Commission on Aging

East Granby, CT

Minutes

November 3, 2026

East Granby Library/ 6:00 p.m.

In attendance:

Cheryl Bermani McCann, Cathy Delasco, Warren Miltimore, Jess Kuqi, Elise Cosker - Social Services, Kelly Jacobs, Senior Services, Tommy Jacius, Jason Dlugolenski, Donna Mattera, Clerk

1. **OPENING REMARKS –** Cheryl called the meeting to order at 6:03 p.m.
   Cheryl thanked everyone for coming. She introduced Jason Dlugolenski as the new student representative. Jason shared he is a sophomore and being a representative on the committee will offer the opportunity to expand his leadership skills. Everyone welcomed him to the committee.
2. **MINUTES OF PAST MEETING -** ***MOTION:*** A motion was made by Cathy Delasco, seconded by Jess Kuqi to accept the minutes of September 1, 2026 as presented.. ***Motion passed.***
3. **SENIOR SERVICES UPDATE** –Kelly noted this week there was free knife sharpening. Next week AARP will be hosting a Drivers Safety course followed by a talk on Managing Holiday Stress being offered on November 13th. Her newsletter should be in homes next week. She also shared a note received from a resident for Cares Day as well as stating she received 2 phone calls as well. The residents were very appreciated of the help they received.
4. **SOCIAL SERVICES UPDATE**

   Elise Cosker gave a recap of the Energy Assistance program. Her office is taking applications for the CT Energy Assistance Program from October 1st through May 31st. Applications can be made on-line or residents are welcome to come to her office for help filling out the information. She updated everyone on Generation Power CT formerly Operation Fuel. The next cycle to submit an application is December 1-15, 2026. Applications can be completed through the Generation Power CT website. Eversource's program Low Income Discount Rate is now available as well. Residents can log onto Eversource for more information. The holiday program is underway and this year we will be helping 30 kids. If anyone would like to adopt a family or purchase something from the wish list should reach out to Elise.
5. **OLD BUSINESS**

   New Services Listing for Senior – Suzanne dropped off a 1st draft. The committee reviewed the document. This is a great start where Suzanne and Donna can continue with the document.

   Senior Art/Achievement Show Spring 2027 – Jess Kuqi noted this will be the 2nd Annual Senior Showcase 2027 – Beyond the Canvas for May 2027. Advertising needs to take place and maybe people will be willing to post on their Facebook pages. Cathy volunteered to take on publicity for the COA.

   3 Open Alternate Memberships- There are 5 members who terms are expiring in January. Warren has accepted to continue. Cheryl is reaching out to see if they are interested in being reappointed. She will also reach out to anyone who has shown interest in joining.

Wellness Fair Wrap-up - Cheryl noted we did not have enough staff. There were many no shows to help work the fair. There were over 100 people in attendance. There were 28 raffle winners and 3 special participation grocery gift card winners who visited eight or more vendors. There were 27 vendors providing resources. A discussion took place regarding how we could better the raffle next year. Cheryl gave a big thank you to DPW for signage. Also, a thank you to Dave McNally for volunteering to help at the fair.

6. **NEW BUSINESS –** *New commission member recruitment* – Noted previous in the meeting. Cheryl also shared two new committee she is taking part of that will able her to bring ideas back to the committee.
   Reason for membership discussion – At the next meeting, Cheryl is planning on having members write anonymously on a piece of paper of why are they members of the committee. Her frustration is the one event we hosted the Wellness Fair was not well attended by our members.
   Snow warriors – Cheryl placed information in Talk Turkey asking for anyone to place their name with Kelly Jacobs if they would need help with snow removal this upcoming winter.
7. **COMMENTS FROM THE PUBLIC -**None

8. **COMMENTS FROM COA-**
   Cheryl welcomed Jason again, and the rest of the committee extended a warm welcome as well as wishing everyone a Happy Thanksgiving!

9. **ADJOURN –** a motion was made by Jess Kuqi, seconded by Cathy Delasco to adjourn the meeting at 7:03 p.m. ***Motion passed unanimously.***

Respectfully submitted,

Donna Mattera