



Let's Talk Turkey

The Official Newsletter of the Town of East Granby

March 2019 • Volume XXIV, Issue II

Bonding Referendum Results, 2019/2020 Town Budget & More

Bonding Referendum Results: A referendum vote was held February 13th on whether to issue a \$9,951,000 bond for a \$12,200,000 project which includes the replacement of the roofs at Allgrove School, the Middle/High School, Town Hall, Public Safety Building, Senior/Community Center, Ambulance Barn, the South End Firehouse, installation of air conditioning/electrical upgrade at Allgrove, and repaving over a five-year period 22 miles of town roads. A total of 514 residents voted for a 15% turnout of voters. The projects were approved with 299 in favor and 215 opposed. More information on the timeline for the projects will be forthcoming in the next edition of "Let's Talk Turkey."

Annual Town Budget: The annual town budget consists of four components: The Board of Selectman (BOS) Operating Budget, the Board of Education (BOE) Operating Budget, the Town Capital Reserve Fund, and Debt Service (i.e., the Allgrove/Seymour Elementary School project). The municipal budget process began this past December and January when the operating boards started to develop their budgets for the fiscal year that runs from July 1, 2019 to June 30, 2020. On February 19th, the BOF gave initial guidance, subject to change, to the operating boards of a +1.0% increase over the current year's budget and asked the boards to bring that budget to the March 14th meeting of the BOF. At that meeting the BOF will evaluate the budgets and see what service levels are provided. At their April 2nd meeting, the BOF will direct the operating boards on what budgets to bring before the Town Hearing on April 16th.

Governor Lamont presented his two-year budget proposal to the State Legislature on February 20th. Preliminary state aid numbers for FY20 total \$2,149,926 or \$87,000 lower than FY19 levels; however, it is early in the process and things probably will change. Due to projected State deficits, we should assume that the Town will receive no more than the present year's state aid and more likely, less state aid than in the current year. The Governor's budget also included a new item—a portion of teachers' pension costs would be shifted to towns and would be phased in over three years. The Governor's proposal, which would have to be approved by the Legislature, calls for towns to pay at least 25% of the "normal" teachers' pension costs.

Newsletter Publication Schedule

Submission Deadline	Delivered to Homes
May 6	May 18
August 5	August 17
September 9	September 21
October 15	October 26
Jan. 6, 2020	Jan. 18, 2020

submit articles via e-mail to
newsletter@egtownhall.com

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Budget Process Calendar: Please attend the following meetings where you will have an opportunity to learn more about the annual budget and proposed expenditures. At these meetings you will also have the ability to provide feedback to the boards.

- **April 2nd** – BOF Meeting, Town Hall at 7:30 PM. The BOF will provide final direction to the boards regarding the budget to be presented to the Town at the April 16th Public Hearing.
- **April 13th** – We anticipate that the Annual Budget Edition of Let's Talk Turkey will be in houses on April 13th so that residents can review detailed presentations of budget components and costs. Budget information will also be available on the town website, www.eastgranbyct.org, at that time.
- **April 16th** – The Annual Town Budget Hearing will be held at 7:30 PM at the East Granby High School Auditorium. All three boards will present the proposed budget and answer any resident questions. After the Hearing, the BOF will consider feedback, deliberate, and vote to send the proposed budget to Town Meeting.
- **April 23rd** – The Annual Town Meeting will be held at 7:30 PM at the Senior/Community Center. After a brief presentation by the boards along with time for resident questions and comments, the BOS anticipates that the Town Meeting will be adjourned without a vote and then subsequently taken to ballot referendum.

Please note: The BOS is expected to call for a machine ballot referendum for early May. Polling hours would then be set at the April 23rd Town Meeting. Our traditional polling place is the Senior/Community Center. Feel free to contact the Selectman's Office at (860) 413-3301 with any questions.

Homeowners Tax Relief

for Elderly & Totally Disabled Residents

The State of Connecticut and the Town of East Granby have programs which provide tax relief for elderly and totally disabled homeowners on their real estate taxes. The requirements are:

- Elderly applicants must be 65 years of age or older as of December 31, 2018.
- Totally disabled applicants do not have an age requirement.
- All applicants must own and be a permanent resident of a dwelling in East Granby.
- All applicants must have a total income from all sources of less than \$42,000 if single or less than \$49,900 if married.

The filing period is February 1st through May 15th. If you have any questions or would like to make a confidential appointment, please call Marry Ellen Brown at the Assessor's Office at (860) 653-2852.

Veterans Tax Exemptions

You may be eligible for a real estate or motor vehicle tax exemption. There is no age restriction or length of residency requirement and there is no need to contact the Veterans Administration. You only need to be a resident who is an honorably discharged veteran, and whose time of service includes a specific period of war or conflict. You only need to file your original discharge papers in the Town Clerk's Office. Have you misplaced your original discharge papers? The Town Clerk's Office can tell you how to replace them. It's very easy.

Have you tried before to get this exemption and were you told that your time of service did not fall within the specific war or conflict dates? Please contact us again as these dates have been expanded in recent years. Please call the Assessor's Office at (860) 653-2852.

Plus, if you have a VA disability rating of 10% or more, you are eligible for a higher exemption. This is also true for those of you who are already receiving this exemption. You only need to bring your VA rating document to the Assessor.

Annual Rummage Sale

East Granby Congregational Church

East Granby Congregational Church will hold its Annual Rummage Sale on Saturday, April 6th from 9:00 AM until 2:00 PM in the CEC (round) Building. Come early for the best items—there should be plenty to choose from! And don't miss the EGCC Nursery School Pancake Breakfast from around 8:30 to 11:00 AM.

If you have some items you would like to drop off for our sale, contact Judy Goff at (860) 653-7747. No clothing, TVs, computers, or large furniture, please.



— Continued from Page 1 —

2018 Grand List: The October 1, 2018 Grand List for the Town of East Granby has been finalized as of February 1st. We saw substantial growth this year. For the upcoming fiscal year (FY20), the value of taxable property in East Granby increased \$32,990,052 or 5.6% with a net total of \$614,953,964. Per State Statute, the net total is calculated as 70% of the gross value of the Grand List. The split of the Grand List is 77.95% real estate, 11.33% personal property, and 10.72% motor vehicles. Overall, real estate values increased by 5.2%, personal property (business equipment) increased by 6%, and motor vehicles increased by 8.8%.

Senior/Disabled Tax Relief Program: Residents aged 65 years or older along with residents who are disabled may be eligible for tax relief. If your income qualifies, the amount of property taxes that you will pay for the upcoming fiscal year may be reduced. If you have any questions or would like to make a confidential appointment, please call Assessor Mary Ellen Brown at (860) 653-2852.

Economic Development: For the past four months we have been conducting an outreach with our businesses in town. Our Community Development Director, our Economic Development specialist (who we share with Suffield), members of the Economic Development Commission, and I have visited 14 businesses so that we can get a better idea of their needs and how we can support their growth. We also have facilitated two seminars for small businesses.

Bradley International Airport Economic Growth: Bradley International marked its sixth year of consecutive passenger growth in 2018. Since 2013, the airport has experienced a continuous upward trend in passenger traffic with an increase in the number of passengers by 1,247,345 or 23%. The airport contributes nearly \$2.6 billion to the regional economy.

Winter Clean-Up: Weather permitting, during March and April, the Department of Public Works crew will be working their way through all neighborhoods picking up broken curbing and raking out lawn areas damaged on the Town right of way.

I hope to see you at the Town Budget Hearing on April 16th at the High School Auditorium.

Jim Hayden, First Selectman

“Unfinished Objects” Meeting

A new group has formed at East Granby Congregational Church which meets twice a month to socialize and to work on unfinished projects. We call ourselves the U.F.O.s. If you have something you would like to bring to work on or would just like to come for company and talk, please join us. We meet on the second and fourth Tuesdays of each month from 9:30 to 11:30 AM on the second floor in the Buttaro Room. Everyone is welcome. Questions, please call Judy Goff at (860) 654-7747.

Flags for East Granby



As you travel down Route 20 or Route 187, you see the civic pride that the town of East Granby has with 135 American flags proudly flying. Current funds are in short supply, and your help is greatly needed. Your contributions will be used to replace old, worn, or damaged flags and poles. Contributions of any amount will be gladly accepted. Checks or money orders should be made out to: "Flags for East Granby" and either hand delivered to First Suffield Bank, Samantha Kimball, Mgr., 3A Turkey Hills Road, East Granby, CT 06026 or mailed to Flags for East Granby, P.O. Box 96, Suffield, CT 06078. Any questions or comments should be directed to John Walker at (860) 658-6181 or the Selectman's Office at (860) 653-2576.



East Granby Veterans

Tuesday, April 9th, is our monthly Veterans Coffee House from 9:00 to 11:00 AM at the Senior/Community Center. We meet the second Tuesday of the month. Join us for some casual conversation and coffee.

Our meetings are the last Tuesday of the month at Gio's Pizzeria from 7:00 to 9:00 PM. The next one will be March 29th. Come out and join us; all are welcome! To participate (and we'd love to have you join us), please e-mail eastgranbyCTveterans@gmail.com and let us know.



Women's Club of East Granby

Donation Requests Now Being Accepted

Each year the members of the Women's Club of East Granby work hard to raise funds to give back to our community. Now is the time for East Granby organizations to apply to receive donations. To apply please visit



www.womensclubeg.org for our application or e-mail us at womensclubeg@gmail.com with the following information: contact name of the organization, mailing address,

home number, e-mail address, amount of donation requested, how many East Granby residents would benefit from the donation, and a detailed description of how the donation would be used. Applications can be mailed to WCEG, PO Box 30, East Granby, CT 06026. Submission deadline is April 25th.

We always welcome new members! If you'd like more information, please send an e-mail to shirleywoods@cox.net.

East Granby Lions Club Coming Events

Turkey Dinner

Our popular Turkey Dinner returns on Saturday, April 27th, at the East Granby Senior/Community Center from 4:30 to 7:00 PM. This is a roasted sliced turkey dinner with stuffing, mashed potatoes, gravy, and cranberry sauce. To start we'll have a full salad bar and to finish off, delicious desserts. Come to enjoy the food and the company of your friends and neighbors! Adults: \$14; Youth (6 to 10): \$3; Children 5 & under are free. Advance tickets: Adults: \$13; Youth: \$2. To purchase advance tickets, see any East Granby Lions Club member or call Myra Doughney at (860) 658-0623.



The Ducks Are Coming September 8th

The East Granby Lions Club Rubber Duck Derby returns on Sunday, September 8th at Granbrook Park. Ticket sales will start at our April Turkey Dinner and continue through the summer. All proceeds go towards East Granby community groups and high school scholarships, so save that date in your calendars. It's exciting and fun for the whole family. It's even more fun if you adopt a duck for the race and root it on to victory. Ducks will also be available at Town Hall and the Library as well as from Lions Club members. A \$5 donation adopts a duck for the race. If you don't adopt a duck, you're out of luck!



East Granby Historical Society News

"Buried Treasure" Program

No, it's not gold in our hills, but copper ore and other minerals. East Granby lies astride a major geologic feature that has been subjected to mining from early days. Old New-Gate Prison and Copper Mine was



chartered in 1705 as the first copper mine in the North American colonies and operated for 70 years (before becoming a prison). On Monday, March 25th, Tom Benedict, a lifelong rockhound, founding member of the Geological Society of Connecticut, and member of the Bristol Gem & Mineral Club will show and tell about the copper and minerals mined and quarried from East Granby's "mountain" ridge. This free program is open to all at the East Granby Senior/Community Center and begins following a 7:00 PM business meeting. Refreshments will be served.

Society Tag Sale Fundraiser

The Historical Society will hold a tag sale on Saturday, May 18th from 9:00 AM to 2:00 PM, (rain date: Saturday, June 1st). Donations needed—please drop off your donations at the Historical Society Barn at East Granby Farms from 10:00 AM to 12:00 PM on the following days: Saturday, May 4th; Saturday, May 11th; or Wednesday, May 15th (no clothing or very large items).

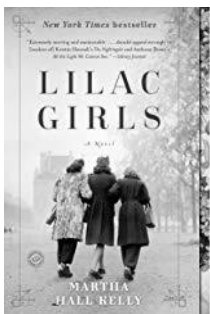
"First Ladies: Glamour, Guts & Gumption" Program

On Monday, May 20th, at 7:30 PM at the East Granby Senior/Community Center, Mariann Millard will present a lively, humorous, and engaging presentation about our country's first ladies, starting with Martha Washington.

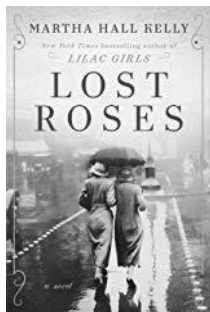
Author Talk and Book Signing

East Granby Public Library

The East Granby Public Library is excited to welcome Martha Hall Kelly for an author talk and book signing on Thursday, May 23rd at 6:00 PM. Martha Hall Kelly is a native New Englander, and author of *Lilac Girls*, which was an instant *New York Times* bestseller the week it was published in April 2016. This beautiful debut novel is based on the true story of 72 Polish women who were imprisoned and experimented on at Ravensbruck Concentration Camp; and how Caroline Ferriday, and American philanthropist and former actress, brought them to the U.S. for rehabilitation and the trip of a lifetime. *Publishers Weekly* lauded it as a "page-turner, demonstrating the tests and triumphs faced during the war, complemented by Kelly's vivid description of history and excellent characters."



Martha is hard at work on two prequels to *Lilac Girls*. The first, *The Lost Roses*, will be published on April 9th. This sweeping new novel is set a generation earlier and is also inspired by true events. It features Caroline's mother, Eliza, and follows three equally indomitable women from St. Petersburg to Paris under the shadow of World War I. From the Tsar's palaces of St. Petersburg to the long-lost Russian neighborhoods of Paris to the glorious estates of Southampton, New York, the lives of Eliza, Sofya, and Varinka intersect in profound ways, taking readers on a breathtaking ride through a fascinating time in history.



On Thursday, May 23rd, the Library will welcome Martha to the Senior/Community Center at 6:00 PM for an Author Talk on *Lost Roses*. River Bend Bookshop from Glastonbury will join us and offer books for purchase. Martha will also offer a book signing after the author talk.

Please join us for an exciting evening with Martha Hall Kelly! Tickets for this event are available at the Library for \$10. Patrons may call the Library at (860) 653-3002 or register online to hold a spot, but payment must be mailed or hand-delivered to the Library within a week of registering. We look forward to seeing you at this wonderful event!

News from the East Granby Land Trust

Winter Hike

Saturday, March 30th, 10:00 AM to noon. Meet at the Newgate Wildlife Management Area entrance next to the Greenway on Route 20 in East Granby for a hike into the Land Trust's newest property, the Donald and Barbara Algren Preserve. Wear water-resistant/waterproof boots, dress in layers, and bring water to drink. We will be bushwhacking, as there are no trails through the property, yet. If we still have snow we may be on snowshoes.



Note Card Fundraiser at the East Granby Public Library

EGLT is selling flower and scenery note cards from the many beautiful photos we have received from former calendar contest entries. A set of ten cards is \$7.00. Proceeds from the sale go to EGLT educational programs.

Spring/Summer Events

We have a lot of exciting nature programs, hikes, walks and events that are weather-dependent, so we can't give you the dates just yet! Please check our website, www.eglt.org, or East Granby Land Trust on Facebook for details and updates. Some of the events include:

- **Vernal Pool Walk**

When: Early April (TBD; a wet evening walk)

Where: Bike Path parking lot on Copperhill Road

What: Board Member Brian Kleinman will be leading us on a vernal pool walk. Wear your rain gear and bring a good flashlight for a good showing of frogs, newts, and salamanders making their way back to the vernal pools along the Greenway.

- **Warbler/Bird Walk**

When: Mid-April (TBD), 7:00 AM

Where: East Granby Farms or Hartford Audubon Property on Ridge Boulevard (TBD)

What: Bring your binoculars and join Land Trust Board Member and Hartford Audubon Society Member Brian Kleinman and learn how to identify warblers by song and sight. This easy walk on flat terrain will be two to three hours in duration.

- **Wildflower Walk**

When: Mid to Late April (TBD), 9:00 AM

Where: Meet at East Granby Senior/Community Center

What: Led by EGLT board members, this will be a slow-paced walk on well-established trails looking at spring ephemerals and other early-blossoming plants. Bring your wildflower identification book if you have one.

- **EGLT Nature Camp**

When: June 24-28, 9:00 AM to noon

Where: Various drop-off points in East Granby

What: The EGLT Nature Camp is for kids grades 1-5 who want to be outside, rain or shine, learning about nature. The camp will be run by Amanda Thompson, EGLT Programs Director, and EGLT student interns. Campers will spend hands-on time with live reptiles and amphibians, learning about each species and their special features, and go on



outdoor adventures to learn to identify trees, flowers, birds, and aquatic insects in Salmon Brook. Campers will also learn outdoors skills like how to use a compass, knot tying, and how and what to pack for a hike. Drop off will be at different location within East Granby every day. Look for details in the East Granby Parks and Rec summer program flyer or on the East Granby Parks and Rec website.

- **Thomas F. Howard Scholarship Fundraising Dinner at Gio's** (TBD)

Please e-mail programs@eglt.org or president@eglt.org with any questions you may have.

The East Granby Land Trust (EGLT) is a private, non-governmental, non-profit organization incorporated in 1974 for the purpose of conserving the natural resources and unique features of East Granby. EGLT currently owns land parcels comprising over 280 acres that are open to the public for passive recreational activity including hiking, photography, geocaching, and nature study.

East Granby Cemetery Association

The word "epitaph" is derived from the Greek term "epitaphios" and means "a funeral oration." They are written statements or phrases appearing on the grave marker commemorating the deceased in an individual way. Some are chosen by the person before their death and some are chosen by those responsible for the burial. In a way, the epitaph on a gravestone is a person's last words to the world, and they're literally written in stone. Some people want to be remembered in a humorous, unusual, or touching way. Below are some humorous epitaphs from real tombstones:



In Key West, Florida there is a cemetery known for its epitaphs such as: "I TOLD

YOU I WAS SICK" and "If You're Reading This, You Desperately Need a Hobby." Guided tours are available twice a week!

"AND THE BEAT GOES ON"

Sonny Bono (Desert Memorial Park, Cathedral City, CA)

"THAT'S ALL FOLKS!"

Man of 1000 Voices, Beloved Husband and Father
Mel Blanc (Hollywood Forever Cemetery, Hollywood, CA)

"I WILL NOT BE RIGHT BACK AFTER THIS MESSAGE"

Merv Griffin (Westwood Village Memorial Park, Los Angeles, CA)

"THE BEST IS YET TO COME"

Francis Albert Sinatra (Desert Memorial Park, Cathedral City, CA)
A bottle of Jack Daniels and a pack of Camel cigarettes—two regular companions—were tucked into his suit!

"Looked up the elevator shaft to see if the car was on the way down. It was."

Harry Edsel Smith of Albany New York (1903-1942)

On a grave from the 1880s in Nantucket, MA:

"Under the sod and under the trees
Lies the body of Jonathan Pease
He is not here, there's only the pod:
Pease shelled out and went to God."

Epitaph of Sir John Strange (1696-1754), British politician and judge:

Sir John Strange
"Here lies an honest lawyer
And that is Strange"

Jonathan Blake (birth date and death date unknown)

Headstone in a Uniontown, PA cemetery reads:

"Here lies the body
Of Jonathan Blake
Stepped on the gas
Instead of the brake"

John Yeast (birth date and death date unknown)

Headstone in Ruidoso-Hondo Valley Memorial Park,
Ruidoso Downs, NM reads:

"Here lies
Johnny Yeast
Pardon me
For not rising"

I am not aware that there are any unusual or humorous headstones in the Center Cemetery, but I will definitely keep an eye out! The East Granby Cemetery Association is a small group of volunteers who oversee the care and maintenance of the Center Cemetery. The group meets only a few times a year and welcomes new members. If you have any questions, please call John Rusnock (President) at (860) 653-2194. If you would like to make a donation toward upkeep of the cemetery, please make the check payable to "The East Granby Cemetery Association" and send to Carol Mathis (Secretary), 61 Cider Mill Heights, North Granby, CT 06060. We greatly appreciate your support.

EGMS YAC March Update

On February 10th, the East Granby Middle School Youth Action Council hosted a fun afternoon of Valentine crafts for K-5 students. The Youth Action members helped students to make lovebugs, key chains, Valentine cards and/or dream catchers while they enjoyed a small snack.

On March 2nd, the EGMS YAC hosted the Third Annual Great Skate. The event was another wonderful success. We had a fantastic turn out of East Granby residents of all ages and from all schools. Participants enjoyed free skating, refreshments, and a friendly East Granby community atmosphere. Thank you to our generous sponsors, including East Granby Motors, Checkered Flag Auto Center, Gio's, J&G, Dunkin Donuts, and East Granby Youth Services for making the event possible.

From The Ground UP

On January 19th, members of From The Ground UP, Nourish My Soul's high school leadership program, traveled to New Orleans to present their work with food rescue. These students have studied food systems, analyzed their own communities, and developed projects that improve the deficits they identify through this process.

From The Ground UP leaders learned that Americans throw away 40% of their food supply, while one in five children go hungry. Food in landfills is a large contributor of greenhouse gas emissions while our soil is being depleted and not properly regenerated. In January 2018, these students launched a New Year, No Waste campaign aimed at rescuing food from the waste stream and transforming it into delicious, free meals for the community to help raise awareness of how much food we are wasting. They also rehabbed a compost located at Granby's South Congregational Church Garden of Gratitude to create a community compost for those that are intimidated by composting or afraid of attracting wildlife.

Since the launch of their campaign, these leaders have created over 1000 meals to serve our community with the help of several partner organizations. They also wrote, and were awarded, a grant from Foodshare to expand their work in 2019. One World Everybody Eats, a James Beard Humanitarian award winning organization that assists with developing Community Cafes (pay what you can model), heard of From The Ground UP's work and asked the student leaders to present at their upcoming conference so others can learn how to utilize food rescue from our young leaders.

Nourish My Soul is a nonprofit that builds communities around food and is dedicated to improving the food system through community-based agriculture, nutrition education, and youth empowerment while advocating for food sovereignty. Food is the catalyst used to connect communities, encourage stewardship, and inspire new leaders in the food movement. From The Ground UP is a year-round high school leadership intensive where students become agents of change within their communities through agriculture education and their work towards food justice. If you would like to get involved in their work, please contact Alicia Newton at alicia@nourishmysoul.org. You can follow their work on both Facebook and Instagram and sign up for newsletters at www.nourishmysoul.org.



Leaders shown in the group above are Kenya Mouning, Jaira Paine, and Isabella Vargas Blanchard.

Other From The Ground UP leaders not pictured are Amber Bourgault, Cristina Brose, Emma Fetridge, Lindsay Gilton, Chloe Gosselin, Evan Holm, Spencer Kimball, Claire Madsen, Georgia Mcdougall, and Caitlin Strzegowski,

East Granby Teachers Start Inclusive Sports Program

Recently, Nicole Jones, PE/Health Teacher at East Granby High School, received a startup grant from Unified Sports to help initiate a Unified Sports Program at East Granby High School.



Unified Sports events bring special education and regular education students together on the same playing field, using the athletic arena as a forum to help break barriers on a grassroots level and to mainstream students with mental disabilities. This innovative approach has had, and will continue to have, a dramatic impact on the number of school-aged children who will now have the opportunity to participate in organized team sports through their school. The CIAC/Special Olympic Connecticut Unified Sports program currently hosts a participation of more than 1,400 athletes and partners with 95% of Connecticut's public high schools offering a Special Olympics Unified Sports program. This inclusive program gives all school-aged children opportunities to participate in organized team sports and build friendships with their peers while helping to inspire a school environment where inclusion, acceptance, and respect are cornerstones.

Special Education Teacher, Katherine Spencer-Malloy, and Nicole Jones intend on creating a basketball program in which all East Granby students have the opportunity to play on an organized team through school. This will provide students of all abilities to come together as a team. It will allow for positive social interaction between students with intellectual disabilities and those without. Through this program, students will develop friendships on and off the playing field as well as improve self-esteem and positive changes in attitudes, behavior, and performance. Additionally, this makes the school a community in which the values of tolerance, patience, and sensitivity are the cornerstones. The teachers intend to hold practices with students and compete in games and tournaments. In each tournament in which they play, students will be recognized and honored with a medal for their achievement. Unified Sports is considered a varsity sport; therefore, our student athletes will be able to earn a varsity letter at the end of the season!

KEY FINDINGS:
SPECIAL OLYMPICS UNIFIED SPORTS RESEARCH

700,000 In 2014, over 850,000 people with and without ID participated in Unified Sports.³¹

82% of family members in the United States reported that athletes improved their self-esteem/self-confidence after participating in Unified Sports.³²

48% of partners reported that their closest friend on the team had ID.³³

79% reported that their understanding of people with ID improved.³⁴

85% of athletes reported exercising more every week as a result of participating in Unified Sports.³⁷

31 2014 Reach Report (2014). Washington, DC: Special Olympics, Inc.
32 Norins, J., Haraden, C., Parker, R. (2006). Evaluation of the Special Olympics Europe/Eurasia Unified Football Pilot Project: Findings from Austria, Poland, Romania, Serbia, and Slovakia. Washington, DC: Special Olympics, Inc. & University of Massachusetts Boston.
33 Siperstein, C., Hardman, M., Wauppert, M., & Clary, L. (2001). National evaluation of the Special Olympics Unified Sports program. A special report. Washington, DC: University of Massachusetts Boston, University of Utah, & Special Olympics, Inc.
34 Norins, J., Haraden, C., Parker, R. (2006). Evaluation of the Special Olympics Europe/Eurasia Unified Football Pilot Project: Findings from Austria, Poland, Romania, Serbia, and Slovakia. Washington, DC: Special Olympics, Inc. & University of Massachusetts Boston.
35 Nawaesi, J. & Haas, K. (2015). Unified Sports Evaluation. Washington, DC: Special Olympics International.
36 Dowling, S., McConkey, R., Hassan, D., & Menke, S. (2010). Unified gives us a chance: An evaluation of Special Olympics youth unified sports programme in Europe/Eurasia. Washington, DC: Special Olympics, Inc.
37 Nawaesi, J. & Haas, K. (2015). Unified Sports Evaluation. Washington, DC: Special Olympics International.

East Granby Social Services

Office hours for East Granby Social Services are Monday from 9:00 AM to 3:00 PM, Tuesday from 9:00 AM to 12:00 PM and Thursday from 9:00 AM to 3:00 PM. Times outside these hours are available by appointment. For more information please contact Elise Cosker, Director of Social Services, at (860) 413-3328 or elisec@egtownhall.com.

Emergency Assistance Fund

The East Granby Emergency Assistance Fund is available to those income eligible residents who are in need of emergency financial assistance with fuel, housing, medical, electric, and other critical needs. The fund is supported solely through donations and gifts from the community and 100% of the funds raised are given back to qualifying residents who are facing financial hardship. Donations can be made to the "East Granby Emergency Assistance Fund" and mailed to East Granby Social Services, P.O. Box 1858, East Granby, CT 06026.

Energy Assistance

Applications are being accepted at Social Services for the Connecticut Energy Assistance Program until March 15th for deliverable fuel, and May 1st for gas or electric. Please remember that proof of income from the previous four weeks is required for the application. The income guidelines for the program are \$35,116 for a household of one, \$45,920 for a household of two, \$56,725 for a household of three, \$67,530 for a household of four, \$78,335 for a household of five and \$89,140 for a household of six.

Food Pantry

The Friend to Friend Food Pantry was established to supplement the weekly grocery needs of residents who have been identified by East Granby Social Services as needing assistance. Weekly rides to the Food Pantry are provided by the East Granby Mini Bus for residents in need of transportation and deliveries can be scheduled for those participants who are homebound. To apply for the Food Pantry please call Social Services (860) 413-3328 or e-mail elisec@egtownhall.com.

To volunteer or donate please call (860) 651-1659 or e-mail friendtofriendeg@gmail.com. Food donations may be dropped off at the East Granby Senior/Community Center, East Granby Public Library, and East Granby Congregational Church. Monetary donations can be mailed to Friend to Friend Food Pantry, P.O. Box 631, East Granby, CT 06026.

Good Sam

The Good Samaritan Program is looking for volunteers who are interested in lending a hand to assist seniors with various tasks such as handyman jobs, yard maintenance, grocery shopping, and friendly visits. Please call Social Services if you have a need and would like to be matched with one of our Good Sam volunteers or if you would like to become a volunteer yourself. This is a flexible program that can work with your schedule. The time commitment is as big or small as you are interested in giving.



Renters Rebate

The Elderly/Totally Disabled Renters Rebate Program will be reopening in April 2019. State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, living in cooperative housing or a mobile home may be eligible for this program. Application may be made at Social Services between April 1st and October 1st. Please call Social Services in April for income and eligibility requirements and to schedule an appointment.

Bradley Regional Chamber of Commerce

The Bradley Regional Chamber of Commerce promotes the economic, industrial, and professional needs of the East Granby and Windsor Locks business community. Please check



our website for our calendar of events, including the Annual Joseph B. Nilsen Memorial Golf Outing on June 10th. Sponsorship opportunities are available until

March 25th. We are also planning a Business Symposium to be held May 15th. Connect with us by phone at (860) 653-3833, by e-mail admin@bradleyregionalchamber.org, visit our website www.bradleyregionalchamber.org, or follow us on Facebook.

Sharing a Wealth of Knowledge

Town to Host Free Small Business Seminar Nights

On February 19th the Economic Development Commission of East Granby kicked off its Small Business Series with "Financing the Small Business," co-hosted with Suffield, at the East Granby Senior/Community Center. This free morning event featured a powerhouse panel with a wealth of knowledge to share.



Presenters from the February 19th Small Business Series event.

Michael Grandfield, Vice President, Commercial Lending at Windsor Federal had many positive things to say about Connecticut, having worked predominantly in Massachusetts. Christine Koster, Vice President, Community Investment Corporation, explained ways that banks, the SBA, and CIC all work

together to get deals down for their clients. Mike McDonald, Advisor, Connecticut Small Business Development Center, described how they help businesses at various stages of growth, including developing business plans. He also started and ran his own business for ten years. Jeff Wasilewski, Small Business Owner, JSW Media, provided some current real-world perspective, as he just opened his own brick and mortar location. "I wish I knew about all of these resources when I was starting out over ten years ago," he said. "I would have made fewer mistakes."

The event was sponsored by Windsor Federal Savings and Loan. It was videotaped and may be viewed on YouTube at: https://www.youtube.com/channel/UCIdcgH0_jxiwZ0Ucluy6ilQ.

March & April Events

The Economic Development Commissions of East Granby and Suffield continue their small business series with "Marketing for Small Business" on March 19th from 5:30 to 7:00 PM at Sunset Tavern, Suffield Country Club, 341 North Main Street, Suffield. Panelists include: Annisa Teich, The Small Business Collective; Rebecca Mead, Rebecca Mead Communications; Tony Vengrove, Miles Finch Innovation; and Leslie Marques, My Advertising Works.

Then, "Hiring and Technology for Small Business" will be held on April 16th from 5:30 to 7:00 PM at Copper Hill Golf Club, 20 Copper Hill Road, East Granby. Panelists include: Richard Portelance, Co-founder/CEO, CareerPath Mobile and Chris Doering, Owner, CSR, LLC.

Each event is free, with RSVP; food and beverages provided and a cash bar available. Sponsored by Windsor Federal Savings and Loan. Please RSVP to: KBielmeier@cerc.com.

Business Spotlight

Coherent | Nufem – Local Laser Technology Leader

Coherent | Nufem graciously opened their doors at 7 Airport Park Road in East Granby to the Economic Development Commission and Town officials for a manufacturing site visit and tour, led by General Manager, Kanishka Tankala, Ph.D.

The parent company, Coherent, Inc., was founded in 1966 and is one of the world's leading providers of lasers and laser-based technology for scientific, commercial, and industrial customers. It is headquartered in Santa Clara, California.

The East Granby facility in recent years has doubled in size to a spacious 85,000 square feet. It is focused on the design and manufacture of specialty optical fibers. The applications for these specialty fibers are diverse, and provide solutions for a range of industries, from telecommunications, defense, and medical technology, to industrial and scientific instrumentation.

With 160 employees, Nufem is one of East Granby's largest employers. Their workforce is highly trained and skilled, and operates in two shifts using cutting-edge equipment worth millions. Like many of Connecticut's advanced manufacturers today, they

increasingly face the challenge of recruitment, training and maintaining their highly skilled workforce. Over the next few years they project to need lathe operators, fiber optic test technicians, chemical, mechanical, and optical engineers and scientists.

The choice by Coherent | Nufem to locate and then expand in East Granby reflects the draw the town offers its many advanced manufacturing companies. It provides a business-friendly environment, scenic landscape, quality schools, talented workforce, with sensible taxes.

For more information about Coherent, visit the company's website at <http://www.coherent.com/> for product and financial updates.



Left to Right: Gary Haynes, Director of Community Development; Paul Oliva, Chairman, EDC; Jim Hayden, First Selectman, Town of East Granby; Kanishka Tankala, Ph.D., General Manager, Fiber and Fiber Components

Capitol Update

Rep. Tami Zawistowski, 61st District

On February 20th the state budget process kicked off with Governor Lamont's address to the General Assembly. His plan called "A Path Forward" is largely a repeat of policies that have led to our current fiscal crisis. While there are portions of the proposed budget I support, such as significantly reducing our borrowing below the bonding caps, the plan is primarily revenue focused and has little in the way of cost savings, cutbacks, or positive structural changes.

The proposal contains a remarkable number of tax increases and expansions. Most notably, the plan eliminates many sales tax exemptions, expands to include non-prescription medications, and adds new taxes on such items as sugary drinks and plastic bags. Professional services including legal, accounting, veterinary, architecture, interior design, dry cleaning, and barber shops would also be taxed. As a whole it would raise taxes by nearly \$800 million over the next two-year budget cycle.

The budget also includes a shift of a portion state teacher pension costs to municipalities. It requires towns to fund a program they didn't negotiate, have no control over, and which will result in higher property taxes. Phased in over a three-year period, it would cost East Granby more than \$158,000 in the third year and at least that amount each year thereafter.

As a member of the Appropriations Committee, I will be working with my colleagues to craft a budget that stays within our means and doesn't increase the cost of living. Affordability is one of the main reasons Connecticut residents move to other states. We should not be making it worse.

Another component of the Governor's plan is installation of tolls. After initially proposing tolls only on trucks, the Governor now supports tolling all vehicles. Last November, DOT unveiled its plan for 82 tolling locations covering all limited access highways. The Governor's updated proposal calls for 53 tolls to raise \$800 million (including three on I-91 between Enfield and Hartford) with sixty percent of revenue coming from Connecticut drivers. Under federal rules, in-state discounts are limited, and since tolls will be installed on existing highways, they will require variable congestion pricing. Our neighboring states—which have only one or two tolled highways—had tolls grandfathered in when the federal interstate highway system was established. It is unprecedented to add tolls to existing interstate highways, a scheme that was called “new territory” by the tolling program manager at the Federal Highway Administration.

Education has also been a major concern this legislative session. Senate Democrat leaders and the Governor have put forward plans for forced regionalization and district consolidation. I believe decisions involving regionalization of education and school services should be made locally on a voluntary basis where taxpayers, parents, teachers, and school administrators can make the best decision for local students.

With the Legislature's committee process in full swing, I have had the privilege of joining constituents to testify on legislative proposals. This past week First Selectman Jim Hayden and Volunteer Fire Department Chief Kerry Flaherty came before the Planning and Development Committee to testify on one of my proposed bills, HB 5125: An Act Increasing the Property Tax Abatement for Certain First Responders. The proposal would allow towns to increase the property tax abatement available to volunteer firefighters and other first responders at a level higher than the current \$1,000. This will be optional for towns and would enable them to both attract and do a little more for our dedicated volunteers.

Many of the bills I proposed this year have been in direct response to requests by concerned citizens or town government. I have had constituents from across the district come to the Capitol to testify on a wide variety of measures including a “Green Alert” system for veterans, a proposal to increase training for first responders in dealing with juveniles with autism, and increasing penalties for the growing problem of used commercial cooking oil theft. I invite you to contact me if you would like to participate in public testimony on legislation.

I also encourage you to visit my website, RepZawistowski.com, for the latest news from the Capitol and to sign up for e-mail updates. On social media you can find me on Facebook (@repzawistowski), Twitter (@tamizawistowski) and Instagram (@repzawistowski). And as always, please contact me if you have questions or comments about state issues by phone at (860) 240-8700 or by e-mail at Tami.Zawistowski@housegov.ct.gov.

East Granby Republicans

Since the start of this school year in September 2018, our East Granby school system has operated with a part-time Superintendent. Dr. Patricia Charles has worked seamlessly with our teachers and administrators, and with an openness that our district has not seen in more than ten years. This is evidence that our district can operate with a part-time or shared Superintendent. This would free up funds for two additional entry level teachers; or one teacher and a full-time social worker, or tens of thousands of dollars in additional supplies.

A look at neighboring towns shows that Suffield is working with an interim Superintendent, and Granby has the 2019 Superintendent of the Year and past chairman of the Connecticut Association of Public School Superintendents (CAPPS). Furthermore, the State of Connecticut is considering legislation mandating the sharing of Superintendents for those districts with fewer than 2000 students. (East Granby has approximately 900 students.) Several Board of Education members do not want to consider sharing one. Now is the time to consider this issue seriously, lest the State of Connecticut to force us to do so.

Additionally, recent proposed legislation in the State legislature would require school districts with fewer than 2000 students to regionalize. One current proposal would combine districts in alignment with probate court districts. This would force an alliance between East Granby, Bloomfield, Windsor Locks, and Suffield. In the recent past, Granby has approached East Granby with the proposal to partner with our school district. Both towns have faced declining school populations, and this trend continues. Granby has already closed their Kearns Primary School due to reduced student population. A recent architectural study done by Granby shows that their high school can accept all of our high school students. The same is likely for Suffield High School. Now is the time to choose our school partners. Otherwise the State of Connecticut will force us to do so, perhaps with an unsuitable partner.

We are always looking for new members to join the East Granby Republican Town Committee. Through our basic principles, we pledge to: manage your tax dollars responsibly; promote the highest educational standards for our children; reduce taxes through sensible business growth; ensure total transparency of town government. If you share these views, come join us. We can be reached by contacting Lee Sandora at (860) 798-4916 or via e-mail at lsandoraeg@gmail.com. Our meetings are held at 7:00 PM on the third Wednesday of the month at the East Granby Senior/Community center.

Concerned Taxpayers of East Granby

Concerned Taxpayers of East Granby is a non-partisan organization for East Granby taxpayers to promote a balance of town spending versus quality of services and affordability of living in town. CTEG promotes involvement of taxpayers in town government decision-making in order to ensure the economic viability of our community.

At the state level, economic policy has led to population and major corporate exits from Connecticut, resulting in erosion of income tax receipts despite massive, historic state tax increases in 2011 and 2015. Connecticut's new Governor and legislature are poised to levy even more new taxes and fees, including installing tolls on all major Connecticut roadways. And the last agreement with the state employee unions guaranteed layoff protection for state employees until 2022, so the Governor won't be able to reduce the size of the state's workforce.

The coming biennium will be struck with a massive \$3.7 billion deficit. And the state's unfunded pension liabilities continue to grow, with Connecticut's total unfunded liabilities and debt amounting to \$87 billion (four times the size of the entire state budget). Connecticut doesn't need to be more expensive, it needs to get its spending under control.

The same is true at the town level. Spending by town government in East Granby has risen by 27% over the last ten years. East Granby Boards increase spending every year often at a rate one to two times (100% - 200%) more than some neighboring towns in the state (e.g., Granby's 3-year average increase was 1.03% versus East Granby's 3-year average of 1.97%). And the town recently passed a \$10 million bond referendum to fund roads and schools, projects which could be funded out of capital reserve fund in the annual town budget. The details can be found on the town website here: <https://eastgranbyct.org/bonding-committee-report-and-powerpoint-december-13-2018/>. That bond issue could translate into a 5-10% property tax hike for most households, the amount of which will continue every year, in perpetuity.

Other issues currently in the works in East Granby town government are changes to the town ordinances. Updates are available from the office of the First Selectman in Town Hall (<http://eastgranbyct.org>, (860) 653-2576, info@egtownhall.com).

If you want your voice to be heard on matters of the town budget, municipal governance, conservation and development, or other issues, go to Board meetings and public hearings and show Board and Commission members that you're watching and will hold them accountable. Do whatever you can to help keep our town government oriented responsibly and encourage them to put together a good strong economic development profile for the community. Come to a CTEG meeting to talk with likeminded neighbors and discuss your ideas.

CTEG meetings are usually on the third Monday of the month at 7:00 PM at the East Granby Public Library, with some exceptions in holiday months. The next CTEG meeting will be on Monday, March 18th, at 7:00 PM in the Library, with focus on the current budget season. All CTEG meetings are open to the public. Come and find out what's going on in the community. Share your thoughts and concerns with people who are interested in keeping East Granby a great place to live, work, and retire. If you can't come to meetings, we're still interested in your ideas. For more information, call (860) 658-0268, e-mail info.CTEG@cox.net, or visit the CTEG website at www.egtaxpayers.org.

Probate Court Briefs

Judge David Baram

Judge David Baram attended a session on Child Trafficking in Connecticut presented by the Connecticut Department of Children & Families and sponsored by the Bloomfield Youth Adult Council and the Bloomfield Social & Youth Services. The forum addressed topics of what is domestic minor sex trafficking, identifying victims, pathways to victimization, warning signs, impact to victims, profiles of buyers and exploiters, and how to support victims.

In describing the presentation, Judge Baram called it "sobering, heart-wrenching, and distressing," stating that "all parents, age appropriate children, and community leaders need to understand the urgency of this crisis and how to respond. We must pay attention to our children when using social media, and most importantly, create a loving relationship and open dialogue so that our children feel comfortable discussing problems, anxieties, and relationships with their parents."

One of the facts that everybody needs to appreciate according to Judge Baram, is that "sex trafficking of children affects every geographic area of our state, every economic strata, all races, both genders, family units of every kind, and people of different educational levels. It is clear that nobody is immune from exploitation and that we must all remain vigilant and watchful to identify vulnerable children who need help, and to report predators when discovered."

Judge Baram noted that Connecticut Probate Courts have protocols and statutory requirements to help protect minors who are being placed with guardians and custodians, by obtaining DCF Investigative Reports, obtaining input from Family Specialists at the Regional Children's Probate Court, and holding hearings to obtain testimony and assess facts.

The presenters indicated that parents who think their child might be a victim of human trafficking or who need help can contact their local police, call CT DCF Careline at 1-800-842-2288, contact the National Center for Missing & Exploited Children at 1-800-843-5678 or visit www.cybertipline.com, National Human Trafficking Resource Center at 1-888-373-7888, and the Innocence Lost National Initiative at <http://www.fbi.gov/innolost/innolost.htm>. Valuable information can be obtained at www.love146.org/curriculum-preview.

#EG CommunityWorks Calendar

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24	25	26	27	28	29	30
31						

March

20th, Wednesday: **Movie: *Instant Family***, 1:00 pm, EG Public Library

21st, Thursday: **Community Cuisine Dinner**, 5:00 pm–7:00 pm, EG Senior/Community Center, *Nourish My Soul*, EG Lions Club, EG Veterans, EGMS YAC, *Friend to Friend*, Oxen Hill Farm, *Resilience Grows Here*, *Women's Club of EG*

23rd, Saturday: **Friend to Friend Thrift Shop Donation Drop-Off**, 10:00 am–2:00 pm, EG Community/Senior Center. *The Thrift Shop is collecting gently-used spring/summer clothing, jewelry, small housewares and artwork to sell at the shop when they reopen on Tuesday, April 2, 2019.*

25th, Monday: **Buried Treasure**, 7:30 pm, EG Community/Senior Center, Tom Benedict from the Geological Society of CT, will show and tell about Old New-Gate's copper and other minerals. *EG Historical Society*

26th, Tuesday: **Veteran's Meeting**, 7:00–9:00 pm, Gio's Restaurant, EG Veterans

27th, Wednesday: **Movie: *A Private War***, 1:00 pm, EG Public Library

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April

2nd, Tuesday: **Friend to Friend Thrift Shop Reopens for the Season!** 10:00 am–2:00 pm, Thursday 2:00–6:00 pm and Saturday 10:00 am–2:00 pm, 32 Spoonville Road

3rd, Wednesday: **Movie: *Can You Ever Forgive Me?***, 1:00 pm, EG Public Library

4th, Thursday: **Life on Parole Film Screening**, 6:00–8:00 pm, EG Community/Senior Center. This documentary builds broader awareness and understanding around issues of prisoner re-entry. *Old New-Gate Prison & Copper Mine*

4th, Thursday: **EG Land Trust Stewardship Meeting**, 7:00 pm, EG Public Library

8th, Monday: **Book Club: *The Broken Girls*** by Amor Towles, 10:00 am, EG Public Library

9th, Tuesday: **Veterans Coffee House**, 9:00–11:00 am, EG Community/Senior Center, EG Veterans

10th, Wednesday: **Movie: *The Hate You Give***, 1:00 pm, EG Public Library

10th, Wednesday: **Women's Club of EG Meeting**, 7:00 pm, email shirleywoods@cox.net for location

11th, Thursday: **Food Explorers for Grades 2-5**, 11:00 am, EG Public Library

13th, Saturday: **Women's Club of EG Carwash**, 9:00 am–2:00 pm, EG Fire Station

17th, Wednesday: **Movie: *Bohemian Rhapsody***, 1:00 pm, EG Public Library

24th, Wednesday: **Movie: *Green Book***, 1:00 pm, EG Public Library

25th, Thursday: **Old New-Gate Prison Presentation**, 7:00 pm, EG Public Library

27th, Saturday: **EG Lion's Club Turkey Dinner with All the Fixins', Salad Bar & Dessert!**, 4:30–7:00 pm, EG Community/Senior Center, Tix are \$14/Adult & \$13/Youth(6–10 yrs.), 5 and under eat free. Call Myra Doughney at 860.658.0623 or see Lion's Club member for advance tix and save \$1/ticket

30th, Tuesday: **Veteran's Meeting**, 7:00–9:00 pm, Gio's Restaurant, EG Veterans

Upcoming, dates TBD ...

Salamander/Vernal Pool Walk, check the *EG Land Trust* Facebook page

Continued

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Contact List

Community Cuisine

<https://nourishmysoul.org>

EG Congregational Church

www.egchurch.org

EG Fire Department

www.eastgranbyfire.com

EG Historical Society

www.eastgranby.com/historicalsociety/

EG Land Trust

president@eglt.org

EG Lions Club

mark.keough@cox.net

EG Parks & Rec

aliciav@egtownhall.com

EG Public Library

www.egpl.org

EG Senior Center

kellyj@egtownhall.com

EG Social Services

elisee@egtownhall.com

EG Veterans

eastgranbyctveterans@gmail.com

Friend to Friend

www.friendtofriendedg.com

Granby Ambulance Association

www.granby-ambulance.org

Nourish My Soul

<https://nourishmysoul.org>

Old New-Gate Prison & Copper Mine

morgan.bengel@ct.gov

Resilience Grows Here

www.resiliencegrowshere.org

Women's Club of EG

www.womensclubeg.org

Youth Action Council (EG High School)

mason.williams.yac@gmail.com

Youth Action Council (EG Middle School)

Sashepherd77@gmail.com

May

3rd, Friday: Old New-Gate Prison & Copper Mine Opening, Old New-Gate is excited to offer a full season (May–October) this year. Stay tuned for details on hours and special events and follow us on Facebook or www.cultureandtourism.org.

8th, Wednesday: Women's Club of EG Meeting, 7:00 pm,

email shirleywoods@cox.net for location

11th, Saturday: Women's Club of EG 4th Annual Golf Tournament,

3:00 pm registration, 3:30 start, 6:30 buffet. Suffield Country Club, \$75/person, includes cart, \$30/person for buffet only. Email womensclubeg@gmail.com

14th, Tuesday: Veterans Coffee House, 9:00–11:00 am,

EG Community/Senior Center, EG Veterans

18th, Saturday: Women's Club of EG 5K Ridge Run, 10:00 am, East Granby Farms,

Pre-registration @ eastgranbyridgerun.com \$30/person, \$25 for additional family/team members & ages 5-17. Children under 4 free. (Race day registration 8:30-9:30, \$35/person, \$25 for additional fam/team members & ages 5-17, under 4, free.)

23rd, Thursday: NY Times Best Selling Author Martha Hall Kelly Talk and Book Signing, 6:30 pm, EG Community/Senior Center, Call the EG Library at

860.653.3002 to reserve your seat.

27th, Monday: East Granby Memorial Day Parade, 10:00 am, (In the event

the parade is rained out, the Veterans ceremony will be held at the EG Community/Senior Center)

28th, Tuesday: Veteran's Meeting, 7:00–9:00 pm, Gio's Restaurant, EG Veterans

Monthly Happenings ...

At EG Congregational Church:

Tuesdays: **Book Study**, 1:00 pm, Buttaro Rm

Wednesdays: **Morning Prayer/Meditation**, 6:30 am, Buttaro Rm

Thursdays: **Morning Bible Study**, 10:45 am, Buttaro Rm and **Yoga**, 7:00 pm, CEC First Wednesday (2:00 pm) and Thursday (7:00 pm), each month:

Free Genealogy Group Meeting, Fellowship Hall

At EG Public Library:

Second Monday each month: **Book Club**, 10:00 am, books available at library.

At Resilience Grows Here:

First and Third Thursday each month: **Military Family Connect Group**, 10:00–11:00 am, EG Farms Recreation Building. Email Kim at kls7389@gmail.com if you'll be attending and check the RGH Facebook page for cancellations.

Veteran, Active Duty and Reserve families from all towns are welcome.

If we missed you or you'd like to participate, please email us at

eg.communityworks@gmail.com. The calendar appears in *Talk Turkey* and is posted on the *East Granby Community* Facebook page every month.

Thank you!



Photography by Janine Baryza-Ly

Dinner is better when we eat together!

Please join us for a

Community Cuisine Dinner

Thursday, March 21st, 5:00-7:00 p.m.

(Snow date: Friday, March 22nd)

East Granby Community/Senior Center

Bring your family, a friend, a neighbor or yourself and indulge in the support and comfort of small-town living.

FREQUENTLY ASKED QUESTIONS ABOUT COMMUNITY CUISINE

HOW DID IT START? Volunteers from *Friend to Friend* and *Nourish My Soul* wanted to create an opportunity for our community to come together and share a meal. They contacted other local non-profit organizations to participate and served the first dinner this past July.

WHAT IS THE PURPOSE AND WHO CAN ATTEND?

Community Cuisine provides a gathering space for all in the community to meet and enjoy a meal together. Neighbors in East Granby and surrounding communities are welcome.

HOW MUCH DOES THE MEAL COST AND WHO PAYS FOR IT?

The meal is **FREE** — *no town funds are used!* **From the Ground Up** student volunteers solicit overstocked and imperfect foods from generous grocery stores and local farms, like *Oxen Hill*. A menu is created and we start cooking! (We also graciously accept cash donations.)

WHO COOKS THE MEAL? *Nourish My Soul*, *From the Ground Up*, and *Jr. Chef* members along with others in the community.

DO I HAVE TO RSVP, ARRIVE AT 5:00 AND STAY THE ENTIRE TIME?

No, we serve for two hours. People arrive and eat in 'waves'. Stay as long as you'd like and please bring a take-home container for leftovers! Once you're finished, volunteers will ready the space for the next diners.

WHAT TYPE OF FOOD DO YOU SERVE? All kinds, including vegetarian dishes. Our menu is a reflection of the food we've "rescued" and varies for each dinner.

DO YOU NEED VOLUNTEERS? Volunteers are welcome — contact Alicia Van Neil at 860-653-7660 or aliciav@egtownhall.com.

WHEN IS THE NEXT COMMUNITY CUISINE DINNER?

Thursday, July 18, 2019, 5:00–7:00 pm at the East Granby Community/Senior Center.

Community Cuisine Dinners are thoughtfully and enthusiastically prepared for you by committee members, hard working volunteers and organizations including *Nourish My Soul*, *Resilience Grows Here*, *EG Lions Club*, *EG Veterans*, *EGMS Youth Action Council*, *Friend to Friend*, *Oxen Hill Farm*, and the *Women's Club of EG*.



friend to friend

Friend to Friend Thrift Shop

DONATION DROP-OFF EVENT

**Saturday, March 23rd,
10:00 a.m. – 2:00 p.m.**

EG Community/Senior Center

Getting ready for Spring? Please kindly donate your gently used spring/summer clothing and accessories to the **Donation Drop-Off Event** for the **Friend to Friend Thrift Shop**. We need items to restock the shop which will open for the season on Tuesday, April 2nd. Follow us on Facebook or www.friendtofriendeg.com.

In addition to *gently used*, seasonal clothing, we also accept jewelry, pocketbooks, shoes, small housewares, dish and glassware sets, working children's toys and artwork. Because we are located in a small space, we **cannot accept the following: books, bedding or large furniture**. Thank you!

*Please don't forget on April 2 to visit the **Friend to Friend Thrift Shop** at 32 Spoonville Road, you never know what treasures you'll find! (Items shown are from last season.)*

THRIFT SHOP HOURS:

Tues. 10:00 a.m. – 2:00 p.m.
Thurs. 2:00 p.m. – 6:00 p.m.
Sat. 10:00 a.m. – 2:00 p.m.





Celebrating our 50th year!



East Granby Congregational Church Nursery School A licensed PRESCHOOL

Registering now
for the Sept 2019 – May 2020 school year

Offering classes for 3 and 4 year olds

3's: Tues & Thurs 9-11:30 4's: M/W/Fr 9 -11:30 or 8:15-11:30

5 day enrichment for 4's only: 8:15-11:30

Welcoming children from East Granby & neighboring towns

Located at the intersection of Route 20 and Route 187



Info: egccns9@gmail.com (860) 653-3913



*...a fun place to
play and learn!*

"Where Learning and Nurturing go Hand in Hand"

SPRING OPEN HOUSE and REGISTRATION

Saturday, March 23, 2019 from 10 am -12 pm

for the 2019 – 2020 school year

3 & 4 year old classes

- * Come and see our bright, engaging, creative classroom
- * Meet and visit with our warm friendly staff
- * Learn about our unique program & curriculum
- * Learn about our 3 and 4 Year Old Class Schedule options

Inquiries: (860) 653-3913 www.egccns9@gmail.com

We look forward to seeing you!

**East Granby High School
Project Graduation Presents**



Friday, March 29, 2019

6:00 PM Preview of Designer Bags

7:00 PM Bingo Begins!

LOCATION:

Mt. Carmel Society Hall – 93 Park Avenue – Enfield, CT

Tickets \$35*

Includes 10 games of Bingo and dauber

Each game wins a corresponding designer purse prize!

**Space is limited – Purchase tickets BY MARCH 15th!*

- **Make it a PARTY!** RESERVE a table with 8 FRIENDS and get 8 extra bingo cards!
Bring your own snacks, appetizers and drinks for the table! (\$280 in advance, to reserve table)
- Snacks, soda and water will be available for purchase!
- Additional bingo cards will be available for \$2.00 per game!
- Raffle for many great PRIZE BASKETS, too!

**For more information and to purchase tickets, contact
Mattia Brose at 860.416.4763.**

Proceeds from this event support

East Granby High School Project Graduation – Safe Grad Party 2019

6th Annual Pancake Breakfast

Get a great start to your morning & join us!

When: Saturday April 6, 2019

Where: East Granby Congregational Church
Fellowship Hall

Time: 8:30AM – 11:00AM

Proceeds to benefit

EGCC Nursery School



Adults: \$8.00 Children under 10: \$5.00 2 & under FREE

Pancakes (plain or blueberry)- gluten free by request, 100% maple syrup, sausage, oj, coffee & tea to be served
To go orders available!



Visit the church Rummage Sale before or after breakfast!

Women's Club of East Granby

CAR WASH



Saturday, April 13

From 9 am to 2 pm

East Granby Fire Station

Memorial Drive, East Granby

All donations fund our annual community giving, benefitting East Granby students, schools and community organizations.



4th Annual Golf Tournament

Sponsored by the Women's Club of East Granby



Suffield Country Club, Suffield, CT
Saturday, May 11th

Registration: **3pm**

9 Hole Scramble/Shotgun Start: **3:30pm**

Buffet: **6:30pm**

\$75 per person, includes golf, cart, prizes and buffet

\$30 per person for buffet only

WCEG has been giving back to the East Granby community for almost 50 years!

*Proceeds from this event help fund
East Granby community organizations and scholarships!*

Join your friends and neighbors for this fun evening!

THANK YOU FOR YOUR SUPPORT!

For any questions, please email womensclubeg@gmail.com.

Please detach and mail check payable to WCEG by April 20th to:
WCEG, PO Box 30, East Granby, CT 06026

Player 1: _____ Email: _____

Player 2: _____ Email: _____

Player 3: _____ Email: _____

Player 4: _____ Email: _____

*No foursome, no problem! We will pair you if needed.

**Proper golf attire required

Dinner Only:

Name: _____ Email: _____

Name: _____ Email: _____



11th Annual East Granby Ridge Run/Walk 5K

Saturday May 18, 2019 10:00 AM

East Granby Farms 79 North Main St. (Rte 187N)

Online Pre-Registration: eastgranbyridgerun.com

\$30 pp; \$25 for additional family/team members

Ages 5-17 \$25, four and under FREE

FREE T-Shirt w/ADULT registration

(Children may register as adults to receive T-Shirt)

Runner bibs and T-Shirts to be picked up at registration booth on race day 8:30 AM - 9:30 AM.

Race Day Registration 8:30 AM -9:30 AM

\$35 pp; Ages 5-17 \$25, four and under FREE

Cash and Checks only. Payable to WCEG.

Enjoy a morning in the park...Walk or run, come just for fun!

**Support the Community!! Cheer on your neighbors!!
Prizes, Music, Children's Activities and Refreshments!
Best Costume Contest!**

Sponsored by: [Women's Club of East Granby](#)

Proceeds to benefit:

East Granby Schools and Community

Register online at eastgranbyridgerun.com.

Go online to become a sponsor. Any level appreciated.



womensclubeg.com

eastgranbyridgerun.com

eastgranbyridgerun@live.com



friend to friend

Food Pantry & Thrift Shop

A Spring in Our Step

The extra sunlight added to our day fuels our anticipation of Spring and inspires us to make a fresh start. We hope that during your spring cleaning you will save items you no longer use and bring them to the **Donation Drop-Off Event** for our Thrift Shop. Details follow below.

Our **Thrift Shop** volunteers are eagerly preparing our shop to **reopen on Tuesday, April 2** and we hope to see you there! We also hope to see you at the **Community Cuisine Dinner** on Thursday, March 21st. As always, thank you for being our friend and keep up with us on Facebook and www.friendtofriendeg.com!

Food Pantry

To register with the Food Pantry call **Social Services at 860.413.3328** or email elisec@egtownhall.com.

To volunteer or donate to the Food Pantry or Thrift Shop please call **860.651.1659** or email friendtofriendeg@gmail.com.

- In need of the following items: baked beans, canned fruit, cereal, coffee, deodorant, jelly, hearty soups, hot cereal, laundry detergent, pasta sauce, peanut butter, shampoo & conditioner, toothbrushes, toothpaste and tuna.
- Food donations may be dropped off at the East Granby Community/Senior Center, East Granby Public Library and the East Granby Congregational Church.
- Monetary donations can be mailed to
Friend to Friend
Food Pantry, P.O. Box 631,
East Granby, CT 06026

Thrift Shop

32 Spoonville Road

860.651.1659

860.392.8362 (after hours)

**Friend to Friend Thrift Shop Donation Drop-Off
Saturday, March 23rd, 10:00 am –2:00 pm
East Granby Community/Senior Center**

We will be collecting **gently used** spring and summer clothes, housewares and artwork for our thrift shop. Questions? Please call **860.651.1659** or email friendtofriendthriftshop@gmail.com. Thank you.

**Join us at the Thrift Shop, we reopen on
Tuesday, April 2nd for our 2019 Season!**

Hours:

Tuesday 10-2 p.m., Thursday 2-6 p.m. & Saturday 10-2 p.m.

The Economic Development Commissions of East Granby & Suffield *present:*



Small Business Series

Three Topics in Three Months Best Practice Talks For the Small Business Owner

FEB 19TH 7:30 - 9:00 AM

Financing the Small Business

East Granby Community Center
7 Memorial Dr., East Granby

Panel:

Michael Grandfield, Vice President, Commercial Lending, Windsor Federal Savings
Christine Koster, Vice President, Community Investment Corporation
Mike McDonald, Advisor, CT Small Business Development Center
Jeff Wasilewski, Small Business Owner, JSW Media

Food & Beverages
Will be served
(& Cash Bar)

MARCH 19TH 5:30 - 7:00 PM

Marketing for the Small Business

Sunset Tavern, Suffield Country Club
341 N Main St., Suffield

Panel:

Annisia Teich, Founder, The Small Business Collective
Rebecca Mead, Rebecca Mead Communications
Tony Vengrove, Miles Finch Innovation
Leslie Marques, My Advertising Works

RSVP
Kevin Bielmeier
kbielmeier@cerc.com
Call or Text:
860.806.9555

APRIL 17TH 5:30 - 7:00 PM

Hiring & Technology for the Small Business

Copper Hill Golf Club
20 Copper Hill Rd., East Granby

Panel:

Richard Portelance, Founder/CEO, CareerPath Mobile
Chris Doering, Owner, CSR, LLC
Nancy Scirocco Nesbitt, VP, Development (CT), United Personnel

Series Sponsor

Windsor Federal

SAVINGS



Connecticut
Economic
Resource Center

Collaboration at Work



79 North Main Street
PO Box 1858
East Granby, CT 06026

Email: aliciav@egtownhall.com
Phone: 860-653-7660
Fax: 860-413-3702

www.eastgranbyct.myrec.com

Adult Activities

Men's Adult Drop-in Recreational Basketball

Adults playing basketball in a gym. Come and play a drop-in game of basketball. This program is for men over the age of 18. The cost is \$3, and the fee is collected at the door. An East Granby Parks and Recreation Waiver is required in order to play.



Participants must wear white-soled gym shoes
No basketball during school vacation or non-school days.

Dates: 10/10/2018 – 5/29/2019

Time: 7:00 PM – 9:00 PM

Where: East Granby High School Gym

Cost: \$3 **Ages:** 19 – 99

Yoga - Slow Flow Vinyasa

While connecting breath to movement, we will start with a warm-up then flow through a series of yoga poses (asanas) building heat slowly and gently and ending in a relaxing Savasana. Modifications will be given for all levels. Blocks, straps and knee pads will be available to assist your practice. Bring your own yoga mat.

This class is great for those newer to yoga or those wanting to slow it down in a basic flow class. Questions can be emailed to the instructor at MrsSuziQ@cox.net. \$8 drop in fee. \$60 Punch card for all 8 weeks

Dates: 03/11/2019 - 04/29/2019

Time: 6:30 PM - 7:30 PM

Where: East Granby Farms - Recreation Area

Cost: \$60 **Ages:** 18-99



Zumba is a fun dance exercise program that burns tons of calories and works your legs, arms, glutes and abs.

Instructor: Renee Klucznik

DO NOT need:

Prior dance experience - Perfect coordination - Worry that anyone is watching you (they are thinking hard and following the moves/)

DO need:

Water bottle – Sneakers - Towel, if desired - Desire to have fun and get fit!

Stats from my Fit Bit for class: Steps: 6500, Miles: 3, Calories burned: 750. Come join in the fun!

It's a great way to spend an hour of your Tuesdays!

Dates: 04/16/2019 - 06/11/2019

Time: 6:30 PM - 7:30 PM **Ages:** 13-99

Where: East Granby Farms - Recreation Area

Cost: \$60 - 8 weeks - \$48 - 6 weeks

Drop-In Fee \$10 for adults.



Adult Golf - Operation Par -

You can shoot even PAR!

If you are a new golfer and want to learn the game, skip the intimidation and start enjoying the social aspects of golf QUICKLY, try OPERATION PAR. You will learn the game from the hole back - starting with manageable short shots and graduating to longer shots. You'll get the chance to try out your new skills with golfers with similar experience early and often, with a purposeful goal. Get onto the course this year, see how much fun it is and challenge yourself to improve!

This is a 5-week program with multiple golf course experiences. (Please contact the Parks and Recreation Office to confirm space availability aliciav@egtownhall.com or 860/653-7660)

Adult Golf Lessons

Ages: 16 - 90 **When:** Mondays, 05/13/2019 - 06/17/2019 (no class 5/27)

Time: 6:00 PM - 7:00 PM

Where: Copper Hill Golf Academy **Cost:** \$65.00

Men's Adult Softball



Drop-in recreational games Wednesdays from 6-9pm at the High School Lower Softball Field.

A \$3 fee collected at the start of the game/waiver form provided and required. Or you can purchase a season pass for all games for \$25 online.

Bring your own equipment and get ready to have some fun.

When: Wednesdays 06/26/2019 –08/28/2019

Time: 6:00 PM - 9:00 PM

Where: East Granby High School - Ball Fields

Cost: \$25.00 **Ages:** 18 - 99

Running Programs

“Because it’s all about that Base, ‘bout that Base...”

Winter running can be difficult during the cold months. Many runners find their weekly mileage drops off significantly during this time of year. Well, Spring is right around the corner and it’s time to start thinking about the months ahead and your running goals. This six-week base building program offered by theTotalRunner will help you gradually build your base mileage back up and lay a solid foundation for your Spring running plans. Weekly customized running plans will be provided through TrainingPeaks and we will have two weekly group runs. Weekly newsletter, coaching instructions, and customized Tech Shirt area included as well. Group runs will be Wednesday evening and Saturday morning. The first session will begin the week of March 18th. Questions or concerns? Please email Jennifer at jmderleth@thetotalrunner.com.

When: The week of March 18th – the week of April 22nd

Time: Wednesdays: 6-7pm and Saturday morning 7-830 am

Cost: \$90

Rise and Run!

Running early morning can be hard to stick to without accountability and a little extra motivation. Let’s be real, if you are going to leave your warm bed to get out for your morning run, you may as well do so with a group of like-minded runners to make the early roll call more bearable! This six-week free-style program

will meet from 5:00 to 6:00am on Tuesday and Thursday mornings so you can be home in time to start the day and know you have gotten your run DONE. Both trail running and road running will be offered. Coaching support, weekly newsletter, access to *TrainingPeaks* and a customized Tech Shirt are also included. Questions or concerns please email Jennifer at jmderleth@thetotalrunner.com.

All Runners and abilities welcome.

When: Begins the week of March 18th

Cost: \$50.00 *without weekly customized training plan*

Cost: \$70.00 for customized weekly training plan

Mom’s Gotta Run!

Let’s be real, having children puts everything in perspective. Our lives revolve around our families and our children’s schedule. Feeling like you never have time for yourself? Feel like it has been forever since you have been able to go out for a run? Wishing you could start running? This program may be just what you need to start running or get back into making time for yourself and being healthy! This six-week program will allow you to schedule time for yourself with like-minded mommas in an environment that is supportive and fun. Beginner runners welcome and don’t forget to bring along your little one in your stroller! **TheTotalRunner** will provide you with a custom running program over the next six weeks to best suit your needs- whether a first-time runner or returning from a long break! Coaching support, weekly newsletter, access to *TrainingPeaks* and a customized Tech Shirt are also included. All mommas and abilities welcome. 2 options available.

Session 1: Monday & Wednesday morning, 5-6am.

When: First session April 1st- May 6th

Session 2: Tuesday and Thursday morning, 5-6am.

When: First session April 23rd -May 28th

Cost: \$50.00 *without weekly customized training plan*

Cost: \$70.00 for customized weekly training plan

Questions or concerns? Please email Jennifer at jmderleth@thetotalrunner.com.

Train your way to your first 5K!

No couch here... as we all know we don’t spend much time sitting on one! Life is crazy—work, kids, life in general, all keep us from making time to reach our goals! Have you always wanted to feel like you don’t have the time, commitment level or motivation to actually get it together to get to the starting line? This is the perfect program for you! Upon completion of this ten-week program you will find yourself at the

starting line of the Ironhorse 5K fully prepared to take on your first 5k! There will be two fun group runs each week, weekly coaching support and a custom schedule tailored to your training needs provided by *theTotalRunner* and *TrainingPeaks*. Three options are available to get you to the starting line healthy and ready to go- Run/Walk, Run or Walk only. Why not take the next step and join a group of like-minded runners in a way that is fun and supportive? We will all run the race together and there will be plenty of support along your journey. Weekly newsletter with tips on training, nutrition, cross-training and motivation, Access to *TrainingPeaks* and customized technical t-shirt included.

Cost: \$90.00, Ironhorse 5k registration not included.

When: Tuesday nights, **Time:** 6-7pm

AND Saturday mornings Time: 9-10am.

Training begins: March 25th **Race Day:** June 2nd.

Race to the Ridge 5K Training Program

The 11th Annual East Granby Ridge 5K Run/Walk sponsored by the East Granby Women's Club is on May 18, 2019 - A local favorite and a great way to show community support. The course is a great course for both experienced runners and first timers alike. Let *theTotalRunner* create a training program for six weeks to get you to that starting line ready to go! Whether you are looking to set a new PR, or run your first 5K, this program will provide you with the structure and motivation you need to reach your running goals.

There will be two fun group runs each week, weekly coaching support and a custom schedule tailored to your training needs provided by *theTotalRunner* and *TrainingPeaks*. We will all run the race together and there will be plenty of support along your journey. Weekly newsletter with tips on training, nutrition, cross-training and motivation, Access to *TrainingPeaks* and customized technical t-shirt included. (Race registration is not included in the registration fee).

Cost: \$65.00, **When:** Thursday nights, **Time:** 6-7pm

When: Sunday mornings **Time:** 9-10am.

Training begins: April 11th **Race Day:** May 18th!

Let's Hit the Trails!

Do you love to run? Feel like taking your running shoes off-road? Back by popular demand, this eight-week program will have you hooked on all the trails our community has to offer! Whether you are new to trails, or seasoned veteran- you will love this group! Each week we will meet at local trails to explore all that nature has to offer. You will receive guided support and explore at a pace that is comfortable for

you. Let *theTotalRunner* create a training program for the next eight weeks to get you out of your comfort zone and comfortable on the trails. This is a fun and supportive group and no runner is left behind.

Yes, you will get dirty, yes, you will see things you have never seen before and yes, you will have more fun than you have ever had running! I promise you this will be an experience you will never forget with a group of crazy runners (both new and experienced alike) who will make you laugh and challenge you out of your comfort zone!

Put your furry pet on a leash and bring them along as well! Group will meet Sunday mornings from 7-9am, weekly coaching support and a custom schedule tailored to your training needs provided by *theTotalRunner* and *TrainingPeaks*. Weekly newsletter with tips on training, nutrition, cross-training and motivation, Access to *TrainingPeaks* and customized technical t-shirt included. Registration

Costs: \$65.00.

When: Sunday mornings starting April 7th

Time: 7-9am.

Any Questions or concerns regarding any of the above running programs? Please email Jennifer at jmderleth@thetotalrunner.com.

UPCOMING TRIPS

Because we are sharing the trips with Granby and Suffield for the trips, seats are limited. Register early and don't be disappointed!

Please remember: Your reservation is not confirmed until payment has been received.



BRONX ZOO

Join us on Monday, August 19, 2019, you and your family can join us on an

exciting trip to the world- famous Bronx Zoo. Whether you're nose-to-nose with Western Lowland Gorillas in their famous Congo Gorilla Forest, spotting Snow Leopards in their naturalistic Himalayan Highlands Habitat, or experiencing almost an acre of an indoor Asian rain forest, you're always within roaring distance of the world's most amazing wildlife.

In the end, you'll know that your admission fees went to a conservation organization that has more expert researchers in the field than any other.

Our deluxe motor coach will leave East Granby Community Center Parking Lot (20 Center Street) at 7:00am and leave the Bronx Zoo at 4:30pm. The Total Experience Deluxe package includes zoo shuttles, Wild Asia Monorail, Bug Carousel, Children's Zoo, the New 4-D Theater, and the Congo Gorilla Forest. Everyone should visit this zoo at least once!

Dates: 08/19/2019

Time: 7:00 AM - 8:00 PM

Where: Bronx Zoo - New York City

Cost: \$69.00 **Ages:** 1-99



New York City on Your Own Trips

Enjoy a day in the city on your own to enjoy the Big Apple. See Chinatown, Little Italy, Central Park, and your imagination. The usual drop off points in the City are: The Metropolitan Museum of Art, The Plaza Hotel, and Rockefeller Center.

Our pickup time is 6:00pm in front of the Stage Coach Tavern, the Ed Sullivan Theatre is close by. The location of the tavern is on 7th Avenue between 53rd and 54th Street. Buses depart from East Granby Farms (79 North Main Street) at 7:15am. Please arrive by 7:00 am. **Buses depart** from The Stage Coach Tavern (between 53rd/54th Streets, along 7th Avenue) at 6:00 pm. All trips need advance reservations.

Dates: Saturday, 05/18/2019

Time: 7:15 AM - 6:00 PM

Where: NYC in Springtime

Cost: \$46.00 **Ages:** 18-99

East Granby Parks and Recreation Half Day & Vacation Programs

Art-ventures for Kids - Early Release Day –



Wednesday, March 27, 2019

Fun Time with Famous Artists

Get ready to play and learn with some of history's greatest artists! Create wacky Cubist costumes inspired by Picasso's portraits, draw colorful cats in the style of Laura Burch, and design Kandinsky circle collages. Plus, create fun and fabulous fabric wall hangings!

Date: Wednesday, 03/27/2019

Time: 1:45 PM - 4:45 PM

Grades: K- 5 **Cost:** \$30

Where: East Granby Farms - Recreation Area

Art Ventures for Kids - April Vacation Art Fun

Tuesday, April 9, 2019



Cupcakes and Pizza Party - Art-Ventures

Get ready to whip up some artsy treats that look almost yummy enough to eat!

Paint colorful ceramic cupcake banks and sculpt clay pizzas with all your favorite toppings!

Plus, design and decorate chef hats to wear in your own crafty kitchen!

Bring an over-sized old t-shirt to use as a smock, and a nut free snack and a drink.

Date: Tuesday, 04/09/2019

Time: 9:00 AM - 12:00 PM

Ages: 5 - 12 **Cost:** \$30

Where: East Granby Farms - Recreation Area

Player Level Golf Camp at Copperhill Golf Course (April break)

Start the season out right with this 4-day camp focusing on content, practice and assessment. Sportsmanship etiquette and rules of play will be stressed as well as nutrition, fitness and skill development, "near golf course experience" and assessments of each level.

Lunch and all fees are included. Please contact the Parks and Recreation Office at 860/653-7660 or via email aliciav@egtownhall.com

When: April 8 – 11, 2019

Time: 9:00am – 3:30pm

Cost: \$265

Youth Programming

Growing Healthy Kids

Gather once a month to learn all about healthy foods - where it comes from, how to prepare it, and of course tasting it! This class is active and hands on, where learning happens through movement, games, and preparing foods. Kids will become excited about healthier food options, understand the importance, and learn how to make it taste delicious!



The series is taught by Nutritionist, Alicia Newton from Nourish My Soul. Occasionally we will have guests from our Jr Chef program to mentor this younger group and model a positive relationship with healthy food. Sign up for them all for \$110 or drop in for \$20 per class. Please note: if you plan to drop-in you must sign-up for the class and not just show up.

Class is held the last Monday of each month (with the exception of October, December and May -

When: 3/25, 4/29 & 5/20. **Cost:** \$20 per session

Time: 4:00-5:30pm

Where: East Granby Farms Recreational Area

Cost: \$20 per class. **Ages:** 6-9



Introduction to Horseback Riding

Looking for an opportunity for your child to learn to ride? Improve their current riding skills? Join our

advanced riding instructors in this introductory set of lessons. Held off site in the indoor barn at End of Hunt Equestrian Center.

Instructor: End of Hunt Farms, Suffield CT.

Location: 1360 Hill Street, Suffield Ct.

An approved safety riding helmet will be provided. Riders must wear jeans or riding pants, shoes with low heels

When: Tuesdays, 5/7/2019 – 5/21/2019.

Time: 4:30 PM - 5:30 PM

Where: End of Hunt Farms - Training Center
(955 Russell Avenue, Suffield CT)

Cost: \$100.00. **Ages** 3 - 17



Preschool Play Time

Need some time out with your little ones? Tired of being cooped up inside? Come join other mom's and dad's for a fun filled morning of play, crafts and socializing. Give yourself a change to start the week off right. This is a parent-child class. Please bring a nut-free snack and drink for circle time.

Mondays from 9:30am - 10:30am. Come for 1 session or all 6 (\$10 for one session)

Themes:

March 4 - Bears

March 11 - St. Patrick's Day

March 18 - Baby Birds

This program is geared toward those children not yet enrolled in kindergarten.

When: Drop-In Monday, 03/04/2019, 03/11/2019
03/18/2019 \$10 per class

Spring Session: May 6 – June 3, 2019 \$30

Ages: 0 - 5

Time: 9:30 AM - 10:30 AM

Where: East Granby Recreation Center



Scales & Tales: Riverside Reptiles Jr. Adventurers

Come together monthly for some Riverside Reptile Jr. fun!

Children will have the opportunity to meet a live animal, create a craft, listen to some exciting stories, and engage in music and movement and play games.

This class will provide the opportunity to learn more about some of our reptile and amphibian friends, while sharing Mrs. Kleinman's love of literacy, music, and finger play.

This is a parent/child class open to preschool aged children.

Join us on the 1st Wednesday of the month through June 2019 (4/3, 5/1 & 6/5)

When: 4/3, 5/1 & 6/5

Time: 1:00pm – 2:30pm

Where: East Granby Farms - Recreation

Cost: \$15.00. **Ages** 3 - 5



Come join us in our **Tiny Tumblers class!** A fun filled hour of stretches, somersaults, cartwheels, and other fun tricks. It's a great way for your child to release some extra energy as well as a fun way for them to exercise!

Ages 2-5 are welcome! Leggings or sweatpants with at shirt work best for the class, barefoot or socks for their feet.

When: 03/25/2019 - 04/29/2019

Time: 9:30 AM – 10:30 AM **Cost:** \$55.00 **Ages** 2-5

Where: Suffield Performing Arts Center
3 Turkey Hills Rd. East Granby

Flippin Fridays



Ever wondered what it would be like to flip on a trampoline?

Looking to try something new this winter? Come and check out the Flippin'

Friday program....

Join us for music, fun, flipping and fitness!

All sessions take place at World Cup Cheer and Tumble (10 Hazelwood Road, East Granby). Open to all youth ages 7 and up.

Sign up for a drop-in class and check it out!

When: now - 3/29/2019

Time: 5:45 PM - 6:45 PM

Where: World Cup Cheer and Tumble
(10 Hazelwood Road, East Granby)

Cost: \$15.00 per week **Ages** 5-14

When: now – 3/29/2019

Time: 6:30 PM - 7:30 PM

Where: World Cup Cheer and Tumble
(10 Hazelwood Road, East Granby)

Cost: \$15.00 per session **Ages** 11-18



American Red Cross Babysitting Course

East Granby Youth Services Bureau and Parks and Recreation presents the American Red Cross Babysitting Course. This course is an interactive course to teach young adults the basics of babysitting and how to manage the responsibilities of being a care-giver.

This is a one-day class and participation for the entire day is required to get certification.

All participants should wear comfortable clothes and bring a water bottle and lunch. Snacks will be provided.

When: 03/16/2019

Time: 9:00 AM - 4:30 PM

Cost: \$25.00 **Grades:** 6 - 8

Where: East Granby Sears House

After School Programs

Art-ventures around the world for grades K-2



Art travelers go on a whirlwind tour of the world, traveling among different countries and cultures. Create hot air balloon lanterns to take you up and away! Each week we land somewhere in the world and create wicked cool cultural art using unique materials and artisan's techniques.

Design Mosaic Picture Frames in Greece and sculpt miniature clay masks in Puerto Rico. Build Tribal Rain Sticks in Australia, and paint Maracas in Brazil.

Plus, design Japanese Windsocks, Mexican Yarn Paintings,

Spanish Paper Fans, Native American Story Necklaces, and more!

Fun facts about each country and culture, geography and art history are included. The only thing kids need to pack is their imagination!

When: Wednesdays, 04/03/2019 - 05/15/2019

Time: 3:05 PM - 4:30 PM **Cost:** \$86

Ages: K - 2

Where: East Granby Farms - Recreation Area

ART-ventures for Kids after School Seymour Programs

Monsters & Mermaids Fantasy ART-ventures



Pay no attention to that fire-breathing dragon! Wielding paintbrushes, brave young art explorers' journey into a fairytale kingdom, where fairies flit

through rainbow skies and zany zombies roam the streets.

Meet fantastical creatures, both spooky and sweet, while conjuring bedazzling art: Decorate wicked cool witch or wizard hats and sculpt clay witches on broomsticks! Design colorful ceramic skulls inspired by Dia De Los Muertos and paint unicorn or dragon banks. Craft monster t-shirts and create sparkling castles on canvases. Make hand puppet mermaids, vampires, fairies, werewolves, or any creature you can imagine.

Build UFOs and sculpt clay aliens to fly them, construct haunted house boxes, and make metal robot art. Using some very magical potions and spells (i.e. materials and techniques), ART-ventures experience painting, drawing, sculpting, stained glass, ceramics, fabric art, and more. Fun, fantasy-filled ART-ventures!

****All students participating in the program must have a signed permission slip in order to attend. The permission slip is listed under the forms section of this program****

When: Thursdays, 03/21/2019 - 05/09/2019

Time: 2:55 PM - 4:30 PM

Cost: \$86.00 **Grades:** 3 - 5

Where: R.D. Seymour School

Mad Science: Space & Beyond!

This is a hands-on program that sends children on a quest for exploration! Comets, planets, stars and more are all waiting to be discovered. Explore the farthest reaches of our solar system and create a lunar eclipse in this "mad" planetary tour! Learn about the four forces of flight and the challenges of space travel, build your very own rocket to take home and participate in an awesome rocket launch!

When: Mondays: April 22 – May 13, 2019

Time: 3:00 – 4:00pm

Cost: \$65 (This program is located at R.D. Seymour School and is only open to Seymour School students)





Flute Choir

In this 8-week class, you will learn flute techniques for breathing, tone, vibrato, articulation, technique, and play duets, trios, and quartets with other flute players. Games with music theory, history of the flute and exploration of unique sounds the flute can make will also be explored.

This class is open to all flute players who have played for one year. Please bring to the first class a piece you are currently working on to access level of playing. A performance at a location to be determined, will be at the end of the session.

The instructor for this class is Beth Galloway. Beth has been playing the flute since fifth grade. She has a BS in Music Education from UCONN and has taught privately for many years. This class will take place at the East Granby Middle School Room on Mondays immediately following the end of school. There is no late bus transportation available for this program.

When: Mondays, 03/18/2019 - 05/13/2019

Time: 2:15 PM - 3:30 PM

Cost: \$160. **Grades:** 6 - 12

Where: East Granby Middle/High School Band Room



Greenhouse and Science Club

Come Plant with Us! We're growing seeds for flowers and vegetables, cloning lots of plants, learning about raising trout and salmon, and running the Spring plant sale, and getting outdoors to experience nature.

This program is open to all East Granby Middle School Students (grades 6-8). The club will take place at the East Granby Middle School, room 5 immediately following school on the these Tuesdays:

Tuesday, March 12, 2019 from 2:15pm - 3:45pm

Tuesday, March 19, 2019 from 2:15pm - 3:45pm

Tuesday, April 2, 2019 from 2:15pm - 3:45pm

Tuesday, April 16, 2019 from 2:15pm - 3:45pm

Tuesday, April 23, 2019 from 2:15pm - 3:45pm

Tuesday, April 30, 2019 from 2:15pm - 3:45pm

Friday, May 3 - plant sale - no late bus

When: Tuesdays, 03/12/2019 - 05/03/2019

Time: 2:55 PM - 4:30 PM

Cost: \$40.00 **Grades:** 6-8

Where: East Granby Middle School, room 5



Annual Town Easter Egg Hunt

Join us for the annual town Easter egg hunt. Open to all town residents and their family's ages birth - 5th grade. This is a free event and no registration is required. This event is held rain or shine!

Birth - Preschool aged children: Meet our Easter Bunny helpers near the entrance of the baseball field at East Granby Farms for some bunny fun. This event starts promptly at 10:00am.

Kindergarten - 2nd grade: Join us on the grassy area near the Snack Shack at East Granby Farms. This event starts promptly at 10:00am.

3rd - 5th graders: Join us for an Easter egg hunt that will require your detective skills! Attention to detail will be required to find these hidden treats and this year - a few golden eggs will provide a larger Easter egg hunt surprise! This event will be held at 10:30am SHARP near the recreation building).

Be sure to bring a basket or bag to put your eggs in.

The egg hunts are geared toward all town children birth - 5th graders.

Please bring a non-perishable food item for the East Granby Friend to Friend Food Pantry. This is a free activity. There is no registration required for this event.

When: Saturday, 4/20/2019

Time: 10:00 AM Sharp for Pre-K – 2nd graders and 10:30 am Sharp for 3rd – 5th graders.

Cost: free

Where: East Granby Farms



Spring NFL Flag Football

NFL Flag Football is the premier youth football program for boys and girls. The program provides young players a fun and exciting opportunity to engage in a non-contact, continuous action sport, while learning lessons in teamwork.



The Spring 2019 program begins the week of April 14th and runs until June 22nd, 2019. Assessments will be held to assist the coaches in creating teams. No experience is needed, and all players are asked to attend the assessments. Senior player assessments will be held on Wednesday, April 17, 2019 at 6pm and junior player assessments will be held on Thursday, April 18, 2019 at 6:00pm.

Practice will be held 2 times a week beginning the week of April 21, 2019. The day(s) of practice is set by the coaches; during the registration process you will be asked which nights do not work for your family. Most games will be held on Saturday mornings (except May 18th which will be in the afternoon). No games or practices over Memorial Day Weekend. The game schedule is based on the number of teams in the league.

All families must complete an online liability waiver with NFL Flag Football (the link will be sent once you register). Last day to register is Sunday, April 14, 2019. No late registrations will be accepted.

The program is held at East Granby Farms (79 North Main Street) and Granbrook Park (Granbrook Park Road). All players are required to wear a mouth guard for practices and games. Cleats are strongly recommended. A signed waiver with the NFL Flag Football is required before a player can practice/participate in the program. All players will receive an NFL Flag Football jersey.

When: Practices are 2 times a week and times and dates vary. You will have an opportunity to tell us what nights do not work for your family. Games are usually Saturday mornings except May 18th when they will be in the afternoon.

Cost: \$75 **Grades:** 3 - 8

Where: East Granby Farms Recreation Area

Spring Entry Level Youth Golf

Looking to teach your son or daughter the basics of golf? This program is designed for children with little or no golf experience. It is the ideal “first step” in fostering a child’s interest in golf.

Ages 7-10

When: April 13, 2019 (5 weeks)

Time: Saturdays, 10am – 11am

Cost: \$75

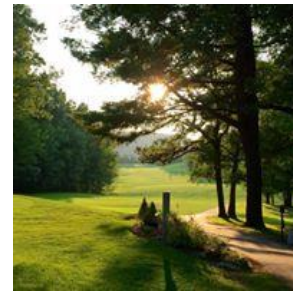
Ages 11-14

When: April 13, 2019 (5 weeks)

Time: Saturdays, 10am – 11am

Cost: \$75

Please call the Parks and Recreation Office at 860/653-7660 or via email aliciav@egtownhall.com to confirm if there is space available in the session.



Simsbury Farms Season Golf Pass for East Granby Residents

Spread out over 235 rolling acres, picturesque Simsbury Farms Recreation Complex is the hub of recreational activity in Simsbury. The “Farms” was built on former orchard in use until 1971. It is operated and maintained by the Simsbury Culture, Parks, and Recreation Department. The beautiful Simsbury Farms Golf Course was designed by renowned architect Geoff Cornish, the golf course is one of the most popular and scenic in the area. The course is equipped with a practice range and green, locker rooms, and full-service restaurant. A variety of lessons and clinics are open to the public. Season memberships are available and weekend starting times may be booked online on Mondays, weekday tee times may be booked up to fourteen days in advance by visiting the www.SimsburyFarms.com website.

The course is considered a good test of golf for players of all levels and in past years has been host such tournaments as the Connecticut State Women's Amateur Championship, State High School Golf Championship, Connecticut Men's Public Links Championship, U.S Women's Public Links Qualifier, and Connecticut Open Qualifier.

2019 East Granby Resident Season Pass Rates

(only available through this website offer)

Adult Unlimited Season Pass: (weekdays and weekends) \$1280

Adult Limited Season Pass: (Mon.-Fri. Only) \$825

Senior Citizen Limited Season Pass:

65 & over (Mon.-Fri. Only) \$675

Senior Citizen Unlimited Season Pass: 65 & over (weekdays and weekends) \$1150

Junior Season Pass: 17 years and younger (not before 11am on weekends) \$450

Offer details – you must purchase your 2019 Simsbury Farms Golf Season Pass from the East Granby Parks and Recreation website, print out your receipt and present it to (with your Driver's License) the Pro Shop Staff at your first 2019 visit to Simsbury Farms.

Summer Camp & Enrichment Programs

CAMP GRANBROOK INFORMATION

8am – 3:30pm

GRANBROOK PARK

This is a day camp for children who have completed a year of kindergarten – age 12. Activities include, arts and crafts, sports, music, bowling, swimming at Salmon Brook Pond, special guests and other special events.

Camp is held rain or shine! In case of heavy rain campers will be relocated to an indoor town facility. the East Granby Farms Recreation Center will be use.

If your child is willing to try new things, spend time with friends and go home tired and often dirty from a fun day of camp – Camp Granbrook is for your child.

Camp will be held in one-week sessions. Cost is \$149 per week. If you are registering 2 or more children per week, deduct \$5 per child.

For our campers who may not want a full-day to experience you can join us for a morning session 8:00 am – 12:00pm or afternoon session 12:00pm – 3:30pm. No sibling discount for the ½ day option. Cost is \$80.

Week 1: June 17 – 21

(start day will be determined once we have the last day of school in East Granby)

Week 2: June 24 - 28

Week 3: July 1 – 3 (3-day camp – no camp July 5)

Week 4: July 8 - 12

Week 5: July 15 - 19

Week 6: July 22 – 26

Week 7: July 29 – August 2

Week 8: August 5 – August 9

Week 9: August 12 – 16

EXTENDED DAY

We are happy to offer our campers who need an extended day the option to stay with us from 3:30 – 5:30pm. The fee is \$15 per hour (or any part of) per child. Family rate is \$20 per hour (or any part of).

Extended day payment will be collected on Friday of the week the services were rendered.



Mini Adventurers

(formally our Super Sneaker Camp)

Calling our younger campers!!

Join us for a fun, exciting and activity filled program geared toward our younger campers. This program will provide opportunities for self-expression, creativity, crafts, music, games and plenty of FUN! We will have indoor and outdoor activities.

The program is for children who have reached their

third birthday by the start of camp through those completing kindergarten. All participants must be toilet trained.

Our summer hours are 9am - 12pm. Please bring a nut free snack and a water bottle for your child. Sunscreen should be applied prior to coming to camp. Please have your child wear closed toed shoes or sneakers.

Don't miss out on the fun!

Cost: \$75

Hours: 9:00 am – 12:00 noon

Location: East Granby Farms

Session 1: June 17 – June 21

Session 2: July 15 – July 19

Session 3: July 29 – August 2

Session 4: August 12 – August 16

Nature Camp (East Granby Land Trust)

This camp is for kids grades 1-5 who want to be outside, rain or shine, learning about nature. The camp will be run by Amanda Thompson, EGLT Programs Director, and EGLT student interns.

Campers will spend hands-on time with live reptiles and amphibians, learning about each species and their special features, and go on outdoor adventures to learn to identify trees, flowers, birds and aquatic insects in Salmon Brook and the Farmington River.

Campers will also learn outdoors skills like how to use a compass, knot tying and how and what to pack for a hike. Drop off will be at different location within East Granby every day.

When: June 24 – June 28, 2019

Time: 9:00am – 12:00pm

Cost: \$79 **Grades:** 1 - 5

Where: Various locations (schedule will be given prior to the start of camp)



What's Cooking Jr. Chef

Join us in this youth development program exploring the fundamentals of culinary arts, food systems, and nutritional education. The program is designed to help

youth to develop leadership, teamwork, and culinary skills as well as gain nutritional knowledge and a new appreciation for diverse, healthy and sustainably-produced food.

This program was developed by Nutritionist, Alicia Newton after years of working with families to develop healthier eating habits. Meet you in the kitchen where we will be stirring up change!

For Grades 5 – 8

Session 1: June 24, 2019 – June 28, 2019

Time: 1pm – 4:00pm

Session 2: July 15, 2019 – July 19, 2019

Time: 9:00am – 12:00pm

Cost: \$149 per session

For our 6 – 9-year-olds:

Session 1: July 15, 2019 – July 19, 2019

Time: 1:00pm – 4:00pm

Session 2: August 5, 2019 – August 9, 2019

Time: 9:00am – 12:00pm

Cost: \$149 per session

FAIRIES AND DRAGONS - ART-ventures

Enter the fantasy world of imagination, where ART-ventures unleash their inner elves as they conjure up fire-breathing dragons, transform colorful clay into silly goblin masks, and create winged fairy or armored knight dolls.

Sculpt bedazzling unicorns with rainbow manes, design witch or wizard figurines, and build wooden fairy houses with real shells, stones, moss and more. Paint ceramic unicorn banks and create your own dragon or mermaid t-shirts! With the aid of some very magical potions and spells (i.e. materials and techniques), campers experience painting, drawing, stained glass, ceramic, fabric, and clay art.

When: June 24 – 28, 2019

Time: 9:00 am – 12:00pm

Cost: \$139 (Open to all students ages 5 – 12).

AMAZING FACES AND PLACES – ART-ventures

Oh, the places we'll go! Art explorers travel to some pretty weird places while creating some wicked cool art forms dating back to when art began. Discover weird gargoyle faces and visit the amazing castles of Scotland.

Experience cave painting, fossil making, and bread dough miniatures. Make worry dolls and totem poles. Learn about Oaxacan alebrias while designing T-shirts. Sculpt and paint colorful Mexican pots, make bark paintings, and create Haitian sequined banners. Fun facts about history and geography are included. This is our most creative and original ART-venture week!

When: July 22 – July 26, 2019

Time: 9:00 am – 12:00pm

Cost: \$139

Open to all students ages 5 – 12.

Bring: an over-sized old T-shirt to use as a smock, a nut-free snack and a drink each day.



Summer Horsemanship at End of Hunt Equestrian Center

Our summer program is conducted at our equestrian center for children interested in learning to ride and for experienced riders looking to improve.

The programs are a great way to learn and improve riding skills in a fun, safe environment. Along with teaching riding skills, the programs emphasize safety, horsemanship, and stable management. The program includes a daily riding lesson as well as fun, educational equine activities and games.

Each program concludes with an award ceremony in which each participant is recognized for their accomplishments.

When:

Session A: July 8 – July 12, 2019

Time: 9:00 am – 1:00pm

Ages: 3 – 16

Cost: \$300

Session B: July 15 – July 19, 2019

Time: 9:00am – 1:00pm

Ages: 3 – 16

Cost: \$300

Mad Science: ROCKIN' ROCKETS

When: August 19 - August 23, 2019

Where: East Granby Farms

Time: 9 am - 12 pm

Grades 1-5 Cost: \$145.00



Children will step into the shoes of a rocket scientist and learn the fundamentals of flight, propulsion and rocket design. We will have fun exploring astronomy and trying out various flight designs from hot air balloons to hover crafts and many more! These rocketeers will build rockets as well as discover the fundamental concepts involved in launching and recovering many different types of rockets. Students will make and take home two rockets during the week.

EUREKA! INVENTION

When: August 19 - August 23, 2019

Where: East Granby Farms

Time: 1 pm - 4 pm

Grades 1-5 Cost: \$145.00

An exciting program where children explore famous inventors such as Leonardo da Vinci, Thomas Edison, Archimedes, Ben Franklin and even Rube Goldberg, along with the contributions each made to science, engineering and society. Guided by our Mad Scientist, children use their knowledge and creativity to overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all - their

minds! While Thomas Edison said: "invention is 10% inspiration and 90% perspiration," this program is 100% FUN!

**Register for both Programs:
ROCKIN' ROCKETS & EUREKA! INVENTION
Can also be taken for the full day!**

When: August 19 - August 23, 2019

Where: East Granby Farms

Time: 9 am - 4 pm

Grades 1-5 Cost: \$265.00

When you sign up for both programs supervision for the children during the lunch time hours.



TINY HAWK CAMP

The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans. Our staff are trained to handle the specific needs of these young athletes.

- Ages 3-4
- Participant-to-coach ratio: 6:1
- Gear to bring: Appropriate clothing, running shoes, and sunscreen
- Food to bring: Water bottle
- Included with purchase: T-shirt and Merit award

Session 1: June 24 – June 28, 2019

Time: 8:30am – 9:15am

Cost: \$79

Location: Ahrens Park, Granby

MINI HAWKS CAMP

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-

Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes.

- Ages 4-7
- Participant-to-coach ratio: 8:1
- Gear to bring: Appropriate clothing, water bottle, running shoes, and sunscreen
- Food to bring: Two snacks & water bottle
- Included with purchase: T-shirt, ball and merit award

Session 1: June 24 – June 28, 2019

Time: 9:30am – 12:30pm

Cost: \$129

Session 2: July 22 – July 26, 2019

Time: 9:00 am – 12:00pm

Cost: \$129

Location: Ahrens Park, Granby

FLAG FOOTBALL CAMP

Skyhawks Flag Football is the perfect program for young athletes who want a complete introduction to "America's Game" or for those who simply want to brush up on their skills in preparation for league play. Through our "skill of the day" activities, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun and positive environment. Skyhawks Flag Football is recommended for beginning to intermediate athletes. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

- Ages 7-12
- Participant-to-coach ratio: 12:1
- Gear to bring: Appropriate clothing, water bottle, running shoes, and sunscreen
- Food to bring: 2 snacks & water bottles
- Included with purchase: T-shirt, football, and player evaluation

Session 1: July 15 – July 18, 2019

Time: 6pm – 8pm

Cost: \$89

Location: Ahrens Park, Granby

Session 2: July 15 – July 18, 2019

Time: 9:00 am – 12:00pm

Cost: \$129

Location: East Granby Farms



ENTRY GOLF – AGES 5-8

5 Week Program \$75 per session

This is an introductory program designed to familiarize kids with little or not golf experience. This is an ideal “first step” in fostering an interest in golf. Course content includes sportsmanship, etiquette, rules, and pace of play, fitness and skill development. **Copper Hill Golf Academy.** Space is very limited.

Jun 15, 2019 9:00 am - 9:50 am Cost: \$75

Jun 15, 2019 10:00am – 10:50 Cost: \$75

Jun 18, 2019 4:15pm – 5:05pm Cost: \$75

SPORTS LEVEL GOLF

(Ages: 6-10)

PGA Golf Academy at Copper Hill

This camp includes content, practice, sportsmanship, etiquette and rules of play. Golfers will also learn about fitness and nutrition, posture, movement and coordination while developing skills. This is a shortened version of Junior Golf Camp. Cost includes lunch & green fees. Full swing, putting, chipping, bunkers and etiquette, and rules are addressed.

Session 1: June 19 – June 21, 2019

Session 2: June 24 – June 26, 2019

Session 3: August 7 – August 20, 2019

Session 4: August 14 – August 16, 2019

Sessions 1 – 4 runs from 9:00am – 12:30 pm and the cost is \$150 per session.

Session 5: 9:00am – 3:00pm (new this season)

Cost: \$225

PLAYER LEVEL GOLF

(ages 9-13)

PGA Golf Academy at Copper Hill

This level includes content, practice and assessment. Sportsmanship, etiquette and rules of play will be stressed as well as nutrition, fitness and skill development, “near golf course experience” and assessments of each level. Lunch and all fees are included. Don’t wait, program fills up quickly!

Session 1: June 24 – June 27, 2019

Session 2: July 8 – July 11, 2019

Session 3: July 22 – July 25, 2019

Session 4: August 5 – August 8, 2019

Session 5: August 19 – August 22, 2019

Time: 9:00am – 3:30pm

Cost: \$265

Camps and programs are being added on a regular basis. Be sure to check out our website for more details on programs coming soon including Lego Camps, Maple View Farm Horsemanship, Basketball camp, middle school running club and more...

Register online for all our programs:

<https://eastgranbyct.myrec.com/info/activities/default.aspx>

MIRA

Materials Innovation and Recycling Authority

Single-Stream Recycling Guide

DO RECYCLE:



Cardboard, newspapers & inserts, magazines, junk mail, catalogs, white & colored paper, shoe boxes, computer paper, cereal boxes



All #1-#2 plastic containers under 3 gallons (no caps)



Aluminum, steel, tin & food trays, foil & cans



Plastic beverage & food containers #3-#7 up to 3 liters



Milk & juice cartons, juice boxes



Glass food & beverage jars, bottles & jugs



Large plastic items such as toys, recycling bins, coolers, baskets, containers & buckets

DO NOT RECYCLE:



Plastic bags, black plastics



Propane tanks



Metal, glass & ceramic pots & pans, scrap metal



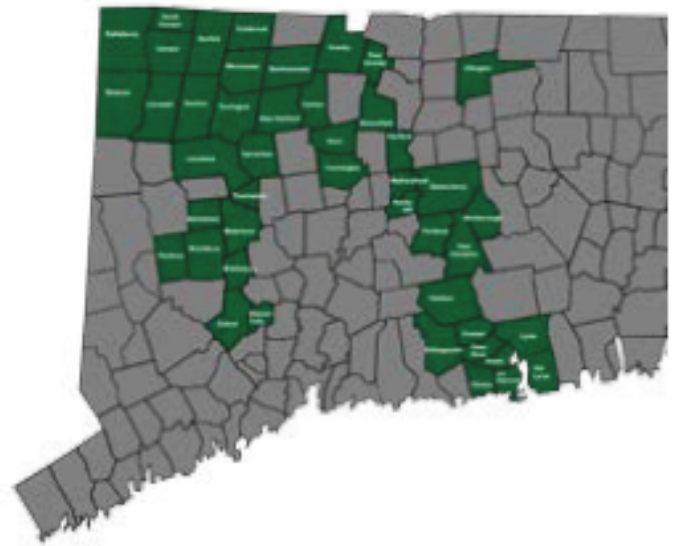
Batteries or electronics



Motor oil, paint, antifreeze, or any other hazardous material containers



Windows, light bulbs, drinking glasses or mirrors



Look at all the things you can
recycle thanks to **MIRA!**

- Corrugated cardboard and chipboard (cereal boxes, shoe boxes, pasta boxes)
Remove and place in trash liners from cereal boxes and windows from pasta boxes.
- Newspapers, magazines, bills, junk mail, computer paper, printouts
- Aluminum and steel cans (up to 3 gallons) and aerosol cans
NO PAINT, PESTICIDES OR OTHER HAZARDOUS WASTES.
- No. 1 and No. 2 plastic laundry product containers
Up to three liters
- ALL plastic food and beverage containers!
NOTHING made of black plastic, no Styrofoam or other foam plastics and no plastic bags, please.
- Juice boxes and milk or juice cartons
Rinse and remove caps and straws.
- Large rigid plastic items – toys, buckets, coolers and more!
- Glass food and drink jars and bottles
Rinsed and unbroken; labels okay, discard caps (lids are okay).
- Please, no plastic grocery bags or plastic garbage bags.**

To find out more, visit www.ctmira.org.

East Granby Board of Education Update

Board of Education meetings are open to the public. Public comments regarding agenda items are welcome at the beginning and end of the meeting. Questions can be submitted at any time throughout the year by e-mailing the Board of Education Chairman, Bob Paskiewicz, at bobpaskiewicz@eastgranby.k12.ct.us or through the superintendent's office at lkline@eastgranby.k12.ct.us. Upcoming regular Board of Education meeting dates include March 25th and April 22nd.

Superintendent Search:

Dr. Christine Mahoney is unable to return as Superintendent of the East Granby Public Schools. The East Granby Board of Education would like to thank Dr. Mahoney for her dedication to the students, staff, and residents of East Granby while employed by the District. We wish her all the best in her future pursuits. There will be a public reception for her on April 1st from 6:00-8:00 PM at the Community Center.

Dr. Patricia Charles has been serving as Interim Superintendent since the fall and will continue to do so for the immediate future. The Board of Education has interviewed several firms to conduct a superintendent search. We have not taken action at this point as we are considering the information coming from the state, our town finances, and what is best for our students before we take our next steps.

Upcoming Dates in the Budget Process:

At the February meeting, the Board of Finance directed the Board of Education to provide a 2019/20 budget incorporating a 1% increase over the current year budget.

*A **Board of Finance meeting** was held on March 14th where the Board of Finance reviewed the Board of Education and Board of Selectmen 1% operating budget proposals. At their April 2nd meeting, the Board of Finance will provide guidance to the Board of Education and Board of Selectmen regarding the recommended budgets to bring to the Public Hearing.*

*The **Public Hearing** of the budget proposals will take place on April 16th at 7:30 PM in the auditorium of the East Granby High School. The Board of Finance, Board of Selectmen, and the Board of Education will make budget presentations to the public. Community members are invited to ask questions and make comments during the hearing. Following the hearing, the Board of Finance will conduct a regular meeting during which they will vote on the budget proposals for the Board of Selectman and the Board of Education. The final decision will determine what budgets will be brought forth to the town for a vote.*

East Granby High School Honor Roll • Second Quarter 2018-2019

--- HIGH HONORS ---

GRADE 9	GRADE 10	GRADE 11	GRADE 12
Vincente Auger Colby Betts Brandi Bisson Emalee Bisson Olivia Boehm Sheza Chaudhry Melanie Chen Matthew Fagnant Liam Flanagan Cayleigh Goberman Tirna Iqbal Meghan Jones Benjamin Lakomy Patrick Lakomy Paige Lareau Charlotte Michaud Mila Miller Ashley Moore Sreekar Patti Shannon Pham Victoria Pham Sarah Phillips Sebastian Ramey Erin Russell Sarah Springer	Connor Anthony Julia Broome Victoria Cannon Steven Chen Sydney Farley Emma Griffin Sean Griffin Amanda Jacius Sarah Lostowski Michael Luciuk Kaitlyn McDonough Tyler Nardi William Pitney Jasmine Ritter Delilah Strong Allison Strzegowski Abby Tubridy Brian Yi Erika Yourous	Cullen Beman Jackson Brigham Britney Couceiro Stephanie Crocker Brooke DePamphilis Justin Hall Victoria Hall Jade Kiang Emily Kowal Leah Langhoff Joy Li Heather MacKinnon Madeline Moore Lauren Morano Eva Ramey Jenna Springer	Jacob Anthony Jaime Baird Jessica Barry Tyler Bohm Amber Bourgault Nancy Cheng Audrey Corcoran David Cox Alessandra Damato Christian Fagnant Eric Farmer Aidan Gallagher Jameson Gill Chloe Gosselin Rachel Griffin Sarah Jacius Jordan Kott Nitesh Kumar Jillian Kuofie Tiffanie Moreau Adam Newhall John Patrizzi Madison Peladeau Bianca Prescott Gabriela Reis Joselyn Rybczyk Caitlin Strzegowski Ashley Thomas Jack Tubridy Aidan Walsh Jordan Walsh Taylor Whitehouse

--- HONORS ---

GRADE 9	GRADE 10	GRADE 11	GRADE 12
Taylor Andrews Adeline Angelini Rhys Brauer Jearlin Cabrera Quinn Coushaine Brooke DeJesus Jady Feigenbaum Matthew Fortier Evan Malinowski Kaeleigh Reardon Lauren Rechenberg Benjamin Wolf Arne Worlund	Jaya Badhe Christian Barry Jamison Belliveau Samuel Benner Jordan Buldrini Madison Chamberlain Katharine Duray Erika Eaton Anthony Feliciano Jacob Feliciano Logan French Austin Gelinas Ethan Lakomy Allison Landolina Christopher Lorigan Sofia Pasquantonio Jonathan Pedraza Andrew Reardon Morgan Rybczyk Samaris Santiago Michael Santos Madalynne Stone Samuel Thomas Matthew Tuczinski Rhiannon Velleman Nicholas Williams	Sariah Colon Zory Crumpler Rachael Freston Emily Kelly Jordan Kido Kristian Kowalski Aden Kulch Julia Redfield Angellina Roy	Laura Brassard Nicholas Byers Brianna Canny Jamison Clark Zachary Clark Dillon Fiore Christopher Fortier Declan Gallagher Christopher Gothers Zachary Hacia Theresa Hecht Catherine Kelly David Sales Nicholas Snow Emily Talbot Kayla Tran Jesse Worlund

EAST GRANBY SENIOR CENTER



DIAL-A-RIDE ON THE MINI BUS

❶ Grocery, Pharmacy & Banking every Wednesday

❷ Doctor, Dentist, Hairdresser & Personal Care Appointments every Tuesday and Thursday from 9:00 AM until 3:00 PM. Appointments should be scheduled no earlier than 9:00 AM and no later than 3:00 PM. Transportation to the Windsor Caring Connection (Windsor's Adult Day Health Center) will now be provided on Tuesdays and Thursdays. Please call (860) 547-0251 for more information.

❸ Retail Shopping, Trips & Community Events on Mondays and Fridays.

Check the Senior Moments Newsletter calendars for the bus schedule and call (860)413-3327 at least 24 hours in advance. Your reservation will be recorded on the voicemail system and a driver will call you to confirm. There is no charge to use the Mini Bus but an annual donation of \$20 is greatly appreciated.

BLOOD PRESSURE & BLOOD SUGAR SCREENING CLINIC – PROVIDED BY THE FARMINGTON VALLEY VNA

MONDAYS~ APRIL 1ST, MAY 6TH 11:00AM-12:00PM.

The Farmington Valley Visiting Nurses Association will be at the East Granby Senior Center providing free blood pressure screenings as well as blood sugar screenings. No appointment necessary.

CT INFO LINE—DIAL 211—Vital resource to find available community services.

CHOICES: CALL 1-800-994-9422 for assistance with Medicare, Medigap and Medicare Part-D applications.

EXERCISE CLASSES, PROGRAMS AND SHOPPING

PEDI—CARE FOR YOUR FEET—Professional foot care is provided by a licensed nurse the 1st and 2nd Thursday of each month--8:30 AM—2:00 PM in the East Granby Senior Center. Your visit includes: General assessment of your feet; trimming, filing, & cleaning nails; reduction of thickened toe nails; smoothing of corns and calluses; massaging, moisturizing lotion and powdering. Call (860)413-3334 for an appointment. Cost \$29

GET FIT EXERCISE CLASSES—Mondays and Wednesdays 10:00 AM-11:00 AM—Senior Center—\$4.00 walk-in cost. Improve fitness, balance, strength, flexibility, range of motion, and posture. This ALL LEVELS class uses hand weights, exercise bands, and loops done in or next to a chair for safety.

LINE DANCING CLASS- Tuesdays 10:00 AM-11:30AM at the East Granby Farms Recreation Center - \$5.00 walk-in cost. Come on down and enjoy some great music and learn some fun line dances. It's a great way to exercise while having fun!

SHOPPING TRIPS:

- **MARCH 18TH, APRIL 22ND, MAY 13TH – WALMART**
- **MARCH 25TH, APRIL 29TH, MAY 20TH - MRS. MURPHY'S & OCEAN STATE JOB LOT**
- **APRIL 1ST—CHRISTMAS TREE SHOP**
- **APRIL 8TH—FOOTPRINTS/STEW LEONARDS**
- **APRIL 15TH—TARGET, PETCO, DOLLAR STORE**
- **MAY 6TH – HOME GOODS/TJ MAXX**

SENIOR CENTER TRIPS AND PROGRAMS

FRIDAY, MARCH 22ND—Barker Character, Comic and Cartoon Museum, Cheshire, CT—Come and visit the country's largest collection of comic strip, cartoon, TV, western and advertising collectibles. Here you will meet the most influential comic creations of the past 130 years and see the wealth of merchandise they were pictured on. Each exhibit shows the current market value of your old toys. You will revisit favorite childhood toys and see the ones that your grandparents enjoyed! The exhibits span 14 decades, from the 1870s to the present. We will stop for lunch at Viron Rondo Osteria for some great Italian fare on the way home. **Depart the Senior Center at 10:00am. Cost of admission is \$4 (Lunch is on your own). Reservation and payment due by March 14th.**

SENIOR CENTER TRIPS AND PROGRAMS (Con't)

FRIDAY, MARCH 29TH—Lunch Bunch—La Figata —Granby, CT-La Figata's menu, inspired by a blend of northern and southern Italian cuisines, features lunch in an upscale casual setting. Featuring a unique wine list, delicious food, and a friendly atmosphere, their mission is to provide an excellent experience for all. Their wood fired oven in the center of the restaurant is what makes their incredible pizza. **Depart the Senior Center at 11:30 AM. Reservation by March 21st.**

FRIDAY APRIL 5TH—Poetry Cafe—You don't want to miss this annual tradition and wonderful opportunity to hear the amazing talent of our very own East Granby Middle School students! The small group of students will present their incredible poems and you will not be disappointed by their talent and creativity! Celebrate and support our students while enjoying a delicious lunch from Three Brothers! **12:00pm at the East Granby Senior Center. Special price for lunch— only \$3! Payment and reservation MUST BE made by March 22nd.**

FRIDAY, APRIL 12TH—Tea Roses —Cromwell, CT-Join us for a lovely private tea party! Afternoon tea will be elegantly presented and will include assorted tea sandwiches and savories, scones with double cream, lemon curd and preserves, assorted mini desserts and two types of tea. Be ready to sit, sip and relax! **Depart the Senior Center at 11:45am. Cost is \$29. Reservation and payment due by April 2nd.**

TUESDAY, APRIL 30TH—Skin Cancer Awareness—Presented by Jean Pickens, RN from the Farmington Valley VNA. Jean was an oncology nurse at UCONN Health Center for many years and will discuss various skin cancer diagnoses as well as ways to prevent skin cancer. Please come to learn about this treatable disease, ask questions and share your own experiences. **10:30am at the East Granby Senior Center. There is no charge and light refreshments will be served. Reservation due by April 22nd.**

THURSDAY, MAY 9TH—The Travelers Chorale Spring Concert—Hartford, CT ~The Travelers Chorale was founded in 1924 and is the oldest company-affiliated, eight-part choral group in America. Please join us for a night of exciting and moving music by the 100-voice chorale. This Annual Spring Concert will be held in the Mortensen Hall at the Bushnell. **Depart the Senior Center at 6:30pm. There is no charge for this event but please consider bringing a non-perishable food donation to benefit Hartford families in need. Reservation due by May 2nd.**

FRIDAY, MAY 17TH—Simsbury Historical Society, Simsbury, CT—We will begin the afternoon with a wonderful lunch at Plan B restaurant in Simsbury. After lunch we will head to the Simsbury Historical Society for a docent led tour with a focus on the theme "The Entertainment of Strangers," covering the Phelps family, the town and the tavern from 1786 to 1848. We will also be able to visit the one room school house. There will be quite a bit of walking however there are chairs and benches throughout for those that need to sit. **Depart the Senior Center at 11:30am. Cost of admission is \$8 (Lunch is on your own). Reservation and payment due by May 9th.**

FRIDAY MAY 24TH—Lunch Bunch—River—Wethersfield, CT— **River** is the ultimate dining experience, an unrivaled setting with spectacular views of the river, coupled with the highest quality steaks, seafood, and phenomenal Italian-inspired cuisine. There is nothing quite like it anywhere. Just one visit and you'll understand completely. Please join the experience, great setting, great food and service, in short, great fun! **Depart the Senior Center at 11:15AM. Reservation by May 17th.**

THURSDAY MAY 30TH—Hartford Yard Goats—Hartford, CT—Take me out to the ball game, take me out to the park! Come check out the beautiful baseball stadium while you cheer on the Hartford Yard Goats as they take on the Portland Sea dogs (the AA affiliate of the Boston Red Socks). An all you can eat buffet is included. **Depart the Senior Center at 9:30 AM. Cost is \$38 (includes game ticket and all you can eat buffet). Reservation and payment due by May 2nd.**

**Join our mailing list to receive the Senior Moments Newsletter.
Call (860) 413-3334 or email kellyj@egtownhall.com to sign up.**



East Granby Public Library

Author Talk & Book Signing with

Martha Hall Kelly

Thursday, May 23rd at 6pm



The NY Times Bestselling author of *Lilac Girls* will join us at the Senior/Community Center to discuss her latest novel *Lost Roses*.

Stop by the Library to reserve your spot today!
\$10 / ticket

April Book Discussion

The Broken Girls by Amor Towles
Monday, April 8, 2019 at 10am

Books Available at the Library!



Come for a Nutrition Jeopardy Program!

“Join Food Explorers to make some **healthy spring treats** with Registered Dietitian, Katie Shepherd. Learn how to make and decorate tasty **cake pops** with a nutritious twist, and play some **fun food games**. For **grades 2-5** & nut free.”

Food Explorers provides children with the knowledge to make healthy choices for themselves. By combining nutrition education with cooking and hands-on food exploration, you'll have a Food Explorer in no time!



Thursday, April 11th 11a.m.-12 p.m.
Adults welcome too!

Registration is required. Register online www.egpl.org or stop by the library today!

Curious about the animals that live in the woods among us?



Join us **Wednesday, March 27th** at 7pm to learn more about **Bobcats**.

A Master Wildlife Conservationist from the CT DEEP will let us know all we need to know about bobcats in our area.

Technology 101

Devices, Social Media, Email Questions?

Please join us to learn what **you** want to know about technology!

Volunteers with expertise from a local business will be here to work with you.

Friday, March 29th 1-4pm



Afternoon at the Movies

Wednesdays at 1:00pm



March 20th

“Instant Family”
PG-13, 118 min.

A couple finds themselves in over their heads when they foster three children.



March 27th

“A Private War”
R, 110 min.

War correspondent Marie Colvin is an utterly fearless & rebellious spirit, driven to the frontline of conflicts across the globe.



April 3rd

“Can You Ever Forgive Me?”
R, 107 min.

When Lee Israel falls out of step with current tastes, she turns her art form to deception. .

Meeting Schedules

Town Hall (TH) • Senior/Community Center (SC)
Allgrove School (AS) • East Granby Farms (EGF)
Library (L) • High School (HS)

Commission on Aging 6:30 (SC)	4/2, 5/7
Conservation 7:00 (TH).....	4/3, 5/1
Board of Education 7:00 (AS)	3/25, 4/22, 5/13, 5/28
Economic Development 7:00 (TH)	4/22, 5/20
Elementary School Committee	As Needed
Board of Finance 7:30	4/2, 4/16, 4/23
Parks & Recreation 7:00 (EGF).....	4/4, 5/2
Planning & Zoning 7:00 (TH).....	4/9, 5/14
Board of Selectmen 6:30 (TH).....	3/27, 4/10, 4/24, 5/8, 5/22
Zoning Board of Appeals 7:30 (TH).....	3/28, 4/25, 5/23
Youth Services Bureau 6:30 (EGF).....	4/15, 5/20

The above meeting dates and times are subject to change.

Library, Board of Education, and Recreation times & dates are found in the articles. Times are PM unless noted.

Guidelines for Submitting Articles

The following are the deadlines for the upcoming "Let's Talk Turkey" editions. Please note that the deadline submission time is 9:00 AM on Monday. All articles must be submitted in Word format and sent via e-mail to newsletter@egtownhall.com. Deadlines are strictly enforced to ensure timely preparation of the newsletter. This will enable our Editor and Printer enough time for the one week turn around delivery date. Articles should pertain to an East Granby organization, agency, or business (non-advertisement) and be of general interest to the public. The name of the submitter and a phone number must accompany the article. If you have any questions, please call (860) 653-2576.

**East Granby Town Hall
PO Box 1858
East Granby, CT 06026**

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