Commission on Aging

East Granby, CT

Minutes
January 6, 2026
East Granby Community Center/ 6:30 p.m.

In attendance: Cheryl Bermani McCann, Chairwoman, Cathy Delasco, Vice Chairperson, John Kiang, Warren Miltimore, Marie Sandora, Lee Galluccio, Pam Carroll, Danny Jacius, Maya Betts, Elise Cosker, Donna Mattera, Clerk.

1. **Opening Remarks –** Cheryl called the meeting to order at 6:31 p.m. and thanked everyone for attending tonight's meeting. She noted we will be shortening the agenda due to the inclement weather. She updated the committee on the possibility of offering a link to the meetings as well as meeting in person. This will add flexibility especially during the winter months. The committee presented a plant to Cheryl recognizing her recent recovery from surgery of which she was very appreciative. She reported Mattia Brose would not be continuing to serve on the committee. Cheryl thanked her for her contributions noting her medical insight and experience has guided the committee in areas of need. She also reported there was not a Selectwomen's meeting in December therefore committee memberships remain the same until the new Selectman approve and appoint the changes in members status. Cheryl also noted the Free Attorney Elder Law program was a success with 20 people attending. Lee and Pam shared the presentation was great and informative. Thank you to Cheryl for providing the refreshments.
2. **Minutes of Past Meeting -** ***MOTION:*** A motion was made by John Kiang, seconded by Cathy Delasco to accept the November 4, 2025 minutes as presented ***Motion passed.***
3. **Senior Services Update –** Tabled to next meeting.
4. **Social Services Update** - Elise Cosker reported the Holiday Gift program was a huge success with 36 children receiving gifts. She also noted the Energy Assistance program is underway. Anyone interested in applying can reach out to Elise's office or access information and applications from the link on the Social Services website.
5. **OLD BUSINESS**

Free Atty Elder Law program – See above – the program was a success and took place on November 8th from 10-11:00 a.m.
New Services Listing for Seniors – Tabled until next meeting.
Balance and Fall Prevention Program/Class – New Date: 3/21/26 10-11:00 a.m. Tabled until next meeting.
Senior Art Show – Show will be in April – Tabled until next meeting.

6. **NEW BUSINESS**

2026 Initiative Ideas Due Dec. vote Jan – Tabled until next meeting.
Nominations for Board Positions – The floor was open to nominations.
MOTION: a motion was made by Cathy Delasco, seconded by Marie Sandora to nominate Cheryl Bermani McCann as Chairwoman. With no further nominations. ***Motion passed unanimously.***
Marie Sandora nominated Lee Galluccio as Vice Chairperson. Lee Galluccio declined.
Cheryl Bermani McCann nominated John Kiang as Vice Chairperson. John Kiang declined.
Cheryl Bermani McCann nominated Marie Sandora as Vice Chairperson. Marie Sandora declined***.***
The committee will attempt to fill the Vice Chairperson vacancy at the next meeting when more members are in attendance.
With no further nominations, Cheryl Bermani McCann closed nominations.
Vote 2026 Meeting Dates – ***MOTION:*** a motion was made by John Kiang, seconded by Cathy Delasco to approve February 3 2026, March 3 2026, April 7 2026, May 5 2026, June 2 2026, July 7 2026, August 4 2026, September 1 2026, October 6 2026, November 3 2026, December1 2026, and January 5, 2027 as the Commission on Aging meeting dates held the first Tuesday of every month at 6:30 p.m. ***Motion passed unanimously.***

COMMENTS FROM THE PUBLIC – None

6. **COMMENTS FROM COA** – Cheryl thanked Maya for attending tonight and looks forward to seeing her at the last few meetings of the year as she is a senior and will be graduating. Danny noted he is not a senior and will continue on the committee. Cheryl wished everyone safe travels home tonight.
7. **ADJOURN -** ***MOTION:*** A motion was made by Cathy Delasco, seconded by Warren Miltimore to adjourn the meeting at 6:55 p.m. ***Motion passed.***

Respectfully submitted,

Donna Mattera