feel you want to help someone in town and can contribute some time, please sign up. Details of this program and the volunteer form can be found at the Town of East Granby website (eastgranbyct.org). Just hit the "Good Samaritan" button on the front page. Join in and make our program a success.

### **COA Upcoming Events**

- Greenway Day Saturday, September 14th, 10:00 AM Join the Commission on Aging and the East Granby Land Trust for a short walk on the Farmington Valley Greenway from Copper Hill Road into the land trust's Great Marsh property. This will be an easy one-mile walk on pavement and level terrain. Light refreshments will be served and all are welcome.
- East Granby Wellness Fair will be held on October 21st from 3:30 to 6:00 PM at the Senior/Community Center. It's not just for seniors and care givers! Vendors will be available to showcase services from health care, financial planning, wellness programs, estate planning, and more. The Farmington Valley Visiting Nurse Association will also be available to administer flu shots. Get a jump start of what's available for services to you and your loved ones before they are actually needed. Hope to see you there!
- East Granby Cares Day will be held in early fall. Student volunteers will be available that day. Kelly Jacobs and Elise Cosker are putting together a list of people who are requesting help with various household jobs. If you have a need, please contact Kelly or Elise.
- East Granby Senior Celebration will be held Saturday, October 26th. This event will recognize East Granby residents over the age of 90.

### From The Ground UP Celebrates 8 Graduates

This is our future—I have seen it and it is good. Really, really good. The young people pictured (plus one who was unable to join us for graduation night) have collectively given 1,573 hours of their time in their service years with From The Ground UP. They have cleared, planted, and maintained garden beds to supply food for free community meals and veteran families. rehabbed and maintained a community compost to regenerate the soil and reduce food in our waste stream, and rescued thousands of pounds of food and spent countless hours turning it into incredibly delicious free meals for our community. They have worked with community leaders to develop business plans for school food solutions and community centers. They have studied food systems and how they intersect with other systems, learned to think critically about their ideas and how sometimes our solutions can have unintended consequences that create other issues. They have met some of the most influential leaders in the food justice movement from around the world, asking them questions to grow their understanding. They have written grants to support their work and held community events to educate and engage others. They have big ideas and have made it happen through hard work, passion, and dedication. They show up even when they are feeling overwhelmed by the unrelenting demands on their lives. Sometimes meetings are spent navigating those intense pressures in their life and helping each other through those times. It is our hope that they are leaving our community with the knowledge that they themselves hold the power to change the world, and they have in fact already begun to do that.



At our celebration, we gave our "pollinators" a send-off I hope they never forget. They were given awards with words of praise from Nourish My Soul, Resilience Grows Here, State Representative Tami Zawistowski, (and State Representative Bill Simanski, who was unable to attend) and U.S. Congressman John B. Larson (also unable to attend in person). Granby Board of Education was there to support them as well with Superintendent Alan Addley, Assistant Superintendent Chris Tranberg, and Board of Education member Sarah Thrall.

We are going to miss this group with their thoughtfulness, kindness, and strong leadership. They have left some mighty big shoes to fill! Many new recruits attended with a desire to become our newest leaders—it truly is because of the reputation and legacy that these seniors have built. Georgia McDougall (our moth), Emma Fetridge (our butterfly), Spencer Kimble (our black and white ruffed lemur), Tina Brose (our lady bug), Chloe Gosselin (our rainbow lorikeet), Evan Holm (our bat), Amber Bourgault (our hummingbird), and not pictured, Caitlin Strzegowski (our bee).

If you are a high school student interested in becoming a From The Ground UP leader, please complete the online form at https://tinyurl.com/fgu2019-20 or e-mail alicia@nourishmysoul.org. There is no financial cost to join, only a time commitment.



Left to Right: Georgia McDougall, Emma Fetridge, Spencer Kimble, Cristina Brose, Justine Ginsberg (Leader of Resilience Grows Here), Alicia Newton (Nourish My Soul Executive Director), Chloe Gosselin, Evan Holm, Amber Bourgault, and State Representative Tami Zawistowski (not pictured: Caitlin Strzegowski)

# **Manufacturing Spotlight**

CoorsTek—Family-Owned for Five Generations

East Granby residents should be aware of the substantial amount of manufacturing companies in town. One of significant size and success is CoorsTek. If you're wondering, "Coors, as in the beer company?" Yes, that Coors. Throughout five generations, the Coors family has privately owned a ceramics business that supplies the world with technical ceramics to enable top technology in the aerospace, aviation, and automotive industries, as well as energy, agriculture, medical, electronics, equipment, and machinery.

#### History

Adolph Coors arrived in Golden, Colorado in 1872 and began several business ventures. He started the Golden Brewery the next year with his partner, Jacob Schueler, whom he bought out in 1880. John Herold, founder of Herold China and Pottery Co., the predecessor of CoorsTek, arrived in Golden in 1909 and set up in a building owned by Adolph Coors, who also became an investor in his company. In 1915, Adolph Coors took over the management, and by the 1920s had changed the name to the Coors Porcelain Company. Due to Prohibition, beer production had ceased, so employees were shifted over to porcelain production, producing over 300 shapes and sizes of chemical labware, over 10,000 pieces per day, becoming the world leader in the production of labware. In 1936, Coors Porcelain published a booklet, telling the story of the company's chemical porcelain ware manufacturing.

In 1940, when Champion decided to focus on spark plugs, Coors Porcelain acquired their chemical and scientific porcelain business. In 1946, determined to be the industrial ceramic technology leader, Coors Porcelain formed their first R&D group. This led to a new advancement of providing ceramic-to-metal bonding, called metallizing, in 1955. This continued pursuit of advancement in new technologies, and landing major contracts throughout the second half of the 20th century and into the 21st, is why the company today is the largest advanced ceramics manufacturing company in the world.

#### **Product**

The East Granby facility produces Cerbec silicon nitride balls, which outperform traditional all-steel bearing balls which wear and degrade and cannot provide electrical insulation as



Cerbec Balls

ceramic balls do. CoorsTek East Granby engineer precision Cerbec Balls for size ranges from microbearings in dental drills to large-application bearings in wind turbines, with a diameter range from 0.02 inches to 2 inches. CoorsTek has 50 manu-

facturing sites around the world, and employs about 100 people in East Granby, with another 20 slated for hire in 2019.

For more info on CoorsTek, visit their website: www.coorstek.com. A Cerbec balls video is on YouTube: https://www.youtube.com/watch?v= Jy63bfS8-8.



Left to Right: Gary Haynes, Director, Community Development, Town of East Granby; Jim Hayden, First Selectman, Town of East Granby; Elliot Sirotnak, Plant Manager, CoorsTek; Paul Oliva, Chairman, EDC; Kevin Bielmeier, Economic Development Consultant, CERC

### **News from the Democrats**

In a caucus that included many board veterans and some new candidates, the East Granby Democrats nominated their team for this fall's municipal election. They are as follows:

First Selectman	James M. Hayden
Board of Selectmen	Joe Doering
Board of Finance	Mike Malloy
Board of Finance	Natalie Welsh
Board of Education	Lynn Landolina
Board of Education	John Welsh
Board of Education 4yr Term	Michele Holt
Board of Assessment Appeals	David Tobin
Planning & Zoning	John Welsh
Planning & Zoning	Bob Ravens-Seger
Planning \$ Zoning Alt	Mark Ricketts
Planning & Zoning Alt	Jennifer Frank
Zoning Board Appeals 2020	Jennifer Cook
Zoning Board Appeals 2021	Betty Ann Hayden
Zoning Board Appeals Alt	Dillon Tyman

The candidates are looking forward to building on the success of the last several years by continuing to strengthen the town's great school system, properly maintaining the town buildings and roads,



and ensuring that the future of the town is properly planned for...keeping it one of the "best small towns in Connecticut!"

The Democrats were also very proud to have Congressman Larson visit the town to hold a forum on Social Security. As

John would say, "Social Security isn't an entitlement, it's the insurance Americans have paid for with every paycheck." As Chairman of the Social Security subcommittee in Congress, he is fighting for all of us!

Join us at our next meeting on September 19th in the Senior/Community Center at 7:30 PM as we fight for all the citizens of East Granby. All are welcome!

### **East Granby Republicans**

First, we are pleased to announce the winner of the 2019 Republican Town Committee (RTC) scholarship award: Rachel Griffin! This is our annual Carolyn and Edward Phillips scholarship. The \$500 award is given to a graduating high school student bound for college. She was chosen from among many applicants based on her academic achievements, athletics, and





"The only difference between a tax man and a taxidermist is that the taxidermist leaves the skin." – Mark Twain

The main session of the Connecticut House and Senate has passed. What has the Democratic controlled legislature done for us? They have extended the tax base by imposing taxes on dozens of new items and services, yet this still leaves us with a budget deficit gap of more than \$1.7 billion. Our Democratic governor also wants to have a special session to pass legislation for tolls on our Connecticut highways. Tolls are just another burden for our Connecticut workers and retirees, and are a result of many years of Connecticut's diversion of transportation funds to the general fund.

What about our local municipality of East Granby? We have no choice but to balance our expenses with revenues. Local property taxes account for most of our revenue. This past year, a mere 15% of our voters chose to approve a bond issue, allowing us to spend \$12.2 million on roads and roofs, with approximately \$10 million to be financed through bonds (think: credit card). Consider that over at least the last two years, a portion of state grants meant for transportation were spent on non-transportation items such as windows and insulation for Town Hall, Chromebooks, and HVAC controls. Costs for education administration (administrators, budget manager, and superintendent) exceed \$1 million for a student population of about 850 students. Our local Board of Education should be considering ways of sharing resources with neighboring school districts to increase academic, sports, and extra-curricular activities yet reducing administrative costs.

Our local Republican team is excited to have a full slate of motivated candidates running for municipal offices this November 5th, including many fresh faces who are focused on East Granby's future. They are committed to open government, careful and effective use of your money, and making East Granby an even better place to live. We pledge to manage your tax dollars responsibly, promote the highest educational standards for our children, reduce taxes through sensible business growth, and ensure total transparency of town government.



Please join us on Wednesday, September 11th, 6:30 to 8:00 PM, for a Candidate Meet & Greet at Brignole Vineyards. Bring your questions, concerns, and ideas and hear from our candidates on topics of interest to you. Light refreshments, cash bar. Suggested donation \$20.00 per person. RSVP requested via our website at www.egrepublicans.com or call Lee at (860) 798-4916.

Save the date: East Granby RTC will be holding its annual fundraiser at Copper Hill Golf Club on Sunday, September 29th, 2:00 to 6:00 PM. More details will be in the next "Let's Talk Turkey."

We welcome your help with our campaign efforts this fall—as a volunteer, a contributor—or if you would just like a lawn sign. Contributions can be made at www.egrepublicans.com or by mail; just let us know if you would like us to send you a form. We can be reached by contacting Lee Sandora at (860) 798-4916 or Isandoraeg@gmail.com. You can also get updates on our Facebook page: facebook.com/eastgranbyrepublicans.

### **Capitol Update**

Rep. Tami Zawistowski, 61st District

The 2019 legislative session came to a close on June 5th. Despite the highly partisan nature of this past session, with no acceptance of any input from Republicans on the budget or related issues, I was proud to get four bills passed (in addition to some more technical bills) on a widely bipartisan basis. These bills were generated from concerns by our district's town leaders as well as by constituents.

Of particular interest to East Granby is PA 19-36 which offers towns and cities the option of increasing the tax abatement available to volunteer firefighters and other first responders. The current amount of \$1000 was set in statute, and now municipalities will be able to voluntarily increase that amount in a phased-in manner over the next few years. First Selectman Jim Hayden and East Granby Fire Chief Kerry Flaherty came to the Capitol to testify on this bill, which should help attract and retain those volunteers that are vital to our small communities.

Another bill I introduced, suggested by a non-profit in our district, increases opportunities for first responders to receive training on communicating with those on the autism spectrum or with other special needs—all at no cost to municipalities through various volunteer groups. This population often has specific issues in dealing with situations requiring contact with emergency personnel, and this training will ease communications and potentially save lives.

There were several other good bills that passed with significant bipartisan support. I co-sponsored legislation on manufacturing and workforce development, opioids and fentanyl, promoting tourism in Connecticut, assisting farmers, and protecting our first responders.

I was, however, unable to support the 2019 two-year budget, which contained nearly \$2 billion in new taxes and hits to small businesses—without attempts to restructure the way government operates. In order to qualify as balanced, the budget also relied on approximately \$450 million in non-existent labor and health

savings. It also refinanced state employee pensions payments by lowering current state contributions but adding billions of dollars in future interest payments.

One of the most egregious parts of the budget is the diversion of \$171 million in revenue away from the Special Transportation Fund "Lockbox" into the general fund. This diversion makes the previously solvent fund now insolvent—and which has led the Governor and majority party Democrats to argue for more revenue sources including tolls.

The budget includes many new and increased taxes on everyday items including digital downloads (Netflix, ring tones, etc.), prepared food from grocery stores and restaurants, plastic bags, soda and alcoholic beverages, dry cleaning, parking, rideshare services, safety apparel, etc., plus a new tax on small business pass-through entities (sole proprietorships, LLCs, LLPs, S Corporations).

During the summer months, I have focused on advocating for North Central Connecticut by meeting with regional employers and organizing tours with my colleagues. I also sponsored a brochure swap so that area attractions and tourism related businesses could share their schedules and ideas. In late June, I brought legislators from across the state to Old Newgate Prison & Copper Mine to showcase progress made in the last two years of operation. Local businesses can benefit by working with our area attractions—for example, Snelgrove's in East Granby is now making bat shaped chocolate lollipops specifically for Newgate, and Thrall Family Malt nearby in Windsor sells its products to craft breweries in our region. Small scale economic development through creating better opportunities—through communication and event coordination—can help our local companies grow.

I encourage you to visit my website, RepZawistowski.com, for the latest news from Hartford and around the district, where you can also sign up for my e-mail newsletter. On social media you can find me on Facebook (@repzawistowski), Twitter (@tamizawistowski), and Instagram (@repzawistowski). And as always, please contact me if you have questions about state issues by phone at (860) 240-8700 or by e-mail at Tami.Zawistowski@housegop.ct.gov.

### **Probate Court Briefs**

Judge David Baram

The Tobacco Valley Probate Court hosted a roundtable discussion with members of the Investigations Division of the State of Connecticut Department of Consumer Protection (DCP) regarding issues of financial abuse of senior citizens. Probate Judge David Baram and his Chief Clerk and Deputy Clerk met with Pamela Brown, the DCP Director of Investigations and a former Bloomfield resident, and four other staff investigators of her division.

According to Probate Judge David Baram, the discussion focused on various scams or fraud perpetuated by people with special relationships with vulnerable elderly persons. Such relationships might include, for instance, a caregiver exercising



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authority under a Power of Attorney. Judge Baram noted that the Probate Court has statutory authority to require an accounting by an agent of a Power of Attorney, a Trustee, a Conservator, and a Guardian. While the Probate Court can determine ownership of assets, any action to seek criminal or other civil remedies would have to be pursued in the Superior Court.

All participants agreed the session was beneficial and Judge Baram hopes to discuss at community forums the Probate Court's jurisdiction over fiduciary accountings and the need to exercise caution in selecting a fiduciary who has legal authority to manage a person's finances.

# Hello East Granby Community!

It is my great pleasure to send this greeting from the Superintendent's office. For those who do not know me, my name is Melissa (Missy) Bavaro-Grande and I am beginning my thirteenth year as an educator in this wonderful town. I was hired in 2007 as East Granby High School Principal and then transitioned in 2012 to assume the principalship of East Granby Middle School. This past May, I finished the year as Acting Superintendent. Continuing in this role for the 2019-2020 school year is humbling and gratifying.

We are fortunate on many fronts. Our district has a passionate, cutting edge and caring teaching staff inclusive of paraprofessionals, teachers, student support services, and interventionists. We have dedicated nurses and knowledgeable secretaries. We are also supported by hard-working custodians who take pride in the way the building looks and operates. Additionally, the committed administrative team consists of Karen Gogel, Director of Student Support Services; Marjorie Light, Director of Curriculum and Professional Development; Tony DeMelo, EGHS Principal; Marsie Luckenbach, interim EGHS Dean of Students; Tim Phelan, interim EGMS Principal; Bob McGrath, R. Dudley Seymour School Principal; and Maylah Uhlinger, Carl Allgrove School Principal.

The many successes of our school district have been made possible with the ongoing support of this proud community and collaborative working relationships with town officials.

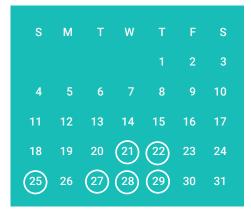
Over the past 12 years in East Granby, I have had the privilege of interacting with many students and families. I want to welcome anyone who might like to say hello to an **Open Office event on Thursday, August 29, 2019, from 6PM-8PM** in the Board of Education conference room. If we have not met, please stop in to introduce yourself; if we already have the pleasure of knowing each other, come by to say hello! Please know that all community members play a part in the success of the East Granby school system.

Enjoy the remaining days of summer.

Respectfully, Missy Bavaro-Grande

"Growth is never by mere chance; it is the result of forces working together." ~ James Cash "J.C." Penney

# **#EG CommunityWorks** Calendar



# **August**

21st, Wednesday: Movie: Poms, 1:00 pm, EG Public Library

**21st,** Wednesday: **Family Outdoor Movie Night Summer Reading Finale:** *A* **Dog's Journey**, 8:00 pm, rain date is Thursday, August 22nd, EG Public Library

**22nd**, Thursday: *EG Volunteer Fire Dept.* Neighborhood Visit to Stark Drive, 6:30 pm

**27th**, Tuesday: *EG Volunteer Fire Dept.* Neighborhood Visit to Granger Circle, 6:30 pm

28th, Wednesday: Movie: Breakthrough, 1:00 pm, EG Public Library

**29th**, Thursday: *EG Volunteer Fire Dept*. Neighborhood Visit to Lexington Drive, 6:30 pm



# September

**7th**, Sunday, 10:00 am-4:30 pm, **Bat Appreciation Day**. Learn about New-Gate's beloved bats. Department of Energy & Environmental Protection are here as well as wildlife biologists. Demonstrations and hands-on activities for all ages. *Old New-Gate Prison & Copper Mine* 

8th, Sunday: *EG Lion's Club* Duck Race at Granbrook Park. Event opens at 11am, race starts with the Ducks being dropped from the Bridge at 1:30 pm. Prizes include Visa Gift Cards, going from \$500, \$250 & \$100 and four tickets for the Lions' Fall Turkey Dinner. Lots of fun for the family with music, ice cream and watching the Ducks make their way to the Finish Line! Tickets are \$5 each and available from a Lion's Club member, the Library and the Town Hall.

**12th**, Thursday: **Author Talk: Steve Rushin** on his new book, *Nights in White Castle*, 7:00 pm, EG Public Library

**15th**, Sunday, 5:00-7:00 pm, **Jolly Beggars Concert**. Bring your lawn chair and picnic dinner. After hours admission cost. *Old New-Gate Prison & Copper Mine* 

**21st**, Saturday, 10:00 am-4:30 pm, **Escape from New-Gate (Reenactment)** Step into history as the prison comes alive. Reenactors from the Fifth CT Regiment will recreate prison life at Newgate. Watch out for escaping prisoners! *Old New-Gate Prison & Copper Mine* 

**24th**, Tuesday: **Author Talk: Sharon Farber** on her book, *Choosing to be a Medium*, 7:00 pm, EG Public Library

# October

**5th**, Saturday: *EG Lion's Club* October Dinner, *Turkey Dinner with Salad Bar*, 4:30-7:00 pm, EG Community/Senior Center

**19th**, Saturday: **Empty Bowls**, *Expressions Pottery, Friend to Friend Food Pantry and The Women's Club of East Granby*, 11:30 am, EG Community/Senior Center. See the registration flyer in this newsletter or you can purchase online in September at www.friendtofriendeg.com. Tickets \$17 pre-purchase, \$20 at door.



### **Contact List**

Community Cuisine https://nourishmysoul.org

EG Congregational Church www.egchurch.org

EG Fire Department www.eastgranbyfire.com

EG Historical Society www.eastgranby.com/historicalsociety/

EG Land Trust president@eglt.org

EG Lions Club mark.keough@cox.net

EG Parks & Rec aliciav@egtownhall.com

EG Public Library www.egpl.org

EG Senior Center kellyj@egtownhall.com

EG Social Services elisec@egtownhall.com

EG Veterans eastgranbyctveterans@gmail.com

Friend to Friend www.friendtofriendeg.com

Granby Ambulance Association www.granby-ambulance.org

Nourish My Soul https://nourishmysoul.org

Old New-Gate Prison & Copper Mine morgan.bengel@ct.gov

Resilience Grows Here www.resiliencegrowshere.org

Women's Club of EG www.womensclubeg.org

Youth Action Council (EG High School) mason.williams.yac@gmail.com

Youth Action Council (EG Middle School) Sashepherd77@gmail.com

If we missed you or you'd like to participate, please email us at **eg.communityworks@gmail.com**. The calendar appears in Talk Turkey and is posted on the East Granby Community Facebook page every month.

# Monthly Happenings ...

**At EG Congregational Church:** 

Tuesdays: **Book Study**, 1:00 pm, Buttaro Rm

Wednesdays: Morning Prayer/Meditation, 6:30 am, Buttaro Rm Thursdays: Morning Bible Study, 10:45 am, Buttaro Rm and Yoga, 7:00 pm,

CEC

First Wednesday (2:00 pm) and Thursday (7:00 pm), each month:

Free Genealogy Group Meeting, Fellowship Hall

At EG Historical Society:

Second & Fourth Sundays each month: **Barn/Museum Seasonal Hours: 2:00-4:00**, June thru October.

**At EG Public Library:** 

Second Monday each month: **Book Club**, 10:00 am, books available at library.

At EG Veterans:

**Coffee House** is the second Tuesday of the month at the Community Center from 9-11am. All are welcome.

**EG Veterans meetings** are the last Tuesday of the month at Gio's Brick Oven Pizzeria from 7:00-9:00 pm, all are welcome.

At Old New-Gate Prison & Copper Mine:

Third Sunday each month: free admission for CT residents at any of the four State Museums.

At Resilience Grows Here:

First and Third Thursday each month: **Military Family Connect Group**, 10:00–11:00 am, EG Farms Recreation Building. Email Kim at kls7389@gmail.com if you'll be attending and check the RGH Facebook page for cancellations. Veteran, Active Duty and Reserve families from all towns are welcome.

# **#EG CommunityWorks Guide**

We are putting together a community guide and we'd like your participation so we can have it completed in both digital and printed format for January 2020.

### **Who Can Contribute**

Our usual calendar participants as well as all local non-profits, clubs, organizations and town offices are invited to submit their information. A form and submission example are available via email. Types of information include: name, mission/purpose, contact info, volunteer or membership opportunities, yearly events or fundraising efforts. Groups will benefit from an additional town-wide reach that alerts residents to seasonal events and encourages collaboration between organizations.

#### **Purpose**

The guide will provide a reference of community services and information in one place. It will increase communication, interaction and support among the residents, community organizations, schools, business and town government. And, it can be used as a recruiting tool to draw new residents and businesses.

#### **Distribution Channels**

Residents, town government, all EG businesses, local realtors, schools, community organizations and chambers of commerce via digital and hard copy (minimal) as well as social media.

### **Questions/How to Participate**

Email us at eg.communityworks@gmail.com or call 860-392-8362 with questions, to request the form and submission example, and/or to get involved.

### **Deadline**

Entries must be received by October 31, 2019 to be included in the 2020 guide. There is no cost to participate and you will receive an electronic proof of your submission for approval before publication. Please participate and help us showcase all that East Granby has to offer!

# East Granby Parks & Recreation

Register online today! Be sure to check out our website for additional information and recently added programs....

https://eastgranbyct.myrec.com

79 North Main Street

PO Box 1858 East Granby, CT 06026

860-653-7660

Email: aliciav@egtownhall.com

### **Adult Events and Classes**



### Learn to Golf

Whether you are a complete beginner or someone looking to learn a bit more about the game of golf, this 4-week class will cover everything you need to know.

The 1-hour class provides the fundamentals behind the full swing, chipping, pitching or putting. During each class we will also cover some of the common rules and etiquette.

You will leave with all the skills needed to hit the ball further, chip it closer and get it around a golf course. Dress comfortably and wear athletic shoes. Clubs are available for use if necessary.

This program will run on Thursdays, September 5, 12, 19, 26 from 6:00 – 7:00pm. The cost for the program \$75 and it is open to all those 18 years of age or older. The program takes place at Copperhill Golf Course in East Granby.

(Please contact the Parks and Recreation Office to confirm space availability 860/653-7660 or aliciav@egtownhall.com)

# Women's Golf – Learning Track Fall 2019

Looking to learn the game of golf? Join us in this 4-week program for women.

This program will run on Tuesdays, September 10, 17, 24 & October 1 from 6:00 – 7:00pm. The cost of the program is \$75, and it is open to all women ages 18 and older. The program takes place at Copperhill Golf Course in East Granby.



### **Slow Flow Vinyasa Yoga**

While connecting breath to movement, we will start with a warm-up then flow through a series of yoga poses (asanas) building heat slowly and gently and ending in a relaxing Savasana. Modifications will be given for all levels. Blocks, straps and knee pads will be available to assist your practice. Bring your own yoga mat.

This class is great for those newer to yoga or those wanting to slow it down in a basic flow class.

Questions can be emailed to the instructor at MrsSuziQ@cox.net.

This program's current session is running on Mondays July 29, August 5, 12, 19, 26 and September 9, 16, 23 from 6:30 – 7:30pm. The fall session will run Mondays from 6:00 – 7:00pm October 7, 14, 21, 28 & November 4, 11, 18, 25. The fee is \$8 per class and payment is made onsite the night you attend - cash & checks only.

This program is open to all those 18 years or older and will take place at East Granby Farms in the Recreation Building.



#### Rise and Run!

Running early in the morning can be hard to stick to without accountability and a little extra motivation. Let's be real, if you are going to leave your warm bed to get out for your morning run, you may as well do so with a group of likeminded runners to make the early roll call more bearable!

This 10-week free-style program will meet from 5:00 to 6:00am so you can be home in time to start the day and know you have gotten your run DONE. Both trail running and road running will be offered. Coaching support and weekly newsletter included. Custom training plans available for those with fall races.

All Runners and abilities welcome!

Questions? Please email Jennifer at jmderleth@thetotalrunner.com.

This program will cost \$60 and will take place on Monday, Wednesday & Friday mornings 5:00 – 6:00am beginning September 9 – November 15, 2019. The program takes place at different locations around town and you will be notified of the location by the instructor.



### **Men's Drop-in Softball**

Drop-in recreational games Wednesdays from 6-9pm at the High School Lower Softball Field. This summer program is being extended until September 25<sup>th</sup>. The \$3 drop in fee is paid on on-site (cash and checks only). A waiver is required in order to play.

Bring your own equipment and get ready to have some fun.

### Men's Drop in Basketball



Come and play a drop-in game of basketball. This program is for men over the age of 18. The cost is \$3, and the fee is collected at the door. An East Granby Parks and Recreation Waiver is required in order

to play. Participants must wear white-soled gym shoes.

There is no basketball during school vacation or on non-school days. This is a first-come first serve program with limited enrollment.

The program will run on Wednesday evenings from October 16, 2019 – June 10, 2020 from 7:00 – 9:00pm in the East Granby High School New Gym.



Zumba is a fun dance exercise program that burns tons of calories and works your arms, glutes, and abs. Come join us in the fun! It's a great way to spend an hour of your Tuesday! You may join us at any point during the fall session. Please bring sneakers, water bottle, towel (if desired).

This program is open to all those 13 years of age or older. An East Granby Liability Waiver is required (for those under the age of 18 it must be signed by a parent/guardian). The program will take place on Tuesdays September 17 – November 19, 2019 from 6:00 – 7:00pm at the Recreation Building at East Granby Farms.

Several payment options are available:

10-week punch card: \$70
8-week punch card: \$60
6- week punch card: \$48
4-week punch card: \$34

Walk-ins: \$10 (cash/check only)



### **New York City Trips**

Enjoy a day in the city, on your own, at the Big Apple. See Chinatown, Little Italy, Central Park, a museum, the zoo, a Broadway show or shop - use your imagination.

Join us Saturday, December 7th for a fun day in the city! The Bus will depart from East Granby Community Center at 7:15am and will leave the city from the Stagecoach Tavern (between 53rd/54th Streets, along 7th Avenue) at 6:00pm. The cost is \$46 and all trips require advance registration. Space is limited so be sure to sign up early.

### **Youth Events and Classes**



### **Growing Healthy Kids**

Gather once a month to learn all about healthy foods - where it comes from, how to prepare it, and of course tasting it! This class is active and hands on, where learning happens through movement, games, and preparing foods. Kids will become excited about healthier food options, understand the importance, and learn how to make it taste delicious!

The series is taught by Nutritionist, Alicia Newton from Nourish My Soul. Occasionally we will have guests from our Jr Chef program to mentor this younger group and model a positive relationship with healthy food.

This program is open to youth ages 6-9. The program runs on Mondays from  $4:00-5:30\,\mathrm{pm}$ , October  $2019-May\ 2020$  on the following dates:  $10/28,\ 11/25,\ 12/16,\ 1/27,\ 2/24,\ 3/30,\ 4/27\ \&\ 5/18$  at East Granby Farms in the Recreation Building.

There are two payment options. All 8 classes for \$110 or \$20 per class. One-time drop in for class does require advanced online registration.



### What's Cooking Jr. Chef

Join us in this youth development program exploring the fundamentals of culinary arts, food systems, and nutritional education. The program is designed to help youth to develop leadership, teamwork, and culinary skills as well as gain nutritional knowledge and a new appreciation for diverse, healthy and sustainably produced food.

Developed by Nutritionist, Alicia Newton after years of working with families to develop healthier eating habits. Meet you in kitchen where we will be stirring up change!

This program is open to all those ages 10-14 years old. It will run on Wednesdays from 4:00 – 6:00pm from October 2 – November 13 at the East Granby Senior/Community Center. The cost for the program is \$150.

# **Kid's Run the Nation Youth Running Program**

TheTotalRunner and the Road Runners' Club of America will feature a 10-week, **Kid's Run the Nation program.** This program aims to introduce the sport of running to students in a way that promotes their physical, cognitive, and social needs. This community-based youth running program was developed to adhere to the guidelines created by the U.S. Department of Health and Human Services to increase physical activity among youth and provide children with 60 minutes a day of physical activity. Each week will focus on a different module in a way that makes running fun with short educational lessons, and various running activities and games. The modules are outlined below:

Week 1: Concepts of Walking and Running Week 2: Concepts of Warm-up, Pacing, Cooldown, and Stretching

Week 3: Running Physiology and Form

Week 4: Setting Goals

Week 5: Keeping a Running Journal

Week 6 Nutrition and Hydration for a Healthy Life

Week 7: Running Safely

Week 8: Fun Runs and Competitive Races

Week 9: Competitive Running History and

Heroes

**Week 10**: Program Review, Running at Home and a Fun Run for K-2 and 3-5 and a Competitive Timed Run for 6-8<sup>th</sup> grade.

Students are divided into three groups. K-2, 3-5th grade, and 6-8<sup>th</sup> grade and sessions are age appropriate.

Sessions will begin on Sunday, September 15 – November 10, 2019 from 12:30-2:00pm at East Granby Farms.

Pricing (\$65) includes the 10-week program, RRCA t-shirt, back- pack tag, and the Kid's Run the Nation Running Guide for Kids.

Race Registration for the Competitive Run will be additional, and details are to follow. Race details are under development and we hope to offer an official timed event with Bib and Awards should we have enough participants. We are trying to keep costs for race below \$20.00

Parents are encouraged to participate, and volunteers will be needed to assist with weekly activities and end of program Fun Run/ Competitive Race.

Questions or concerns? Please email Jennifer at jmderleth@thetotalrunner.com.



### **Drop-in Youth Basketball**

Join the fun with Drop-in Middle School Basketball! This program is for East Granby residents and/or students only. Looking to practice and get ready for the basketball season or just want to get out and have a little fun? This is the place to be. This co-ed program will take place on the following dates from 7:00 – 9:00pm at the East Granby High School New Gym.

- September 9
- ❖ September 16
- ❖ September 23
- ❖ September 30
- October 7
- October 21
- October 28
- November 4

The cost is a cash/check fee of \$3 per night or you can purchase a punch card online in advance for \$20.

### **Drop-in High School Basketball**

Calling all high school basketball players. Join us for a drop-in evening to brush up on your skills or just get out and have fun.

This program will run on Thursday evenings from 7:00 – 9:00pm at the High School New Gym. The cost is \$3 cash/check fee per night, or you can purchase a punch card for \$25 in advance online.

The program will run on the following dates:

- ❖ September 12
- September 19
- September 26
- October 3
- October 10
- October 17
- October 24
- November 7
- November 14

### **Crusader Basketball Clinic**

Join East Granby High School Boys Varsity
Coach Ryan Aeschliman for 6 weeks of clinics.
Looking to brush up on your skills, pick up new
skills before the season starts? These clinics will
teach and review the basic fundamentals of the
game: dribbling, passing and shooting. Students
learn qualities of being a teammate on and off the
court. Each clinic consists of drills and games to
teach and improve skills. The clinics will
challenge you to step outside your comfort zone
and build your confidence to become the best
player you can be. Join us for one week or all
five weeks.

This program is co-ed and will run on Saturdays from October 5 – November 23 (no program on 10/12 & 10/19) and is open to all students in grades  $3-8^{th}$ . The  $3^{rd}-5^{th}$  graders will meet from 9:00-10:00 am in the High School New Gym and the  $6^{th}-8^{th}$  graders will meet from 10:15am -11:15am.

There are two payment options: Sign up for all weeks for \$85 or pre-register for a specific week for \$15 each.



### **Flag Football**

NFL Flag Football is the premier youth football program for boys and girls. The program provides young players a fun and exciting opportunity to engage in a non-contact, continuous action sport, while learning lessons in teamwork.

The Fall 2019 program begins the week of September 3rd and runs through November 2<sup>rd</sup>. The program is open to all boys and girls ages 7 – 14. There are 2 age divisions: juniors (ages 7-10 & in 5<sup>th</sup> grade and under; senior 11 – 14 and in grades 6<sup>th</sup> + up). To help create fair teams' assessments will be held Thursday, September 5th, at 5pm for the junior age group and 6 pm for the senior age group. Practices will be held 2 times a week. (Date/time set by coaches). Most games are played on Saturday mornings. We

will only be playing East Granby teams. Last day to register is Monday, September 2<sup>nd</sup>.

The cost of the program is \$79, and practices will be held at East Granby Farms and Granbrook Park. Games will be held at East Granby Farms. Farms Field & Granbrook Park.

### **Fall PG Junior Golf League**

Be a part of the Copper Hill PGA Junior League! A team-based approach and a great growth opportunity for your younger golfer.

This program is open to youth ages 9-14 and costs \$169. The program will begin on Saturday, September 7<sup>th</sup> for 5-6 weeks. Most matches and practices are on Saturday/Sunday.

The format of this program is small teams, some in-house matches, some travel matches, practice each week. Instruction, greens fees and driving range fees are included.

Please contact the Parks and Recreation Office to confirm space available at 860/653-7660 or aliciav@egtownhall.com.

### **Flute Choir**

You will learn techniques specific to the flute, ensemble music and learn about flutes in other cultures. Games with music theory, history of the flute and exploration of unique sounds the flute can make will also be explored.

This class is open to all flute players who have played for one year.

The instructor for this class is Beth Galloway. Beth has been playing the flute since fifth grade. She has a BS in Music Education from UCONN and has taught privately for many years.

The class will take place on Mondays from September 23 – November 25<sup>th</sup>. 2:15 – 3:30pm at the East Granby Middle School and the cost is \$160.

### **Preschool Play Time**

Need some time out with your little ones?

Ready for a new fall routine? Come join other mothers and fathers for a fun filled morning of play, crafts and socializing. Give yourself a change to start the week off right.

This is a parent-child class. Please bring a nut-free snack and drink for circle time.

This program will run on Mondays at 9:30 – 10:30am from October 7 - December 16<sup>th</sup> (no class on October 14 & November 11) and is geared toward those children not yet enrolled in kindergarten.

The cost is \$40 for all 8 sessions or a one-class fee of \$15. Preregistration is required.

### "HALFTIME"

### POM CHEER, DANCE & TWIRL CLASS

Have you been to a UCONN game lately?
Watched an NFL or BIG TEN game on TV?
Is your child paying more attention to the cheer and dance teams or the baton twirlers than the game?

If so, they'll LOVE this class!

It's full of fun, high-energy, hip hop dance, cheer pom, and baton twirling! Participants will learn moves in all disciplines guaranteed to get the crowd out of their seats!

This class is Great Exercise and a confidence boosting opportunity! You will also see it builds coordination. Your child is sure to have a blast!

### No Experience Needed!

This class will run on Tuesdays, September 24 – November 19 (no class 11/5) from 3:00pm – 4:00pm. The cost is \$110 and includes a new baton. This class will be held at R.D. Seymour School.

### **Movin' Minis:**

### **Dance & Twirl Combo Class**

The Movin' Minis program is designed specifically for dancer's pre-k, kindergarten – grade 2! With an introduction to Ballet, Hip-Hop, and Baton, our "Movin' Minis" develop an enthusiasm and love

for dance & twirl while building skill, coordination, confidence, and more!

### No Experience Needed!

This program will run Tuesdays, September 24 - 100 November  $19^{th}$  from 4:30 - 5:15pm for our preschool and kindergarten minis and 5:15 - 6:00pm for our  $1^{st}$  and  $2^{nd}$  graders.

The cost of the program is \$110 and includes a new baton and will take place at East Granby Farms in the Recreation Building.

### **Introduction to Horseback Riding**

Looking for an opportunity for your child to learn to ride? Improve their current riding skills? Join our advanced riding instructors in this introductory set of lessons.

This program is held off site in the indoor barn at End of Hunt Equestrian Center on Tuesdays from 4:30 - 5:30pm. The fall session runs October 1, October 8 and October 15<sup>th</sup>. Winter and Spring 2020 sessions are available as well. The cost of the program is \$105 per session.

### **Coming soon:**

Be sure to check out the EG Parks and Recreation page at https://eastgranbyct.myrec.com

- After-school ART-ventures for Allgrove students
- After-school ART-ventures for R.D. Seymour students
- A fall tennis program
- After-school Mad Science program
- Additional Dance Classes
- Middle School clubs

Online registration is strongly encouraged at: https://eastgranbyct.myrec.com or you may contact the office to register by calling 860/653-7660.

Please make your checks payable to East Granby Parks and Recreation. A \$25 fine is charged for returned checks.



EAST GRANBY LIONS CHARITIES, INC.

# 7th Annual Rubber Duck Derby



# Sunday, September 8<sup>th</sup> GRANBROOK PARK

Off Hartford Ave. (Rt.189) East Granby



Duck Race Starts at 1:30 PM





1st Place Prize - \$500 Visa Gift Card 2nd Place Prize - \$250 Visa Gift Card 3rd Place Prize - \$100 Visa Gift Card

4<sup>th</sup> Place Prize - 4 Tickets Redeemable at the East Granby Lions Fall Turkey Dinner

\* Ticketholder need not be present to win \*

**ACTIVITIES!** 

**\$5.00** Adopts a Duck for the Race



During the event we will have a "Best Dressed Duck" contest. Local businesses will decorate a duck in a fun and festive way that best represents their business. The ducks will be on display during the event where votes will be cast by those attending the event. The winner, the duck with the most votes, will receive a free \$50 "Placemat Ad" in our 2019-2020 placemat used at our dinners.





























PRESENTS \*

"Last Blast of Summer's

**AIRBRUSH** TATTOOS!

EAST GRANBY LIONS HAMBURGS & HOT DOGS!

AMBULANCE ASSOCIATION POPCORN

CURIOUS GEORGE BOUNCE HOUSE!

CHET'S TALIAN CE!

FREE FAMILY SUMMER CONCERT

WITH FOUR BARREL BILLY



FRIDAY, AUGUST 23RD 6:30 PM - 8:00 PM **@TOWN** CENTER COMPLEX PAVILLION

Bring Your Chairs!





# **East Granby Congregational Church Nursery School**

# 12th Annual MUM Sale Fundraiser



by Sept. 9<sup>th</sup> to be sure you get your color choice! Pick up at the

East Granby Congregational Church

Rtes. 187 and 20

Pick up at any of the times to the right.

12" POTS are available THRU PRE-ORDER ONLY

OR

Purchase plants at the

East Granby Congregational Church
Rtes. 187 and 20

Saturday, Sept. 14th (9am-1pm)

Sunday, Sept. 15th (12pm-2pm)

**SELLING 8" POTS ONLY DURING THESE TIMES** 

# Pre-Order Your Bright & Beautiful MUM Plants Now!!

	9 \$16, 2 @ \$30, 3 @ \$42,				
name:		Pnone	e:		_
12" pots:	Rust/Bronze	Purple/Pink	Yellow _	Red	White
8" pots:	Rust/Bronze	Purple/Pink	Yellow	Red	White
riease Wii	te the number to Amou	nt Enclosed \$			
	Cash or Ched	ck - Make check	payable to	EGCCNS	
	Send to: EGCCN	IS P.O. Box 390	East Granby	, CT 060	26
	Or drop of	f at church offic	e M-F 9am	– 2pm	
	For more informat	tion or questions (	call Dehbie	860-214-7	986

\*All Proceeds Benefit the Nursery School \*Thank You For Your Support!!

# **East Granby Congregational Church Nursery School**

### **A Licensed Preschool**





# Welcoming children from East Granby & neighboring towns

Registering now for the 2019-2020 school year

We offer classes for 3 year olds and 4 year olds

3 year olds

Tues & Thurs 9:00 to 11:30

4 year old options:

Mon/ Wed /Fri 9:00 to 11:30 OR 8:15 to 11:30\* Mon/Tues/Wed/Thurs/Fri 8:15 to 11:30\*

### \*Enrichment Program for 4's only

The 45 minute directed enrichment activity time is offered prior to the 9:00 a.m. arrival of the rest of the class. The students benefit from extra individual or small group practice in the areas of fine motor skills, math concepts, pre reading (literacy), & writing and to build stamina for all day Kindergarten.

Information and a Registration Form: <a href="mailto:egccns9@gmail.com">egccns9@gmail.com</a>

Lee LaRochelle, Director 860-653-3913



Located at the intersection of Route 20 & Route 187, East Granby, CT 06026





# **BSA Troop 70**

Do you love adventure, camping, and having fun in the outdoors?

Are you between the ages 11 and 17?

**COME and JOIN SCOUTS TROOP 70** 

No prior scouting necessary!

Meetings every Monday from 7:00-8:30pm at Allgrove School

First Meeting of the Year – September 9<sup>th</sup>, 2019







# Your donations make a difference!

Resilience Grows Here will be present at this year's Stand Down event at the CT Dept. of Veteran Affairs in Rocky Hill, CT.

We would like to partner with our communities to support the veterans who will be attending this event seeking benefits, services and assistance. This annual outreach will be held on Sept. 20, 2019

Will you consider donating supplies to help fill gift bags for our warriors? **The following items are needed by Sept. 13.** You may drop them off at **East Granby Town Hall** or at FVHD, 95 River Rd., Suite C, Canton, CT or call us to arrange a pick up at 860-352-2333 and ask for Justine or Leesa.

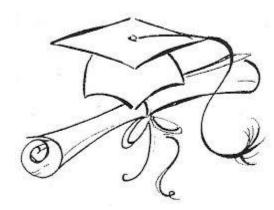
### ITEMS BEING COLLECTED:

BOTTLED WATER BANDAIDS BABY WIPES SANITIZER WIPES (NO GEL)
COMB/BRUSH SNACK SIZE FRUIT CUPS DISPOSABLE RAZORS

TOOTHPASTE/BRUSH FLOSS SOAP **DEODERANT** CHAPSTICK HAIR PRODUCTS SOCKS (NEW) GLOVES TRAIL MIX GRANOLA BARS RAISINS NUTS GUM/CANDY NAIL CLIPPERS TRAVEL TISSUES TUNA **ENERGY BARS** MINTS INSTANT OATMEAL FOOT POWDER

CRACKERS(WITH CHEESE OR PEANUT BUTTER)





# Congratulations East Granby High School Class of 2019

Jenna Ramí Ammourí Jacob Andrew Anthony Jaime Marie Baird Justín Anthony Baker Jessica Scout Barry Alexander James Bisson Tyler Henryk Bohm Amber Nicole Bourgault Laura Lynn Brassard Cristina Mary Brose Nícholas Joshua Dana Byers Brianna Elizabeth Canny Nancy Cheng Jamison Theodore Clark Zachary Leavitt Clark Audrey Jane Corcoran David Jerome Cox, Jr. Donell Jalen Cox Alessandra Níkole Damato Jalen Noah Davis Christian Joseph Fagnant Eric John Farmer Dillon Michael Fiore

Christopher Karl Fortier

Emíly Ann Frascona

Aidan Gregory Gallagher Declan James Gallagher Jameson John Gill Chloe Gallagher Gosselín Christopher Michael Gothers Rachel Marie Griffin Joshua Robert Guilmartin Zachary Douglas Hacía Rose Edith Hart Theresa Kathryn Hecht Sarah Ann Jacius Catherine Anna Kelly Sydney Marie Kelsey Jordan Alexander Kott Nítesh Kumar Jillian Zenaida Kuofie Cory Stephen Ludwig Keenan Phillip May Luís Moquete, Jr. Tiffanie Jade Moreau Adam Christopher Newhall Nathaniel Hugh Orkney John Henry Patrízzí Madison Harley Peladeau-Ruel Austin Thomas Phillips

Bíanca Ioana Prescott Troy William Rathbun Denís Brendan Reardon Víctoria Alexandra Reardon Gabriela A. Reis Joselyn Hannah Rybczyk David Frank Sales Ekaterina Nektario Santos Dillon Levy Silkey Justín Luke Sladyk Nícholas Steven Snow David Soddano Devin Patrick Stout Caitlin Mae Strzegowski Emily Rose Talbot Max Filipe Teixeira Ashley Elizabeth Thomas Kayla Abigail Tran Jack Emmett Tubridy Cade Robert Velleman Aídan Thomas Walsh Jordan Emílía Walsh Taylor Morgan Whitehouse Ambrosía Reign Williams Jesse Elízabeth Francis Worlund



### Sunday Sept. 22 --- Come and enjoy a fife & drum corps muster at East Granby Farms!

In celebration of the Marquis of Granby's 50th anniversary, they are hosting a muster of at least a dozen different fife & drum corps, which will take place from 10:00am-6:00pm, with a parade at 11:00am.

The Historical Society's barn/museum will be open during most of the day for visitors to tour and we will be selling treats, such as ice cream and popcorn, as a society fundraiser.

We could use volunteers to assist. Even if you are not a society member, but would like to help with sales, please contact Nancy Moody: moodynancy@att.net or 860-653-2866

### **Sunday October 13 --- Historic Town Tours!**

We have updated the town tour that was given in 2008 for East Granby's 150th Anniversary and will offer 3 tours on the town mini-bus that afternoon. Look for reservation details in the September issue, since space is limited.

Note: OUR NEW WEBSITE is eastgranbyhistoricalsociety.org

### VISIT THE BARN...COME AND SEE WHAT'S INSIDE!



HOURS: SECOND & FOURTH SUNDAYS 2:00-4:00PM JUNE THROUGH OCTOBER







TRY YOUR HAND AT WEAVING ON A WORKING ANTIQUE LOOM!
SIT IN A BEAUTIFULLY RESTORED 1850s CONCORD STAGECOACH!

SEE A FORD MODEL A TRUCK/TRACTOR HYBRID ONCE USED ON A LOCAL FARM!

SEE MANY OTHER ITEMS AND DISPLAYS FROM EAST GRANBY'S PAST!

85 North Main St. East Granby Farms

# Hear Ye, Hear Ye!



# The Marquis of Granby Jr. Ancient Fyfe & Drum Corps

is hosting a fife and drum muster in honor of the corps' 50<sup>th</sup> anniversary.

The event consists of a "tattoo" on Saturday at 7 p.m., which showcases the music of various fife and drum corps.

The gathered corps will parade through East Granby Farms recreation area beginning at 11 a.m. on Sunday. At the conclusion of the parade, each corps will perform a selection of their choice. Shows will take place over the remainder of the day.

Come experience historic music and pageantry!

When: Saturday, September 21 – Sunday, September 22

Where: East Granby Farms recreation area, 79 North Main Street, East Granby

**Tattoo:** Saturday at 7PM

Parade/Muster: Sunday at 11AM

More information: www.marquisofgranby.org



Food Pantry & Thrift Shop

# The fun continues!

Friend to Friend worked together with Nourish My Soul and other local nonprofits to present the 5th Community Cuisine Dinner on July 18th at the EG Community/Senior Center. A great turnout and delicious menu, including cheeseburger pie and icecream, has us looking forward to the next dinner on Thursday, November 7. Stay tuned for details in Talk Turkey and the East Granby Community Page on Facebook.

Friend to Friend is collaborating with our special friends from Expressions Pottery and the Women's Club of East Granby for our **19th Annual Empty Bowls** event on **Saturday**, **October 19, 2019**. See the registration flyer in this issue for more details on this East Granby Fall tradition!

Our Thrift Shop volunteers are also preparing for the change of season and getting ready to restock with Fall/Winter clothing and holiday items. The Shop will be hosting a pop-up **Art-Revival Gallery Sale** in November to sell our premium art donations. We look forward to seeing you at all of these fun events!

# Food Pantry

To register with the Food Pantry call Social Services at 860.413.3328 or email elisec@egtownhall.com.

To volunteer or donate to the Food Pantry or Thrift Shop please call **860.651.1659** or email **friendtofriendeg@gmail.com**.

- In need of the following items: baked beans, canned fruit, cereal, coffee, deodorant, jelly, hearty soups, hot cereal, laundry detergent, pasta sauce, peanut butter, shampoo & conditioner, toothbrushes, toothpaste and tuna.
- Food donations may be dropped off at the EG Community/Senior Center, EG Public Library and the EG Congregational Church.

# Thrift Shop

# Friend to Friend Thrift Shop's Art-Revival Gallery Sale

Sunday, November 17th, 1:00 p.m.-5:00 p.m.

The shop was gifted beautiful artwork this year and we will feature it at a special pop-up sale at the Copper Hill Golf Club. These original and special works of art will be priced below retail.

If you have a piece of art you'd like to donate to this special sale, please call Sandy at 860-392-8362. We are also looking to borrow local art for our special "view only" exhibit section. Cheese plates along with beverages including wine and craft beer will be available for purchase while you peruse our pop-up gallery. Please join us!

### Friend to Friend Thrift Shop

32 Spoonville Road 860.651.1659 860.392.8362 (after hours)

#### **Our Hours:**

Tuesday: 10 a.m.-2 p.m. Thursday: 2 p.m.-6 p.m. Saturday: 10 a.m.-2 p.m.

friendtofriendthriftshop@gmail.com / www.friendtofriendeg.com



Join Expressions Pottery Workshop, the Women's Club of East Granby and Friend to Friend for East Granby Food Pantry's Fall fundraiser! Empty Bowls is celebrating 19 years of helping our Food Pantry and East Granby Social Services provide to residents in need with supplemental food & fuel assistance. This annual collaboration, along with local restaurants, helps the current needs of East Granby families and elders.

# How it works:

- Come to the East Granby Senior Community Building on Saturday, October 19th from 11:30 a.m. 1:30 p.m.
- Pick up your **pre-registration (\$17)** ticket or **pay at the door (\$20**) & proceed to pick out a beautiful and unique handmade bowl.
- Take your bowl of choice up to the window and choose one of the soups offered.
- Each table will have refreshments, bread & butter to enjoy, while listening to easy music.
- Afterwards, take a walk over to Expressions Pottery Workshop, located at 9 School St. and enjoy dessert, watch a demonstration, browse the gallery and pick out a free pumpkin!

Any questions about the event, contact Alicia Van Neil at 860.653.7660, or email aliciav@egtownhall.com

\*\* Last year we nearly sold out of beautiful handmade bowls, after selling over 300 bowls. We encourage you to register early, so there are enough bowls made for the event!









R	egistva	tion	torm	(please detach and return to the address below)
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NUMBER OF BOWLS X \$17.	00 = TOTAL AMOUNT ENCLOSED:	
NAME:	PHONE #	
ADDRESS:	F-MAII	

\*Checks should be made out to "**Friend-to-Friend (Empty Bowls)**" and sent to: Friend to Friend, P.O. Box 631, East Granby, CT 06026

You can also purchase tickets on line in September at www.friendtofriendeg.com

# East Granby Fire Marshal's Office Safety Tips

The East Granby Fire Marshal's Office would like to remind all residents of some tips to help keep their summer and fall safe, including those heading off to college. The National Fire Protection Association (NFPA) has labeled September as Campus Fire Safety Month. I have included a fact/tip sheet on a separate page which can be taken with you when you depart for your campuses. Campus fire safety is a serious concern as for many it is the first time living separated from family members.

In addition, I have also included a fact/tip sheet from NFPA for grilling safety. This is a favorite pastime for many but also contains inherent dangers that we need to be mindful of.

#### SMOKE DETECTOR REPLACEMENT PROGRAM

In the fall of 2015 the East Granby Fire Marshal's Office, the East Granby Fire Department, and the East Granby Social Service Department launched a smoke detector and battery replacement program for our residents. This program provides for free detector replacement for battery operated detectors as well as free battery replacement. Smoke detectors have a ten-year lifespan before they are in need of replacement. Roughly three out of five fire deaths occur in homes with no working smoke detectors. When a representative from the Fire Marshal's office comes to your residence, we will check the date on your detector to ensure that it is within the ten year life span, replace the detector if needed, and test it to ensure that it is in working condition. It is important to mention that this program is an outreach program to our residents and not a Fire Marshal inspection. However, if you have questions or concerns, the Fire Marshal representative will take the time to answer these for you. To take advantage of this program please contact us at 860-653-3444 or due to our varying work hours, e-mail can be a quicker way to reach us: JohnL@egtownhall.com

# A COUPLE OF RECALLED ITEMS FROM THE U.S. CONSUMER PRODUCT SAFETY COMMISSION

Residents should be aware of a couple of products which were recently recalled by the U.S Consumer Product Safety Commission. The Consumer Product Safety Commission maintains a database of recalled products for consumers, their website is www.cpsc.gov I encourage residents to occasionally visit the website to review any recalls.

### Apple Recalls 15-Inch Mac Book Pro Laptop Computers Due to Fire Hazard

This recall involves certain Apple 15-inch MacBook Pro laptop computers. The recalled laptop computers have a 15.4-inch (diagonal) display, 2.2-2.5 GHz processors, 256GB-1TB solid-state storage, two Thunderbolt 2 ports, two USB 3 ports, and one HDMI port. Consumers can determine if their laptop computer is included in this recall by checking the laptop's serial number at https://support.apple.com/15-inch-macbook-pro-battery-recall/. The serial number can be found on the underside of the laptop computer or by choosing "About This Mac" from the Apple menu. Only MacBook Pro 15-inch model laptop computers with certain serial numbers are included.

The batteries in the affected laptops can overheat, posing a fire/burn hazard.

Consumers should immediately stop using the recalled laptop computers. Contact Apple to determine if the laptop computer is a part of the recall and to schedule a free repair. Apple can be reached at 1-800-275-2273.

### Universal Security Instruments Recalls to Inspect Smoke Alarms Due to Risk of Failure to Alert Consumers to a Fire

This recall involves Universal Security Instruments 10-year battery-operated ionization smoke and fire alarms with model numbers MI3050S and MI3050SB and with date codes between 2015JAN19 through 2016JUL11. The smoke alarms are white in color and 5½ inches in diameter. "Universal" and "Smoke & Fire Alarm" are printed on the front cover of the alarm. The label on the back of the alarm lists the model number and date code.

The smoke alarms can have a misaligned internal switch causing the alarms to not activate properly, posing a risk of failure to alert consumers to a fire.

Consumers should immediately inspect their smoke alarms to determine if it will activate appropriately. Press the test button to determine if it is operating properly. If the alarm sounds no further action is required. Additional instructions are located on the firm's website. If the smoke alarm does not sound during the test, consumers should immediately contact Universal Security for a replacement. Universal Security can be reached at 1-877-612-6955.



### **SAFETY TIPS**

- Look for fully sprinklered housing when choosing a dorm or off-campus housing.
- Make sure you can hear the building alarm system when you are in your dorm room.
- If you live in a dormitory, make sure your sleeping room has a smoke alarm, or your dormitory suite has a smoke alarm in each living area as well as the sleeping room. For the best protection, all smoke alarms in the dormitory suite should be interconnected so that when one sounds, they all sound.
- If you live in an apartment or house, make sure smoke alarms are installed in each sleeping room, outside every sleeping area, and on each level of the apartment unit or house. For the best protection, all smoke alarms in the apartment unit or house should be interconnected so that when one sounds, they all sound.
- Test all smoke alarms at least monthly.
- Never remove batteries or disable the alarm.
- Learn your building's evacuation plan and practice all drills as if they were the real thing.
- If you live off campus, have a fire escape plan with two ways out of every room.
- When the smoke alarm or fire alarm sounds, get out of the building quickly and stay out.
- Stay in the kitchen when cooking.
- Cook only when you are alert, not sleepy or drowsy from medicine or alcohol.
- Check with your local fire department for any restrictions before using a barbeque grill, fire pit, or chimenea.
- Check your school's rules before using electrical appliances in your room.

# Smoking Sense

If you smoke, smoke outside and only where it is permitted, Use sturdy, deep, nontip ashtrays. Don't smoke in bed or when you've been drinking or are drowsy.

# Candle Care

Burn candles only if the school permits their use. A candle is an open flame and should be placed away from anything that can burn. Never leave a candle unattended. Blow it out when you leave the room or go to sleep.

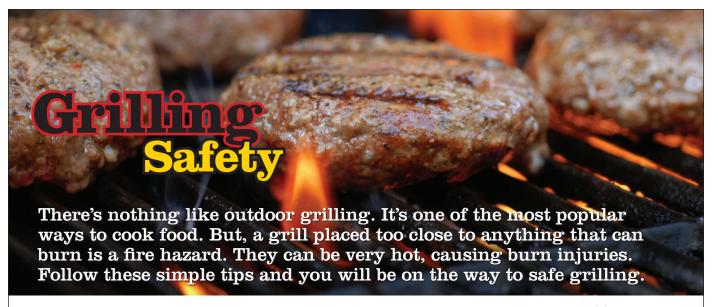
### **FACT**

- Pires in dormitories are more common during the evening hours, between 5–11 pm, and on weekends.
- ! Roughly six out of seven fires in dormitories are started by cooking



# NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards



### **SAFETY TIPS**

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- >>> Never leave your grill unattended.
- Always make sure your gas grill lid is open before lighting it.

### **CHARCOAL GRILLS**

- There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.

# PROPANE Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

If the flame **goes out**, turn the grill and gas off and wait at least **5 minutes** before re-lighting it.

### **FACTS**

- ! July is the peak month for grill fires.
- Roughly half of the injuries involving grills are thermal burns.





NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards



### EAST GRANBY SENIOR CENTER

#### DIAL-A-RIDE ON THE MINI BUS

- Grocery, Pharmacy & Banking every Wednesday
- **2** Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday from 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM. Transportation to the Windsor Caring Connection (Windsor's Adult Day Health Center) will now be provided on Tuesdays and Thursdays. Please call (860) 547-0251 for more information.
- 3 Retail Shopping, Trips & Community Events on Mondays and Fridays.

Check the Senior Moments Newsletter calendars for the bus schedule and call (860)413-3327 at least 24 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of \$20 is greatly appreciated.

### BLOOD PRESSURE & BLOOD SUGAR SCREENING CLINIC - PROVIDED BY THE

FARMINGTON VALLEY VNA

MONDAYS~ SEPTEMBER 9<sup>th</sup>, OCTOBER 7<sup>th</sup>, NOVEMBER 4<sup>th</sup> 11:00AM-12:00PM.

The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings as well as blood sugar screenings. No appointment necessary.

CT INFO LINE—DIAL 211—Vital resource to find available community services.

CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.

### EXERCISE CLASSES, PROGRAMS AND SHOPPING

**PEDI—CARE FOR YOUR FEET**—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month--8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost \$29

**GET FIT EXERCISE CLASSES**—Mondays and Wednesdays 10:00 AM-11:00 AM—Senior Center—\$4.00 walk-in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety.

LINE DANCING CLASS- Tuesdays 10:00 AM-11:30AM at the East Granby Farms Recreation Center - \$5.00 walk-in cost. Come on down and enjoy some great music and learn some fun line dances. It's a great way to exercise while having fun!

#### **SHOPPING TRIPS:**

- AUGUST 19<sup>TH</sup>, SEPTEMBER 23<sup>RD</sup>, OCTOBER 21<sup>ST</sup>, NOVEMBER 18<sup>TH</sup> WALMART
- AUGUST 26<sup>th</sup>, September 30<sup>th</sup>, October 28<sup>th</sup>, November 25<sup>th</sup> Mrs. Murphy's & Ocean State Job Lot
- SEPTEMBER 9<sup>th</sup> –TARGET, PETCO, DOLLAR STORE
- SEPTEMBER 16<sup>th</sup> CANTON/AVON/SIMSBURY SHOPPING
- OCTOBER 7<sup>th</sup> CHRISTMAS TREE SHOP
- NOVEMBER 4<sup>TH</sup> ENFIELD

### \*\*SPECIAL DINNER TO HONOR EAST GRANBY RESIDENTS 90 YEARS OLD OR OLDER \*\*

The Commission on Aging is hosting a special dinner to honor East Granby Residents 90 years old and older. Invitations will be mailed out by mid-September so please let us know if you are 90 or older or if you know of a resident that is 90+. Please contact Senior Services at (860) 413-3334 or <a href="kellyj@egtownhall.com">kellyj@egtownhall.com</a>

### **SENIOR CENTER TRIPS AND PROGRAMS**

### **GREENWAY TRAIL WALK**

### Saturday, September 14th, 10:00AM

Join the Commission on Aging and the East Granby Land Trust for a short walk on the Farmington Valley Greenway from Copper Hill Road into the land trust's Great Marsh property. This will be an easy one-mile walk on pavement and level terrain. Light refreshments will be served and all are welcome! It's a great way to meet new people, get some fresh air and exercise too—it is sure to be fun for all! In the event of inclement weather this event will be cancelled.

### THE BIG E

### Friday, September 20th

West Springfield, MA - Come and enjoy a day at New England's Great State Fair. It's the largest agricultural event on the eastern seaboard and the fifth largest fair in the nation! Take a stroll along the Avenue of the States featuring exhibits and vendors that best exemplify the heritage, food and traditions of each state; Take a look at the livestock and other farm animals and of course enjoy the large variety of delicious foods. It's sure to be a fun-filled day! **Depart the senior center at 9:30am.** We will leave at 2:00pm to return home. Cost for admission is \$8. Reservation and payment due by September 12<sup>th</sup>.

### "JAVA WITH JIM"

### Tuesday, September 24th, 10:00AM

This will be a great opportunity to chat directly with your First Selectman, Jim Hayden, over a cup of hot coffee. Bring your interests, comments, concerns and praises as you relax in this informal setting. What a great opportunity to get involved and find out what's happening in your town! Located at the East Granby Senior Center. Light refreshments will be served. Please call to reserve your spot!

### **FLU CLINIC**

### Monday, October 21st 3:30PM-5:30PM

Located at the East Granby Senior Center. Appointments can be made by calling (860) 651-3539. Provided by the Farmington Valley VNA

### EAST GRANBY WELLNESS FAIR

### Monday, October 21st 3:30-6:00pm

The East Granby Wellness Fair will be held on at the East Granby Community/Senior Center. This event is free and open to all. Vendors will be present to provide information about health care, financial planning, wellness programs, estate planning and more. Get a jump start on learning about the many services available to you and your loved ones whether they are needed now or you are planning for the future.

### EAST GRANBY CARES DAY

### Saturday, October 26th

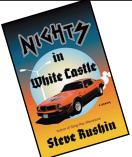
Our Second Annual **East Granby Cares Day** is a collaboration between the Commission on Aging and the East Granby High School students. This is a day where our students will have a chance to give back and get hands on with helping the community. They will work on landscaping, fall clean up, small repair jobs and assisting those in the community who are no longer able to keep up with their daily chores. If you are interested in receiving help on East Granby Cares Day please contact Social Services (860) 413-3328 or Senior Services (860) 413-3334.

Be on the lookout for the Fall edition of the Senior Moments newsletter featuring all our programs and trips for September, October & November!

Join our mailing list to receive the Senior Moments Newsletter. Call (860) 413-3334 or email <a href="mailto:kellyj@egtownhall.com">kellyj@egtownhall.com</a> to sign up.

# August 17th, 2019 Library Newsletter (860)653-3002 www.egpl.org





Join us for an engaging evening with local author Steve Rushin as he treats us to his latest memoir!

# Author Talk with Steve Rushin Nights in White Castle Thursday, September 12th at 7pm

"Nobody does nostalgia like Rushin. He doesn't traffic in rose-tinted memories of golden afternoons but, instead, basks in the harsh lights of the White Castle parking lot and the unusual nighttime clientele those lights reveal...A fun and nuanced coming-of-age story, Nights in White Castle offers a rollicking ride down memory lane."

Sign up is requested! Stop in the library today, call us, or register on line www.egpl.org

# "Choosing to Be A Medium"

Join us for an author talk with Sharon Farber on Tuesday, September 24th at 7pm!

Experience the wonder of spirit communication firsthand—even if you don't think you were born a medium. Sharon Farber shares her amazing story of becoming a medium through study, not birthright, and she reveals how you can become one, too.







# Wednesday, August 21st at 8pm

Family Movie Showing to Celebrate Summer Reading!

# "A Dog's Journey" Rated PG

Beloved dog Bailey finds his new destiny and forms an unbreakable bond that will lead him, and the people he loves, to places they never imagined.



### Looking forward to Storytime in the Fall?

Please let Ms. Paul know what day of the week. and whether morning or afternoon works the best for you! Please fill out a survey on our website, www.egpl.org, or email Ms. Paul today, kathyp@egpl.org

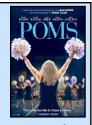
We Can't Wait to See You!

# Afternoon at the Movies ~ Wednesdays at 1:00pm



### August 21st

"Poms" PG-13, 90 min.



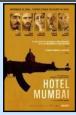
August 28th

"Breakthrough" PG, 116 min.



### September 4th

"Hotel Mumbai" R, 123 min.



An uplifting comedy about a group of When her 14-year-old son drowns in a lake, a faithful mother prays for him to come back from the brink of death and be healed.

The true story of the Taj Hotel terrorist attack in Mumbai.

women who form a cheerleading squad at their retirement community, proving that you're never too old to 'bring it!'

# Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC)	.9/2, 10/14, 11/11
Conservation 7:00 (TH)	.9/4, 10/2, 11/6
Board of Education 7:00 (AS)	.9/9, 9/23, 10/15, 10/28
Economic Development 5:30 (TH)	.9/23, 10/28
Elementary School Committee	.As Needed
Board of Finance 7:30	.9/17, 10/15
Parks & Recreation 7:00 (EGF)	.9/5, 10/3
Planning & Zoning 7:00 (TH)	.9/10, 10/8
Board of Selectmen 6:30 (TH)	.9/11, 9/25, 10/9, 10/23
Zoning Board of Appeals 7:00 (TH)	.9/26, 10/24
Youth Services Bureau 6:30 (EGF)	.9/16, 10/21

### The above meeting dates and times are subject to change.

Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

#### **Guidelines for Submitting Articles**

The following are the deadlines for the upcoming "Let's Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

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