Commission on Aging

East Granby, CT

Minutes

September 1, 2026

East Granby Community Center/ 6:30 p.m.

In attendance:

Cheryl Bermani McCann, Chairperson, Suzanne Soucy, Vice Chairman, Cathy Delasco, Warren Miltimore, Jess Kuqi, Ruth Akerlind ,Elise Cosker - Social Services, Donna Mattera, Clerk

1. **OPENING REMARKS –** Cheryl called the meeting to order at 6:34 p.m.
   Cheryl thanked everyone for coming and noted this is the las meeting before the Wellness Fair. A discussion took place on if a special meeting is needed and the committee decided to hold one more meeting prior to the fair. September 24th or October 1st are possible for the meeting.
2. **MINUTES OF PAST MEETING -** ***MOTION:*** A motion was made by Warren Miltimore, seconded by Suzanne Soucy to accept the June 2, 2026 minutes as presented. Cheryl Bermani McCann, Cathy Delasco and Jess Kuqi abstained. ***Motion passed.***
3. **SENIOR SERVICES UPDATE** –Kelly was not able to attend and provided the following information for Cheryl to report:
   The Senior Services received their new Senior Mini-bus (the old bus will be used by Park & Rec.) The new tables should arrive later this month and the Blood Pressure Clinic scheduled for 9/14 was canceled. Some of the upcoming events are the Tree Swallow Cruise on 9/10 (Full), Free Program – Take great photos with your cell phone on 9/18 (registration is required) and a trip to the Big E on 9/25 (Full) Some important dates to highlight are: 10/5 Flu clinic and wellness fair (walk ins only), 10/24 Cares day (register by 10/11)
   11/6 Free knife and garden tool sharpening (by appointment)
4. **SOCIAL SERVICES UPDATE**

   – Elise Cosker reported information to Talk Turkey has been submitted. She reported on East Granby Cares Day as well. She works in conjunction with Kelly to organize this important day. Elise reported the Energy Assistance application opened today for community members to apply. On October 1st, Senior Services will be available to assist anyone with their application. She updated everyone on Operation Fuel and Generation Power CT. Elise also reviewed the income limits for the CT Energy Assistance and they can be found on the Social Services webpage. The Renters Rebate ended on September 30th. A discussion took place around the accessibility and the availability of Talk Turkey and how the committee can help get the newsletter into the hands of the seniors. Cheryl has encouraged community members to sign up for Senior Moments as it is mailed to their home and much of the information is included. Elise promoted the upcoming Holiday Gift Program and asked everyone to pass the word if anyone wants to donate to the program. Monetary donations and gift cards are welcome.

5. **OLD BUSINESS**

New Services Listing for Senior – This is a work in progress. Donna, Cheryl and Jess offered to help Suzanne with creating a digital file. More information to follow at the next meeting.

Senior Art/Achievement Show Spring 2027 - Cheryl has reserved the town library for May 2027. There are details being worked out in regards to the display cases. The date chosen was May 1st, the first Saturday of the month. Jess Kuqi will create a flyer and entry form for next month's meeting. We learned a lot from our first show and will make the necessary adjustments to the one in the spring.

3 Open Alternate Memberships- There are 3 alternate and 1 regular membership open. Cheryl will confirm with the Town Clerk's office if anyone is an alternate that can be move to a regular member status. Please pass the word and invite anyone you might think would be interested in joining the committee. Chery will also work on a new membership list.

Wellness Fair – 10/5/26 3:30 – 6:30 p.m.

Update of Giveaway Quantities -Kelly Jacobs took inventory of the giveaways and we will use up what we have. Elise suggested to purchase bags with COA printed on the outside so attendees could use the bags as the visited the vendors. ***MOTION:*** a motion was made by Suzanne Soucy, seconded by Warran Miltimore to have Cheryl investigate and purchase items for the Wellness Fair not to exceed $400.00. ***Motion passed.*** Cheryl also reported the People's Bank donation was granted again for this year's fair. She will work on obtaining the funds.

Volunteers for pre-event work – Cheryl asked for volunteers for the pre-event work. The committee members in attendance at tonight's meeting volunteered to help work the fair.

Available Commission attendees – Noted above.

Vendor attendee count – To date there are 17 vendors signed up. Cheryl asked for assistance in calling a few vendors whose emails bounced back.

6. **NEW BUSINESS –** Table to next regular meeting

7. **COMMENTS FROM THE PUBLIC -**None

8. **COMMENTS FROM COA-**

Warren noted it's a new season – nice to be back. Everyone shared they felt the same way. Jess offered to may tea cup handles for the mason jars!

9. **ADJOURN –** a motion was made by Cathy Delasco, seconded by Suzanne Soucy to adjourn the meeting at 7:33 p.m. ***Motion passed unanimously.***

Respectfully submitted,

Donna Mattera