Commission on Aging

East Granby, CT

Minutes
January 7, 2025
East Granby Community Center / 6:30 p.m.

In attendance:
Cheryl Bermani-McCann, Chairwoman
Cathy Delasco, Vice Chairwoman
John Kiang
Warren Miltimore
Pam Carroll
Jess Kuqi
Marie Sandora
Lee Galluccio, Alternate
Suzanne Soucy, Alternate
Eden Wimpfheimer, Alternate
Elise Cosker, Social Services
Kelly Jacobs, Senior Services
Donna Mattera, Clerk

The regular meeting was called to order with a quorum present by Chairwoman Cheryl Bermani-McCann at 6:31 p.m.

1.**Opening Remark** - Chairwoman Cheryl Bermani-McCann welcomed everyone to the meeting and wished everyone a Happy New Year.

Membership Renewals and New Members Update- Cheryl passed around the membership list and asked everyone to confirm their information to be sure it is correct. Any information needing to be corrected will be handled by Eden Wimpfheimer, First Selectwoman and the Town Clerk. Cheryl welcomed Lee and Suzanne as our new members who have been sworn in. Member's list attached

2. **Minutes of Past Meeting - *MOTION:*** A motion was made by Cathy Delasco, seconded by John Kiang to accept the December 3rd minutes as presented. ***Motion passed.***

MOTION: A motion was made by Cathy Delasco, seconded by John Kiang to add First Selectwoman's "State of East Granby Address" to the agenda. ***Motion passed.***

Selectwoman Eden Wimpfheimer addressed the committee thanking everyone for their hard work. She recognized the efforts of the Wellness Fair, Cares Day and the advocacy of the seniors in our town. She also announced some of the new staff at the town hall. She recognized the departments within the town as well. Eden gave an overview of upcoming projects in town including the Village Center initiatives. She thanked the volunteers on all our boards and commissions, the fire department, service organizations and the civic groups. She appreciates all the support she receives and thanks everyone who are helping make her second term in office rewarding. Cheryl inquired about the location of the Village Center and gave some suggestions. She thanked Eden for presenting her State of East Granby Address.

3. **Commission Elections - Vote for 2025 Positions -** The floor was open to nominations.

MOTION: a motion was made by Cathy Delasco, seconded by John Kiang to nominate Cheryl Bermani-McCann as Chairwoman. ***Motion passed unanimously.***

MOTION: a motion was made by Marie Sandora, seconded by Jess Kuqi to nominate Cathy Delasco as Vice Chairwoman. ***Motion passed unanimously.***

4. **Senior Services Update -** Kelly Jacobs reported they had a successful holiday party with approximately 50 attendees which was pre-covid numbers. She went over the upcoming programs and is working on the spring calendar.

5. **Social Services Update -** Elise Cosker reported the Holiday program served 50 children which was an all time high. This year there were quite a few new sponsors. Books, coats, gift cards, knitted hats and gloves as well as monetary donation made it a special holiday for all those who received. The Energy Assistance program is still rolling. Eversource has a newer program being offered and residents can go on-line or contact Elise in Social Services.

6. **Good Samaritan Program** – Nothing to report at this time.

7. **Old Business**

Review COA Website Information – The website looks good and will need to have the new members updated now that everyone has been sworn in.

PowerPoint Presentation – Cheryl is working on completing this year's presentation.

2024 Initiatives

1) **Technical lessons on phone/pc** – Tabled to the next meeting.
2) **Free Atty Elder Law Program** –Tabled to the next meeting.

Senior Reading Program – Cheryl is waiting on approval from Superintendent Missy Bavaro-Grande.

Rich Galluccio's Sunshine Fund – Nothing to report at this time. Lee noted if there is someone in need, please reach out to her, Elise or Kelly as they work together to fulfill any needs.

New Services Listing for Seniors – Lee shared a list of rides for seniors with Suzanne. Suzanne distributed a preliminary list of options for seniors which includes senior housing, short term rehabilitation facilities, private duty aide agencies and also the transportation list. She will work with, Elise, Kelly and Jess to create a book of reference.

Remaining Funds from People's Bank – Cheryl went over the accountability and turned over the remaining $21.28 to Kelly Jacobs to add to the existing funds left over from last year.

EG Cares Day Spring Date Options – Tabled to next meeting – Possible dates for the spring are April 5 or April 26th. Kelly will follow up with our student representatives.

Plaque for Rich Galluccio Hydrangea – The plaque has been ordered and DPW will install on an existing rock.

Alzheimer Program – Discussion took place on possibly meeting with one of the vendors from our Wellness Day inquiring about a program. Kelly and Cheryl will send an email to see what they offer. Jess suggested maybe holding an evening program for caregivers.

Youth Action Committee attendance/participation – Discussion took place regarding sending Valentine's Day cards to seniors. Donna, Cathy and Warren will work together to possibly distribute cards made by the Middle/High schools YAC students.

8.**New Business**

Initiatives for 2025 – Members need to send any ideas to Cheryl so they can be voted on.

9. **Comments from the Public** – None

10. **Comments from COA** – Members wished each other a Happy New Year. Kelly invited everyone to stop when it is warmer to see the lights, outlets and ceiling fan in the Pavilion. All the work has been completed! Cheryl thanked everyone for stepping up and welcomed again our new members! She is looking forward to this next year! Committee members thanked Cheryl for her work and for also accepting to be chairwoman for another year. Going into the next year, the committee would like to share the workload so everything does not fall on a limited number of members.

11. **Adjournment - MOTION:** a motion was made by John Kiang, seconded by Warren Miltimore to adjourn the meeting at 7:54 p.m. ***Motion passed unanimously.***

Respectfully submitted,

Donna Mattera, Clerk