

# TOWN OF EAST GRANBY

## COMMISSION ON AGING

*Tuesday, April 1, 2025, 6:30pm*

**East Granby Senior/Community Center**

### **Meeting Agenda**

1. OPENING REMARKS C. Bermani-McCann
2. MINUTES OF PAST MEETING C. Bermani-McCann
3. SENIOR SERVICES UPDATE K. Jacobs
4. SOCIAL SERVICES UPDATE E. Cosker
5. GOOD SAMARITAN PROGRAM K. Jacobs/E. Cosker
6. OLD BUSINESS
  - Review COA website information M. Sandora  
PowerPoint Uploads for events C. Bermani-McCann
  - 2024 Initiatives COA
    - 1. Tech w/ Teens, April 15 9-10 M. Betts/C. Delasco
    - 2. Free Atty Elder Law program J Kiang, W. Miltimore,  
(Bickford/Rosenberger) E. Wimpfheimer
  - Rich Galluccio's Sunshine Fund E. Cosker, Lee Galluccio  
Donations to: Rich Galluccio Fund,  
c/o Windsor Federal Bank, 21 Hartford Ave,  
Granby, CT 06035
  - New Services Listing for Seniors S. Soucy, J. Kuqi
  - EG Cares Day Spring Date: April 26 M. Betts/D. Jacius
  - Plaque for Rich Galluccio/celebration W. Miltimore/COA
  - Alzheimer's programs C. Bermani-McCann
7. NEW BUSINESS
  - Understanding Hospice, April 1 @ meeting C. Delasco
  - Plan of Conservation & Development Update (attached)
  - Initiatives for 2025
    - Balance and Fall Prevention program/class (Body balance and Fall class – Jess can do it) along with list of suggestions
    - Art show – done by seniors of their big accomplishments (anytime in their life) with show and tell (Accomplishment Show Case)
    - Financial Scams – multiple banks have offered to do sessions. Do multiple times a year
8. COMMENTS FROM THE PUBLIC ALL
9. COMMENTS FROM COA COA
11. ADJOURN

## **Town of East Granby Plan of Conservation & Development Update**

### **Commission on Aging: Goals & Concerns Worksheet**

February 2025

This PoCD section will cover the Town's efforts to provide clean drinking water, to efficiently manage wastewater needs, and establish goals for future needs. Broad goals from the 2016 PoCD included:

- Increase housing variety to better serve changing demographics
- Promote creation of apartments and assisted living facilities

Considering all the above, please add notes in the following broad areas:

### **Significant events of the past ten years (victories, losses)**

Questions to consider:

- Has the Town accomplished the goals stated above and are those goals still relevant?
- Is there sufficient housing for the aging population?
- Are there sufficient options for seniors that are income constrained?
- Are there transit options for those who can no longer drive?

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### **Concerns for the next decade**

Things to consider:

- Walkability of senior housing complexes
- Transportation options
- Services for seniors within the town (healthcare, senior center facility, etc)

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### **Goals and Hopes**

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Initiative Suggestions:

Votes	Initiative
1	1. Talk about hospice vs palliative care, morphine, etc.
2	2. One on One assistance for Government Agency phone calls, concierge services for seniors.
2	3. Farmers Market – more frequent attendance
3	4. Phone calls to seniors in town
	a. Survey of questions or just a Hello
1	5. VA assistance – list of services
0	6. Soup swap
3	7. Memory Café – Monthly coffee hour with family member for support and suggestions
1	8. Hospice runs a support group
4	9. Art show – done by seniors of their big accomplishments (anytime in their life) with show and tell (Accomplishment Show Case)
1	10. Marketing program portal with all our resources and what we offer
2	11. Volunteer Fair – set up a table for COA along with pancake breakfast (to be done end of August) Each town committee has a table.
5	12. Balance and Fall Prevention program/class (Body balance and Fall class – Jess can do it) along with list of suggestions
0	13. Education Family – 3 day Rule, case manager, hospice vs palliative & caveats
1	14. Parkinsons – educational class/resources list – symptoms.
1	15. VA presentation to public (Sue Sammuels, EG chair)
4	16. Financial Scams – multiple banks have offered to do sessions. Do multiple times a year.